

**Center for Evidence to Practice**  
**Evidence-Based Practice (EBP)**  
**Provider Directory**

**Region 5**



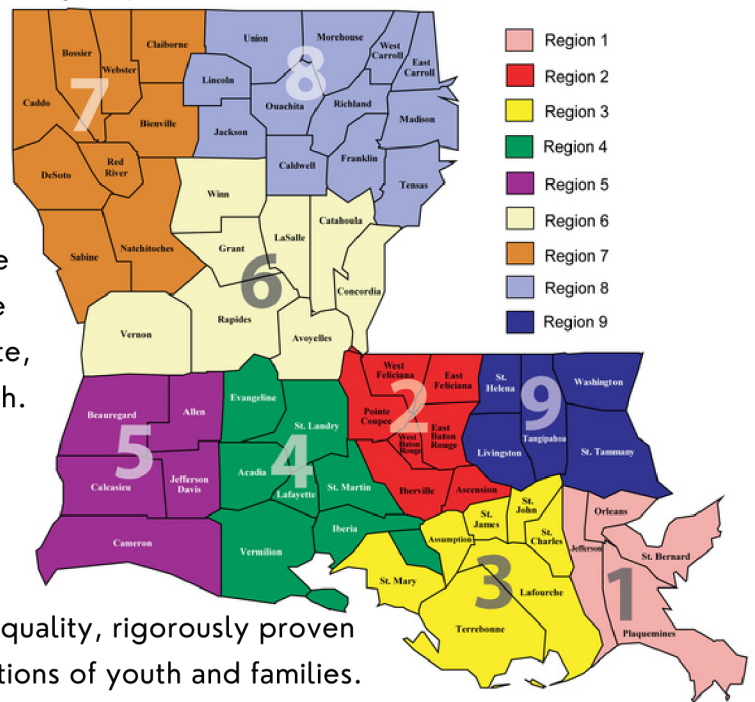
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 5.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

\*Indicates therapies for which a provider travels to the clients' home

## Agencies that offer EBPs in Region 5

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Beyond Words, Inc.	1409 Kirkman St., Lake Charles, LA 70601	337-419-3586	PPT, YPT	AmeriHealth, Healthy Blue, LHCC, United Healthcare
Elite Medical Wellness	2802 Hodges St., Lake Charles, LA 70601	337-377-3626	YPT	
Family Bridges Counseling Center, LLC	118 State St., Lake Charles, LA 70605	337-274-8017	PPT, YPT	
Imperial Calcasieu Human Services Authority	Lake Charles 4105 Kirkman St., Lake Charles, LA 70605  Sulphur 2651 E. Napoleon St., Sulphur, LA 70663	337-475-8022  337-625-6750	CPP, PCIT  PCIT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
New Horizons Counseling Center, LLC	614 Esplanade St., Lake Charles, LA 70607	337-478-1411	EMDR	

## Home-Based Services offered in Region 5

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Cognitive Development Center of Lake Charles-Seaside	Beauregard, Calcasieu, Cameron, Jefferson Davis	337-990-5305	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Center for Children and Families	Allen, Beauregard, Calcasieu, Jefferson Davis	337-514-5181	FFT, FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

## Additional Services offered in Region 5

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership	Allen, Beauregard, Calcasieu, Cameron, Jefferson Davis	337-478-6020 ext. 6049; 337-463-4486 ext. 225	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

## Center for Evidence to Practice

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