

TRAINING INFORMATIONAL

For

Working with the LGBTQ+ Population: Transformation Transfer Initiative

Training Opportunity for Louisiana



Issued by

LSUHSC Center for Evidence to Practice



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1. TRAINING OVERVIEW

A. INTRODUCTION

The Center for Evidence to Practice (Center for E2P) has produced this Training Informational to identify the appropriate audience of clinicians, Louisiana Crisis Response System providers, etc. in Louisiana who are equipped to successfully participate in ***Working with the LGBTQ+ Population: Transformation Transfer Initiative*** training. This training is made possible through the support of the National Association of State Mental Health Program Directors (NASMHPD) and through the need identified by the Office of Behavioral Health (OBH).

The Center for E2P looks forward to having interested participants join this training opportunity.

The **goal** of this Training Informational is to explain this training opportunity in depth to interested participants.

B. INFORMATION ABOUT THE LOUISIANA CENTER FOR EVIDENCE TO PRACTICE

The Center for E2P is a partnership between the Louisiana Department of Health – Office of Behavioral Health and the Louisiana Health Sciences Center – School of Public Health, which is tasked with improving access to evidence-based behavioral health practices for Louisianan children and families insured by Medicaid. Our mission is to support the state and its agencies, organizations, communities, and providers in selecting and implementing evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and address challenges related to sustaining quality practice. More recently, the Center has supported the training and development of a network of crisis responders operating within a newly developed multi-tiered system of crisis services. For more information on the Center please visit our [website](#) and [subscribe](#) to our newsletter for updates.

C. CONTINUING EDUCATION CREDITS

The Center is a CEU social work pre-approval organization through the Louisiana State Board of Social Work Examiners (LABSWE). Additionally, our CEU applications are very often approved through the Louisiana Counseling Association (LCA). Upon completion of training, which includes meeting the required amount of training minutes, and completing the end-of-training evaluation, participants receive a CEU certificate for their participation in this training opportunity. Also, for those whose credentials are outside of the LABSWE and LCA; upon receiving the CEU certificate, we encourage participants to submit the certificate to their licensing board for approval.

D. TRAINING COSTS

There will be no cost to agencies for the training itself; however, agencies must financially commit to the time and effort required to complete the training. That means that agencies and clinicians must set aside the allotted training time to fully participate in this training opportunity.

2. SCOPE OF WORK

A. INFORMATION ABOUT THE TTI INITIATIVE

In a continued effort to assist states in transforming mental health systems of care, the Substance Abuse and Mental Health Services Administration (SAMHSA) and its Center for Mental Health Services (CMHS) created the Transformation Transfer Initiative (TTI). The TTI was awarded to Louisiana early in 2022. This work is executed in partnership with the National Association of State Mental Health Program Directors (NASMHPD).

In Louisiana, this initiative is focused on developing training for the Medicaid behavioral health provider networks to improve workforce competencies related to rendering behavioral health services to LGBTQ+ populations. The Center has identified, interviewed, and previewed trainings from several national and local subject matter experts, with the goal to identify consultants/trainers to train our mental health practitioners who provide:

1. Adult crisis response services through the Louisiana Crisis Response System and have completed the Mental Health Crisis Response (MHCR) training, and
2. Evidence-based treatment programs for children and families through Medicaid-funded services.

B. TTI TRAINERS

Each of the trainers identified for this training opportunity share unique experiences that will help strengthen the training experience. Please review a description of each trainer below.

1. Jabari Lyles:

Jabari Lyles (they/he) has been working at the intersection of LGBTQ advocacy, K-12 education and public administration for over 15 years. Currently, Jabari collaborates with schools, nonprofits and other service providers across the U.S. to build their competence, confidence

and capacity to provide safer, more affirming spaces for LGBTQ youth and adults. To learn more about Jabari and their work, visit www.jabariconsults.com.

