



Evidence Based Practice (EBP) Qualification Standards and Billing Guide

Mental Health Child and Family Medicaid Providers

Introduction

The Louisiana Department of Health (LDH), Office of Behavioral Health (OBH), in partnership with The Center for Evidence to Practice at LSUHSC School of Public Health, is supporting increased access to evidence-based programs (EBP) for children and youth receiving Medicaid-funded behavioral health services. Two key aspects of the successful implementation and long-term sustainability of these evidence-based programs are 1) EBP practitioners meeting training and consultation standards and 2) the integration of EBPs within the claims-based data collection and tracking of Medicaid services. The full announcement for the Center's previous Request for Application (RFA) is accessible by [clicking here](#).

This *EBP Qualification Standards and Billing Guide* brings EBP training standards and EBP tracking information from the LDH Medicaid Behavioral Health Services Provider Manual together into a document for providers and managed care organizations (MCO). The goal is to provide a streamlined resource to facilitate providers' use of the EBP tracking codes.

The requirements for using EBP tracking codes with Medicaid billing are included within the [LDH Medicaid Behavioral Health Services Provider Manual, Appendices E5-E10](#). This Guide summarizes the information within the LDH Medicaid Behavioral Health Services Provider Manual and does not replace or supersede existing provider regulations or guidance from LDH and OBH. If you have any questions, please refer to the full [LDH Medicaid Behavioral Health Services Provider Manual](#) or contact the Office of Behavioral Health.

The following EBPs are included within the Guide:

EBP	Tracking Code
1. Child-Parent Psychotherapy (CPP)	EB02
2. Parent-Child Interaction Therapy (PCIT)	EB03
3. Youth PTSD Treatment (YPT)	EB04
4. Preschool PTSD Treatment (PPT)	EB05
5. Triple P - Level 4	EB06
6. Trauma-Focused Cognitive Behavior Therapy (TF-CBT)	EB07
7. Eye Movement Desensitization and Reprocessing (EMDR)	EB08

Qualification for use of the EBP Tracking Codes

The EBP tracking codes are specifically for tracking the delivery of these models within Outpatient Therapy by Licensed Practitioners. To qualify to use the EBP Tracking Codes practitioners' **MUST** do the following:

1. **Meet qualifications and requirements established in the Outpatient Therapy by Licensed Practitioners section (Section 2.3) and Record-Keeping section (Section 2.6) of the LDH Medicaid Behavioral Health Services Provider Manual.**
2. **Meet the training and consultation standards** set by the developers and trainers of each model, detailed in the EBP Qualification section below.
3. **Submit documentation** to each MCO of meeting EBP model qualification standards as part of credentialing with the MCO (*see APPENDIX A for a list of contacts at each MCO*).

EBP Qualification Standards

Below you will find the qualification standards for each EBP model and the documentation that practitioners can present as proof of meeting the qualification standards. For EBPS that have official lists of EBP Practitioners, inclusion on those lists **OR** official certificates documenting meeting the EBP Qualification standards may be used. Please note, that these EBP Practitioner lists may not be complete or up to date, therefore completion of the EBP Standard may be verified using the documentation listed below. Additional information about the training requirements to achieve the qualification standards are available in the [LDH Medicaid Behavioral Health Services Provider Manual](#) and the EBP developers' and trainers' websites (*APPENDIX B*).

1. Child-Parent Psychotherapy (CPP) – Tracking Code EB02

[LDH Provider Manual](#) – EBP Policy for **CPP** is outlined on pages: 394-402

Qualification Standard

Rostered as a trained CPP therapist by UCSF Child Trauma Research Program

Qualification Documentation

Certificate in Child-Parent Psychotherapy issued by the Child Trauma Research Program at UCSF OR inclusion on the CPP Provider Roster

Additional Information

CPP trainers issue the certificate upon completion of the training and consultation requirements for rostering. Therapists should contact their CPP trainers for a copy of the certificate if needed. Rostered therapists may be included on the CPP Provider Roster website <https://childtrauma.ucsf.edu/cpp-provider-roster>; however, this list is not comprehensive and a rostered therapist may elect to not be included on the list.

2. Parent-Child Interaction Therapy (PCIT) – Tracking Code EB03

[LDH Provider Manual](#) – EBP Policy for **PCIT** is outlined on pages: 403-411

Qualification Standard

Certified in Parent-Child Interaction Therapy by PCIT International

Qualification Documentation

Certificate issued by PCIT International OR inclusion in the PCIT International list of Certified PCIT Therapists

Additional Information

After completing training and consultation that meets PCIT International training standards, PCIT practitioners must submit an application to PCIT International and complete a PCIT exam to achieve certification. PCIT International maintains a list of PCIT Certified Therapists at <http://www.pcit.org/certified-therapists.html>

PCIT International requires therapists to renew their certification every 2 years by submitting an application with documentation of the therapist completing a required number of PCIT Continuing Education credits.

