

REQUEST FOR APPLICATIONS

For

Engaging Youth and Families in Behavioral Health Services Online Training

Training Opportunity for Louisiana Medicaid Behavioral Health Practitioners

Mary McKay's Parent Engagement Strategies

Issued by

LSUHSC Center for Evidence to Practice



Application Release Date: Tuesday, May 2, 2023

APPLICATIONS MUST BE RECEIVED BY WEDNESDAY, MAY 17, 2023

All applicants will be notified by Friday, May 19, 2023

Please direct questions to the Center for Evidence to Practice at

EvidencetoPractice@lsuhsc.edu

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1. TRAINING OVERVIEW

A. INTRODUCTION

The Center for Evidence to Practice (Center for E2P) has written this Request for Application (RFA) in order to identify behavioral health practitioners in Louisiana who are equipped to successfully participate in ***Engaging Youth and Families in Behavioral Health Services*** training.

Due to the identified need for Medicaid behavioral health services specific to children and their caregivers, the Engaging Youth and Families training has been selected by the Office of Behavioral Health (OBH) as a research-informed initiative that will be expanded statewide.

The Center for E2P and EDR trainer and Consultant, Kelly Wilson, LCSW, looks forward to compiling a strong cohort of trainees based on the applications received. The trainer and E2P staff will be reviewing applications based on the ***Application and Selection Process (Section 3)***.

The goal of this RFA is to learn about this training opportunity to see if it is the right fit for you and your Medicaid behavioral health agency.

B. INFORMATION ABOUT THE LOUISIANA CENTER FOR EVIDENCE TO PRACTICE

The Center for E2P is a partnership between the Louisiana Department of Health – Office of Behavioral Health and the Louisiana Health Sciences Center – School of Public Health, which is tasked with improving access to evidence-based behavioral health practices for Louisianan children and families insured by Medicaid. Our mission is to support the state and its agencies, organizations, communities, and providers in selecting and implementing evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and address challenges related to sustaining quality practice. For more information on E2P please visit our [website](#) and [subscribe](#) to our newsletter for updates.

C. CONTINUING EDUCATION CREDITS

The Center is a CEU social work pre-approval organization through the Louisiana State Board of Social Work Examiners (LABSWE). Additionally, our CEU applications are very often approved through the Louisiana Counseling Association (LCA). So upon completion of training, meeting the required amount of training minutes, and completing the end-of-training evaluation, participants should receive a CEU certificate for their participation in this training opportunity. Also, for those whose credentials are outside of the LABSWE and LCA; upon receiving the CEU certificate, we encourage participants to submit the certificate to their licensing board for approval.

D. TRAINING COMMITMENT FORM

All chosen applicants are required to commit to participating in the training in its entirety. Upon selection, all applicants will be required to complete a **Training Commitment** between the applicant and E2P. *As this is a free, state-funded training, all participants must demonstrate their commitment to participate in the one (1) training day and to actively use the training approach with clients.*

E. FULFILLING TRAINING ATTENDANCE & PARTICIPATION REQUIREMENTS

Dedication and commitment to this training is the utmost importance in completing this training opportunity. *These trainings would be a significant financial investment for practitioners if they were to participate on their own.* If an agency/practitioner is chosen for this opportunity, it is of no cost to them. With that in mind, **for each entity that is chosen for this training opportunity, we emphasize the importance of completing all the training components as intended.** Should an entity drop out of this opportunity, it can impact their selection in a future training opportunity offered through E2P.

F. TRAINING COSTS

There will be no cost to agencies for the course itself; however, agencies must financially commit to the time and effort required to complete the training. That means that agencies and clinicians must set aside the allotted training time to fully participate in this training opportunity.

2. SCOPE OF WORK

A. INFORMATION ABOUT ENGAGING YOUTH AND FAMILIES IN BEHAVIORAL HEALTH SERVICES

The **Engaging Youth and Families** training will center on Mary McKay's research around engaging youth and family involvement in behavioral health services. We will examine the common elements of treatment engagement identified in the research literature, differentiating pragmatic challenges and perceptual barriers. We will practice key strategies for improving active caregiver participation in their child's mental health services.

