

Please visit us at  
[laevidencetopractice.com](http://laevidencetopractice.com)  
and explore our  
"community  
resources" tab



Check out our interactive map of  
behavioral health providers that are:

- Trained in evidence-based therapies
- Accept Medicaid plans
- Treating children and families in-person, in-home, and by telehealth (video-call)

Learn about evidence-based  
treatment options that will:

HELP YOUR CHILD RECOVER FROM  
THE EFFECTS OF TRAUMA

IMPROVE YOUR  
CHILD'S BEHAVIOR

STRENGTHEN FAMILY  
RELATIONSHIPS

## FIND THE RIGHT MENTAL HEALTH RESOURCES FOR YOUR CHILD



## STRENGTHEN FAMILY RELATIONSHIPS

These therapies help strengthen  
families & family relationships

This includes resolving conflict between  
youth, their parents or caregivers, and  
siblings



CONNECT WITH  
PROVIDERS WHO  
ACCEPT MEDICAID

Contact us:  
[EvidencetoPractice@lsuhsc.edu](mailto:EvidencetoPractice@lsuhsc.edu)

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These therapies may help parents & caregivers that:

- Struggle to supervise children and keep the home safe
- Struggle with mental health or substance use issues

**Evidence-based programs (EBPs) make a difference!**

These treatments **build on your family's strengths and resources** to:

Help reduce conflict, improve communication, and solve problems

&

Help caregivers provide a safe, healthy home for the family.



## What is an evidence-based program (EBP)?

If your child, or a child you know is experiencing mental or behavioral health challenges, we recommend an evidence-based program (EBP).



EBPs are therapies for children and families that are proven to work!



## IMPROVE FAMILY RELATIONSHIPS THROUGH EVIDENCE-BASED PROGRAMS

### Children ages 0-6

- Child-Parent Psychotherapy
- Functional Family Therapy: Child-Welfare
- Homebuilders

### Children ages 7-10

- Homebuilders
- Functional Family Therapy: Child-Welfare

### Children ages 11-18

- Functional Family Therapy
- Functional Family Therapy: Child-Welfare
- Homebuilders
- Multisystemic Therapy

## TAKE THE NEXT STEPS

Learn which EBP is best for your family & Find providers near you

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