

REQUEST FOR APPLICATIONS

For

Child-Parent Psychotherapy

Learning Collaborative for Louisiana Medicaid Behavioral Health Agencies



ChildParent
Psychotherapy

Issued by

LSUHSC Center for Evidence to Practice



Application Release Date: Monday, July 17, 2023

APPLICATIONS MUST BE RECEIVED BY THURSDAY, AUGUST 31,

2023 All applicants will be notified by Monday, September 11, 2023

Please direct questions to the Center for Evidence to Practice at

EvidencetoPractice@lsuhsc.edu

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1. TRAINING OVERVIEW

A. INTRODUCTION

The Center for Evidence to Practice (Center for E2P) has written this Request for Application (RFA) in order to identify behavioral health practitioners in Louisiana who are equipped to successfully participate in ***Child-Parent Psychotherapy*** training and implementation.

Due to the identified need for Medicaid behavioral health services specific to children and their caregivers, CPP has been selected by the Office of Behavioral Health (OBH) as an evidence-based program that will be expanded statewide. OBH has published a Medicaid service definition for CPP in their [LA Medicaid Behavioral Health Services Provider Manual](#).

Through this Request for Applications (RFA), the Center for E2P and Drs. Amy Dickson, Julie Larrieu, and Devi Murphy, look forward to identifying a strong cohort to participate in this training and learning collaborative opportunity.

The **goal of this RFA** is to help providers determine if this EBP is a good fit for their clinicians, organization and children and families they service. *It should also help providers determine if they are able to commit to the expectations of participating in this training opportunity and of delivering the EBP.* The application requests information about the providers' qualifications, the services they provide to Medicaid-insured children and families, and readiness to participate in the training and to deliver the EBP. Drs. Amy Dickson, Julie Larrieu, Devi Murphy and the E2P staff will be reviewing applications based on the ***Application and Selection Process (Section 3) to select providers that are best able to take advantage of this training opportunity and to sustain delivery of the EBP.***

B. INFORMATION ABOUT THE LOUISIANA CENTER FOR EVIDENCE TO PRACTICE

The Center for E2P is a partnership between the Louisiana Department of Health – Office of Behavioral Health and the Louisiana Health Sciences Center – School of Public Health, which is tasked with improving access to evidence-based behavioral health practices for Louisianan children and families insured by Medicaid. Our mission is to support the state and its agencies, organizations, communities, and providers in selecting and implementing evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and address challenges related to sustaining quality practice. For more information on the E2P please visit our [website](#) and [subscribe](#) to our newsletter for updates.

C. CONTINUING EDUCATION CREDITS

The Center is a CEU social work pre-approval organization through the Louisiana State Board of Social Work Examiners (LABSWE). Additionally, our CEU applications are very often approved through the Louisiana Counseling Association (LCA). So upon completion of meeting the required amount of training minutes as well as completing our end-of-training evaluation, you should receive a CEU certificate for your participation in this training opportunity. Also, for those whose credentials are outside of the LABSWE and LCA; upon receiving your CEU certificate, we encourage you to submit it to your licensing board for approval.

D. TRAINING COMMITMENT EXPECTATIONS AND FORM

Dedication and commitment to this training is the utmost importance to participating in this training opportunity. *These trainings would be a significant financial investment for practitioners if they were to participate on their own.* If an agency/practitioner is chosen for this opportunity, it is of no cost to them. With that in mind, **for each entity that is chosen for this training opportunity, we emphasize the importance of completing all the training components as intended.** Should an entity drop out of this opportunity, it can impact their selection in a future training opportunity offered through E2P.

All chosen applicants are required to commit to participating in the training in its entirety. Upon selection, all applicants will be required to complete a **TRAINING COMMITMENT** between the applicant and E2P. ***As this is a free, state-funded training, all participants must demonstrate their commitment to participate in ALL training days and to actively use the training approach with clients.***

Additionally, each individual trainee, upon completion of all training requirements, must aspire to completing all the components necessary to **become rostered in CPP**. The trainers and E2P staff and will assist in ensuring you are aware of the expectations to qualify for the [national roster](#) and be successful in completing this process.

