Center for Evidence to Practice Evidence-Based Practice (EBP) Provider Directory

Region 1



Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes,

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and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 1.

The agencies and providers listed in this manual have been verified in their offerings of Evidence

Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families.

These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page

EBP Comparison Table

ЕВР	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	Ø		Ø
Eye Movement Desensitization and Reprocessing (EMDR)	Ø		
*Functional Family Therapy (FFT)		\varnothing	Ø
*Functional Family Therapy- Child Welfare (FFT-CW)			
*Home Builders (HB)		Ø	
*Parents as Teachers (PAT)			Ø
Parent Child Interaction Therapy (PCIT)	(
Positive Parenting Program (Triple P)		(
Preschool PTSD Treatment (PPT)	8		
*Multi-Systemic Therapy (MST)		Ø	Ø
*Nurse Family Partne <mark>rship</mark> (NFP)			
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)			
Youth PTSD Trea <mark>tment (YPT)</mark>			

<u>Agencies that offer EBPs in Region 1</u>

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
A Happy You Counseling Services	4747 W. Napoleon Ave., Metairie, LA 70001	504-905-8057	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Above and Beyond BHPS	2439 Manhattan Blvd., Ste. 211 Room 6, Harvey, LA 70058	504-302-1203	CPP, PCIT, TF-CBT	Aetna, Healthy Blue, Magellan
Access Health	2900 Indiana Ave., Kenner, LA 70065 3300 S. Broad Ave., New Orleans, LA 70125	504-309-5061	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
B lossoming Minds Health Center and Family Services	405 Gretna Blvd., Ste. 205, Gretna, LA 70053	504-233-2288	EMDR	AmeriHealth, Healthy Blue, United Healthcare
Bridges to Hope**	200 S. Broad St., Ste. 205A, New Orleans, LA 70119	504-821-7616	EMDR, HT Adv. Trained, TF-CBT	
Bright Side, LLC	3301 Toulouse St., New Orleans, LA 70119	504-813-0951	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
C enter for Hope Children and Family Services	5630 Crowder Blvd., Ste. 208, New Orleans, LA 70127	504-240-6006	PPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare

^{**}Indicates that this information was last verified in 2022 or before

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Children's Bureau of New Orleans**	935 Calhoun St. Ste. 101, New Orleans, LA 70118	504-525-2366	CPP, EMDR, HT Adv. Trained, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Children's Hospital Medical Psychology and Autism Center**	210 State St. Bldg 10, New Orleans, LA 70118	504-896-7272	PCIT, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Clarke Community Services, LLC	3308 Tulane Ave. #407, New Orleans, LA 70119	504-821-6830	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Common Ground Health Clinic	441 Wall Blvd., Gretna, LA 70056 3737 General DeGaulle Dr., New Orleans, LA 70114	504-361-9800	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Community Care Solutions**	200 S. Broad St. #7, New Orleans, LA 70119	504-564-2576	CPP	
Community Therapeutic Services**	1608 S. Salcedo St., New Orleans, LA 70125	504-821-0053	CPP	Healthy Blue, LHCC, United Healthcare
Compass Behavioral Health	7606 Westbank Expy., Ste. B, Marrero, LA 70072	504-265-0801	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, United Healthcare

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Concrete Rose Counseling LLC	3761 Pager St., New Orleans, LA 70122	504-415-8838	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Counsel NOLA - Southshore	2115 Carondelet St., New Orleans, LA 70130	504-371-5512	CPP, EMDR, PCIT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Crescentcare	1631 Elysian Fields Ave., New Orleans, LA 70117	504-821-2601	EMDR, HT Adv. Trained, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
D illon Counseling Services, LLC	7809 Airline Dr., Ste. 200, Metairie, LA 70003	504-333-2206	CPP, EMDR, HT Adv. Trained, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Divine Intervention Rehabilitation, LLC	3221 Behrman Pl., Ste. 201, New Orleans, LA 70114	504-263-2800	EMDR, HT Adv. Trained, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
DuraCARE Counseling and Consulting Services**	4323 Division St. Ste. 102, Metairie, LA 70002	504-327-5753	CPP, PPT, YPT	Magellan, United Healthcare

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Early Childhood Supports & Services	1440 Canal St., 10th Floor, New Orleans, LA 70112	504-862-3277	CPP, PCIT, PPT, TF-CBT, Triple P YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Enhanced Destiny Services**	2740 Iberville St., New Orleans, LA 70119	504-821-8184	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC
	2050 Canton St., New Orleans, LA 70122	504-620-9868		
Excelth**	4422 General Meyer Ave., New Orleans, LA 70131	504-669-0358	EMDR, PCIT, PPT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
	9900 Lake Forest Blvd. Ste. F, New Orleans, LA 70127	504-620-0500		Officed HealthCare
Family Affair Counseling Agency, LLC**	1799 Stumpf Blvd., Building 2, Ste. 2 Gretna, LA 70056	504-231-9269	CPP	
Family Care, LLC	2401 Westbend Pkwy. Ste. 4070, New Orleans, LA 70114	504- 363-7449	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
G row Home Counseling	726 Adams St., Ste. A, New Orleans, LA 70118	504-517-2207	TF-CBT	
Inspiring Hope**	701 Loyola Ave., Ste. 804, New Orleans, LA 70113	504-571-5236	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Health

