



**Center for  
Evidence  
to Practice**



**EXPANDING ACCESS TO  
EVIDENCE-BASED  
PRACTICES IN  
BEHAVIORAL HEALTH**

2019

**EVIDENCE-BASED  
PRACTICES  
LOUISIANA  
PROVIDER MANUAL**

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The practitioners and agencies listed as providing evidence-based practices will be updated on a frequent basis, but availability of these services cannot be guaranteed. If you contact a practitioner who states that they are no longer offering a service or accepting Medicaid, please feel free to inform us at [EvidencetoPractice@lsuhsc.edu](mailto:EvidencetoPractice@lsuhsc.edu).

The EBP Providers in this document have been organized geographically based off the Office of Behavioral Health’s Local Governing Entities (LGEs).



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## Region 1 – Metropolitan – New Orleans

Sarah Albert LPC  
(Trauma Focused-Cognitive Behavioral Therapy)  
7611 Maple Street, Suite A  
New Orleans, LA 70118  
504-300-9050

Nicole LeBlanc  
(Trauma Focused-Cognitive Behavioral Therapy)  
330 N Jefferson Davis Parkway  
New Orleans, LA 70119  
504-388-0084

Grow Home Counseling  
(Trauma Focused-Cognitive Behavioral Therapy)  
701 Loyola Avenue  
New Orleans, LA 70113  
504-517-2207

Tulane University School of Medicine, Department of Psychiatry and Behavioral Science  
(Parent-Child Interaction Therapy)  
1440 Canal Street, Suite 1000  
New Orleans, LA 70112  
504-988-5405

Courtney Lewis, MSW LCSW  
(Parent-Child Interaction Therapy)  
230 Polk Street, Suite B  
New Orleans, LA 70124  
504-335-2610

Counsel NOLA Metro  
(Homebuilders)  
2115 Carondelet Street  
New Orleans, LA 70130  
504-371-5512

Louisiana Department of Health  
(Parents as Teachers)  
1450 Poydras St  
New Orleans, LA 70112  
225-342-1730

Healthy Start  
(Parents as Teachers)  
1616 Caffin Street  
New Orleans, LA 70117

504-658-2673

Integrated Family Services LLC  
(Multi-Systemic Therapy)  
3604 Canal Street  
New Orleans, LA 70119

Greenpath International Inc.  
(Functional Family Therapy)  
411 S Broad St  
New Orleans, LA 70119  
504-827-2928

Devi Murphy  
(Child-Parent Psychotherapy)  
1430 Tulane Avenue, #8055  
New Orleans, LA 70112  
504-988-5405

Tulane Parenting Education Program (T-PEP)  
(Youth PTSD Treatment)  
1555 Poydras St  
Suite 964  
New Orleans, LA 70112  
504-988-9201

St. Thomas Community Health Center  
(Youth PTSD Treatment)  
1936 Magazine St  
New Orleans, LA 70130  
504-529-9144

Children's Hospital Psychology Dept.  
(Youth PTSD Treatment)  
935 Calhoun St.  
New Orleans, LA 70118  
504-896-7272

Divine Intervention Rehabilitation, LLC  
(Youth PTSD Treatment)  
3221 Behrman Place  
Suite 201  
New Orleans, LA 70114  
504-263-2800

## Region 2 – Capital Area

VOA Baton Rouge  
(Homebuilders)  
2124 Wooddale Blvd  
Baton Rouge, LA 70806  
225-925-2372

Louisiana Department of Health  
(Parents as Teachers)  
628 North 4th Street  
Baton Rouge, LA 70821  
225-342-1730

Novice House  
(Multi-Systemic Therapy)  
11616 Southfork Avenue, Suite 203  
Baton Rouge, LA 70809  
225-291-9718

Rise And Shine Counselling Agency  
(Multi-Systemic Therapy)  
1724 North Burnside, Suite 7  
Gonzales, LA 70734  
225-644-8565

Community Counseling Agency  
(Multi-Systemic Therapy)  
1520 Thomas H Delpit Dr  
Suite 215  
Baton Rouge, LA 70802

Cognitive Development Center - Capital  
(Multi-Systemic Therapy)  
7525 Florida Boulevard  
Baton Rouge, LA 70806

Cognitive Development Center  
(Functional Family Therapy)  
411 Colonial Street  
Baton Rouge LA, 70806  
225-926-9706  
225-926-9708

Cognitive Development Center  
(Functional Family Therapy)  
6641 Government Street  
Baton Rouge, LA 70806

318-574-1232

Open Arms Behavioral Services, LLC  
(Functional Family Therapy)  
630 W Cornerview St  
Gonzales, LA 70737  
(504) 915-0705

