

EMDR Learning Community Kick-Off

Center for Evidence to Practice

Tuesday, July 30, 2024

12:00PM-1:00PM CDT

LSU Health
NEW ORLEANS
School of Public Health

 **LOUISIANA**
DEPARTMENT OF HEALTH

EMDR Learning Community Support Team



Carol Miles, MSW, LCSW

EMDRIA Certified EMDR Therapist &
EMDR Basic Trainer



Natacha Kerelejza, LCSW

EMDRIA Certified EMDR Therapist &
EMDR Approved Consultant

They both have been part of all EMDR training cohorts facilitated through the Center since Fall 2020!

E2P EMDR Reach by the Numbers

We have facilitated Eight (8) EMDR Cohorts in 5 YEARS!

How many were trained in Part 1 and 2?

225 providers!

How many are EMDR Basic-Trained?

135 Providers!

Why did providers choose EMDR?

“To better serve clients with trauma with Medicaid in my area.”

“I wanted to advance my knowledge base and skillset for offering evidence-based trauma treatment, particularly for vulnerable populations.”

“To be able to offer my community access to more trauma-related therapy.”

“I work with low-income populations and minorities that have experienced complex trauma and often do not have the resources to access evidenced-based treatments.”

Current Snapshot: EMDR in Louisiana

From 27 EMDR Basic-Trained or EMDR Certified Providers:

Current EMDR cases in their caseload:

114 Cases

Number of EMDR cases that have completed 8 phases:

201 Cases

What has been the impact?

The impact has been successful. The clients have been successful in identifying the causes of their trauma and ways to manage and cope with the symptoms caused by trauma.

They are often surprised by the results and realize through initial stages it's not as scary as they thought it would be. I've noticed a few get relief even just after doing the treatment planning and resources.

Many of my clients have described it as "life changing." They feel more supported and confident. I feel like I am a more efficient clinician and can truly help people with trauma live their lives without constant hypervigilance and trauma responses.

Thoughts to Ponder:

How can the Center help you bring about more change with your clients, fellow EMDR Providers, the community at large?

EMDR Learning Community Goals:

Provide ongoing clinical support to providers who are delivering EMDR within the Medicaid provider network to promote:

1. sustainability of service,
2. clinical EMDR skill development and quality service delivery,
3. professional development and retention of EMDR therapists

South Louisiana EMDR Regional Network (SLERN)

To learn more, you can join the Private Facebook Group by clicking here:
<https://www.facebook.com/groups/253286695112316/>

**Currently
263
Members!**



If you don't use Facebook, you can also email Carol Miles if you are interested in joining: cmiles@tulane.edu

Ongoing ***FREE*** EMDR Support:

1. Center Provides each EMDR Basic-Trained Provider the following:
 - The opportunity to **Audit EMDR Part 1 and Part 2 Training**
 - EMDR Part 2 Training: September 18-20, 2024 from 9:00AM-12:30PM
2. 10 Hours of **FREE** Case & Certification Consultation are available to you
 - Email Carol Miles if you are interested: cmiles@tulane.edu
3. **EMDR Peer Groups** – The Center can help you start one!
 - Email EvidencetoPractice@lsuhsc.edu if interested in creating one
4. **Weekly Office Hours** with Carol Miles
 - They are held every week on Thursdays from 9:00AM-9:30AM – [CLICK HERE](#) to schedule



Advanced Training Opportunity:

- Ana Gomez is coming to New Orleans for an IN-PERSON Training!!
- For training details and registration fee, please access this link: [Two Workshops on EMDR with Children, New Orleans - AGATE Institute](#)

