

**Center for Evidence to  
Practice  
Evidence-Based  
Practice (EBP)  
Provider Directory**

**Region 4**



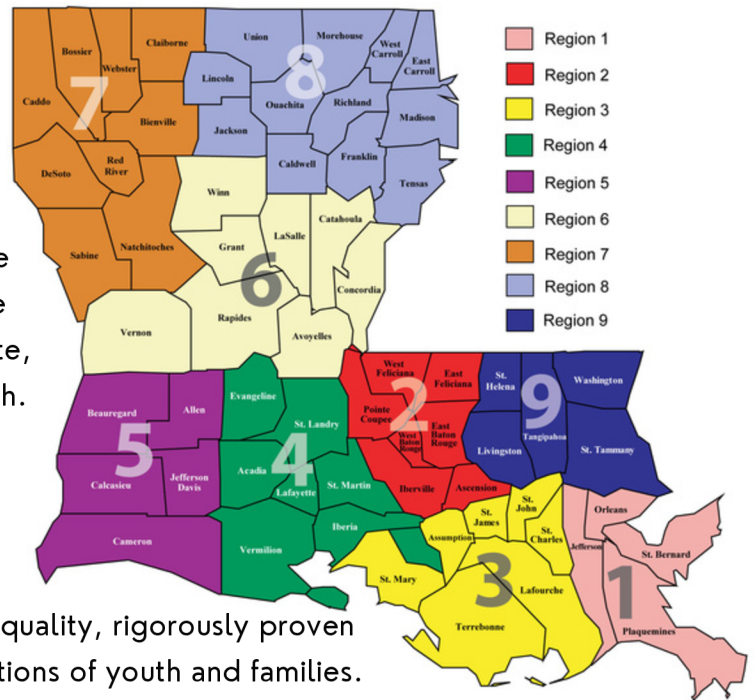
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 4.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



## EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

\*Indicates therapies for which a provider travels to the clients' home

**Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"**

## Agencies that offer EBPs in Region 4

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Acadian Counseling Center	850 Kaliste Saloom Rd., Ste. 219, Lafayette, LA 70508	337-504-4974	EMDR, PCIT, PPT, YPT	Aetna
Acadiana Area Human Services District	Crowley Behavioral Health Center 1822 West 2nd St., Crowley, LA 70526	337-788-7511	CPP, PCIT, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
	Tyler Behavioral Health 302 Dulles Dr., Lafayette LA 70506	337-262-4100		
	New Iberia Behavioral Health Clinic 611 W. Admiral Doyle Dr., New Iberia, LA 70560	337-373-0002		
Acadiana Practitioners	1119 Prudhomme Cir., Opelousas, LA 70570	337-942-5899	TF-CBT	
Anchor of Hope Counseling and Consulting, LLC	322B Heymann Blvd., Ste. 9, Lafayette, LA 70503	337-252-5817	EMDR	United Healthcare
Believe Iberia Counseling	203 W. Main St., New Iberia, LA 70560	337-270-8226	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Bienvenu Counseling Services	121 Rue Louis XIV, Bldg. 9 Ste. B, Lafayette, LA 70508	337-216-9800	PCIT	

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Bitmore Health Services	1211 West Vine St., Ste. C, Opelousas, LA 70570  917 General Mouton, Lafayette, LA 70501	337-678-3201  337-232-9457	TF-CBT	Aetna, AmeriHealth, Healthy Blue
Blumrich Counseling**	333 South Main St., Opelousas, LA 70570	337-945-1032	CPP, EMDR, PCIT, PPT, YPT	
Center For Thriving Families, LLC**	114 Curran Ln., Ste. A-1, Lafayette, LA 70506	337-703-3037	TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Christine Dugas, LCSW	130 Rue Beauregard, Ste. B., Lafayette, LA 70508	337-264-9855	CPP, PPT	Healthy Blue, LHCC, Magellan, United Healthcare
Cognitive Development Center of Lafayette-Seaside**	222 Rue de Jean, Lafayette, LA 70508	337-456-7880	CPP	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Gros Counseling, LLC**	160 S. Beadle Rd., Lafayette, LA 70508	337-234-0443	EMDR	
Hearts of Hope - Child Advocacy Center**	911 General Mouton Ave., Lafayette, LA 70501	337-269-1557	EMDR, HT Adv. Trained, TF-CBT	<i>Child advocacy groups do not bill for services</i>