3. Youth PTSD Treatment (YPT) – Tracking Code EB04

4. Preschool PTSD Treatment (PPT) – Tracking Code EB05

[LDH Provider Manual](#) – EBP Policy for **YPT/PPT** is outlined on pages: 412-419

Qualification Standard

“Advanced Training” certificate in Youth PTSD Treatment, or Preschool PTSD Treatment

Qualification Documentation

Certificates of Completion of Advanced Training in Youth PTSD Treatment and/or Preschool PTSD Treatment issued by Tulane University School of Medicine OR inclusion on the registry of PPT / YPT certified providers having completed Advanced Training.

Additional Information

The YPT / PPT trainer issues the certificate upon completion of the training and consultation requirements for Advanced Training and maintains a registry of all certified providers <https://www.michaelscheeringa.com/tools.html>.

5. Triple P - Level 4 – Tracking Code EB06

[LDH Provider Manual](#) – EBP Policy for **Triple P** is outlined on pages: 420-427

Qualification Standard

Accreditation by Triple P America (TPA)

Qualification Documentation

Documentation issued by Triple P America of accreditation in Triple P- Standard Level 4.

Additional Information

Triple P America does not maintain a public directory of accredited providers. Triple P America does issue documentation of accreditation to the individual provider.

6. Trauma-Focused Cognitive Behavior Therapy (TF-CBT) – Tracking Code EB07

[LDH Provider Manual](#) – EBP Policy for **TF-CBT** is outlined on pages: 428-437

Qualification Standard

TF-CBT Certification by the TF-CBT Therapist Certification Program

Qualification Documentation

Certificate issued by the TF-CBT National Therapist Certification Program OR inclusion in the TF-CBT Therapist Certification Program list

Additional Information

After completing training and consultation that meets TF-CBT Therapist Certification Program training standards, TF-CBT practitioners must submit an application to the TF-CBT Therapist Certification Program and complete a TF-CBT knowledge-based test to achieve certification. The TF-CBT Therapist Certification Program maintains a list of Certified TF-CBT Therapists at <https://tfcbt.org/therapists/>

TF-CBT therapists must be re-certified every 5 years by completing an application and online recertification training modules.

7. Eye Movement Desensitization and Reprocessing (EMDR) Therapy– Tracking Code EB08

[LDH Provider Manual](#) – EBP Policy for **EMDR** is outlined on pages: 438-448

Qualification Standard - Basic Trained

Completion of an EMDR International Association (EMDRIA) Approved Basic Training (including a minimum of 20 hours of instructional material, 20 hours of supervised practicum, and 10 hours of consultation)

OR

Certification

EMDR Certified Therapist through the [EMDR International Association \(EMDRIA\)](#).

Qualification Documentation

Certificate of completion of an EMDRIA-Approved EMDR Therapy Basic Training Course issued by an EMDRIA-Approved Trainer **OR** EMDR Certification issued by EMDRIA

Additional Information

Proof of completion of an EMDRIA-approved basic training course is the standard for practicing EMDR. EMDR Certification is an advanced level of preparation that is also accepted but not required. Practitioners that choose to become EMDR Certified will complete additional training and consultation and will re-certify every two years.

EMDRIA maintains a membership list at <https://www.emdria.org/find-an-emdr-therapist/> of clinicians who have completed an EMDRIA-approved basic training course, as well as clinicians who have completed the more advanced level of EMDR certification. In addition, EMDRIA records dates of completed basic training and the name of the EMDRIA trainer in their database. The information may be retrieved by sending an email request to info@emdria.org or call +1 512-451-5200.

Clinicians who do not maintain an annual EMDRIA membership and so are not listed in the EMDRIA directory can instead verify their qualifications with documentation of completion of an EMDRIA-approved basic training course.

Use of the EBP Tracking Codes

Practitioners bill standard CPT individual and family therapy codes for sessions providing the EBP and use the EBP tracking codes (outlined on page 1) with claims to note that the therapy session utilized the EBP model.

For specific information from each MCO about how to bill the tracking codes, please reference the information that is hyperlinked below.

