




Foundational Knowledge
Child-Parent Psychotherapy
 Center for Evidence to Practice
 LSUHSC School of Public Health

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 Amy Dickson, Psy.D.
 LSUHSC-Department of Psychiatry




CPP Foundational Knowledge 



- Infant and early childhood development
- Adult development
- Sociocultural influences on functioning
- Developmental psychopathology and diagnostic frameworks
- Trauma Theory
- Reporting laws and ethics

(Lieberman, Ghosh Ippen, & Van Horn, 2015)

 Ghosh Ippen, Van Horn, Lieberman, 2016

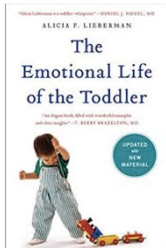
Independent Foundational Trainings

- Touchpoints in Early Childhood Development
- Attachment 101: Looking at secure attachment and the ability to change attachment
- The Parent-Child Relationship from the Child’s Perspective
- Trauma History Gathering
- Working with Challenging Parents

Independent Foundational Trainings

- Starts January 24th and will be held on Fridays
- Each training will be 2-3 hours in length
- You can sign up for any number of trainings; one training, or three, or all
- Sign up for the topics that interest you
- This is foundational knowledge for clinicians who are interested in taking the Child-Parent Psychotherapy training or for clinicians who have taken the training and want additional knowledge

Infant & Early Childhood Development



Learning Resources

- *TouchPoints* (Brazelton)
- *The Emotional Life of the Toddler* (Lieberman)
- *The Magic Years* (Friedberg)
- Attachment Vitamins eCourse
 - Learn.nctsn.org



Adult Development

- Strive for balance between autonomy and intimacy
- Establish own values, relationships, patterns of living
- Parenthood as a normal developmental transition
 - CPP can take advantage of opportunities for growth presented by the transitional space
- Balance demands of parenthood with demands of other relationships and individual desires



Operating Instructions: A Journal of My Son's First Year - Anne Lamott

Van Horn & Lieberman, 2010

Sociocultural Influences



- Understanding oneself as a cultural being
- Acquiring fundamental knowledge about a culture, but accepting within-culture differences
- Eliciting the family's view of its place in its culture
- Understanding issues related to immigration and acculturation
- Understanding historical traumas and their effects on cultural groups

(Van Horn & Lieberman, 2010)

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Cultural/Diversity Tools



- Developing the Cultural Awareness Skills of Behavior Analysts
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4788642/>
- Communication Tools for Understanding Cultural Differences
 - https://www.beyondintractability.org/essay/communication_tools
- Cultural Competence and Cultural Humility
 - <https://ready.web.unc.edu/section-1-foundations/module-8/>
- Improving Cultural Competence
 - <https://store.samhsa.gov/sites/default/files/d7/priv/sma16-4931.pdf>

Trauma Theory: Resources



- NCTSN Core Curriculum on Childhood Trauma: <https://www.nctsn.org/resources/12-core-concepts-online-interactive-course>
- NCTSN 12 Core Trauma Concepts: <https://www.nctsn.org/resources/12-core-concepts-concepts-understanding-traumatic-stress-responses-children-and-families>
- The Ripple Effect Training (Ghosh Ippen)



Ghosh Ippen, Van Horn, Lieberman, 2016

CPP Online Resources: Child-Parent Psychotherapy Website:
<http://childparentpsychotherapy.com/>

Visit: <https://childparentpsychotherapy.com/providers/implementationtools/>

- CPP Manuals (information)
- Fidelity Instruments
- Brochure, Screeners & Research
- Book Lists
- CPP Toolkit
- Connect with us on Facebook and Pinterest (links at the bottom of each page of the website)


And much more . . .

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Foundational Knowledge
 Read Don't Hit My Mommy- 2nd Edition


Additional Resources to Follow



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Questions?

Thoughts and Reflections



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