

2019 IMPACT REPORT



Center for Evidence to Practice

A collaboration between LDH-Office of Behavioral Health and LSUHSC School of Public Health.



About the Center for E2P

Mission

To support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

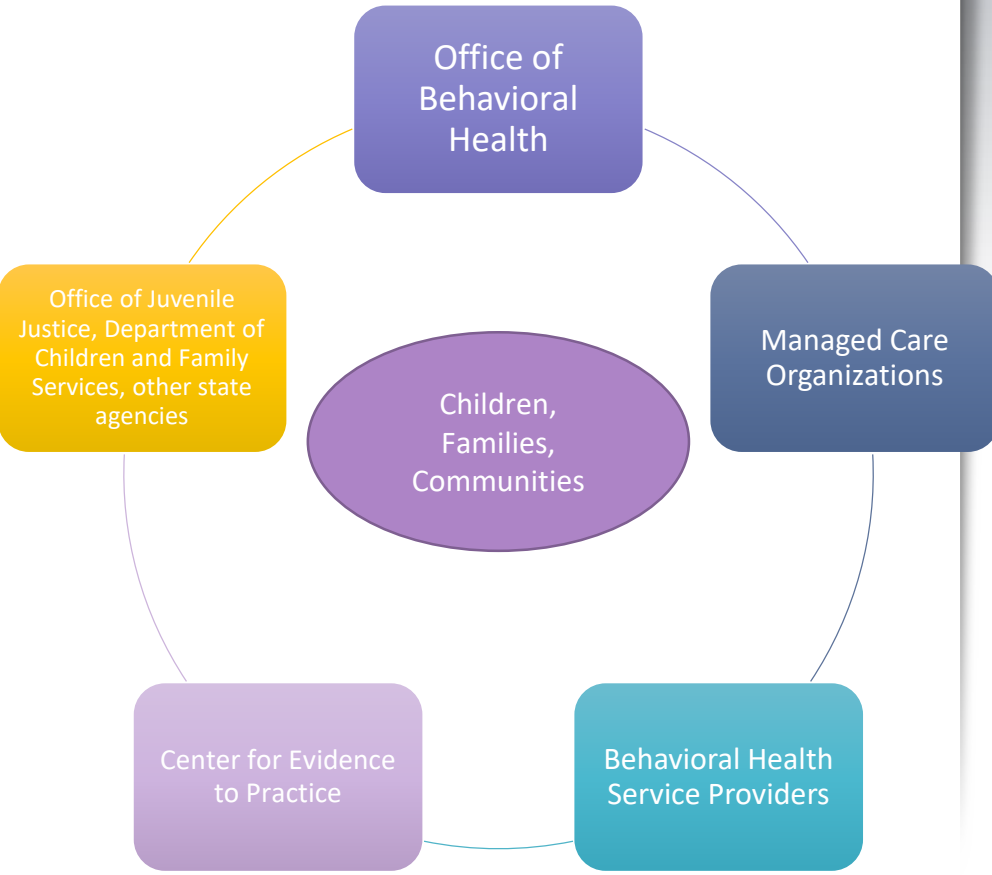


Vision

- Identify **strengths** and **gaps** in Louisiana's child and youth behavioral health system
- Make evidence-based **support** and intervention available when and where youth and families need them
- Promote **excellence** and accountability in service provision
- Encourage a ready workforce through **education** and support efforts



Working Together Towards Improved Behavioral Health



MCO Workgroup

The Center for Evidence to Practice is grateful for the ongoing participation of behavioral health program managers from Louisiana's Managed Care Organizations (MCOs) in our **MCO Workgroup**. Together, we have strategized on ways to more efficiently collaborate on the implementation and dissemination of EBP training for LA behavioral health providers. We look forward to expanding upon these efforts in 2020 and beyond!

United Healthcare

Louisiana
Healthcare
Connections

Aetna

Healthy Blue

AmeriHealth
Caritas

Magellan



Implementation Team

The **Implementation Team** is a group of behavioral health clinicians and administrators from all corners of the state that have generously offered their expertise to help guide the Center's efforts. We greatly appreciate the feedback these individuals have provided us thus far, and plan to continue utilizing our local experts to inform EBP implementation and policy.

