

Center for Evidence to Practice
Evidence-Based Practice (EBP)
Provider Directory

Region 3



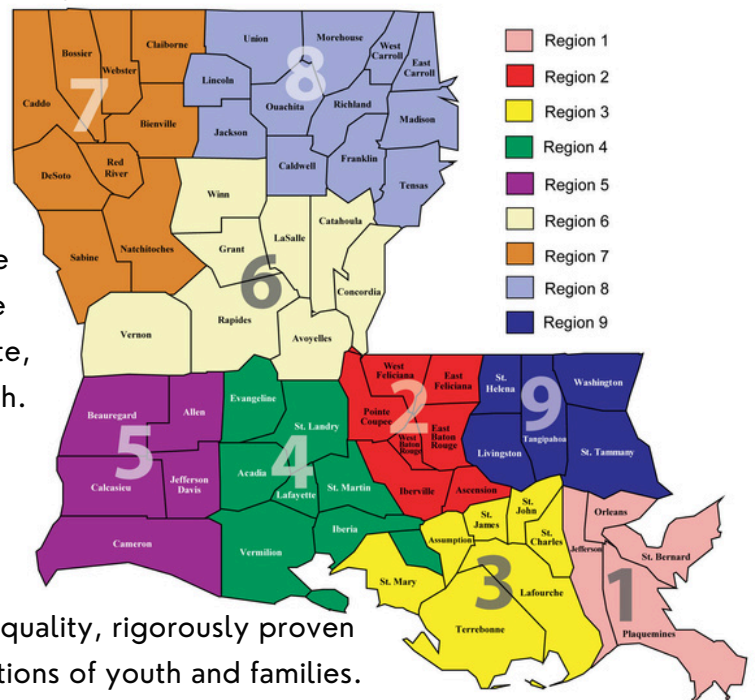
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 3.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✔		✔
Eye Movement Desensitization and Reprocessing (EMDR)	✔		
*Functional Family Therapy (FFT)		✔	✔
*Functional Family Therapy-Child Welfare (FFT-CW)		✔	✔
*Home Builders (HB)		✔	✔
*Parents as Teachers (PAT)			✔
Parent Child Interaction Therapy (PCIT)	✔	✔	
Positive Parenting Program (Triple P)		✔	
Preschool PTSD Treatment (PPT)	✔		
*Multi-Systemic Therapy (MST)		✔	✔
*Nurse Family Partnership (NFP)			✔
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✔		
Youth PTSD Treatment (YPT)	✔		

*Indicates therapies for which a provider travels to the clients' home

Agencies that offer EBPs in Region 3

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
A Happy You Counseling Services	1879 W. Main St., Lutcher, LA 70071 429 W. Airline Hwy., Ste. Q, Laplace, LA 70068	504-905-8057	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
C hild Advocacy Services	13726 River Rd., Ste. 100, Destrehan, LA 70047	985-603-4022	TF-CBT, YPT	Child advocacy groups do not bill for services
Cognitive Development Center - Seaside	576 Belle Terre, Laplace, LA 70068	504-493-2271	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Counseling for Life, LLC	1200 Victor II Blvd., Morgan City, LA 70380	985-384-8788	CPP, EMDR, TF-CBT	AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
D awn G. Chadwick, LPC	206 Green St., Ste. 203, Thibodaux, LA 70301	985-447-8788	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
DuraCARE Counseling and Consulting Services	429 W. Airline Hwy., Laplace, LA 70068	504-327-5753	EMDR, PPT, TF-CBT, YPT	Magellan, United Healthcare
G reater You Counseling Center, LLC	429 W. Airline Hwy., Ste. V, Laplace, LA 70068	985-618-3403	PPT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Innovative Approaches Counseling Center	3013 Highway 51, Ste. B, Laplace, LA 70068	985-618-3558	PCIT, Triple P, YPT	LHCC, United Healthcare
Magnolia Family Services, LLC	1418 Tiger Dr., Thibodaux LA 70301	985-449-4055	PPT, Triple P	No cost for Medicaid clients
Positive Beginnings	309 Goode St., Ste. 2C2 Box 3, Houma, LA 70360	985-790-7500	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Positive Transformations Health Services	2590 Hwy 1, Thibodaux, LA 70301	985-313-1093	TF-CBT	
Rodrigue Counseling Services, LLC	1014 7th St., Morgan City, LA 70380	985-413-1978	EMDR	Aetna, LHCC
South Central Louisiana Human Services Authority	<p>LaFourche Behavioral Health Center 157 Twin Oaks Dr., Raceland, LA 70394</p> <p>River Parishes Behavioral Health Center 1809 W. Airline Hwy., Laplace, LA 70068</p> <p>St. Mary Behavioral Health Center 500 Roderick St., Ste. B, Morgan City, LA 70380</p>	<p>985-537-6823</p> <p>985-652-8444</p> <p>985-380-2460</p>	<p>CPP, EMDR, PPT, YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare</p>

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
South Central Louisiana Human Services Authority	Terrebonne Behavioral Health Center 5599 Hwy 311, Houma, LA 70360	985-857-3615	CPP, EMDR, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Start Corporation-Community Health Center	235 Civic Center Blvd., Houma, LA 70360	985-266-1028	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Teche Action Clinic	1115 Weber St., Franklin, LA 70538	337-828-2550	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Whitney Mediations	144 Valhi Lagoon Xing., Houma, LA 70360	985-709-0056	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
YNG Counseling & Consulting, LLC	1305 Paul Maillard Rd., Luling, LA 70070	985-308-1611	CPP	

Home-Based Services offered in Region 3

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Cognitive Behavioral Center	St. Charles, St. James, St. John	504-493-2271	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Open Arms Behavioral Services, LLC	Assumption, Lafourche, St. Charles, St. James, St. John, Terrebonne	225-647-4105	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Options for Independence	Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary, Terrebonne	985-853-8550	FFT, FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Rise 'N' Shine	St. Charles, St. James, St. John	225-644-8565	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Start Corporation	Assumption, Lafourche, St. Charles, Terrebonne	985-266-1028	FFT, FFT-CW, HB	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Center for Children and Families	Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary	318-398-0945	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Additional Services offered in Region 3

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership	Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary, Terrebonne	985-713-2123	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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