

Please visit us at
laevidencetopractice.com
and explore our
"community
resources" tab



Check out our interactive map of
behavioral health providers that are:

- Trained in evidence-based therapies
- Accept Medicaid plans
- Treating children and families in-person,
in-home, and by telehealth (video-call)

Learn about evidence-based
treatment options that will:

HELP YOUR CHILD RECOVER FROM
THE EFFECTS OF TRAUMA

IMPROVE YOUR
CHILD'S BEHAVIOR

STRENGTHEN FAMILY
RELATIONSHIPS

FIND THE RIGHT
MENTAL HEALTH
RESOURCES
FOR YOUR CHILD



IMPROVE
BEHAVIOR

These therapies are for caregivers
who feel overwhelmed by their
child's behavior, or feel that their
child is out of control



CONNECT WITH
PROVIDERS WHO
ACCEPT MEDICAID

Contact us:
EvidencetoPractice@lsuhsc.edu

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Does your child struggle with



- Behavioral outbursts
- Impulsivity
- Aggression
- Disruptive behaviors
- Substance use
- Or illegal behaviors?

Evidence-based programs (EBPs) make a difference!

Youth and parents learn strategies to:

- Improve social interactions
- Cope with emotions (like frustration and anger)
- Communicate effectively

Parents/caregivers are empowered to effectively parent their children.

What is an evidence-based program (EBP)?

If your child, or a child you know, is experiencing **mental or behavioral health challenges**, we recommend an **evidence-based program (EBP)**.



These are therapies for children and families that are proven to work!

Clinically proven results

High-quality care

Positive long-term outcomes



Evidence-Based Programs to Improve Behaviors

Children ages 0-6

- Functional Family Therapy: Child-Welfare
- Homebuilders
- Parent-Child Interaction Therapy
- Triple P

Children ages 7-10

- Functional Family Therapy: Child-Welfare
- Homebuilders
- Triple P

Children ages 11-18

- Functional Family Therapy
- Functional Family Therapy: Child-Welfare
- Homebuilders
- Multisystemic Therapy
- Triple P

TAKE THE NEXT STEPS

Learn which behavior-focused EBP is best for your family & Find providers near you!

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