

**UNDERSTANDING THE COMPLEX TRAUMA OF CHILD SEX
TRAFFICKING & PRACTICAL STRATEGIES FOR ADDRESSING
COMMON BARRIERS TO ENGAGEMENT**



FACILITATORS



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AGENDA


<u>Time</u>	<u>Topic</u>
8:00 - 8:15	Introductions, Objectives
8:15 - 9:45	<ul style="list-style-type: none">• Defining Human Trafficking• Myths v facts re: Human Trafficking• Reviewing risk factors for HT• How trauma symptoms present in survivors of CSEC
9:45 – 10:00	Break
10:00 - 11:30	<ul style="list-style-type: none">• Complex trauma and dysregulation• Maladaptive coping skills / Risk taking behaviors• Barriers to therapeutic engagement• Trauma-informed care for HT survivors• Cultural, historical, and gender issues
11:30 - 11:45	Break
11:45 - 12:30	<ul style="list-style-type: none">● Self-care for clinicians working with HT● Mandatory reporting● Resources, Wrap-up and Q&A

Learning Objectives

- ✓ Define Human Trafficking as recognized by law at the federal and state levels
- ✓ Compare Human Trafficking myths with real-world scenarios
- ✓ Discuss risk factors at societal, community, relationship, and individual levels
- ✓ Describe complex trauma resulting from child sex trafficking and psychological coercion
- ✓ List maladaptive coping skills survivors commonly utilize
- ✓ Identify practical strategies for addressing barriers to therapeutic engagement
- ✓ Establishing felt-safety through trauma-informed care
- ✓ Recognize the importance of self-care when working with child survivors of trafficking



**YOU
ARE
HERE**



**Clinical training
(counseling, social
work, or related)**

**Training to
understand Human
Trafficking**

**Apply clinical
training to work
with survivors**