

**Center for Evidence to  
Practice  
Evidence-Based  
Practice (EBP)  
Provider Directory**

**Region 3**



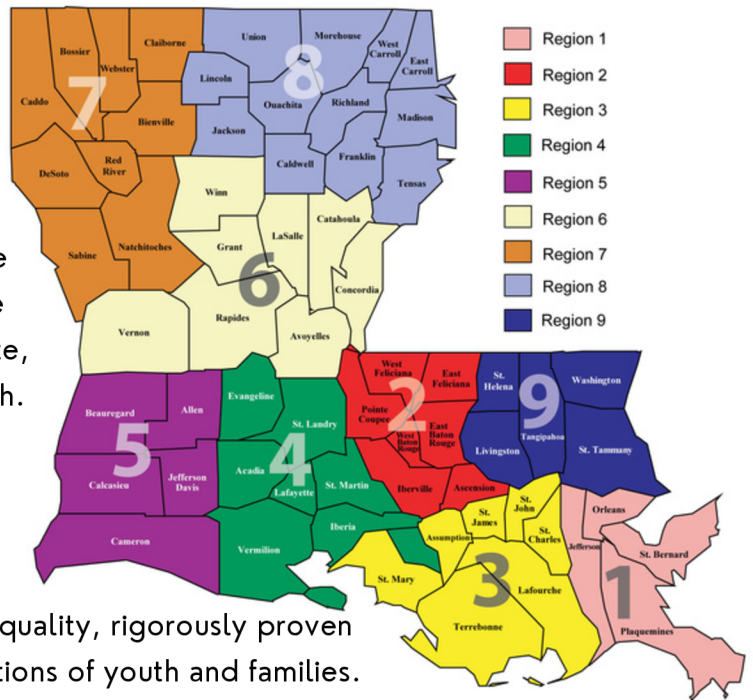
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 3.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



## EBP Comparison Table

| EBP  | Treatment of Trauma | Improving Child Behavior | Strengthening Family Relationships |
|--|---------------------|--------------------------|------------------------------------|
| Child Parent Psychotherapy (CPP)                     | ✓                   |                          | ✓                                  |
| Eye Movement Desensitization and Reprocessing (EMDR) | ✓                   |                          |                                    |
| *Functional Family Therapy (FFT)                     |                     | ✓                        | ✓                                  |
| *Functional Family Therapy-Child Welfare (FFT-CW)    |                     | ✓                        | ✓                                  |
| *Home Builders (HB)                                  |                     | ✓                        | ✓                                  |
| *Parents as Teachers (PAT)                           |                     |                          | ✓                                  |
| Parent Child Interaction Therapy (PCIT)              | ✓                   | ✓                        |                                    |
| Positive Parenting Program (Triple P)                |                     | ✓                        |                                    |
| Preschool PTSD Treatment (PPT)                       | ✓                   |                          |                                    |
| *Multi-Systemic Therapy (MST)                        |                     | ✓                        | ✓                                  |
| *Nurse Family Partnership (NFP)                      |                     |                          | ✓                                  |
| Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) | ✓                   |                          |                                    |
| Youth PTSD Treatment (YPT)                           | ✓                   |                          |                                    |

\*Indicates therapies for which a provider travels to the clients' home

**Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"**

## Agencies that offer EBPs in Region 3

| Agency   | Address  | Phone Number | EBPs Offered  | Medicaid Plans Accepted   |
|--|--|--------------|---|---|
| <b>A</b> Happy You Counseling Services                 | 1879 W. Main St.,<br>Lutcher, LA 70071<br><br>429 W. Airline Hwy.,<br>Ste. Q, Laplace, LA<br>70068 | 504-905-8057 | EMDR,<br>TF-CBT                                       | Aetna,<br>AmeriHealth,<br>Healthy Blue, LHCC,<br>Magellan,<br>United Healthcare |
| <b>C</b> hild Advocacy Services                        | 13726 River Rd., Ste.<br>100, Destrehan, LA<br>70047   | 985-603-4022 | TF-CBT,<br>Triple P,<br>YPT                           | Child advocacy<br>groups do not bill for<br>services                            |
| Cognitive<br>Development<br>Center -<br>Seaside        | 576 Belle Terre,<br>Laplace, LA 70068  | 504-493-2271 | TF-CBT  | Aetna,<br>AmeriHealth,<br>Healthy Blue, LHCC,<br>Magellan,<br>United Healthcare |
| Counseling for<br>Life, LLC**                          | 1200 Victor II Blvd.,<br>Morgan City, LA 70380   | 985-384-8788 | CPP,<br>EMDR, TF-<br>CBT                              | AmeriHealth,<br>Healthy Blue, LHCC,<br>Magellan,<br>United Healthcare           |
| <b>D</b> awn G.<br>Chadwick, LPC**                     | 206 Green St., Ste.<br>203, Thibodaux, LA<br>70301   | 985-447-8788 | CPP   | Aetna,<br>AmeriHealth,<br>Healthy Blue, LHCC,<br>Magellan,<br>United Healthcare |
| DuraCARE<br>Counseling and<br>Consulting<br>Services** | 429 W. Airline Hwy.,<br>Laplace, LA 70068  | 504-327-5753 | EMDR,<br>HT Adv.<br>Trained<br>PPT,<br>TF-CBT,<br>YPT | Magellan,<br>United Healthcare  |
| <b>G</b> reater You<br>Counseling<br>Center, LLC**     | 429 W. Airline Hwy.,<br>Ste. V, Laplace, LA<br>70068   | 985-618-3403 | PPT,<br>Triple P,<br>YPT                              | Aetna,<br>AmeriHealth,<br>Healthy Blue, LHCC,<br>Magellan,<br>United Healthcare |

