

**Center for Evidence to Practice**  
**Evidence-Based Practice (EBP)**  
**Provider Directory**

**Region 6**



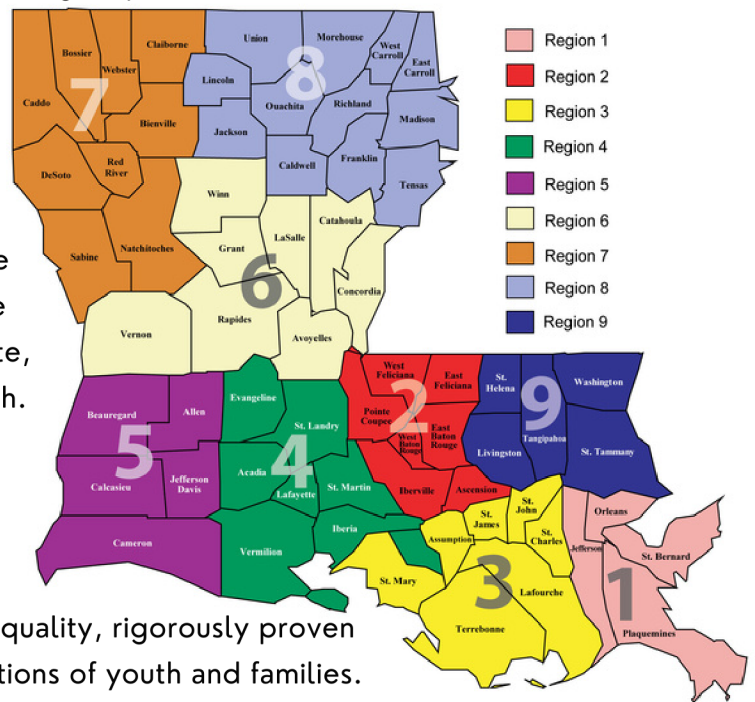
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 6.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✔		✔
Eye Movement Desensitization and Reprocessing (EMDR)	✔		
*Functional Family Therapy (FFT)		✔	✔
*Functional Family Therapy-Child Welfare (FFT-CW)		✔	✔
*Home Builders (HB)		✔	✔
*Parents as Teachers (PAT)			✔
Parent Child Interaction Therapy (PCIT)	✔	✔	
Positive Parenting Program (Triple P)		✔	
Preschool PTSD Treatment (PPT)	✔		
*Multi-Systemic Therapy (MST)		✔	✔
*Nurse Family Partnership (NFP)			✔
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✔		
Youth PTSD Treatment (YPT)	✔		

\*Indicates therapies for which a provider travels to the clients' home

## Agencies that offer EBPs in Region 6

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
All About You Adult and Youth Services	701 EE Wallace Blvd., Ferriday, LA 71334	318-437-7096	CPP	Aetna, Humana, Magellan, United Healthcare
Assertive Aspirations Behavioral Health Services, LLC	1403 Metro Dr., Ste. C1, Alexandria, LA 71301	318-625-7467	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, Magellan
Beyond a Spectrum	114 N. Main St., Ste. B, Marksville, LA 71351	318-597-5180	CPP, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Care Tec Pediatric Center	919 S. 10th St., Leesville, LA, 71446	337-856-6946 or 318-780-3971	EMDR, PCIT, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, Magellan, United Healthcare
Central Louisiana Human Services District – Caring Choices	541 Coliseum Blvd., Alexandria, LA 71303  308 Nasif St., Jonesville, LA 71343  105 Belview Rd., Leesville, LA 71446  694 Government St., Marksville, LA 71351	318-484-6850  318-339-8553  337-238-6431  318-253-9638	CPP, EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Christus Cabrini School- Based Health Centers	Glenmora High Health Center 1414 7th Ave., Glenmora, LA 71433	318-748-8145	EMDR	Must be a Rapides Parish School Student to receive services

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Freedom Therapy Center, LLC	1102 Texas Ave., Alexandria, LA 71301	318-613-0147	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Healing Hands & Hearts	3600 Jackson St., Ste. 119, Alexandria LA 71303	318-625-7050	CPP, EMDR, PCIT, TF-CBT	Aetna, Healthy Blue, Humana, LHCC, Magellan
Life Changing Solutions, LLC	2002 Gus Kaplan Dr., Alexandria, LA 71301	318-542-4642	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
New Orleans Center for Hope and Change	106 W. Bellevue St., Opelousas, LA 70570	337-407-5148	EMDR	Aetna, AmeriHealth, Healthy Blue, United Healthcare
Sexual Trauma Awareness and Response (STAR)	1403 Metro Dr., Alexandria, LA 71301	318-625-7592	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana LHCC, Magellan, United Healthcare
Therapeutic Solutions of Central Louisiana, LLC	5401 Jackson St., Ste. B, Alexandria, LA 71303	318-625-7434	EMDR, TF-CBT	Aetna, Healthy Blue, LHCC, United Healthcare
We Care Behavioral Health, LLC	109-A Yorktown Dr., Alexandria, LA 71303	318-542-4288	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

## Home-Based Services offered in Region 6

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Life Changing Solutions	Avoyelles, Grant, Rapides	318-278-0309	FFT-CW, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Bridge Family Therapy, LLC	Rapides	318-600-6838	HB	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Center for Children and Families	Catahoula, Concordia, LaSalle	318-398-0945	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Youth and Family Empowerment Services, LLC	Avoyelles, Grant, LaSalle, Rapides, Winn	318-357-0018	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

## Additional Services offered in Region 6

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership	Avoyelles, Catahoula, Grant, LaSalle, Rapides, Vernon, Winn	318-545-0599 or 318-446-7127	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Parents as Teachers	Rapides	318-545-0595	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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