

**Center for Evidence to  
Practice  
Evidence-Based  
Practice (EBP)  
Provider Directory**

**Region 7**



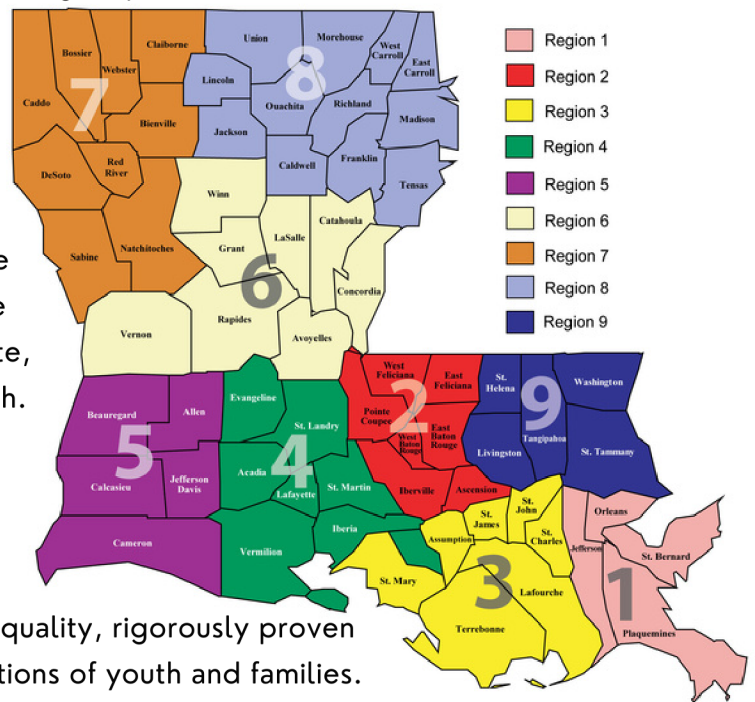
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 7.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



| EBP  | Treatment of Trauma | Improving Child Behavior | Strengthening Family Relationships |
|--|---------------------|--------------------------|------------------------------------|
| Child Parent Psychotherapy (CPP)                     | ✔                   |                          | ✔                                  |
| Eye Movement Desensitization and Reprocessing (EMDR) | ✔                   |                          |                                    |
| *Functional Family Therapy (FFT)                     |                     | ✔                        | ✔                                  |
| *Functional Family Therapy-Child Welfare (FFT-CW)    |                     | ✔                        | ✔                                  |
| *Home Builders (HB)                                  |                     | ✔                        | ✔                                  |
| *Parents as Teachers (PAT)                           |                     |                          | ✔                                  |
| Parent Child Interaction Therapy (PCIT)              | ✔                   | ✔                        |                                    |
| Positive Parenting Program (Triple P)                |                     | ✔                        |                                    |
| Preschool PTSD Treatment (PPT)                       | ✔                   |                          |                                    |
| *Multi-Systemic Therapy (MST)                        |                     | ✔                        | ✔                                  |
| *Nurse Family Partnership (NFP)                      |                     |                          | ✔                                  |
| Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) | ✔                   |                          |                                    |
| Youth PTSD Treatment (YPT)                           | ✔                   |                          |                                    |

\*Indicates therapies for which a provider travels to the clients' home

## Agencies that offer EBPs in Region 7

| <b>Agency</b>  | <b>Address</b>   | <b>Phone Number</b> | <b>EBPs Offered</b>                                   | <b>Medicaid Plans Accepted</b>  |
|--|--|---------------------|---|---|
| <b>A</b> rkLaTex<br>Counseling and<br>Rehab Services | 7505 Pines Rd., Ste.<br>1104, Shreveport, LA<br>71129  | 318-670-8313        | CPP   | Aetna,<br>Magellan  |
| Assured<br>Behavioral<br>Concepts                    | 8921 Mansfield Rd.,<br>Shreveport, LA, 71118   | 318-626-7143        | CPP,<br>EMDR,<br>TF-CBT,<br>Triple P                  | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>Magellan,<br>United Healthcare      |
| <b>B</b> etty Bletz MA,<br>LPC, NCC,<br>CCTP, C-DBT  | 820 Jordan St., Ste.<br>510-G, Shreveport, LA<br>71101   | 318-378-4303        | EMDR,<br>TF-CBT,<br>YPT                               | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>Magellan                            |
| Bitmore Health<br>Services                           | 6811 Fairfield Rd.,<br>Shreveport, LA 71106  | 318-216-5088        | TF-CBT  | Aetna,<br>AmeriHealth,<br>Healthy Blue  |
| Brentwood<br>Hospital of<br>Louisiana                | 1006 Highland Ave.,<br>Shreveport, LA 71101  | 318-678-7507        | EMDR  | Aetna,<br>AmeriHealth,<br>Healthy Blue, Humana,<br>LHCC, Magellan,<br>United Healthcare |
| Brighter Futures<br>Counseling                       | 4571 North Market St.,<br>Shreveport, LA 71107   | 318-424-8735        | CPP,<br>EMDR,<br>PPT,<br>TF-CBT,<br>Triple P,<br>YPT  | Aetna,<br>AmeriHealth,<br>Healthy Blue  |
| <b>C</b> ane River<br>Children Services              | 911 Second St.,<br>Natchitoches, LA 71457<br><br>425 Rue de Gabriel,<br>Natchitoches, LA 71457 | 318-238-7419        | CPP,<br>EMDR,<br>PCIT,<br>TF-CBT,<br>Triple P,<br>YPT | Healthy Blue,<br>LHCC   |