E. TRAINING COSTS

There will be no cost to agencies for the course itself; however, agencies must financially commit to the time and effort required to complete the training and the delivery of the EBP. That means that agencies and clinicians must set aside the allotted training time to fully participate in this training opportunity, including any expectations outside of training (e.g. reading materials, completing web-based training, changing operations to accommodate delivery of the EBP). ***That means that agencies and clinicians must set aside the allotted seven (7) training days and weekly consultation/supervision calls for 18 months to fully participate in***

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this training opportunity. For in person trainings, the provider is responsible to cover the cost of travel and travel-time. Training manuals will be provided by the Center for E2P.

F. CONTINUING EDUCATION CREDITS

The Center is a CEU social work pre-approval organization through the Louisiana State Board of Social Work Examiners (LABSWE). Additionally, our CEU applications are typically approved through the Louisiana Counseling Association (LCA). Upon meeting the required amount of training minutes and completing the end-of-training evaluation, participants will receive a CEU certificate. For those whose credentials are outside of the LABSWE and LCA; CEU certificates may be submitted to the appropriate licensing board for approval.

2. SCOPE OF WORK

A. INFORMATION ABOUT CHILD-PARENT PSYCHOTHERAPY

CPP is an intervention model for children aged 0-5 who have experienced at least one traumatic event and/or are experiencing mental health, attachment, and/or behavioral problems, including posttraumatic stress disorder. The treatment is based in attachment theory but also integrates psychodynamic, developmental, trauma, social learning, and cognitive behavioral theories. Therapeutic sessions include the child and parent or primary caregiver. The primary goal of CPP is to support and strengthen the relationship between a child and his or her caregiver as a vehicle for restoring the child's cognitive, behavioral, and social functioning. Treatment also focuses on contextual factors that may affect the caregiver-child relationship. The relationship between the caregiver and child is the focus of the treatment, thus this is a dyadic treatment model.

B. LEARNING COLLABORATIVE INTRODUCTION

A Child-Parent Psychotherapy Learning Collaborative (CPP LC) is an 18-month training that is intensive enough to allow most practitioners to adopt CPP. The LC model was adapted from the National Child Traumatic Stress Network Learning Collaborative model. It is [one of three implementation-level training models we offer in CPP](#).

This approach systematically addresses both organizational- and clinical-level factors that are believed to influence uptake of an innovation within an organization. LCs typically include multiple organizations; each organization is encouraged to send clinicians, supervisors, and senior leaders to training sessions, which occur over the course of eighteen months and occur through a mix of face-to-face training and consultation calls. Defining features of the LC approach include:

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- 1) targeting multiple levels within an organization (clinicians, supervisors, senior leaders) by structuring information for specific roles
- 2) encouraging shared learning across participants
- 3) organizing teams within each organization to make process improvements at the organizational and clinical levels

Trainings are designed for teams of licensed mental health professionals rather than for individuals and are typically organized in collaboration with large systems or agencies. If a member of your team is unlicensed, a licensed supervisor who oversees their work must participate in training for the duration of the training. Only unlicensed clinicians who are in the process of working toward licensure may participate in CPP training. They will not be eligible for the CPP roster until they become licensed.

The goal of this training and implementation program is for participating Medicaid agencies to successfully implement CPP into their agency and community. Providers should be able to demonstrate the capacity to identify and engage appropriate children and families for CPP, deliver the model to fidelity, and sustain the model long-term.

E2P expects all selected practitioners, supervisors, and administrators to complete all required responsibilities over the duration of the training. Once training is complete, clinicians will be expected to apply to be rostered as a Child-Parent Psychotherapy clinicians.