Center for
Children and
Families

Children's
Bureau of NOLA

Therapeutic
Partners, LLC

Mental Health
Solutions

NW Louisiana
Human Services
District

Imperial
Calcasieu
Human Services
District

Jefferson Parish
Human Services
District

Central
Louisiana
Human Services
District

South Central
Louisiana
Human Services
Authority

Step Forward
Northwest LA

Center for E2P website: *laevidencetopractice.com*

From June-December 2019:

2.2 K individuals visited our website, for a total of **3.1 K** sessions



2 tools published:

MCO Contact Matrix and Interactive EBP Map



50+

training and events posted on calendar



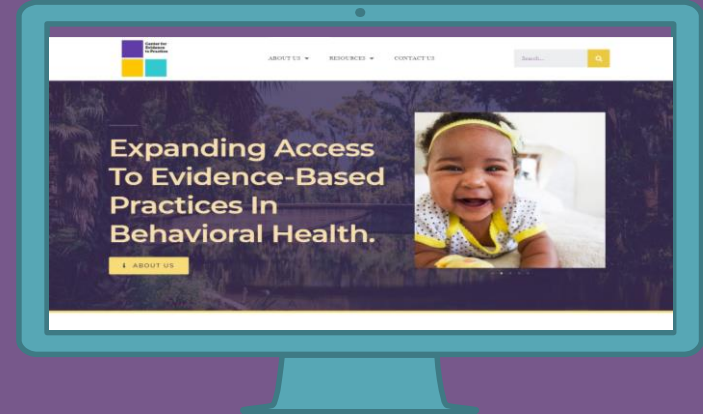
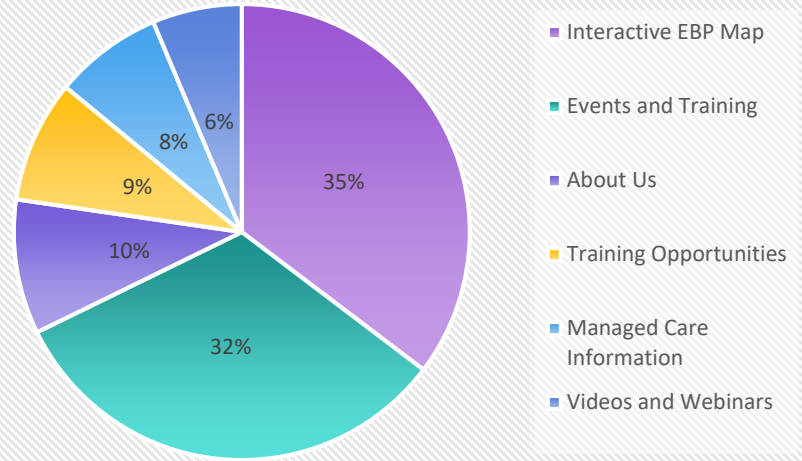
- EBP training sponsored by the Center for E2P
- EBP training sponsored by MCOs
- EBP Peer Support Groups
 - Behavioral health conferences
- Training and events sponsored by community organizations

8 EBP related videos and webinars

i.e. Introduction to Motivational Interviewing Webinar, Child-Parent Psychotherapy and Parent-Child Interactive Therapy Informational Webinars.



Most Viewed Pages



Evidence-based Program

(represents **EBP sites**, not the number of **EBP practitioners per agency**) →

Certified Agencies

Agencies Working Towards Certification

Child-Parent Psychotherapy (CPP)	22	33
Functional Family Therapy (FFT)	21	—
FFT- Child Welfare	12	—
Homebuilders	8	—
Multisystemic Therapy (MST)	31	—
Parent-Child Interaction Therapy (PCIT)	16	21
Preschool PTSD Treatment (PPT)	19	16
Trauma-Focused CBT (TF-CBT)	13	19
Youth PTSD Treatment (YPT)	45	—

Please note: the interactive map only features EBP providers that have been verified as certified or working towards certification by the Center for E2P. Therefore, this may not be a completely accurate depiction of Louisiana's EBP landscape. Contact the Center for more information on having your Medicaid EBP service included on the map.

Mapping Medicaid EBP Providers in LA

11
early childhood
and adolescent
EBPs mapped

Goal of EBP Mapping

Connect children and their caregivers to high-fidelity services.
Improve referral making between providers, and community/state agencies.

Office of Behavioral Health Regions	# of Behavioral Health Provider Orgs Certified in an EBP or working towards certification
Region 1: Metropolitan	27
Region 2: Capital Area	19
Region 3: South Central Louisiana	15
Region 4: Acadiana Area	35
Region 5: Imperial Calcasieu	5

Region 6: Central Louisiana	15
Region 7: Northwest Louisiana	26
Region 8: Northeast Delta	22
Region 9: Florida Parishes	16
Region 10: Jefferson Parish	10

Center for Evidence to Practice: 2019 Training Focus

Evidence-based programs for children 0-7 and their caregivers and EBPs for trauma treatment

Parent-Child Interaction Therapy



Training initiated: December 2019

To be completed: March 2021

Trainers: Dr. Amy Herschell (PCIT Master Trainer) and team at the Early Childhood Innovations Center, LLC

Description: Early childhood behavioral health clinicians, supervisors, and administrators from seven Medicaid agencies across Louisiana were selected to participate in this Learning Collaborative. This cohort began the launch phase in December 2019, in which they are beginning to prepare for their agencies for PCIT integration. Participants will attend a week-long training in March 2020, and an additional two-day training in June 2020. Monthly consultation calls are required for all team members.