| <b>Agency</b>                             | <b>Address</b>   | <b>Phone Number</b> | <b>EBPs Offered</b> | <b>Medicaid Plans Accepted</b>   |
|---|--|---------------------|---------------------|--|
| Central Louisiana Human Services District | Community Counseling Center at Cane River<br>830 Fourth St.,<br>Natchitoches, LA 71457 | 318-214-4002        | EMDR,<br>Triple P   | Aetna,<br>Healthy Blue,<br>LHCC,   |
| Child Advocacy Services                   | 13726 River Rd.,<br>Ste. 100<br>Destrehan, LA 70047                                    | 985-603-4022        | TF-CBT,<br>YPT      | Does not bill for services   |
| C.H.O.I.C.E. Counseling Services          | 800 Spring St.,<br>Shreveport, LA 71101  | 318-464-3361        | TF-CBT              | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>Magellan,<br>United Healthcare |
| Clinger Family Counseling Services        | 820 Jordan St., #485,<br>Shreveport, LA 71101  | 318-424-5001        | CPP                 | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>United Healthcare              |
| Community Collaboration                   | 745 Olive St., Ste. 112,<br>Shreveport, LA 71104                                       | 318-207-0267        | TF-CBT              | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>Magellan,<br>United Healthcare |
| Community Health, LLC                     | 2920 Knight St., Ste. 110,<br>Shreveport, LA 71105                                     | 318-347-4437        | CPP                 | Aetna,<br>AmeriHealth,<br>Healthy Blue   |
| Community Healthcare Solutions, LLC       | 1519 Creswell Ave.,<br>Shreveport, LA 71101  | 318-869-1899        | TF-CBT              |  |
| Countryworks Animal Assisted Therapy      | 1219 Bermuda Rd.,<br>Natchitoches, LA 71456  | 318-787-8463        | CPP                 |  |

| Agency                          | Address  | Phone Number                 | EBPs Offered           | Medicaid Plans Accepted   |
|---------------------------------|--|------------------------------|------------------------|---|
| Creative Counseling, LLC        | 2133 E. Bert Kouns Industrial Loop, Shreveport, LA 71105 | 318-221-2828                 | YPT                    | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare |
| Donnie Underwood, LPC, LMFT     | 1595 1st St., Arcadia, LA 71001                          | 318-263-8131                 | CPP, PPT, TF-CBT, YPT  | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare |
| Dunlap Counseling Services, LLC | 910 Pierremont Rd., Ste. 357, Shreveport, LA 71106       | 318-309-7436                 | TF-CBT                 | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare                   |
| Elated Counseling Services, LLC | 2020 East 70th St., Ste. 201, Shreveport, LA 71105       | 318-751-9098 or 318-553-5591 | EMDR, PPT, TF-CBT, YPT | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare                   |
| Envision Counseling Services    | 7505 Pines Rd., Ste. 1230, Shreveport, LA 71129          | 318-562-3707                 | PCIT, Triple P         | Aetna, Healthy Blue, Magellan, United Healthcare                            |
| Finding a Better Me, LLC        | 2924 Knight St., Ste. 369, Shreveport, LA 71105          | 318-210-0587                 | TF-CBT                 | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan                            |
| Genuine Hearts Treatment Clinic | 400 Texas St., Ste. 1050-07, Shreveport, LA 71101        | 318-505-2808                 | EMDR, PPT              | Aetna, AmeriHealth, United Healthcare                                       |