2. Kelly Wilson, LCSW:

Kelly is a clinician, consultant and trainer working in Madison, WI. She has over 20 years' experience in children's mental health specializing in the treatment of child traumatic stress. Kelly has worked extensively with children in therapeutic foster care and in the outpatient treatment setting. She is a nationally recognized trainer of Trauma Focused Cognitive Behavioral Therapy (TF-CBT). Kelly's areas of focus include working with traumatized youth with Complex Trauma and working with LGBTQ+ youth and families. Kelly has a passion for spreading evidence-based assessment and treatment models to frontline mental health professionals using the latest advances in Implementation Science.

3. Dietz:

Dietz (any pronoun used with respect) is a transgender health educator, trainer and consultant who has specialized in the field of healthcare navigation in various iterations since 2012. Dietz helped organize and develop the first clinic focused on gender affirming healthcare in the state of Louisiana and is a co-founder and co-director of the trans health education collective TIDAL (Transgender Inclusive Development, Advocacy, and Learning). Dietz specializes in expanding and improving access to transgender and gender non-conforming healthcare throughout the South and strives to strengthen community coalitions through shared compassion, courage, and expressions of liberatory joy.

C. TTI TRAINING OVERVIEW

Each of the TTI trainers have worked diligently over the past few months compiling information that would be relevant to share and educate for each topic.

Please review the training overview below to see the **three (3) clusters** of training. Participants are able to participate in as many sessions as their schedules allow. **All the sessions will occur from 12:00PM-2:00PM CDT.** **Please take note that not all of the session dates are not in order.*

<u>SESSION TOPICS</u>	<u>DATE</u>	<u>SESSION DESCRIPTIONS</u>	<u>SESSION OBJECTIVES</u>
<u>CLUSTER 1: SETTING THE FOUNDATION</u>			
Trainer: Jabari Lyles			

A. Introduction to Sexual Orientation and Gender Identity or Expression (SOGIE) - Part. 1	4/17/23	This session is an overview of the terms and concepts related to gender identity and gender expression, with a specific emphasis on the experiences of transgender, nonbinary and gender expansive individuals.	<ol style="list-style-type: none"> 1. Define and distinguish between assigned sex, gender identity and gender expression. 2. Gain a deeper understanding of transgender, nonbinary and other gender-expansive identities. 3. Learn and practice utilizing LGBTQ+-inclusive, gender-affirming language, as well as reducing harm and addressing stereotypes.
B. Introduction to Sexual Orientation and Gender Identity or Expression (SOGIE) - Part. 2	4/24/23	This session is an overview of the terms and concepts related to sexual orientation, romantic orientation and attraction.	<ol style="list-style-type: none"> 1. Define and distinguish between sexual orientation, romantic orientation and sexual behaviors. 2. Gain a deeper understanding of common identities related to sexual orientation. 3. Learn and practice utilizing supportive and affirming language, as well as reducing harm and addressing stereotypes.

CLUSTER 2: DEVELOPING AND MAINTAINING AN AFFIRMING PRACTICE

Trainer: Dietz

C. From Paperwork to Practice: Systems, Materials & Reporting	5/8/23	This session focuses on considerations and strategies for designing clinical infrastructure that is gender affirming. Learn key concepts to consider when collecting SOGIE data, with an emphasis on how to create workarounds when electronic medical records do not make accessing true names and gender information easy. Explore methods for collecting SOGIE information accurately and respectfully and learn how to develop internal policies to protect how that information is used.	<ol style="list-style-type: none"> 1. Learn how to update intake forms and questionnaires to be gender and sexuality-affirming. 2. Learn how to frame “legality” in terms of name and gender and how to reconcile SOGIE data collection. 3. Learn how to use internal policy as a tool for protecting the rights of LGBTQ+ people.
D. Body Revolutions: Accessing Medical Transition Services in LA	5/15/23	This session will give the learner an opportunity to explore the basics of what medical transition can encompass for those who seek it, including in depth discussions about what access to care does and does not look like in Louisiana.	<ol style="list-style-type: none"> 1. Learn the basics of what encompasses Gender Affirming Care. 2. Learn best practices and considerations for supporting gender diverse people through medical transition. 3. Learn more about the current landscape of access to gender affirming healthcare services in Louisiana.