C. CPP AGENCY – ADMINISTRATIVE REQUIREMENTS

Senior Leader Administrators must be able to:

- Provide oversight of day-to-day activities of core team members (i.e., the clinical supervisor(s) and clinicians participating in trainings), including ensuring fidelity measures are completed
- Participate in all required CPP training components; this includes attending at least the first day of the face-to-face training; participating in all 3 days of the first Learning Session is preferable. Attending Learning Sessions 2 and 3 is recommended but not required
- Participate in one-hour monthly meeting with your agency team to assess progress and identify any concerns or needs. Inform CPP Trainers of any concerns, needs, or issues

Clinical Supervisor who holds a master's or doctoral degree who will:

- Provide clinical CPP supervision at least twice a month to CPP clinicians participating in the training

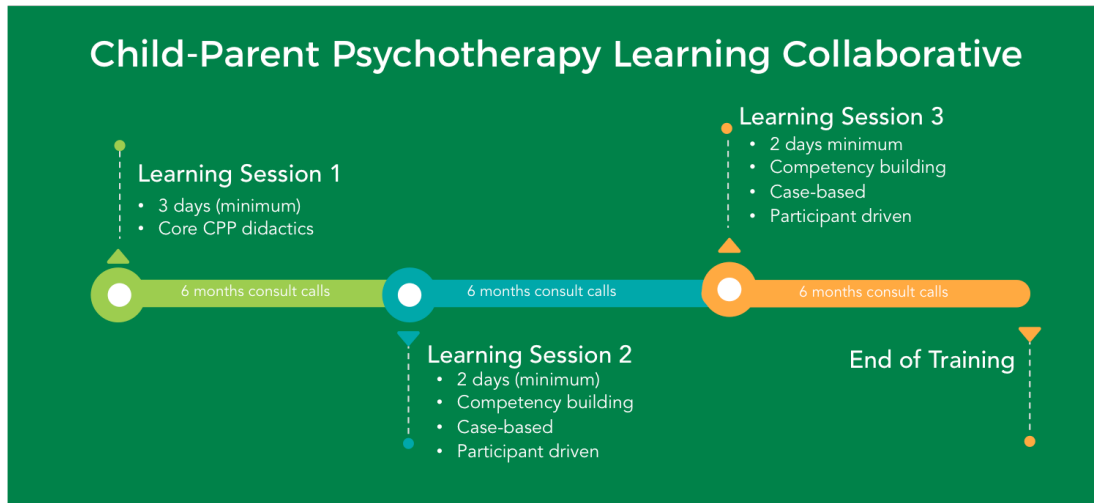
- Receive CPP training in full with participating CPP clinicians, including attending all days of the 3 face-to-face Learning Sessions
- Participate in Learning Collaborative Consultation Calls twice per month with your clinicians in their call groups
- Participate in a one-hour call with the CPP trainer once a month to discuss issues unique to supervision of CPP
- Engage in CPP treatment with at least 2 cases over the course of the Learning Collaborative
- Participate in one-hour monthly meeting with your agency team and Senior Leader to discuss progress and any concerns or needs
- Complete all fidelity measures and monitor the completion of fidelity measures of your CPP clinicians

3-5 Clinicians who hold a master's or doctoral degree who will:

- Receive CPP training in full, including attending all days of the 3 face-to-face Learning Sessions
- Participate in Learning Collaborative Consultation Calls twice per month
- Engage in CPP treatment with at least 4 cases over the course of the Learning Collaborative
- Participate in clinical CPP supervision at least twice a month with your CPP supervisor
- Participate in one-hour monthly meeting with your agency team and Senior Leader to discuss progress and any concerns or needs
- Complete all fidelity measures required of the CPP training team

D. PREPARATION PHASE

Upon being accepted to this CPP Learning Collaborative cohort, your agency will enter a phase in which you will be expected to prepare for your participation in the training. The trainers will host a kick-off call for all accepted agencies, in which they will provide more information on the training and answer any questions or concerns you may have. Additionally, there will be the opportunity to schedule consultation calls to have one-on-one support for training preparation.