| Agency                                | Address   | Phone Number | EBPs Offered      | Medicaid Plans Accepted   |
|---------------------------------------|---|--------------|-------------------|---|
| Jenkins Counseling Services           | 1513 Line Ave., Ste. 225, Shreveport, LA 71101    | 318-754-3890 | CPP               | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare           |
| LaTorris Webb, LPC                    | 9051 Mansfield Rd., Ste. B7, Shreveport, LA 71118 | 318-553-5005 | EMDR, TF-CBT      | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare   |
| Laura Alderman, LPC                   | 2520 Line Ave., Shreveport, LA 71104              | 318-469-3335 | TF-CBT            | Aetna   |
| Life Changing Solutions               | 6015 Hearne Ave., Shreveport, LA 71108            | 318-213-0904 | CPP, TF-CBT       | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |
| Mesloh Counseling Center              | 400 Texas St., Shreveport, LA 71101               | 318-573-3771 | EMDR, TF-CBT      | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare   |
| Metropolitan Circles, LLC             | 3510 Linwood Ave., Shreveport, LA 71103           | 318-636-4194 | TF-CBT            | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare           |
| Next Generation Therapy Services, LLC | 1605 Benton Rd., Ste. F, Bossier City, LA 71111   | 318-703-6200 | CPP, EMDR, TF-CBT | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |

| Agency                                       | Address  | Phone Number                            | EBPs Offered  | Medicaid Plans Accepted  |
|--|--|---|---|--|
| Northwest Louisiana Human Services District  | <p>Natchitoches Clinic<br/>210 Medical Dr.,<br/>Natchitoches, LA 71457</p> <p>Shreveport Clinic<br/>1310 North Hearne Ave.,<br/>Shreveport, LA 71107</p> | <p>318-357-3122</p> <p>318-676-5111</p> | <p>EMDR,<br/>TF-CBT</p> <p>EMDR,<br/>PCIT,<br/>PPT,<br/>YPT</p> | <p>Aetna,<br/>AmeriHealth,<br/>Healthy Blue,<br/>LHCC,<br/>Magellan<br/>United Healthcare</p>              |
| Peaceful Alternatives Counseling and Therapy | 5902 Buncombe Rd.,<br>Shreveport, LA 71129   | 318-670-8898                            | TF-CBT  | <p>Aetna,<br/>AmeriHealth,<br/>Healthy Blue,<br/>LHCC,<br/>United Healthcare</p>                           |
| Pelican Bayou Counseling Agency              | 9403 Manfield Rd.,<br>Shreveport, LA 71119   | 318-470-1632                            | PPT   | <p>Aetna,<br/>AmeriHealth,<br/>Healthy Blue,<br/>Humana,<br/>LHCC,<br/>Magellan,<br/>United Healthcare</p> |
| Redding Therapy Center                       | 4300 Youree Dr.,<br>Shreveport, LA 71105   | 318-573-5428                            | <p>EMDR,<br/>TF-CBT,<br/>YPT</p>                                | <p>Aetna,<br/>AmeriHealth,<br/>Healthy Blue,<br/>LHCC,<br/>United Healthcare</p>                           |
| Resilient Living Community Services, LLC     | 202 Miller St., Minden,<br>LA 71055  | 318-422-9028                            | <p>EMDR,<br/>PPT,<br/>YPT</p>                                   | <p>Aetna,<br/>AmeriHealth,<br/>Healthy Blue,<br/>LHCC,<br/>Magellan,<br/>United Healthcare</p>             |
| Seedlinks Behavior Management                | 1543 Grimmatt Dr.,<br>Shreveport, LA, 71107  | 318-626-5597                            | <p>CPP,<br/>TF-CBT</p>  |  |



| Agency                                     | Address  | Phone Number | EBPs Offered                            | Medicaid Plans Accepted  |
|--|--|--------------|---|--|
| Sincere Client Care                        | 2611 Betty St.,<br>Shreveport, LA 71108                | 318-216-3748 | EMDR,<br>PPT,<br>Triple P               | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>United Healthcare                      |
| Social Work Professional Services, LLC     | 2219 Claiborne Ave.,<br>Shreveport, LA 71103           | 318-779-0434 | CPP,<br>EMDR,<br>TF-CBT,<br>Triple P    | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC, Magellan,<br>United Healthcare            |
| Street Outreach Solutions, LLC             | 2715 Mackey Pl., Ste.<br>119, Shreveport, LA<br>71118  | 318-771-7707 | CPP,<br>PCIT,<br>PPT,<br>TF-CBT,<br>YPT | Aetna,<br>Healthy Blue,<br>Magellan  |
| The Center for Children and Families, Inc. | 3004 Knight St., Ste.<br>149, Shreveport, LA<br>71105  | 318-227-8390 | TF-CBT                                  | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>Humana, LHCC,<br>Magellan,<br>United Healthcare |
| The Kennedy Center                         | 2210 Line Ave., Ste.<br>207, Shreveport, LA<br>71104   | 318-675-1112 | EMDR,<br>PCIT,<br>TF-CBT                | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>Magellan                               |
| The Social Work Hub, LLC                   | 396 N. Main St., Sibley,<br>LA 71073                   | 318-947-9084 | EMDR,<br>TF-CBT                         | Aetna,<br>AmeriHealth,<br>Healthy Blue, Humana,<br>LHCC, Magellan,<br>United Healthcare    |
| Travelers Counseling Agency                | 610 Marshall St., Ste.<br>619, Shreveport, LA<br>71101 | 318-606-5105 | PPT                                     | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>United Healthcare                               |

