

# TRAINING INFORMATIONAL

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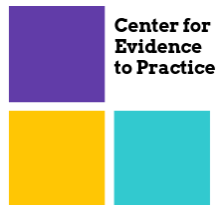
## Engaging Youth and Families in Behavioral Health Services:

### **A Training Opportunity for EBP Providers**

A Training Opportunity for Louisiana Medicaid Behavioral Health  
EBP-Trained Practitioners

Issued by

**LSUHSC Center for Evidence to Practice**



Zoom Registration Release Date: Monday, April 8, 2024

All applicants will be notified of their registration status on a **ROLLING BASIS** by  
**Thursday, April 25th, 2024**

Please direct questions to the Center for Evidence to Practice at  
[EvidencetoPractice@lsuhsc.edu](mailto:EvidencetoPractice@lsuhsc.edu)

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# 1. TRAINING OVERVIEW

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## A. INTRODUCTION

The Center for Evidence to Practice (Center for E2P) has written this Request for Application (RFA) in order to identify behavioral health practitioners in Louisiana who are equipped to successfully participate in ***Engaging Youth and Families in Behavioral Health Services*** training.

Due to the identified need for Medicaid behavioral health services specific to children and their caregivers, the Engaging Youth and Families training has been selected by the Office of Behavioral Health (OBH) as a research-informed initiative that will be expanded statewide.

The Center for E2P and EDR trainer and Consultant, Kelly Wilson, LCSW, looks forward to compiling a strong cohort of trainees based on the applications received. The trainer and E2P staff will be reviewing applications based on the ***Application and Selection Process (Section 3)***.

*The goal of this RFA is to learn about this training opportunity to see if it is the right fit for you and your Medicaid behavioral health agency/organization.*

## B. INFORMATION ABOUT THE LOUISIANA CENTER FOR EVIDENCE TO PRACTICE

The Center for E2P is a partnership between the Louisiana Department of Health – Office of Behavioral Health and the Louisiana Health Sciences Center – School of Public Health, which is tasked with improving access to evidence-based behavioral health practices for Louisianan children and families insured by Medicaid. Our mission is to support the state and its agencies, organizations, communities, and providers in selecting and implementing evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and address challenges related to sustaining quality practice. For more information on E2P please visit our [website](#) and [subscribe](#) to our newsletter for updates.

## C. CONTINUING EDUCATION CREDITS

The Center is a social work pre-approval organization through the Louisiana State Board of Social Work Examiners (LABSWE). Additionally, the National Board for Certified Counselors (NBCC) approved the Center to become an NBCC Approved Continuing Education Provider (ACEP). Pending completion of training, complying with training guidelines, meeting the required amount of training minutes, and completing the end-of-training evaluation, participants should receive a CE certificate for their participation in this training opportunity. For those whose credentials are outside of the LABSWE and NBCC; upon receiving the CE certificate, the Center encourages participants to submit the certificate to their licensing board for approval.

## D. TRAINING COMMITMENT EXPECTATIONS

Dedication and commitment to this training is of the utmost importance to participating in this training opportunity. *These trainings are typically very costly and would be a significant financial investment for practitioners if they were to participate on their own, however, if an agency/practitioner team is chosen for this opportunity, it is provided at no cost to them.* With that in mind, **for each entity that is chosen for this training opportunity, we emphasize the necessity of completing all the training components and adhering to [Training Guidelines](#) as intended.** Should an entity drop out of this opportunity, it can impact its selection in a future training opportunity offered through E2P.

All chosen applicants are required to commit to participating in the training in its entirety. ***As this is a free, state-funded training, all participants must demonstrate their commitment to participate in the one (1) training day and to actively use the training approach with clients.***

## E. TRAINING COSTS

There will be no cost to agencies for the course itself; however, agencies must financially commit to the time and effort required to complete the training and the delivery of the EBP. Agencies and clinicians must set aside the allotted training time to fully participate in this training opportunity, including any expectations outside of training (e.g. reading training manuals and related materials, completing web-based training, changing operations to accommodate delivery of the EBP). That means that agencies and clinicians must set aside the allotted each of the required training days and times to fully participate in this training opportunity. For in-person training, the provider is responsible for covering the cost of travel and travel time. Training manuals will be provided by the Center for E2P.

