

TTI Session Schedule

<u>SESSION TOPICS</u>	<u>DATE</u>	<u>SESSION DESCRIPTIONS</u>	<u>SESSION OBJECTIVES</u>
CLUSTER 1: SETTING THE FOUNDATION			
Trainer: Jabari Lyles			
A. Introduction to Sexual Orientation and Gender Identity or Expression (SOGIE) - Part. 1	4/17/23	This session is an overview of the terms and concepts related to gender identity and gender expression, with a specific emphasis on the experiences of transgender, nonbinary and gender expansive individuals.	<ol style="list-style-type: none"> 1. Define and distinguish between assigned sex, gender identity and gender expression. 2. Gain a deeper understanding of transgender, nonbinary and other gender-expansive identities. 3. Learn and practice utilizing LGBTQ+-inclusive, gender-affirming language, as well as reducing harm and addressing stereotypes.
B. Introduction to Sexual Orientation and Gender Identity or Expression (SOGIE) - Part. 2	4/24/23	This session is an overview of the terms and concepts related to sexual orientation, romantic orientation and attraction.	<ol style="list-style-type: none"> 1. Define and distinguish between sexual orientation, romantic orientation and sexual behaviors. 2. Gain a deeper understanding of common identities related to sexual orientation. 3. Learn and practice utilizing supportive and affirming language, as well as reducing harm and addressing stereotypes.
CLUSTER 2: DEVELOPING AND MAINTAINING AN AFFIRMING PRACTICE			
Trainer: Dietz			
C. From Paperwork to Practice: Systems, Materials & Reporting	5/8/23	This session focuses on considerations and strategies for designing clinical infrastructure that is gender affirming. Learn key concepts to consider when collecting SOGIE data, with an emphasis on how to create workarounds when electronic medical records do not make accessing true names and gender information easy. Explore methods for collecting SOGIE information accurately and respectfully and learn how to develop internal policies to protect how that information is used.	<ol style="list-style-type: none"> 1. Learn how to update intake forms and questionnaires to be gender and sexuality-affirming. 2. Learn how to frame "legality" in terms of name and gender and how to reconcile SOGIE data collection. 3. Learn how to use internal policy as a tool for protecting the rights of LGBTQ+ people.
D. Body Revolutions: Accessing	5/15/23	This session will give the learner an opportunity to explore the basics of what	<ol style="list-style-type: none"> 1. Learn the basics of what encompasses Gender Affirming Care. 2. Learn best practices and considerations for

Medical Transition Services in LA		medical transition can encompass for those who seek it, including in depth discussions about what access to care does and does not look like in Louisiana.	supporting gender diverse people through medical transition. 3. Learn more about the current landscape of access to gender affirming healthcare services in Louisiana.
E. "We Don't Discriminate Against Anyone": Navigating External Referrals for Gender Diverse People	6/12/23	This session explores strategies providers can use to vet external referral resources for their capacity to offer gender affirming care. Learn how to set your clients and your community partners up for success when referring gender diverse people out of house and build skills in managing client expectation with a focus on holding community partners accountable for their quality of care.	1. Learn tools for surveying the relative safety of LGBTQ+ psycho-social wrap-around services for LGBTQ+ clients. 2. Learn how to manage expectations and safety plan for individuals who need to access services from providers who do not prioritize the safety of LGBTQ+ clients. 3. Learn how to best utilize feedback and grievance forms to help improve systems of care for LGBTQ+ clients.
F. Allies and Accomplices: Meaningful Partnership in Trans Liberation	6/26/23	In this session, learners will be briefed on the historical and current legislative landscape of policy that impacts LGBTQ+ individuals. Learn more about how you as a provider can be more actively engaged in supporting gender diverse people both locally and nationally through individual and collective action.	1. Learn about the historical impact of anti-LGBTQ+ law on LGBTQ+ individuals. 2. Learn more about the current political landscape for LGBTQ+ people in LA including current legislative action and the impacts of existing laws. 3. Learn strategies for being an accomplice/advocate for LGBTQ+ rights individually, locally, and nationally.

CLUSTER 3: SPECIAL TOPICS FOR CLINICAL SERVICES

Trainer: Kelly Wilson

G. Basic Tenets of Clinical Competence in Working with LGBTQ+ Youth	5/4/23*	An overview of the basics of clinical competence when working with LGBTQ+ youth and families. We will examine the logistical and perceptual barriers common to engagement with the youth and their parents or caregivers.	1. Engage in a review of APA guidelines intended to assure a high level of professional practice. 2. Understand the role of implicit and explicit heterosexist negative attitudes in the assessment and treatment planning of LGBTQ+ youth and families. 3. Examine the link between parental or caregiver rejecting behaviors and negative mental and behavioral health problems in gender and sexually diverse youth.
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<p>H. The Practice of Affirmative Psychotherapy with LGBTQ+ Youth and Families</p>	<p>6/5/23*</p>	<p>This session will focus on the tenets of affirmative, strength-based counseling with LGBTQ+ individuals. Focus will be on identifying special considerations and how to respond to barriers throughout the treatment process (intake, assessment, family involvement, trauma processing, safety planning, and providing referrals). Focused attention emphasizes competencies for counseling with transgender and non-binary individuals.</p>	<ol style="list-style-type: none"> 1. Review best practices for working with youth and families from marginalized communities. 2. Identify techniques to address assessment factors unique to the LGBTQ+ youth for trauma histories and PTSD symptoms. 3. Learn strategies for incorporating SOGIE considerations into the clinical case conceptualization and treatment provision. 4. Learn how to improve treatment outcomes for traumatized LGBTQ+ people through integration principles of sexual health.
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