McMains Child Development Center  
(Child-Parent Psychotherapy)  
1805 College Drive  
Baton Rouge, LA 70808  
225-923-3420

Capital Area Human Services District  
(Youth PTSD Treatment)  
4615 Government St  
Bldg 1  
Baton Rouge, LA 70806  
225-922-2654

Primary Care Providers for a Healthy Feliciana (RKM Primary Care)  
(Youth PTSD Treatment)  
641 East Airport Drive  
Baton Rouge, LA 70806  
225-683-5292

Dana Papania, LCSW: Private Practice  
(Youth PTSD Treatment)  
P.O. Box 922  
New Roads, LA 70760  
225-443-0110

Pathway Family Health Center, LLC (Behavioral Health Counseling)  
(Youth PTSD Treatment)  
8676 Goodwood Blvd  
Suite 101  
Baton Rouge, LA 70806  
225-231-1846

Lena Igiede, LPC: Private Practice  
(Youth PTSD Treatment)  
2156 Wooddale Blvd  
Region 10 Suite 100  
Baton Rouge, LA 70806  
225-928-4040

## Region 3 – South Central Louisiana

Mary Alice Fuhrer  
(Trauma Focused-Cognitive Behavioral Therapy)  
1025 Victor II Boulevard, Suite S109  
Morgan City, LA 70380  
985-714-4413

Start Corp  
(Homebuilders)  
420 Magnolia Street  
Houma, LA 70360  
985-879-3966

Options for Independence  
(Multi-Systemic Therapy)  
8326 Main Street, Bldg 3  
Houma, LA 71201  
985-868-2620

Options for Independence  
(Functional Family Therapy)  
5593 LA-311  
Houma, LA 703760  
985-853-8550

Start Corporation  
(Functional Family Therapy)  
420 Magnolia St  
Houma, LA 70360  
985-804-6898

Options for Independence  
(Functional Family Therapy CW)  
5593 Hwy 311  
Houma, LA 70360  
985- 853-8550

Start Corporation  
(Functional Family Therapy CW)  
420 Magnolia St  
Houma, LA 70360  
985-804-6898

Terrebonne Behavioral Health Clinic  
(Youth PTSD Treatment)  
5599 Hwy 311

Houma, LA 70364  
985-857-3615 x112

St. Mary Behavioral Health Clinic  
(Youth PTSD Treatment)  
500 Roderick Street  
Suite B  
Morgan City, LA 70380  
985-380-2460

Counseling for Life, LLC  
(Youth PTSD Treatment)  
1200 Victor II Blvd  
Morgan City, LA 70380  
985-384-8788

Lafourche Behavioral Health Center  
(Youth PTSD Treatment)  
157 Twin Oaks Drive  
Raceland, LA 70394  
985-537-6823 x104

#### Region 4- Acadiana

Aspire Behavioral Health Center  
(Parent-Child Interaction Therapy)  
132 Demanade Boulevard  
Lafayette, LA 70503  
337-534-8679

The Family Tree Information, Education, and Counseling Center  
(Parent-Child Interaction Therapy)  
2435 West Congress Street  
Lafayette, LA 70506  
337-981-2180

Crowley Behavioral Health Center  
(Parent-Child Interaction Therapy)  
1822 W 2nd Street  
Crowley, LA 70526  
337-788-7511

Lafayette Behavioral Health  
(Parent-Child Interaction Therapy)  
302 Dulles Drive  
Lafayette, LA 70506  
337-262-4100



Janice Sylvester, MS LPC LMFT  
(Parent-Child Interaction Therapy)  
333 South Main Street  
Opelousas, LA 70570  
337-230-5638  
337-945-1032

Project LAUNCH  
(Parent-Child Interaction Therapy)  
220 West Willow St  
Building A  
Lafayette, LA 70501  
337-262-5616 x147

Lindsay Schexnider LCSW  
(Parent-Child Interaction Therapy)  
110 West Lastie Street  
Erath, LA 70533  
337-446-3100

The Extra Mile  
(Homebuilders)  
720 St John St  
Lafayette, LA 70501  
337-237-2090 x114

Life Changing Solutions  
(Multi-Systemic Therapy)  
315 College Road  
Lafayette, LA 70503  
318-213-0904

Phoenix Family Life Centers  
(Multi-Systemic Therapy)  
100 Asma Boulevard, Suite 200  
Lafayette, LA 70508  
337-456-7880

Cognitive Development Center - Abbeville  
(Multi-Systemic Therapy)  
850 Kaliste Saloom Road  
Lafayette, LA 70508