| <b>Agency</b>                                 | <b>Address</b>   | <b>Phone Number</b>              | <b>EBPs Offered</b>             | <b>Medicaid Plans Accepted</b>   |
|---|--|----------------------------------|---------------------------------|--|
| <b>U</b> nlimited Alternatives to Change      | 3018 Old Minden Rd.,<br>Ste. 1117, Bossier City,<br>LA 71112<br><br>1313 Ringgold Ave.,<br>Coushatta, LA 71019 | 318-746-1935<br><br>318-747-1935 | EMDR,<br>CPP,<br>TF-CBT,<br>YPT | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>Humana, LHCC,<br>Magellan,<br>United Healthcare |
| <b>V</b> olunteers of America North Louisiana | 360 Jordan St.,<br>Shreveport, LA 71101  | 318-221-2669                     | TF-CBT                          | Aetna,<br>AmeriHealth,<br>Healthy Blue, LHCC,<br>Magellan,<br>United Healthcare            |
| <b>W</b> .E.R.K., LLC                         | Telehealth only  | 318-771-2297                     | EMDR,<br>TF-CBT                 | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>Magellan,<br>United Healthcare         |
| Whitfield Counseling Services, LLC            | Telehealth only  | 318-617-2498                     | EMDR,<br>TF-CBT                 | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>Humana,<br>LHCC,<br>United Healthcare           |

### Home-Based Services offered in Region 7

| <b>Agency</b>                          | <b>Parishes Served</b>                              | <b>Phone Number</b> | <b>EBPs Offered</b> | <b>Medicaid Plans Accepted</b>  |
|--|---|---------------------|---------------------|---|
| <b>B</b> righter Futures Counseling    | Bossier, Caddo,<br>Webster                          | 318-424-8735        | FFT,                | Aetna,<br>AmeriHealth,<br>Healthy Blue                                |
| <b>F</b> amily Services Unlimited Inc. | Bienville, Bossier,<br>Caddo, Claiborne,<br>Webster | 318-226-9944        | MST                 | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>United Healthcare |

## Home-Based Services offered in Region 7

| Agency                                | Parishes Served  | Phone Number | EBPs Offered    | Medicaid Plans Accepted  |
|---------------------------------------|--|--------------|-----------------|--|
| Finding a Better Me                   | Bossier, Caddo, Webster  | 318-210-0587 | FFT             | Aetna, LHCC  |
| La Paz                                | Bienville, Sabine  | 318-224-9200 | FFT             |  |
| Life Changing Solutions, LLC          | Bossier, Caddo   | 318-213-0906 | FFT-CW, HB, MST | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare                  |
| Pelican Bayou Counseling Agency       | Bienville, Bossier, Caddo, DeSoto, Red River   | 318-470-1632 | FFT, MST        | Aetna, AmeriHealth, Healthy Blue, Humana LHCC, Magellan, United Healthcare |
| The Center for Children and Families  | Bienville, Bossier, Caddo, Claiborne, DeSoto, Natchitoches, Red River, Sabine, Webster | 318-227-8390 | FFT-CW, MST,    | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare                  |
| Unlimited Alternatives to Change      | Bienville, Bossier, Caddo, Red River   | 318-746-1935 | FFT, MST        | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare                  |
| Youth and Family Empowerment Services | Natchitoches   | 318-379-6594 | MST             | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare                  |

## Additional Services offered in Region 7

| Service                  | Parishes Served  | Phone Number                                       | Medicaid Plans Accepted   |
|--------------------------|--|--|---|
| Nurse Family Partnership | Bienville, Bossier, Caddo, Claiborne, DeSoto, Natchitoches, Red River, Sabine, Webster | 318-862-9930 or<br>318-357-3133 or<br>318-212-0177 | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>United Healthcare |
| Parents as Teachers      | Bienville, Bossier, Caddo, Claiborne, Natchitoches, Red River, Webster                 | 318-676-7894 or<br>318-664-0287                    | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>United Healthcare |

### Center for Evidence to Practice

LSUHSC School of Public Health  
2020 Gravier St. 3rd Floor, New Orleans, LA 70112  
Email: [EvidencetoPractice@lsuhsc.edu](mailto:EvidencetoPractice@lsuhsc.edu)  
Phone: 504-568-5731