Child-Parent Psychotherapy



Training initiated: October 2019

To be completed: April 2021

Trainers: Dr. Amy Dickson and Dr. Phillip Stepka (LSUHSC)

Description: Louisiana-based CPP Trainers, Dr. Dickson and Dr. Stepka, welcomed in a new Learning Collaborative cohort in October 2019. These five agencies will attend a total of three learning sessions over the course of 18 months, in addition to participating in monthly consultation calls.

Trauma-Focused Cognitive Behavioral Therapy



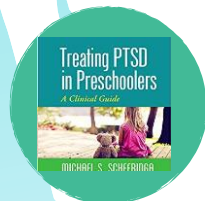
Training initiated: August 2019

To be completed: June 2020

Trainer: Kelly Wilson, LCSW

Description: 30 Medicaid behavioral health practitioners met in Baton Rouge in August 2019 to begin Trauma-Focused CBT training with Master TF-CBT Trainer, Kelly Wilson. After two-days of training, practitioners returned to their agencies and began monthly TF-CBT consultation calls to discuss their cases. An additional two-days of training will take place in January 2020, and upon successful completion of consultation calls and other requirements, these practitioners will be eligible for TF-CBT certification.

Preschool PTSD Treatment



Training initiated: November 2019

To be completed: TBD

Trainers: Dr. Devi Murphy – Tulane University

Description: Through a partnership with Healthy Blue, the Center for Evidence to Practice co-sponsored a Preschool PTSD Treatment (PPT) training for 45+ behavioral health practitioners from across the state. Practitioners were encouraged to participate in consultation calls, which is necessary for achieving the advanced designation for PPT.

EBP	APPLICANTS	TRAINED AND WORKING TOWARDS CERTIFICATION
PCIT	12 agencies applied	7 agencies 27 clinicians, 12 supervisors, (clinical track), 12 administrators (admin track)
CPP	41 applicants (agency and individual)	5 agencies and 14 practitioners currently enrolled
TF-CBT	84 applicants	25 currently enrolled in TF-CBT Cohort

134
practitioners
working
towards EBP
certification

RESEARCH-INFORMED PRACTICE TRAINING

Research-Informed Practice	# of Attendees at 2019 Trainings	Locations
Motivational Interviewing (MI)	178	<ul style="list-style-type: none">• Shreveport• New Orleans• Baton Rouge• Lafayette• Lake Charles• Alexandria
Trust-Based Relational Intervention (TBRI)	27	<ul style="list-style-type: none">• Covington
Cognitive Behavioral Therapy (CBT)	75	<ul style="list-style-type: none">• Shreveport
Total practitioners that participated in a Center for E2P sponsored research-informed practice training in 2019:	280	



Statewide Training Reach in 2019

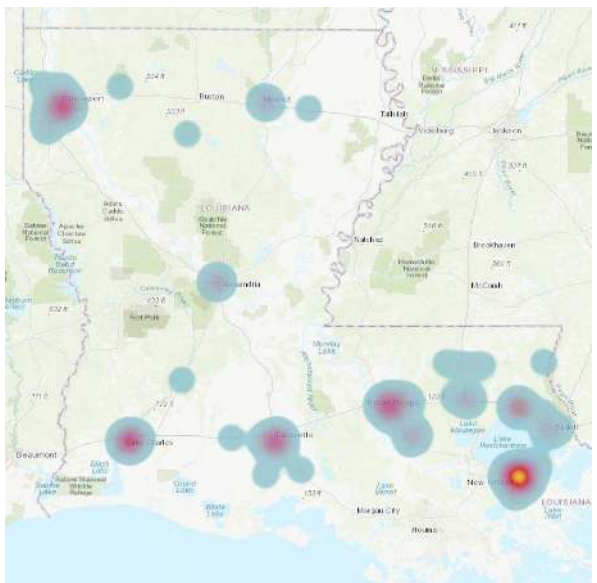


Figure 1: Geographical location of Medicaid providers trained in all **research-informed practice training and evidence-based programs** sponsored by the Center for Evidence to Practice in 2019.