- Friday, Oct. 11th & Saturday, Oct. 12th, 2024

Day 1: Working with Dissociation

Day 2: The Storymaking Protocol

9:00am - 4:30pm CDT

**12 CEUs for two days of training*



2 Workshops on EMDR with Children

- 1st Day: Working with Dissociation
- 2nd Day: The Storymaking Protocol

New Orleans

October 11-12, 2024

Ana M Gomez

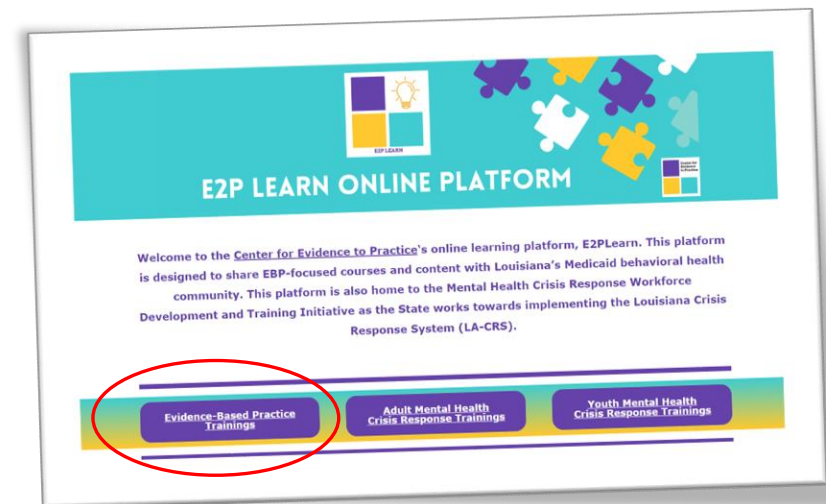
Center for Evidence to Practice

THREE RIVERS TRAINING CENTER
Hope • Healing • Health

Agate INSTITUTE
Trauma-Informed Education
By Ana Gomez

E2P Learn Online Platform Resource

- The Center's [E2P Learn Online Platform](#) has over 30 online asynchronous learning opportunities for FREE accessible to anyone. Continuing Education (CE) certificates are provided upon completion. **Courses approved through the LABSWE & NBCC.**
- Topics with special populations include:
 - Human Trafficking Intervention
 - Motivational Interviewing
 - Working with the LGBTQ+ Population



EMDR in Practice E2P Newsletter

- Newsletter Release: Fall 2024 & Spring 2025
 - Twice/year
- Will include relevant information and upcoming opportunities for engagement (i.e. Agency/Provider Highlights, Advanced training opportunities, Video training support, etc.).



Medicaid EMDR Tracking Code

Eye Movement Desensitization & Reprocessing (EMDR)– [Tracking Code EB08](#)

[LDH Provider Manual](#) – EBP Policy for EMDR is outlined on pages: 438-448



➤ **Qualification Standard - Basic Trained**

- Completion of an EMDR International Association (EMDRIA) Approved Basic Training (including a minimum of 20 hours of instructional material, 20 hours of supervised practicum, and 10 hours of consultation)

OR

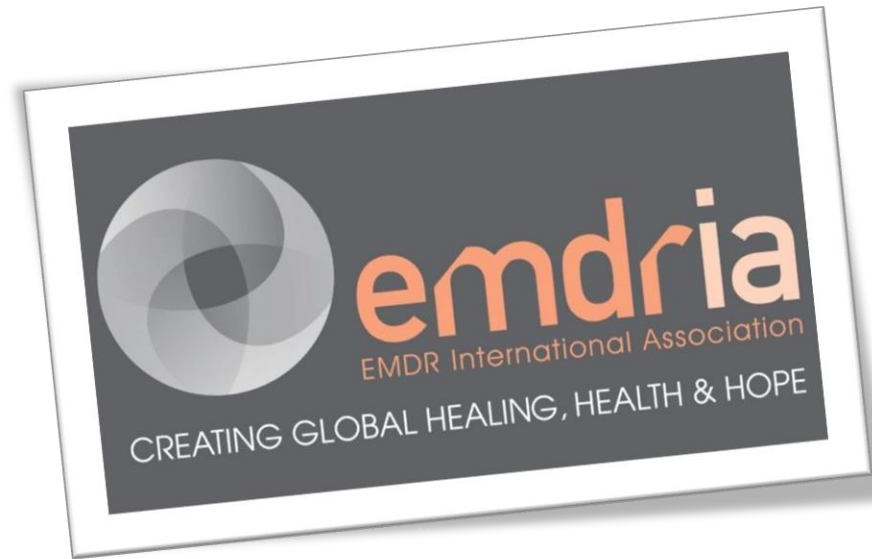
➤ **Certification**

- EMDR Certified Therapist through the [EMDR International Association \(EMDRIA\)](#).

➤ **Qualification Documentation**

- Certificate of completion of an EMDRIA-Approved EMDR Therapy Basic Training Course issued by an EMDRIA-Approved Trainer **OR** EMDR Certification issued by EMDRIA

Where can I get more EMDR resources?



Become a member & gain access to countless resources:

<https://www.emdria.org/>

Action Step (5 minutes):

Which resource/opportunity interests you the most?

- *Take the next few moments and take an action step to get engaged!*
- *Is there anything missing that you would like to see? Let us know in the chat!*

Future EMDR Learning Community Mtg:

January 2025



We are planning a meeting in conjunction with an advanced training opportunity – stay tuned for more details!

Any Questions?



E2P Contact Information:

Center for Evidence to Practice

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Phone: (504) 568-5731

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