# 2. SCOPE OF WORK

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## A. INFORMATION ABOUT ENGAGING YOUTH AND FAMILIES IN BEHAVIORAL HEALTH SERVICES

The **Engaging Youth and Families training** will center on parent engagement research regarding youth and family involvement in behavioral health services. We will examine the common elements of treatment engagement identified in the research literature, differentiating pragmatic challenges and perceptual barriers. We will practice key strategies for improving active caregiver participation in their child's mental health services.

The **four (4) objectives** of this training are:

1. Participants will examine the critical elements of the engagement process.
2. Participants will practice creative problem-solving around concrete obstacles to treatment participation.

3. Participants will improve their knowledge of the impact of perceptual barriers to treatment engagement
4. Participants will identify strategies for improving successful and sustained engagement with families.

The **three (3) goals** of this training are:

1. To improve clinician understanding of and practices around engaging youth and families in the therapy process.
2. To raise awareness of challenges to treatment engagement related to historical trauma, previous experiences when seeking help, and lack of support from family and/or friends.
3. To change clinical practice to better address perceptual boundaries impacting youth and family completion of evidence-based treatment models.

## B. TIMELINE OF EVENTS

<u>Events</u>	<u>Date</u>
Training Informational Released	Tuesday, April 9, 2024
Notification of Application Status	Thursday, April 25, 2024
Engaging Youth and Families in Behavioral Health Services Training	Friday, April 26 <sup>th</sup> from 9:00am-1:00pm

## 3. APPLICATION AND SELECTION PROCESS

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### A. ELIGIBILITY REQUIREMENTS AND EXPECTATIONS

Selection will be based upon organization readiness for to implement the engaging youth and families’ strategies, acceptance of Medicaid-insured families, and relevance of this training to the population served by the applicant organization. ***Preference will be given to organizations with multiple practitioners applying to be trained, in recognition of inter-agency support of implementing these research-informed practices.*** Additionally, we highly encourage participation from supervisors and administrators as their understanding and support of these practices contributes to long-term sustainability.

***Training Acceptance Criteria: Qualified behavioral health agencies/providers will be those who serve Medicaid-insured individuals and/or provide clinical therapy services to children and their caregivers in Louisiana free of charge; are licensed (or actively working towards licensure); and are actively (currently) treating children and their caregivers.***

All behavioral health agencies selected to participate in this training will be expected to sign a Training Agreement between the agency and E2P. As this is a free, state-funded training, all agencies must demonstrate their commitment to the training and sustaining these practices.

## B. APPLICATION REVIEW PROCESS

Upon receiving all the training applicants, an initial review of the applicants that meet the threshold requirements outlined in the **Eligibility Requirements and Expectations** section will be executed. Following that initial review, the E2P staff will meet with the trainers and review the applicants based on individual trainee application and short answer responses.

## C. APPLICATION MATERIALS

The **Engaging Youth and Families in Behavioral Health Services** training is scheduled for **Friday, April 26<sup>th</sup> from 9:00am-1:00pm**. The course instructor is Kelly Wilson, LCSW for this training opportunity. The course is limited to 40 participants.

The **ZOOM REGISTRATION** must be completed by each interested participant through the Zoom platform by **THURSDAY, APRIL 25<sup>TH</sup>, 2024**.

## D. APPLICATION CHECKLIST

- Please review the **Training Informational** to be aware of training expectations.
- SAVE THE DATE: Friday, April 26<sup>th</sup>, 2024 from 9:00am-1:00pm.**
- Submit a **ZOOM REGISTRATION** on behalf of yourself as an applicant. Acceptance into the program will be evaluated on an individual basis based on the Zoom responses.

## E. NOTIFICATION OF APPLICATION STATUS

All applicants will be notified of their registration status on a **ROLLING BASIS** by **Thursday, April 25<sup>th</sup>, 2024**.

## F. NON-DISCRIMINATORY POLICY

The Center for Evidence to Practice appreciates diversity and does not discriminate based on race, ethnicity, age, sexual orientation, or gender identity.

*Thank you for your commitment to serving Louisiana's children and families.  
We look forward to reading your application!*