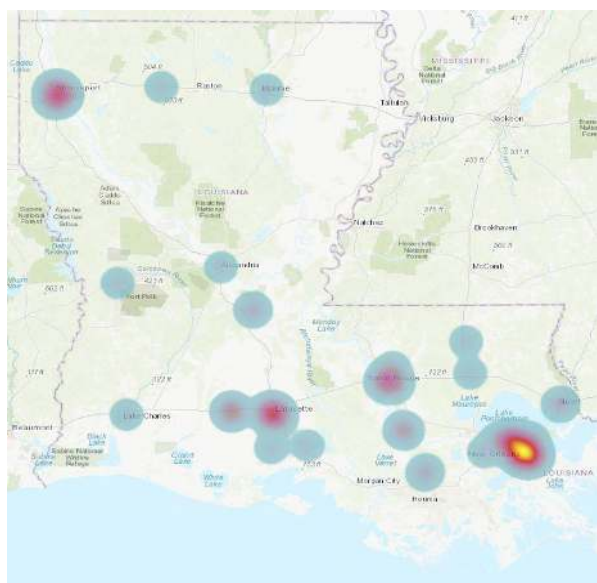


Figure 2: Geographical location of Medicaid providers trained in Center sponsored **evidence-based programs** (TF-CBT, CPP, PPT, and PCIT) in 2019.

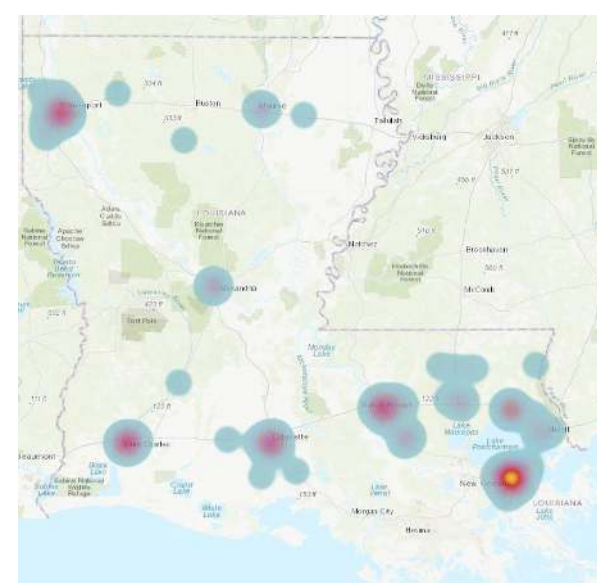


Figure 3: Geographical location of Medicaid providers trained in Center sponsored **research-informed practice** (MI and TBRI) in 2019.

Center for E2P Newsletter: *Behavioral Health Buzz*



25 training announcements distributed via newsletter to statewide stakeholders in 2019

1,500 behavioral health contacts subscribed



Monthly newsletters are distributed by the Center for Evidence to Practice to behavioral health practitioners and stakeholders across the state. Content includes training announcements, information on EBPs, tools and resources, and more.



EBP Peer Support Groups

In late 2019, the Center for Evidence to Practice initiated a statewide effort aimed at supporting behavioral health providers in the transition into, and implementation of, EBPs: [Peer Support Groups](#). Practitioners, referral sources (i.e. pediatricians, schools) and community members are invited to participate in bi-monthly meetings at locations across the state.

Location	Meetings
Baton Rouge	October, December 2019
New Orleans	October, December 2019
Lafayette	October, December 2019
Alexandria	November 2019
Monroe	November 2019
Shreveport and Lake Charles	Coming soon

Web-based Education and Support



CEUs Distributed



Webinars: Introduction to EBPs

54 : practitioners registered for CPP Informational Webinar

49 : practitioners registered for PCIT Informational Webinar

18 : practitioners registered for PCIT Online Office Hours



In 2019, the Center for Evidence to Practice collaborated with Dr. Mathew Thornton, Director of the Center for Children and Families, on an E-learning series focused on business model development for behavioral health agencies. This four-session course will be launched in early 2020 on the Center's new learning platform: E2P Learn.

In 2019, CEU certificates were distributed for *eight* EBP trainings

Total number of CEU certificates: **367**

Total number of CEU hours: **74.5**



**Expanding access to
evidence-based behavioral health treatment
for children and their caregivers in Louisiana.**



THANK YOU

for all of your contributions to our accomplishments in 2019. We look forward to collaborating with you on the expansion of evidence-based behavioral health services in Louisiana in the years to come.

Contact Us

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