E. LEARNING SESSIONS

Throughout the course of the training and implementation, teams will participate in three sessions of face-to-face trainings, also known as Learning Sessions. During each Learning Session, participants engage in a variety of activities targeting agency teams as well as individual affiliate tracks (senior leader, supervisor, and clinician). Goals of the learning sessions include:

- 1) providing exposure and skill practice related to the intervention
- 2) supporting teams in engaging with one another to build a collaborative network
- 3) supporting understanding of the training and implementation methodology (such as focusing on local expertise and embedding practices).

The learning session days and times are listed below:

Learning Session 1: October 25-27, 2023 from 8:30AM-5:00PM

Learning Session 2: March 14-15, 2024 from 8:30AM-5:00PM

Learning Session 3: September 12-13, 2024 from 8:30AM-5:00PM

F. CONSULTATION CALLS

Agency teams participate in six months of weekly consultation/supervision calls for the 18 month-long training. Participation in consultation calls is mandatory in an effort towards becoming CPP rostered.

G. MONITORING AND REPORTING REQUIREMENTS

The tracking of change is an integral part of CPP, as well as essential to understanding what is working well within the training and implementation. The E2P and CPP trainers will collaborate with selected agencies to develop an outcomes monitoring plan. Support will be provided in the development of the operational procedures for collecting and regularly reporting/reviewing data with E2P and CPP trainers. Monitoring requirements will be discussed during training.

H. CPP TIMELINE OF EVENTS

<u>Events</u>	<u>Date</u>
RFA Released	July 17, 2023
Informational Webinar	8/17/23 @ 12:00PM CDT
APPLICATION DEADLINE	8/31/2023
Notification of Application Status	9/11/2023
TRAINING COMMITMENT DUE	9/13/2023
Pre-Training Introduction:	September 14, 2023 @ 11am-1pm
CPP Learning Session 1:	October 25-27, 2023 @ 8:30am-5pm
CPP Learning Session 2:	March 14-15, 2024 @ 8:30am-5pm
CPP Learning Session 3:	September 12-13,2024 @ 8:30am-5pm
Consultation Call Date Scope:	18 months of weekly consultation/supervision calls

CEU Eligibility: The total amount of hours for the CPP training will be approximately **59.5 hours** and participants will be eligible to receive up to approximately **51.0 of CE clock hours** if they participate in all training components and meet the online training requirements.

I. SUSTAINING EBP PRACTICE & ACHIEVING EBP QUALIFICATION

Following the completion of training and consultation, providers will be expected to independently sustain this EBP, including facilitating ongoing referrals and engagement, maintaining caseload, and engaging in ongoing supervision and learning opportunities. Participants can receive the [EBP Qualifications & Billing Guide](#) for further guidance.

3. APPLICATION AND SELECTION PROCESS

A. ELIGIBILITY REQUIREMENTS

Selection will be based upon, providing behavioral health services to Medicaid-insured families, organizational readiness for this EBP implementation and relevance of this EBP to the

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population served by the applicant organization. ***Preference will be given to organizations with multiple practitioners applying to be trained and demonstrated organizational leadership support for the EBP, in recognition of the long training process CPP entails and necessity of inter-practitioner support.*** Organizations must also demonstrate understanding of the necessary changes to practitioner caseload in order for a trainee to include CPP in their schedule.

Training Acceptance Criteria: *Qualified behavioral health agencies/providers will be those who serve Medicaid-insured individuals and/or provide clinical therapy services to children and their caregivers in Louisiana free of charge; are licensed (or actively working towards licensure); and are actively (currently) treating children and their caregivers.*

Additionally, only complete applications will be considered, that includes the individual Trainee application and signed Agency Agreement.

B. APPLICATION REVIEW PROCESS

Upon receiving all the training applicants, an initial review of the applicants that meet the threshold requirements outlined in the **Eligibility Requirements** section will be executed. Following that initial review, the E2P staff will meet with the trainers and review the applicants based on their individual trainee application and agency agreement responses.

