

PTSD in Children and Teens



PTSD may occur after witnessing or experiencing a life-threatening event

Motor vehicle accidents, natural disasters, violence, physical, sexual, or psychological abuse, neglect, death of friends or family

Signs that your child is experiencing PTSD

Anxiety, nightmares, trouble sleeping, depression, difficulty concentrating, irritability, anger, physical symptoms (headaches, etc), easily startled

Evidence-based therapy makes a difference!



These **Medicaid covered** treatment programs are clinically proven to **improve PTSD symptoms and long-term mental health**

For information & to find providers near you:

Please visit us at laevidencetopractice.com and click "community resources" tab