

Center for Evidence to Practice
Evidence-Based Practice (EBP)
Provider Directory

Region 8



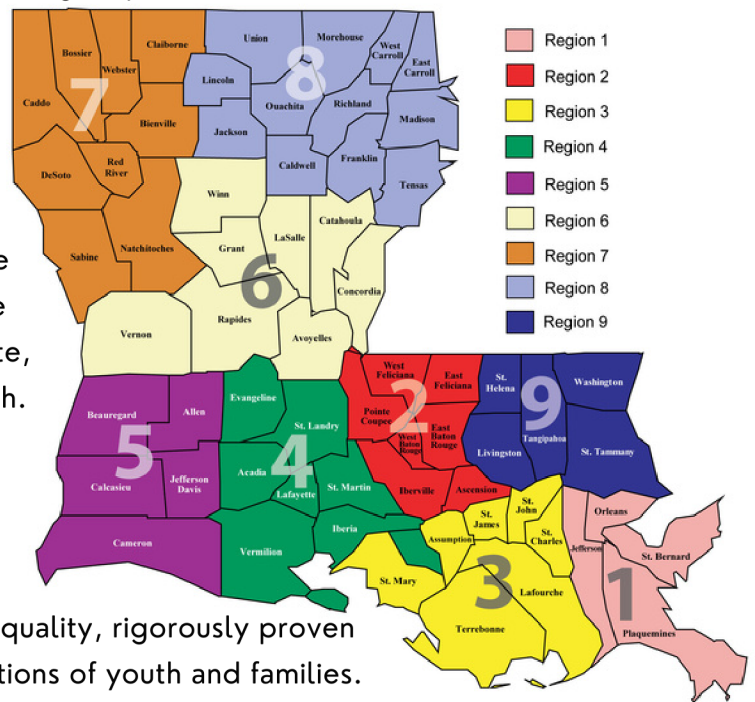
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 8.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Agencies that offer EBPs in Region 8

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
B ody & Soul Rehabilitation Services	803 Brisco Ave., Bastrop, LA 71220	318-974-6035	TF-CBT, Triple P	Aetna, Magellan
C enter for Counseling and Psychological Resources	206 E Reynold Dr., Ruston, LA 71270		EMDR	
Cognitive Development Center - Seaside	1705 Felicia Ave., Tallulah, LA 71282	318-574-1232	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
F amily Solutions Counseling Center	1401 North 7th, Ste. B, West Monroe, LA 71291	318-503-8300	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Finding Solace, LLC	403 North 6th St., West Monroe, LA 71291	318-737-7201	TF-CBT	Aetna, AmeriHealth, LHCC, United Healthcare
H umanity2020 Group	201 Century Village Blvd., Ste. 256, Monroe, LA 71203	318-413-5995	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
L iving Water Family Services	645 Highway 80 East, Monroe, LA 71203	318-343-6966	PCIT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Louisiana United Methodist Children and Family Services	904 DeVile Ln., Ruston, LA 71270	318-255-5020	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Northeast Delta Human Services Authority	<p>Bastrop Behavioral Health Clinic 451 E. Madison Ave., Bastrop, LA 71220</p> <p>Children & Family Services Clinic 2525 Ferrand St., Monroe, LA 71201</p> <p>Columbia Behavioral Health Clinic 5159 Hwy 4 East, Columbia, LA 71418</p> <p>Monroe Behavioral Health Clinic 4800 S Grand St., Monroe, LA 71202</p> <p>Ruston Behavioral Health Clinic 602 East Georgia Ave, Ruston, LA 71270</p> <p>Tallulah Behavioral Health Clinic 1012 Johnson St., Tallulah, LA 71282</p> <p>Winnsboro Behavioral Health Clinic 1301 Landis Street, Winnsboro, LA 71295</p>	<p>318-283-0868</p> <p>318-362-3617</p> <p>318-649-2333</p> <p>318-362-5481</p> <p>318-251-4125</p> <p>318-574-1713</p> <p>318-649-2333</p>	EMDR, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Protective Factors, LLC	801 North 31st St., Monroe, LA 71201		TF-CBT	

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
<p>Restored Counseling and Consultation</p>	<p>1900 N. 18th St., Ste. 412, Monroe, LA 71201 77 Hwy. 135, Rayville, LA 71269</p>	<p>318-235-4798 318-267-4394</p>	<p>EMDR, TF-CBT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>
<p>River City Professional Counseling</p>	<p>1210 Stubbs Ave., Monroe, LA 71201</p>	<p>318-325-8748</p>	<p>EMDR, PCIT, TF-CBT</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare</p>
<p>Strategic Counseling Solutions</p>	<p>2100 Floyd Park Dr., Ruston, LA 71270 2106 N. 7th St., West Monroe, LA 71291</p>	<p>318-224-7009 318-450-8719</p>	<p>EMDR</p>	<p>Healthy Blue, United Healthcare</p>
<p>The Center for Children and Families, Inc.</p>	<p>622 Riverside Dr., Monroe, LA 71201</p>	<p>318-398-0945</p>	<p>EMDR, TF-CBT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>
<p>The Wellspring Alliance for Children and Families</p>	<p>1904 Royal Ave., Monroe, LA 71201</p>	<p>318-323-1505</p>	<p>EMDR, PPT, TF-CBT, YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare</p>
<p>Transitions Counseling & Development Center</p>	<p>1020 N. 3rd St., Monroe, LA 71201</p>	<p>318-361-4482</p>	<p>CPP, EMDR, TF-CBT, Triple P</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Windsong Counseling	1742 W. Kentucky Ave., Ruston, LA 71270	318- 243-2231	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Home-Based Services offered in Region 8

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
B ehavioral Solutions, LLC	Caldwell, Franklin, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll	318-509-8073	FFT	Aetna, Healthy Blue
C ognitive Development Center-Seaside	Caldwell, East Carroll, Morehouse, Ouachita, Richland,	318-341-2202	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
L a Paz	Jackson, Lincoln, Ouachita, Union	318-224-9200	FFT	
Life Changing Solutions, LLC	Jackson, Lincoln	318-213-0904	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Living Waters Family Services	Caldwell, East Carroll, Franklin, Jackson, Lincoln, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll,	318-343-6966	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
P reventative Measures Programs Inc.	East Carroll, Franklin, Richland, Tensas, West Carroll	318-574-0098	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
R iver City Professional Counseling Services	Caldwell, Franklin, Lincoln, Morehouse, Ouachita, Richland	318-325-8748	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan United Healthcare

Home-Based Services offered in Region 8

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
The Bridge Family Therapy, LLC	Ouachita	318-600-6838	HB	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Center for Children and Families	Jackson, Lincoln, Morehouse, Ouachita, Union	318-398-0945	FFT, FFT-CW, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Additional Services offered in Region 8

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership	Franklin, Jackson, Lincoln, Morehouse, Ouachita, Richland	318-435-2143	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Parents as Teachers	Caldwell, East Carroll, Franklin, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll	318-361-7215 or 318-388-8793	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Center for Evidence to Practice

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