C. CPP INFORMATIONAL WEBINAR RECORDING

The Center for Evidence to Practice hosted a CPP Informational Webinar last spring 2022. It was facilitated by CPP trainers Drs. Julie Larrieu and Amy Dickson. Watching this webinar recording is highly encouraged prior to submitting your CPP training application, as it will be helpful in identifying if CPP is the right fit for your practice and agency, understanding the training requirements, and more.

You can access the CPP Informational Webinar through our [E2P Learn platform](#) accessible through our website where you can view our Evidence-Based Practice Training courses. You simply need to create an E2P Learn account and enroll in the [Introduction to Child Parent Psychotherapy \(CPP\) course](#). ***It is free to enroll and you are eligible to receive 1.0 CEU credit hour after completing the course.*** By [CLICKING HERE](#), you can access the link to enroll and complete the course. We hope this informational webinar is helpful to you.

D. APPLICATION MATERIALS

Child-Parent Psychotherapy (CPP) training is scheduled to begin in September 2023 with the CPP Training team, Dr. Julie Larrieu, Dr. Devi Murphy and Dr. Amy Dickson. **This CPP Learning Collaborative is limited to 45 clinicians.**

The **TRAINEE APPLICATION** is to be completed by each applicant and can be accessed by filling out the **online application (through Microsoft Forms)** by **CLICKING HERE.**

2.) The **AGENCY AGREEMENT** is to be completed through **Adobe PDF (a fillable PDF)** by an official at the agency requesting participation in the CPP training and signed by the Administrator and Supervisor. *Even if an applicant is a sole practitioner, they must submit an agency agreement on behalf of themselves.* You can access the **AGENCY AGREEMENT** by **CLICKING HERE.**

The agency agreement **MUST BE EMAILED TO EvidenceToPractice@lsuhsc.edu** by **AUGUST 31, 2023.**

BOTH FORMS MUST BE SUBMITTED TO BE CONSIDERED FOR THIS TRAINING OPPORTUNITY

E. APPLICATION CHECKLIST

- Please review the **Request for Applications (RFA) for Child-Parent Psychotherapy (CPP)** to be aware of training requirements and expectations.
- (HIGHLY RECOMMENDED) WATCH RECORDING OF THE INFORMATIONAL WEBINAR** so applicants are aware of the training expectations and time commitment. Accessible on our E2P Learn Platform: <https://learn.laevidecnetopractice.com/courses/introduction-to-child-parent-psychotherapy-cpp-2/>
- SAVE THE DATES:**
 - **PRE-TRAINING INTRODUCTION:** SEPTEMBER 14, 2023 from 11:00am-1:00pm CDT
 - **LEARNING SESSION 1:** OCTOBER 25-27, 2023 from 8:30am-5:00pm CDT
 - **LEARNING SESSION 2:** MARCH 14-15, 2024 from 8:30am-5:00pm CDT
 - **LEARNING SESSION 3:** SEPTEMBER 12-13, 2024 from 8:30am-5:00pm CDT
 - **WEEKLY CONSULTATION CALLS:** Attend weekly consultation/supervision calls for 18 months.
- Submit a **TRAINEE APPLICATION** on behalf of yourself as an applicant. Acceptance into the program will be evaluated on an individual basis based on a fully completed trainee application.

- Submit an [AGENCY AGREEMENT](#) on behalf of your agency. You can access the Agency Agreement by clicking this link:

F. NOTIFICATION OF APPLICATION STATUS

Applicants will be notified via email by **SEPTEMBER 11, 2023** regarding their status in the training.

G. NON-DISCRIMINATORY POLICY

The Center for Evidence to Practice appreciates diversity and does not discriminate based on race, ethnicity, age, sexual orientation, gender identity, national origin, or ability status.

*Thank you for your commitment to serving Louisiana's children and families.
We look forward to reading your application!*