MCO	Online Resource of EBP Billing Guidance	Word/PPT of EBP Billing Guidance	Recording of EBP Billing Guidance	EBP Certification/Qualification Documentation Submission
Healthy Blue	<ul style="list-style-type: none"> Provider Resource Webpage link that explains billing in more detail (May 2022): Evidence-Based Practice Incentive Program 			
Aetna Better Health	<ul style="list-style-type: none"> Provider Resource Webpage link that explains billing in more detail (June 2022): Tracking of Evidence-Based Practices 			<p><i>Please submit proof of training and certification documents via email to: labhprovidernetwork@aetna.com</i></p>
AmeriHealth Caritas Louisiana (ACLA)	<ul style="list-style-type: none"> Provider Resource Webpage link that explains billing in more detail (September 2020): Evidence-Based Practices Tracking Update 	Billing EBP Tracking Codes from ACLA		<p><i>Please submit proof of training and certification documents via email to: network@amerihealthcaritasla.com with the subject line: EBP Certification</i></p>
Humana	<ul style="list-style-type: none"> Provider Resource Webpage link that explains billing in more detail (Nov 2023): https://docushare-web.apps.external.pioneer.humana.com/Marketing/docushare-app?file=4904601 			
LA Healthcare Connections	<ul style="list-style-type: none"> Provider Resource Webpage link that explains billing in more detail (May 2022): Provider Information on Evidence-Based Practice Tracking 			<p><i>Providers can submit documentation to the Louisiana Healthcare Connections credentialing email box: LHC_Provider_Credent@centene.com</i></p>
United Healthcare Community Plan	<ul style="list-style-type: none"> Provider Resource Webpage link that explains billing in more detail (May 2022): EBP Claim Submission Details 	Claim Requirements for Specific Evidence-Based Practices Services		<p><i>For assistance with updating your specialty, please email your Provider Relations Advocate at: networkse@optum.com</i></p>

Magellan		Claim Submission – EBP Tracking Codes from Magellan	Magellan Claim Submission Guidance Recording	
----------	--	---	--	--

Submission of Corrected Claim per MCO:

For practitioners that need to submit a corrected claim, below is the information received around how to submit a corrected claim. ***Please reach out to the MCO contact person on pages 9-10 if further clarity is needed.***

MCO Corrected Claim Submission:	
Aetna Better Health	<p>Claim Resubmission Providers have 180 days from the paid date to resubmit a revised version of a processed claim. The review and reprocessing of a claim does not constitute reconsideration or claim dispute. Providers may resubmit a claim that:</p> <ul style="list-style-type: none"> • Was originally denied because of missing documentation, incorrect coding, etc. • Was incorrectly paid or denied because of processing errors Include the following information when filing a resubmission: <ul style="list-style-type: none"> • Use the Resubmission Form located on our website. • An updated copy of the claim. All lines must be rebilled. • A copy of the original claim (reprint or copy is acceptable). • A copy of the remittance advice on which the claim was denied or incorrectly paid • Any additional documentation required. • A brief note describing requested correction • Clearly label as “Resubmission” at the top of the claim in black ink and mail to appropriate claims address. <p>Resubmissions may not be submitted electronically. Failure to mail and accurately label the resubmission to the correct address will cause the claim to deny as a duplicate. Please note: Providers will receive an EOB when their disputed claim has been processed. Providers may call our CICR Department during regular office hours to speak with a representative about their claim dispute. The CICR Department will be able to verbally acknowledge receipt of the resubmission, reconsideration and the claim dispute. Our staff will be able to discuss, answer questions, and provide details about status.</p> <p>Providers can review our Secure Web Portal to check the status of a resubmitted/reprocessed and adjusted claim. These claims will be noted as “Paid” in the portal. To view our portal, please click on the portal tab, which is located under the provider page, which can be found on the following website: AetnaBetterHealth.com/Louisiana.</p> <p>If Aetna Better Health of Louisiana or LDH or its subcontractors discover errors made by Aetna Better Health of Louisiana when a claim was adjudicated, Aetna Better Health of Louisiana shall make corrections and reprocess the claim within thirty (30) calendar days of discovery, or if circumstances exist that prevent Aetna Better Health of Louisiana from meeting this time frame, a specified date shall be approved by LDH. Aetna Better Health of Louisiana will automatically recycle all impacted claims for all providers within 15 days and will not require the provider to resubmit the impacted claims.</p>
LA Healthcare Connections	<ul style="list-style-type: none"> • A corrected claim replaces the original claim submission • Must be received within 180 calendar days of the date of notification • Frequency/resubmission code must be present in field 4 of the UB-04 and field 22 of the HCFA 1500 • Indicate the claim number you want corrected in field 64 of the UB-04 and in field 22 of the HCFA 1500

United Healthcare Community Plan	Corrected Claims Submission Guidance
Magellan	Corrected Claims Submission Guidance

Additional EBP Guidance

Authorization

If MCO policy requires prior authorization for Outpatient Therapy by Licensed Providers, the EBPs may have effective treatment durations that exceed the initial authorization level of benefit. In that case, re-authorization should be requested indicating that the specialty EBP model is being utilized and services appropriately may exceed the initial authorization and should be authorized for continuing services to complete the medically necessary treatment episode and provide evidence-based care to the youth and family. Additional information about standard treatment duration for each of the EBPs can be found in the [LDH Medicaid Behavioral Health Services Provider Manual](#), Appendix E.