E. "We Don't Discriminate Against Anyone": Navigating External Referrals for Gender Diverse People	6/12/23	This session explores strategies providers can use to vet external referral resources for their capacity to offer gender affirming care. Learn how to set your clients and your community partners up for success when referring gender diverse people out of house and build skills in managing client expectation with a focus on holding community partners accountable for their quality of care.	<ol style="list-style-type: none"> 1. Learn tools for surveying the relative safety of LGBTQ+ psycho-social wrap-around services for LGBTQ+ clients. 2. Learn how to manage expectations and safety plan for individuals who need to access services from providers who do not prioritize the safety of LGBTQ+ clients. 3. Learn how to best utilize feedback and grievance forms to help improve systems of care for LGBTQ+ clients.
F. Allies and Accomplices: Meaningful Partnership in Trans Liberation	6/26/23	In this session, learners will be briefed on the historical and current legislative landscape of policy that impacts LGBTQ+ individuals. Learn more about how you as a provider can be more actively engaged in supporting gender diverse people both locally and nationally through individual and collective action.	<ol style="list-style-type: none"> 1. Learn about the historical impact of anti-LGBTQ+ law on LGBTQ+ individuals. 2. Learn more about the current political landscape for LGBTQ+ people in LA including current legislative action and the impacts of existing laws. 3. Learn strategies for being an accomplice/advocate for LGBTQ+ rights individually, locally, and nationally.

CLUSTER 3: SPECIAL TOPICS FOR CLINICAL SERVICES

Trainer: Kelly Wilson

G. Basic Tenets of Clinical Competence in Working with LGBTQ+ Youth	5/4/23*	An overview of the basics of clinical competence when working with LGBTQ+ youth and families. We will examine the logistical and perceptual barriers common to engagement with the youth and their parents or caregivers.	<ol style="list-style-type: none"> 1. Engage in a review of APA guidelines intended to assure a high level of professional practice. 2. Understand the role of implicit and explicit heterosexist negative attitudes in the assessment and treatment planning of LGBTQ+ youth and families. 3. Examine the link between parental or caregiver rejecting behaviors and negative mental and behavioral health problems in gender and sexually diverse youth.
H. The Practice of Affirmative Psychotherapy with LGBTQ+ Youth and Families	6/5/23*	This session will focus on the tenets of affirmative, strength-based counseling with LGBTQ+ individuals. Focus will be on identifying special considerations and how to respond to barriers throughout the treatment process (intake, assessment, family involvement, trauma processing, safety planning, and providing referrals). Focused attention	<ol style="list-style-type: none"> 1. Review best practices for working with youth and families from marginalized communities. 2. Identify techniques to address assessment factors unique to the LGBTQ+ youth for trauma histories and PTSD symptoms. 3. Learn strategies for incorporating SOGIE considerations into the clinical case conceptualization and treatment provision. 4. Learn how to improve treatment outcomes for

		emphasizes competencies for counseling with transgender and non-binary individuals.	traumatized LGBTQ+ people through integration principles of sexual health.
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D. INTRODUCTION TO THE E2P TRANSFORMATION TRANSFER INITIATIVE (TTI): INFORMATIONAL WEBINAR OPPORTUNITY

The Center will be hosting an informational webinar on an Introduction to the E2P Transformation Transfer Initiative (TTI). The objectives will be to gain an overview of the E2P/TTI LGBTQ+ Curriculum. Meet and become acquainted with the facilitators and their backgrounds. As well as assess the current needs and challenges related to providing competent, affirming care to LGBTQ+ population. A question and answer (Q&A) session will follow. ***If you are planning on registering for the TTI training, it is highly recommended that you attend this webinar.***

MONDAY, APRIL 3, 2023

12:00PM-1:00PM CST

[CLICK HERE TO REGISTER](#)

E. OFFICE HOURS

Following each online training portion, participants will have the chance to participate in up to **six (6) hours** in office hours. These hours are intended as open drop-in sessions for participants to ask questions, triage specific scenarios and receive additional information and assistance.