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Jefferson Children's Advocacy Network**	128 Wright Ave., Terrytown, LA 70056	504-364-3857	HT Adv. Trained, TF-CBT	Child advocacy groups do not bill for services
Jefferson Parish Public Schools	501 Manhattan Blvd., Harvey, LA 70058	504-349-7600	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Jewish Family Service of Greater New Orleans	3300 W. Esplanade Ave. S.,Ste. 603, Metairie, LA 70002	504-831-8475	EMDR, HT Adv. Trained	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Julie Alley, LCSW**	4433 Saint Martin St., Metairie, LA 70006	504-812-3288	EMDR	Aetna, LHCC, United Healthcare
Just Care Holistic Services, LLC	7809 Airline Dr., Ste. 305A, Metairie, LA 70003	504-267-1234	YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
JW's Creative Solutions, LLC**	2475 Canal St., Ste. 303, New Orleans, LA 70119	504-483-2133	PPT	
LSU Child & Family Counseling Clinic	411 S. Prier St., Ste. 307, New Orleans, LA 70112	504-556-3451	PCIT, Triple P	
LSUHSC Behavioral Science Center**	478 S. Johnson St., New Orleans, LA 70112	504-903-9213	CPP, EMDR, TF-CBT	AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare

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M ercy Family Center	110 Veterans Memorial Blvd., Ste. 425 M, Metairie, LA 70005	504-838-8283	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Milestones Mental Health Agency	4919 Canal St., Ste. 203, New Orleans, LA 70119	504-483-9883	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Motivate Wellness Behavioral & Relationship Health Services	1500 Lafayette St., Ste. 118, Gretna, LA 70053	504-276-5268	EMDR, PCIT, TF-CBT	Aetna, Healthy Blue, Humana, United Healthcare
N ew Orleans Child Advocacy**	1101 Calhoun St., New Orleans, LA 70118	504-896-9237	HT Adv. Trained, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Nisha Talwar, LLC	Telehealth appointments	504-339-9798	TF-CBT	AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
O byke Healthcare Services	3028 Gentility Blvd., New Orleans, LA 70122	504-948-6080	EMDR	LHCC, United Healthcare

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OPS Family Care, LLC**	2550 Belle Chasse Hwy., Ste. 220, Gretna, LA 70056	504-367-6888	PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Plaquemines Community CARE Foundations Center	115 Keating Dr., Belle Chasse, LA 70037	504-393-5750	CPP, EMDR, PCIT, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
R ebecca Graham, Ph.D., LLC	8558 Hwy 23, Unit 3, Belle Chasse, LA 70037	985-778-3654	CPP	None
Renewal and Restoration, LLC**	5646 Read Blvd., Ste. 380, New Orleans, LA 70127	504-264-1830	YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Renfro & Associates, LLC	3715 Williams Blvd., Ste. 101, Kenner, LA 70065	504-339-4801	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
S hirer Counseling Services, LLC	701 Papworth Ave., Ste. 201, Metairie, LA 70005	504-913-8104	EMDR, TF-CBT	AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Stages of Change, LLC	10001 Lake Forest Blvd., Ste. 906, New Orleans, LA 70127	504-827-1083	TF-CBT	Aetna, AmeriHealth, LHCC, Magellan

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T aylormade Therapy, LLC	1901 Manhattan Blvd., Ste. 233, Harvey, LA 70058	504-913-4062	EMDR, TF-CBT	Aetna, Healthy Blue, LHCC, United Healthcare
The First Step, LLC**	1202 Monroe St., Gretna, LA 70053 4480 Gen. DeGaulle Dr., New Orleans, LA 70131	504-309-6798	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Theratique	4440 Canal St., New Orleans, LA 70119 4034 Canal St., New Orleans, LA 70119	504-270-9618	EMDR, HT Adv. Trained	
Tulane Tidewater Therapy	1440 Canal St., 10th Floor, New Orleans, LA 70112	504-988-5401	CPP, PCIT, PPT, TF-CBT, Triple P YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

Home-Based Services offered in Region 1

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
C ounsel NOLA - Southshore	Jefferson, Orleans	504-371-5512	HB	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Integrated Family Services, LLC**	Jefferson, Orleans, Plaquemines, St. Bernard	504-822-4333	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
J efferson Parish Human Services Authority**	Jefferson	504-846-6901	FFT, FFT-CW, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare

Additional Services offered in Region 1

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Parents as Teachers	Jefferson, Orleans, Plaquemines, St. Bernard	504-331-2693	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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