

Positive Parenting Program – Triple P (Level 4) Informational Webinar

Center for Evidence to Practice

March 20th & March 21st, 2024 12PM-1PM & 9AM-10AM CST





Overview

- The Why
- Meet Triple P America
- What is Triple P?
- Training Approach
- Participation in this Initiative
- Training Dates & Application Process
- Questions & Answers



Why is this work important?

"Triple P is not just a set of strategies. It's a method for guiding families through a process in which they create and fine-tune a parenting plan and overcome the barriers that will come along with that plan. It is in guiding families through this process that real change occurs. Not only does family stress decrease and children's positive behaviors increase, but parents become increasingly empowered to tackle current and future challenges with hope and the knowledge to do so well."

- Anna (Triple P Practitioner)



Meet Triple P America



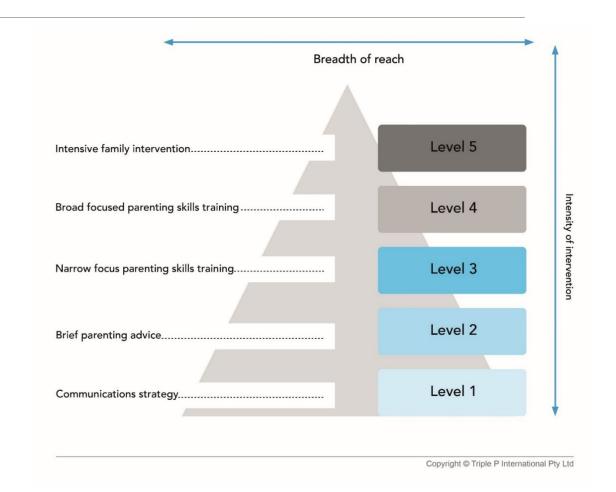
Triple P America is the sole organization in the US to provide standardized Triple P training by accredited Triple P Trainers, parent resources for delivery of Triple P, and implementation support for agencies that implement Triple P.



What is Triple P?

The Triple P - Positive Parenting Program is a parenting and family support system designed to prevent and treat behavioral and emotional problems in children.

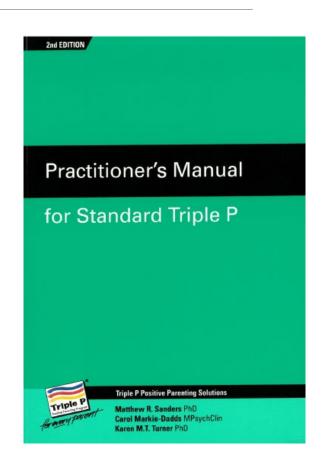
Triple P aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.



What is Level 4 Standard Triple P?

Triple P - Standard Level 4 helps parents learn strategies that promote social competence and self-regulation in children and decreases problem behavior.

Standard Triple P is designed to be delivered to the parents of children with moderate to severe behavioral difficulties.





Triple P Principles of Positive Parenting

Guiding themes present in all interventions

17 Core Parenting Skills

- Ensuring a safe, interesting environment
- Creating a positive learning environment
- Using assertive discipline
- Having realistic expectations
- Taking care of yourself as a parent

Age Appropriate Interventions (0-12 yrs)

Babies | Toddlers | Pre-K | K | Primary

THE TRIPLE P STRATEGY PYRAMID







Who is Standard Triple P appropriate for?

Parents and caregivers of children ages 0-12 that have a concern about their child's social, emotional, or behavioral health.





What is the content of Level 4 – Standard Triple P?



Weeks 1-2	Assessment and review of findings	
Weeks 3-4	Introduction of parenting skills and creation of parenting plan	
Weeks 5-7	Practice sessions	
Week 8	Planned activities introduction	
Week 9	Using planned activities	
Week 10	Maintenance and closure	



How is Triple P training structured?

- > Training 3 full days conducted via Zoom: June 18-20, 2024 from 9am-4:30pm
- > Pre-accreditation 1 full day via Zoom : July 9, 2024 from 9:00am-4:30pm
- ➤ Accreditation 1 half day per practitioner over 2 days via Zoom (initial group of 20 participants divided into groups of 5): **August 5-6, 2024 from 9am-12:30pm or 1pm-4:30pm**
- ➤ Post-training consultation support <u>Monthly Consultation Calls (1 hour per month for 6 months; dates and times TBD):</u> Groups of 5-8 clinicians gather via Zoom to discuss current cases, any process issues that arise, and delve into the details of delivering Triple P with a wide variety of families. Consultations are conducted by an accredited Triple P trainer.



Who can be trained in Triple P?



Further information will be accessible in the Triple P Request for Application (RFA).

<u>Training Acceptance Criteria for Qualified behavioral health agencies/providers:</u>

- ➤ Who serve Medicaid-insured individuals and/or provide clinical therapy services to children and their caregivers in Louisiana free of charge
- Licensed (or actively working towards licensure)
- ➤ Actively (currently) treating children and their caregivers
- ➤ Preference for organizations that have multiple practitioners applying to be trained



