

**Center for Evidence to
Practice
Evidence-Based
Practice (EBP)
Provider Directory**

Region 2



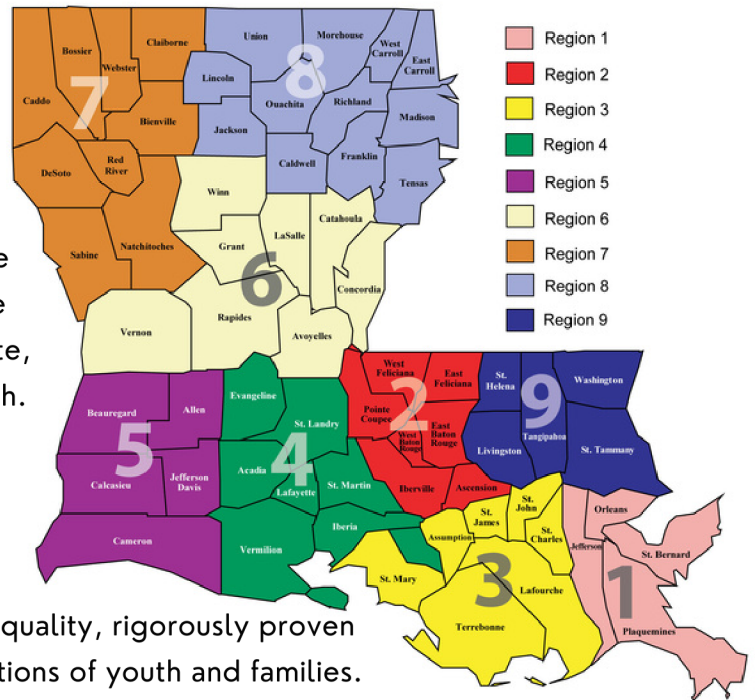
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 2.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Agencies that offer EBP's in Region 2

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
A Happy You Counseling Services	708 S. Irma Blvd., Gonzales, LA 70737	504-905-8057	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Adolescent and Family Counseling Services	11440 Lake Sherwood Ave. N., Baton Rouge, LA 70816	225-930-4530	CPP	Aetna, Healthy Blue, LHCC, Magellan, United Healthcare
Allstar Community Care, LLC	9441 Common St., Ste. B, Baton Rouge, LA 70809	225-923-3733	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Ascension Behavioral Health	1056 East Worthy St., Ste. B, Gonzales, LA 70737	225-621-5770	EMDR, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Ascension Counseling Center	1112 E. Ascension Complex Blvd., Gonzales, LA 70737	225-450-1158	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
B alm of Gilead Christian Counseling Center	8542 Siegen Ln., Baton Rouge, LA 70810	225-361-9576	EMDR	Aetna, Humana, Magellan, United Healthcare

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
C. Elizabeth Spooner, LCSW	637 St. Ferdinand St., Baton Rouge, LA 70802	225-715-6470	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Capital Area Humans Services District	<p>Children's Behavioral Health 422 Colonial Dr., Baton Rouge, LA 70806</p> <p>Louisiana Health and Rehab 2121 Wooddale Blvd., Baton Rouge, LA 70806</p> <p>School-Based Therapy Program 2751 Wooddale Blvd., Ste. A, Baton Rouge, LA 70805</p>	<p>225-922-0445</p> <p>225-333-2460</p> <p>225-922-0478</p>	<p>CPP, EMDR, PPT, TF-CBT, Triple P, YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>
Care South	<p>3140 Florida Blvd., Baton Rouge, LA 70806</p> <p>59340 River West Dr., Plaquemine, LA 70764</p> <p>904 Catalpa St., Donaldsonville, LA 70346</p>	<p>225-650-2000</p> <p>225-385-4742</p> <p>225-264-6800</p>	<p>EMDR, PPT, YPT</p> <p>EMDR</p> <p>EMDR</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare</p>
Children's Advocacy Center	626 East Blvd., Baton Rouge, LA 70802	504-483-9883	EMDR, PPT, YPT	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare</p>

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Cognitive Development Center of Baton Rouge-Seaside	8706 Jefferson Hwy., Ste A, Baton Rouge, LA 70809 524 S. Burnside Ave., Gonzales, LA 70337	225-926-9706 225-257-4677	CPP, EMDR, PCIT, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Common Solutions Therapy	2924 Brakley Dr., Ste. B2, Baton Rouge, LA 70816	504-802-1323	CPP, PCIT,	Healthy Blue, LHCC, Magellan, United Healthcare
Cross Over Therapy	206 Clinic Dr., Donaldsonville, LA 70346	225-264-6670	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Effective Therapy Solutions	3415 Gerlando Dr., Baton Rouge, LA 70814	225-610-7400	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Focused Family Services	1200 S. Acadian Thruway, Ste. 212, Baton Rouge, LA 70806	225-831-4998	TF-CBT	AmeriHealth, Healthy Blue, LHCC, Magellan
Horizon Counseling Center, Inc.	2156 Wooddale Blvd., Ste. 100, Baton Rouge, LA 70806	225-928-4040	YPT	Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare
Innercore Management Group	637 St. Ferdinand St., Baton Rouge, LA 70802	225-715-6470	EMDR, TF-CBT	