**\*\*Indicates that this information was last verified in 2022 or before**

| Agency   | Address   | Phone Number  | EBPs Offered               | Medicaid Plans Accepted  |
|--|---|---|----------------------------|--|
| Innovative Approaches Counseling Center          | 3013 Highway 51, Ste. B, Laplace, LA 70068  | 985-618-3558  | PCIT, Triple P, YPT        | LHCC, United Healthcare  |
| Magnolia Family Services, LLC                    | 1418 Tiger Dr., Thibodaux LA 70301  | 985-449-4055  | PPT, Triple P              | No cost for Medicaid clients   |
| Positive Beginnings**                            | 309 Goode St., Ste. 2C2 Box 3, Houma, LA 70360  | 985-790-7500  | EMDR                       | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare                  |
| Positive Transformations Health Services         | 2590 Hwy 1, Thibodaux, LA 70301   | 985-313-1093  | TF-CBT                     |  |
| Rodrigue Counseling Services, LLC                | 1014 7th St., Morgan City, LA 70380   | 985-413-1978  | EMDR                       | Aetna, LHCC  |
| South Central Louisiana Human Services Authority | <p>LaFourche Behavioral Health Center<br/>157 Twin Oaks Dr., Raceland, LA 70394</p> <p>River Parishes Behavioral Health Center<br/>1809 W. Airline Hwy., Laplace, LA 70068</p> <p>St. Mary Behavioral Health Center<br/>500 Roderick St., Ste. B, Morgan City, LA 70380</p> | <p>985-537-6823</p> <p>985-652-8444</p> <p>985-380-2460</p> | <p>CPP, EMDR, PPT, YPT</p> | <p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare</p> |

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| Agency   | Address  | Phone Number | EBPs Offered                 | Medicaid Plans Accepted   |
|--|--|--------------|------------------------------|---|
| South Central Louisiana Human Services Authority | Terrebonne Behavioral Health Center<br>5599 Hwy 311, Houma, LA 70360 | 985-857-3615 | CPP,<br>EMDR,<br>PPT,<br>YPT | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>Magellan,<br>United Healthcare            |
| Start Corporation-Community Health Center        | 235 Civic Center Blvd.,<br>Houma, LA 70360                           | 985-266-1028 | EMDR                         | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>Humana,<br>LHCC,<br>Magellan,<br>United Healthcare |
| Teche Action Clinic                              | 1115 Weber St., Franklin,<br>LA 70538                                | 337-828-2550 | EMDR                         | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>Humana,<br>LHCC,<br>Magellan,<br>United Healthcare |
| Whitney Mediations                               | 144 Valhi Lagoon Xing.,<br>Houma, LA 70360                           | 985-709-0056 | EMDR                         | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>Humana,<br>LHCC,<br>Magellan,<br>United Healthcare |
| YNG Counseling & Consulting, LLC**               | 1305 Paul Maillard Rd.,<br>Luling, LA 70070                          | 985-308-1611 | CPP                          |   |

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## Home-Based Services offered in Region 3

| Agency                               | Parishes Served   | Phone Number | EBPs Offered    | Medicaid Plans Accepted                                   |
|--------------------------------------|---|--------------|-----------------|---|
| Cognitive Behavioral Center          | St. Charles, St. James, St. John  | 504-493-2271 | MST             | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Open Arms Behavioral Services, LLC   | Assumption, Lafourche, St. Charles, St. James, St. John, Terrebonne           | 225-647-4105 | FFT             | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Options for Independence             | Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary, Terrebonne | 985-853-8550 | FFT, FFT-CW     | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Rise 'N' Shine**                     | St. Charles, St. James, St. John  | 225-644-8565 | MST             | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Start Corporation                    | Assumption, Lafourche, St. Charles, Terrebonne                                | 985-266-1028 | FFT, FFT-CW, HB | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| The Center for Children and Families | Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary             | 318-398-0945 | FFT-CW          | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |

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## Additional Services offered in Region 3

| Service                    | Parishes Served   | Phone Number | Medicaid Plans Accepted   |
|----------------------------|---|--------------|---|
| Nurse Family Partnership** | Assumption, Lafourche, St. Charles, St. James, St. John, St. Mary, Terrebonne | 985-713-2123 | Aetna,<br>AmeriHealth,<br>Healthy Blue,<br>LHCC,<br>United Healthcare |

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