Triple P Training Cohort Dates

<u>EVENTS</u>	<u>DATE</u>
TRIPLE P INFORMATIONAL WEBINAR:	Webinar recording and resources will be made available.
RFA APPLICATION RELEASE:	April 1, 2024
RFA APPLICATION DEADLINE:	April 30, 2024
NOTICE OF APPLICATION STATUS:	May 7, 2024
TRAINING COMMITMENT DUE:	May 16, 2024
MANDATORY TRIPLE P ORIENTATION:	May 21, 2024 from 12pm-1pm CST
TRAINING (PART 1) TRAINING:	June 18-20, 2024 from 9:00AM-4:30PM
PART 1 CE EVALUATION DEADLINE:	June 27, 2024
PRE-ACCREDITATION (PART 2) TRAINING:	July 9, 2024 from 9:00AM-4:30PM
PART 2 CE EVALUATION DEADLINE:	July 16, 2024
ACCREDITATION (PART 3) TRAINING:	August 5-6, 2024 from 9:00AM-4:30PM *Each practitioner will be assigned a half-day time block to execute accreditation between these two (2) days.
PART 3 CE EVALUATION DEADLINE:	August 13, 2024
MONTHLY CONSULTATION CALLS:	1-Hour Monthly consultation calls for six (6) months

CEs will be provided for social workers and counselors who are accepted into this current Triple P training cohort. Other licensed individuals can apply through their licensing boards.



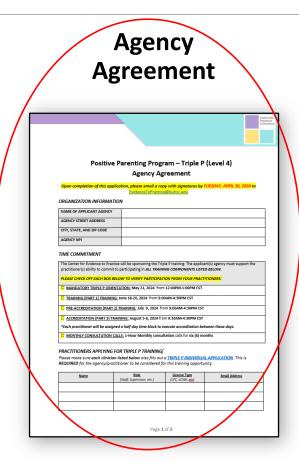


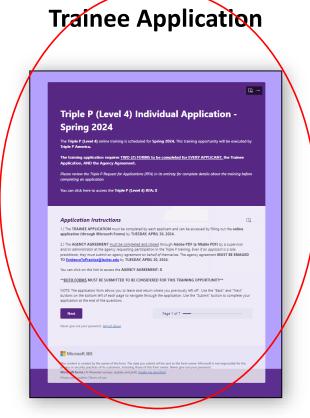


Triple P Application Materials:

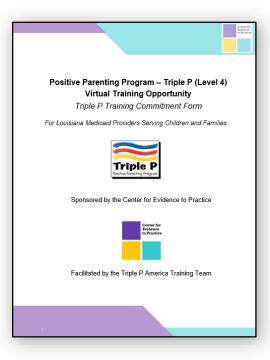
Request for Application (RFA)







Training Commitment



The Triple P application materials will open on Monday, April 1, 2024, and close on Tuesday, April 30, 2024.



Application Process:

- The application materials will open on **Monday, April 1, 2024,** and the following is needed:
 - 1) AGENCY AGREEMENT is REQUIRED with signatures and emailed to EvidenceToPractice@lsuhsc.edu by TUESDAY, APRIL 30, 2024.
 - 2) TRAINEE APPLICATION is completed online, and MUST be submitted by TUESDAY, APRIL 30, 2024
- > Applicants will be notified by **Tuesday, May 7, 2024,** regarding their application status.



How do I achieve Triple P Accreditation?

- Attend all virtual training dates
 - The camera MUST BE ON during the whole training
 - Engage as if you were in a training room
- Complete Standard Triple P Accreditation Form
- Complete Standard Triple P Quiz
 - 30 questions, take-home after training, open-book
- Demonstrate via role-play with a colleague 3 competencies for delivering Triple P
- > Share your Standard Triple P Accreditation Certification with your MCOs entities!
- Submit your information on our <u>EBP Map Webpage!</u>



GOAL: Obtain Triple P Accreditation

Triple P (Level 4) Accreditation – <u>Tracking Code EB06</u>

- Qualification Standard
 - Accreditation by Triple P America (TPA)
- Qualification Documentation
 - Documentation issued by Triple P America of accreditation in Triple P-Standard Level 4.
- Additional Information
 - Triple P America does not maintain a public directory of accredited providers. Triple P America does issue documentation of accreditation to the individual provider.





➤ Check out the <u>Triple P (Level 4) Service Definition (Pgs. 425-432)</u> by the Louisiana Department of Health (LDH) — Louisiana Medicaid Program:

LOUISIANA MEDICAID PROGRAM

02/25/22 08/26/21

REPLACED:

ISSUED:

CHAPTER 2: BEHAVIORAL HEALTH SERVICES

APPENDIX E-8: EVIDENCED BASED PRACTICES (EBPs) POLICY – TRIPLE P- STANDARD LEVEL 4 PAGE(S) 8

TRIPLE P POSITIVE PARENTING PROGRAM – STANDARD LEVEL 4

The Triple P Positive Parenting Program is a parenting and family support system designed to prevent and treat behavioral and emotional problems in children. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential. The "Triple P System" includes a suite of interventions with different intensity levels and delivery methods, to meet the individual needs of youth and parents.

Triple P – Standard Level 4 is designed to be delivered to the parents of children with moderate to severe behavioral difficulties. It is available for parents of children from birth to 12 years old and covers Triple P's 17 core positive parenting skills that can be adapted to a wide range of parenting situations.

Triple P – Standard Level 4 is a model used within the service "Outpatient Therapy by Licensed Practitioners." Therefore, it follows the requirements set out in the "Outpatient Therapy by Licensed Practitioners" section of this manual.

Evaluation of the Evidence Rese for the FRP Model



Where can I learn more about Triple P?

Visit the International Website for Triple P America:

https://www.triplep.net/glo-en/home/

or

Contact Triple P America at contact.us@triplep.net



Contact Information regarding the Triple P Application:



Center for Evidence to Practice

Email: EvidenceToPractice@lsuhsc.edu

Phone: (504) 568-5731



What Questions Do You Have?