The **four (4) objectives** of this training are:

1. Participants will examine the critical elements of the engagement process.
2. Participants will practice creative problem-solving around concrete obstacles to treatment participation.
3. Participants will improve their knowledge of the impact of perceptual barriers to treatment engagement
4. Participants will identify strategies for improving successful and sustained engagement with families.

The **three (3) goals** of this training are:

1. To improve clinician understanding of and practices around engaging youth and families in the therapy process.
2. To raise awareness of challenges to treatment engagement related to historical trauma, previous experiences when seeking help, and lack of support from family and/or friends.
3. To change clinical practice to better address perceptual boundaries impacting youth and family completion of evidence-based treatment models.

B. ENGAGING YOUTH AND FAMILIES TRAINING AGENDA

TIME	TOPICS
9am – 9:30am	Current Research Findings Around Engagement
9:30am – 10:30am	Common Concrete Barriers
10:30am – 10:45am	BREAK
10:45am – 12pm	The Power of Partnering & Predicting
12pm – 1pm	LUNCH
1pm – 2:15pm	Perceptual Barriers to Treatment Engagement
2:15pm – 2:30pm	BREAK
2:30pm – 4pm	Strategies for Getting and Maintaining Family Engagement
4pm – 4:30pm	Q & A, evaluations

C. TIMELINE OF EVENTS

<u>Events</u>	<u>Date</u>
RFA Released	Tuesday, May 2, 2023
APPLICATION DEADLINE	WEDNESDAY, MAY 17, 2023
Notification of Application Status	Friday, May 19, 2023
TRAINING COMMITMENT DUE	WEDNESDAY, MAY 24, 2023
Engaging Youth and Families in Behavioral Health Services Training	Thursday, May 25, 2023 from 9:00am-4:30pm

3. APPLICATION AND SELECTION PROCESS

A. ELIGIBILITY REQUIREMENTS AND EXPECTATIONS

Selection will be based upon organization readiness for to implement the engaging youth and families' strategies, acceptance of Medicaid-insured families, and relevance of this training to the population served by the applicant organization. ***Preference will be given to organizations with multiple practitioners applying to be trained, in recognition of inter-agency support of implementing these research-informed practices.*** Additionally, we highly encourage participation from supervisors and administrators as their understanding and support of these practices contributes to long-term sustainability.

Training Acceptance Criteria: Qualified behavioral health agencies/providers will be those who serve Medicaid-insured individuals and/or provide clinical therapy services to children and their caregivers in Louisiana free of charge; are licensed (or actively working towards licensure); and are actively (currently) treating children and their caregivers.

All behavioral health agencies selected to participate in this training will be expected to sign a Training Agreement between the agency and E2P. As this is a free, state-funded training, all agencies must demonstrate their commitment to the training and sustaining these practices.

B. APPLICATION REVIEW PROCESS

Upon receiving all the training applicants, an initial review of the applicants that meet the threshold requirements outlined in the **Eligibility Requirements and Expectations** section will be executed. Following that initial review, the E2P staff will meet with the trainers and review the applicants based on their individual trainee application and short answer responses.

C. APPLICATION MATERIALS

The **Engaging Youth and Families in Behavioral Health Services** training is scheduled for **Thursday, May 25, 2023 from 9:00am-4:30pm**. The course instructor is Kelly Wilson, LCSW for this training opportunity. The course is limited to 40 participants.

The **TRAINEE APPLICATION** must be completed by each applicant and can be accessed by filling out the **online application (through Microsoft Forms)** by **WEDNESDAY, MAY 17, 2023**.

D. APPLICATION CHECKLIST

- Please review the **Request for Application (RFA)** to be aware of training expectations.
- SAVE THE DATE: Thursday, May 25th, 2023** from **9:00am-4:30pm**.
- Submit a **TRAINEE APPLICATION** on behalf of yourself as an applicant. Acceptance into the program will be evaluated on an individual basis based on the application responses.

E. NOTIFICATION OF APPLICATION STATUS

Applicants will be notified via email by **Friday, April 19, 2023** regarding their status in the training.

F. NON-DISCRIMINATORY POLICY

The Center for Evidence to Practice appreciates diversity and does not discriminate based on race, ethnicity, age, sexual orientation, and gender identity.

*Thank you for your commitment to serving Louisiana's children and families.
We look forward to reading your application!*