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
<p>JMJ Psychological Services, LLC</p>	<p>412 North 4th St., Ste. 100, Baton Rouge, LA 70802</p>	<p>225-572-4975</p>	<p>PPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare</p>
<p>Lena Igiede, LPC</p>	<p>9731 Swingalong Ave., Baton Rouge, LA 70814</p>	<p>225-270-2660</p>	<p>YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>
<p>MBA Counseling & Consulting, LLC</p>	<p>58725 Belleview Rd., Ste. A2, Plaquemine, LA 70764</p>	<p>225-286-9333</p>	<p>EMDR</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>
<p>Mending the Soul: Restoration of the Mind, Body, and Soul</p>	<p>3029 S. Sherwood Forest Blvd., Ste. 205, Baton Rouge, LA 70816</p>	<p>225-916-3744</p>	<p>EMDR, PPT, TF-CBT, YPT</p>	<p>Aetna, Healthy Blue, LHCC, Magellan, United Healthcare</p>
<p>New Perspectives Counseling and Therapy</p>	<p>2929 Millerville Road, Ste. C., Baton Rouge, LA 70816</p>	<p>225-223-7279</p>	<p>CPP, EMDR</p>	<p>Aetna, LHCC, Magellan, United Healthcare, United Medicaid Plan</p>
<p>Open Arms Behavioral Services, LLC</p>	<p>630 W. Cornerview St., Gonzales, LA 70737</p>	<p>225-647-4105</p>	<p>CPP, PCIT, TF-CBT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Our Lady of the Lake Children's Health Development and Therapy	8415 Goodwood Blvd., Ste. 200, Baton Rouge, LA 70806	Scheduled through primary care physician	PCIT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Quality Care Private Sitter Services	3173 Washington Ave., Baton Rouge, LA 70802	225-235-2888	Triple P	
Red Stick Pediatrics	888 Tara Blvd., Baton Rouge, LA 70806	225-273-5995	CPP	AmeriHealth, LHCC
Reilly Center for Children and Families	1945 Carolyn Sue Dr., Baton Rouge, LA 70815	225-928-9398	CPP, EMDR, PCIT, TF-CBT,	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Renewal Counseling and Wellness Center	1520 Thomas H. Delpit Dr., Baton Rouge LA 70810	225-250-8317	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Selah Behavioral Health	6832 Stoneshire Dr., Baton Rouge, LA 70818	225-324-8246	CPP, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Top Notch Behavioral Healthcare Services, LLC	10431 Siegen Ln., Ste. 101, Baton Rouge, LA 70810	225-960-7179	CPP	Aetna, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Trinity Wellness Counseling	1520 Thomas H. Delpit Dr., Baton Rouge, LA 70802	985-474-4958	EMDR, PPT, YPT	AmeriHealth, Healthy Blue, LHCC, Magellan
Volunteers of America Baton Rouge-Reilly Center for Children and Families	1945 Carolyn Sue Dr., Baton Rouge, LA 70815	225-928-9398	EMDR, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Youth Empowerment Solutions	11814 Market Place Ave., Ste. A, Baton Rouge, LA 70816	225-223-6153	CPP, PPT, Triple P	Aetna, Healthy Blue

Home-Based Services offered in Region 2

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Cognitive Development Center of Baton Rouge-Seaside	East Baton Rouge, East Feliciana, West Baton Rouge, West Feliciana	318-341-2202	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Community Counseling Agency	East Baton Rouge, East Feliciana, West Baton Rouge, West Feliciana	225-806-0797	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Home-Based Services offered in Region 2

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Novice House - Alpha Team	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge, West Feliciana	318-226-9944	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Open Arms Behavioral Services, LLC	Ascension, East Baton Rouge, West Baton Rouge	225-647-4105	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC
Pelican Bayou Counseling Agency	East Baton Rouge, East Feliciana, West Baton Rouge, West Feliciana	318-470-1632	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Rise 'N' Shine Counseling Agency	Ascension, Iberville	225-644-6261	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Center for Children and Families	Ascension	318-398-0945	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Volunteers of America Baton Rouge-Reilly Center for Children and Families	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge, West Feliciana	225-928-9398	HB	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare

Home-Based Services offered in Region 2

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Youth Empowerment Solutions	Ascension, East Baton Rouge, East Feliciana, Iberville, Pointe Coupee, West Baton Rouge, West Feliciana	225-223-6153	FFT	Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare

Additional Services offered in Region 2

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge	225-663-6227	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Center for Evidence to Practice

LSUHSC School of Public Health
 2020 Gravier St. 3rd Floor, New Orleans, LA 70112
 Email: EvidencetoPractice@lsuhsc.edu
 Phone: 504-568-5731