The Center for Children and Families  
(Functional Family Therapy)  
1325 Wright Avenue, Suite D  
Crowley, LA 70526

318-376-9612

Life Changing Solutions, LLC  
(Functional Family Therapy)  
315 S College Rd  
Suite 242  
Lafayette, LA 70503  
318-213-0906

Fairway Counseling LLC  
(Functional Family Therapy)  
315 S College Rd  
Suite 220  
Lafayette, LA 70503  
337-456-7880

Care For You Social Services, LLC  
(Functional Family Therapy)  
1310 South Union Street  
STE 2&3  
Opelousas, LA 70570  
337-948-5967

Pivotal Moments LLC  
(Functional Family Therapy)  
119 W Vine St  
Opelousas, LA 70570  
337-326-4567

The Center for Children & Families  
(Functional Family Therapy CW)  
1325 Wright Ave  
Suite D  
Crowly, LA 70526  
318-376-9612

Lynda Carmouche  
(Child-Parent Psychotherapy)  
105 Industrial Parkway  
Lafayette, LA 70508  
337-277-1751

St. Martin Parish School Based Health Centers  
(Youth PTSD Treatment)  
328 N. Main St  
Breux Bridge, LA 70517  
337-909-3045

Breaux Bridge Based Health Center  
(Youth PTSD Treatment)  
328 N. Main St  
Breaux Bridge, LA 70517  
337-909-3040

Tyler Behavioral Health  
(Youth PTSD Treatment)  
302 Dulles Drive  
Lafayette, LA 70506  
337-262-4177  
Gulf Coast Social Services  
(Youth PTSD Treatment)  
515 South College  
Suite 100  
Lafayette, LA 70503  
337-269-1165

New Iberia Behavioral Health  
(Youth PTSD Treatment)  
611 Admiral Doyle Dr  
New Iberia, LA 70560  
337-373-0002

## Region 5- Imperial Calcasieu

Educational & Treatment Council, Inc.  
(Functional Family Therapy)  
2400 Merganser St  
Lake Charles LA 70615  
337-433-1062

## Region 6- Central Louisiana

Life Changing Solutions  
(Multi-Systemic Therapy)  
1140 South Peterman Drive  
Alexandria, LA 71303

Fairway Counseling LLC  
(Functional Family Therapy)  
710 Versailles Blvd  
Alexandria, LA 71303  
318-449-4474

Melissa Breaux  
(Child-Parent Psychotherapy)

PO Box 453  
Mansura, LA 71350  
318-253-9638  
318-715-7159

Tracy Regard  
(Child-Parent Psychotherapy)  
120 West Mark Street  
Marksville, LA 71351  
318-240-7278

## Region 7- Northwest Louisiana

Elated Counseling Services LLC  
(Trauma Focused-Cognitive Behavioral Therapy)  
2020 East 70th Street, Suite 201  
Shreveport, LA 71105  
318-751-909

Life Changing Solutions  
(Homebuilders)  
6015 Hearne Ave  
Shreveport, LA 71108  
318-213-0904

Life Changing Solutions  
(Multi-Systemic Therapy)  
331 Milam Street  
Shreveport, LA 71103

Unlimited Alternatives To Change  
(Multi-Systemic Therapy)  
3018 Old Minden Road  
Bossier, LA 71112  
318-746-1935

Youth and Family Empowerment Services  
(Multi-Systemic Therapy)  
200 Rapides Drive  
Natchitoches, LA 71457  
318-379-6594

Family Services Unlimited Inc  
(Multi-Systemic Therapy)  
1717 Marshall Street  
Shreveport, LA 71101  
318-226-9944

United Alternatives to Change  
(Functional Family Therapy)  
3018 Old Minden Rd  
Bossier City, LA 71112  
318-746-1935

Pelican Bayou Counseling Agency  
(Functional Family Therapy)  
9403 Mainsfield Rd  
Shreveport, LA 71118  
318-470-1632

The Center for Children & Families  
(Functional Family Therapy CW)  
800 Spring St  
Suite 215  
Shreveport, LA 71101  
318-227-8390

James Jenkins  
(Child-Parent Psychotherapy)  
1513 Line Avenue I, Suite 240  
Shreveport, LA 71101  
318-470-0931

Donnie Underwood  
(Child-Parent Psychotherapy)  
1595 First Street  
Arcadia, LA 71001  
318-263-8131

Volunteers of America  
(Youth PTSD Treatment)  
520 Olive St  
Shreveport, LA 71104  
318-655-8265

Donnie M Underwood, Ed.S, LPC  
(Youth PTSD Treatment)  
1595 1st St  
Arcadia, LA 71001  
318-263-8131