EBP Quality Assurance

EBP practitioners are expected to keep documentation of providing services consistent with the EBP model, as outlined in their training process, within the client records in accordance with the Record-Keeping section (Section 2.6) of the [LDH Medicaid Behavioral Health Services Provider Manual](#). Additional guidance on EBP documentation, fidelity, and measures can be found in the [LDH Medicaid Behavioral Health Services Provider Manual](#), Appendix E.

APPENDIX

- A. MCO Contact List
- B. EBP Training and Certification Requirements Resources

Appendix A

MCO Contact List:

****The names that are bolded per MCO are the best contact about the EBP tracking codes and billing.***

MCO	Contact Name & Title	Email	Phone
Aetna Better Health	Chenise Taylor, LPC, EBP Liaison	taylorc10@aetna.com	959-299-6364
	Kelly Gay, LPC, Behavioral Health Lead	gayk@aetna.com	959-299-6416
	Tiffanie Lemonds, Senior Network Manager	lemondst@aetna.com	225-348-3808
	Ziesha Every, LPC-S, Behavioral Health Utilization Manager	everyz@cvshealth.com	959-299-6414
AmeriHealth Caritas Louisiana (ACLA)	*Christopher M. McNeil, LPC-S, Program and Innovation Analyst	cmcneil@amerihealthcaritasla.com	225-436-2721
<i>Please submit proof of training and certification documents via email to: network@amerihealthcaritasla.com with the subject line: EBP Certification</i>			
Healthy Blue	*Naomi Devoe, Senior Provider Network Manager	naomi.devoe@healthybluella.com	225-315-9686
	Kim Dyer, Senior Clinical Quality Auditor	kim.dyer@healthybluella.com	504-313-8248
	Jessica Foreman, BH Utilization Management Manager	Jessica.foreman@healthybluella.com	504-508-0671
	Almarie Ford, Behavioral Health Senior Business Change Manager	almarie.ford@healthybluella.com	504-450-4324
Humana	Yolanda Lange, Behavioral Health Manager, Provider Engagement Network Operations	ywilliamslange@humana.com	504-952-5952
	Brandi Thomas-Scott, MS, LPC, Senior Quality Audit Professional, Quality Improvement	bthomasscott@humana.com	502-276-6629
	Raven Prince, MSW, LCSW-BACS, C-ASWCM, CCM Manager, Utilization Management Behavioral Health Medicaid	rprince8@humana.com	1-800-513-1693 Ext. 1090025

	Michael Gomila, Ph.D., LPC, JD., Behavioral Health Coordinator	mgomila@humana.com	318-235-3661
LA Healthcare Connections	*Jennifer P. Pinkins, Senior Director, Claims Operations	Jennifer.P.Pinkins@louisianahealthconnect.com	225-319-3451
	Adam Fruge, Manager, Contracting & Networking Development	AFruge@louisianahealthconnect.com	225-319-3411
	Danielle R. Jackson, Senior Manager, Provider Network Performance	Danielle.R.Jackson@centene.com	225-319-3381
<i>Providers can submit documentation to the Louisiana Healthcare Connections credentialing email box: LHC_Provider_Credent@centene.com</i>			
United Healthcare Community Plan	Julie Sutton, Director, Provider Relations & Network Services BH	Julie.sutton@uhc.com	504-849-1573
<i>For assistance with updating your specialty, please email your Provider Relations Advocate at: networkse@optum.com</i>			
Magellan	Gail Fowler, Network Development Director	igfowler@magellanhealth.com	314-387-5827
	*Linda Reddix	lmreddix@magellanhealth.com	225-367-3100

Appendix B

Resources on the Training and Consultation Requirements for EBP Practitioners:

EBP	Website
1. Child-Parent Psychotherapy (CPP)	https://childparentpsychotherapy.com/providers/training/lc/
2. Parent-Child Interaction Therapy (PCIT)	http://www.pcit.org/therapist-requirements.html
3. Youth PTSD Treatment (YPT)	https://www.michaelscheeringa.com/tools.html
4. Preschool PTSD Treatment (PPT)	https://www.michaelscheeringa.com/tools.html
5. Triple P - Level 4	https://www.triplep.net/glo-en/getting-started-with-triple-p/training-for-individuals/accreditation/
6. Trauma-Focused Cognitive Behavior Therapy (TF-CBT)	https://tfcbt.org/certification/
7. Eye Movement Desensitization and Reprocessing (EMDR)	https://www.emdria.org/emdr-training-education/emdr-training/ OR https://www.emdria.org/emdr-training-education/emdr-certification-2/