

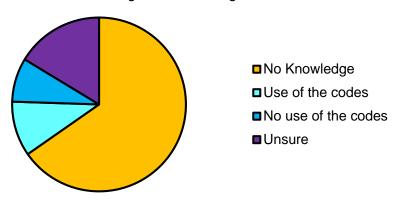
Study Brief (April 2021)

Provider Survey of Use of EBP Billing Codes vs. Utilization

A survey was sent to evidence-based practice (EBP) Medicaid behavioral health providers as part of annual efforts to update the Center for Evidence to Practice's database (<u>laevidencetopractice.com/interactivemap</u>) which identifies provider's certified and offering EBPs to Louisiana's children and families. Questions were added in the 2021 survey to ask about provider's knowledge of EBP Medicaid billing modifier codes and the number of EBP services they provided in 2020.

A total of 53 respondents completed the survey. Forty-nine provided information regarding knowledge of EBP modifier codes for Medicaid billing. Almost two-thirds (65%) reported not knowing about the EBP modifier codes available to them. Only 10% reported using these codes. The remainder indicated knowledge of these codes but did not use them.

Provider Knowledge of EBP Billing Modifier Codes



With low use of the modifier codes, it is difficult to use Medicaid claims data to examine EBP access and utilization. Therefore, survey respondents reported the number of cases where EBPs were offered in 2020. The number of respondents to this question (n=53) represents over one-third (34%) of the certified, and working toward certification, EBP providers in the state's child serving Medicaid network for specific EBPs* (N=155 in 2020). Thus, the number of cases reported were multiplied by three to estimate that 2,589 youth and/or families were likely to have received these specific EBPs* during 2020.

EBPs used with Louisiana's Medicaid-insured youths and families in 2020		
	Number of cases reported seen	
	in 2020 among survey sample	Estimated total seen in 2020
СРР	76	228
EMDR	137	411
PCIT	93	279
PPT	16	48
Triple P	7	21
TF-CBT	416	1248
YPT	118	354

^{*}CPP- Child Parent Psychotherapy; EMDR- Eye Movement Desensitization & Reprocessing; PCIT-Parent Child Interaction Therapy; PPT-Preschool PTSD Treatment; Triple P-Positive Parenting Practices; TF-CBT- Trauma Focused Cognitive Behavioral Therapy; YPT- Youth PTSD Treatment

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For more information, contact the Center for Evidence to Practice at https://laevidencetopractice.com/contact-us/

The Center was created in partnership with Louisiana's Office of Behavioral Health to expand evidence-based behavioral health practices in communities across the state. We seek to identify strengths and gaps in Louisiana's child and youth behavioral health system; make evidence-based support and intervention available where youth and families need them; promote excellence and accountability in service provision; and, encourage a ready workforce through education and support efforts.