Redding Therapy Center  
(Youth PTSD Treatment)  
4300 Youree Dr  
Ste 320-C

Shreveport, LA 71105  
318-573-5428

## Region 8- Northeast Delta

The Bridge Family Therapy LLC  
(Homebuilders)  
1900 N 18th St  
Suite 217  
Monroe, LA 71201  
318-600-6838

The Center for Children and Families  
(Multi-Systemic Therapy)  
622 Riverside Drive  
Monroe, LA 71201  
318-398-0945

Preventive Measures Programs Inc.  
(Multi-Systemic Therapy)  
604 Kimbrough Avenue, Bldg Q  
Tallulah, LA 71282  
318-574-0098  
318-600-4225

Cognitive Development Center of Northeast Louisiana  
(Multi-Systemic Therapy)  
1705 Felicia Avenue  
Tallulah, LA 71282

Cognitive Development Center - Monroe  
(Multi-Systemic Therapy)  
4951 Central Avenue  
Monroe, LA 71203

River City Professional Counseling Services  
(Functional Family Therapy)  
800 Washington St  
Suite B2  
Monroe, LA 71201  
318-325-8782

The Center for Children & Families  
(Functional Family Therapy)  
622 Riverside Dr  
Monroe, LA 71201  
318-398-0945

Living Waters Family Service  
(Functional Family Therapy)  
645 Highway 80 E  
Monroe, LA 71203  
318-343-6966

Horizon Rehabilitation Center  
(Functional Family Therapy)  
2911 Cameron Street  
Monroe, LA 71201  
318-651-9363

Renewed Minds Behavioral Center, LLC  
(Functional Family Therapy)  
1201 North 5th Street  
Monroe, LA 71201  
318-512-4997

Willpower Behavioral Health Services, LLC  
(Functional Family Therapy)  
124 Kimbrough Dr  
Building Q  
Tallulah, LA 71282  
318-584-4400

The Center for Children & Families  
(Functional Family Therapy CW)  
114 Morgan ST  
Rayville, LA 71269  
318-398-0945

The Center for Children & Families  
(Functional Family Therapy CW)  
622 Riverside Dr  
Monroe, LA 71201  
318-398-0945

Lola Coleman  
(Child-Parent Psychotherapy)  
PO Box 7131  
Monroe, LA 71211  
318-878-3737  
318-614-6380

The Wellspring Alliance for Children and Families  
(Youth PTSD Treatment)  
1904 Royal Ave  
Monroe, LA 71201

318-323-1505

## Region 9- Florida Parishes

Thomas Mitchell  
(Trauma Focused-Cognitive Behavioral Therapy)  
223 W 28th Avenue  
Covington, LA 70433  
985-892-3885

Counsel NOLA Northshore  
(Homebuilders)  
243 West Causeway Approach  
Mandeville, LA 70448  
985-788-2585

Misty Pardee  
(Child-Parent Psychotherapy)  
1505 Washington Street  
Franklinton, LA 70438  
985-237-4880

Joan Scanlon  
(Child-Parent Psychotherapy)  
620 Oak Harbor Boulevard, Suite 101  
Slidell, LA 70458  
985-710-7777

## Region 10- Jefferson Parish

Jefferson Neurobehavioral Group  
(Trauma Focused-Cognitive Behavioral Therapy)  
2901 N I-10 Service Road East, Suite 300  
Metairie, LA 70002  
504-780-1702

Tulane Pediatric Behavioral Health Clinic  
(Parent-Child Interaction Therapy)  
4720 S I-10 Service Rd W  
Suite 309  
Metairie, LA 70001  
504-988-6253

CFS Team  
(Multi-Systemic Therapy)  
3616 S I-10 Services Road W, Suite 200  
Metairie, LA 70001



Jefferson Parish Human Services Authority  
(Functional Family Therapy)  
5001 Westbank Expressway  
Marrero, LA 70072  
504-235-1122

Jefferson Parish Human Services Authority  
(Functional Family Therapy CW)  
5001 Westbank Expressway  
Marrero, LA 70072  
504-235-1122

Wendy Durant  
(Child-Parent Psychotherapy)  
4323 Division Street, Suite 102  
Metairie, LA 70002  
504-327-5753 X101  
504-428-4874

OPS Family Care, LLC  
(Youth PTSD Treatment)  
1799 Stumpf Blvd  
Bldg 4 Suite 3  
Gretna, LA 70056  
504-367-6888

Kristen Graff, LCSW, LLC  
(Youth PTSD Treatment)  
117 Focis St  
Suites 202 & 203  
Metairie, LA 70130  
504-701-5709