<u>TTI OFFICE HOURS SCHEDULE</u>	
<i><u>Goal:</u> Open drop-in session for participants to ask questions, triage specific scenarios and receive additional information and assistance.</i>	
<u>Date:</u>	<u>Time:</u>
1. April 19, 2023	12:00PM-2:00PM CDT
2. May 2, 2023	12:00PM-2:00PM CDT
3. May 10, 2023	12:00PM-2:00PM CDT
4. May 24, 2023	12:00PM-2:00PM CDT

5. June 14, 2023	12:00PM-2:00PM CDT
6. June 28, 2023	12:00PM-2:00PM CDT

F. TIMELINE OF EVENTS

<u>Events</u>	<u>Date</u>
Training Informational Released	March 23, 2023
Informational Webinar	April 3, 2023
Registration Deadline	<i>Ongoing submissions are accepted until training ends in June 2023</i>
TTI Training:	April 17-June 26, 2023
TTI Office Hours:	April 19-June 28, 2023

3. APPLICATION AND SELECTION PROCESS

A. ELIGIBILITY REQUIREMENTS AND EXPECTATIONS

All interested clinicians, etc. that serve the Medicaid population are invited and highly encouraged to participate in this training opportunity.

Individuals who provided services through the Louisiana Crisis Response System and have completed the Mental Health Crisis Response (MHCR) training are invited and highly encouraged to register and participate in this training.

B. REGISTRATION INFORMATION

Interested participants simply need to complete the following [REGISTRATION FORM](#) for the sessions they would like to partake in. A more thorough session description is located on pages 6-10.

<u>SESSION TOPICS</u>	<u>DATE</u>	<u>TIME</u>
<u>CLUSTER 1: SETTING THE FOUNDATION</u>		
A. Introduction to Sexual Orientation and Gender Identity or Expression (SOGIE) - Part. 1	Monday, April 17, 2023	12:00PM-2:00PM CDT

B. Introduction to Sexual Orientation and Gender Identity or Expression (SOGIE) - Part. 2	Monday, April 24, 2023	12:00PM-2:00PM CDT
<u>CLUSTER 2: DEVELOPING AND MAINTAINING AN AFFIRMING PRACTICE</u>		
C. From Paperwork to Practice: Systems, Materials & Reporting	Monday, May 8, 2023	12:00PM-2:00PM CDT
D. Body Revolutions: Accessing Medical Transition Services in LA	Monday, May 15, 2023	12:00PM-2:00PM CDT
E. "We Don't Discriminate Against Anyone": Navigating External Referrals for Gender Diverse People	Monday, June 12, 2023	12:00PM-2:00PM CDT
F. Allies and Accomplices: Meaningful Partnership in Trans Liberation	Monday, June 26, 2023	12:00PM-2:00PM CDT
<u>CLUSTER 3: SPECIAL TOPICS FOR CLINICAL SERVICES</u>		
G. Basic Tenets of Clinical Competence in Working with LGBTQ+ Youth	Thursday, May 4, 2023	12:00PM-2:00PM CDT
H. The Practice of Affirmative Psychotherapy with LGBTQ+ Youth and Families	Monday, June 5, 2023	12:00PM-2:00PM CDT

C. NON-DISCRIMINATORY POLICY

The Center appreciates diversity and does not discriminate based on race, ethnicity, age, sexual orientation, and gender identity.

*Thank you for your commitment to serving Louisiana's children, families, and adults.
We look forward to seeing you at the training!*