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Iberia Comprehensive Community Healthcare**	1004 Surrey St., Lafayette, LA 70507	337-456-6768	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Insight Guidance Group	1602 W. Pinhook Rd., Lafayette, LA 70520	337-534-0770	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Integrated Wellness Clinic	401 W. Vermillion St., Lafayette, LA 70501	888-751-1426	TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Janel Dugas, LPC-S**	P.O. Box 785, Scott, LA 70583	337-298-1380	HT Adv. Trained, TF-CBT	
Juliet A. Granger, LCSW, Inc.	411 Weeks St., New Iberia, LA 70563	337-577-1323	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Life Changing Solutions, LLC - Lafayette**	315 S. College Rd., Lafayette, LA 70503	337-205-6073	CPP, EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Life Path Counseling Associates	221 Rue De Jean, Ste. 126A, Lafayette, LA 70508	337-257-0479	EMDR, PPT, TF-CBT, YPT	Aetna, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Lopez Solutions Counseling Services, LLC**	203 W. Main St., Ste. 105, New Iberia, LA 70560	337-201-5051	EMDR, HT Adv. Trained	
Magnolia Behavioral Health Services, LLC	Virtual appointments only	337-214-1050	PCIT	
New Approaches Mental Health Services**	449 E. St. Peter St., New Iberia, LA 70560	337-321-9204	PPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
New Orleans Center for Hope and Change	313 N. Monroe St., Marksville, LA 71351	318-253-7888	EMDR	Aetna, AmeriHealth, Healthy Blue, United Healthcare
Rivers Counseling, LLC**	2802 E. Milton Ave., Ste. 100, Youngsville, LA 70592	337-224-3494	EMDR	Aetna, United Healthcare
St. Martin Parish School-Based Health Centers	<p>Breaux Bridge Jr. High 100 Martin St., Breaux Bridge, LA 70517</p> <p>Cecilia Jr. High 1038 School St., Cecilia, LA 70521</p> <p>St. Martinville Primary 716 N. Main St., St. Martinville, LA 70528</p> <p>328 N. Main St., Breaux Bridge, LA 70517</p> <p>720 N. Main St., St. Martinville, LA 70528</p>	<p>337-909-3000</p> <p>337-667-6226</p> <p>337-394-6254</p> <p>337-909-3040</p> <p>337-909-3045</p>	<p>PPT, YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
St. Martin Parish School-Based Health Centers	1021 School St., Cecilia, LA 70570	337-909-3960	PPT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Stand Bayou	515B Verot School Rd., Lafayette, LA 70508	337-761-6629	EMDR, TF-CBT	Aetna, Healthy Blue, Humana, LHCC, United Healthcare
The Center for Children and Families	1325 Wright Ave., Ste. D, Crowley, LA 70526 120 Meadow Gate Dr., Lafayette, LA 70508	337-514-5181 337-257-9591	HT Adv. Trained, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Family Tree Information, Education & Counseling Center	1602 W. Pinhook Rd., Ste. 100A, Lafayette, LA 70508	337-981-2180	EMDR, PCIT, PPT, TF-CBT, Triple P, YPT	AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Ministry of Reconciliation, Inc.	1904 W. Pinhook Rd., Ste. 105, Lafayette, LA 70508	985-312-2525	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Thrive Therapy - Natalie Bunner**	107 Global Cir., Ste. 205, Lafayette, LA 70503	337-359-2445	EMDR, HT Adv. Trained, TF-CBT	AmeriHealth, LHCC
Truthful Rehab**	805 S. Union St., Opelousas, LA 70570	337-331-0889	CPP	Healthy Blue, Humana, United Healthcare
Winters Mental Health and Consulting	1304 Bertrand Dr., Ste. E3, Lafayette, LA 70506	337-962-1987	EMDR, PPT, TF-CBT, Triple P, YPT	

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## Home-Based Services offered in Region 4

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Center for Thriving Families	Acadia, Iberia, Lafayette, Landry, St. Landry, St. Martin, Vermilion	337-703-3037	FFT	Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare
Cognitive Development Center of Lafayette-Seaside**	Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	318-341-2202	FFT, MST	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Life Changing Solutions, LLC	Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	318-213-0906	FFT, FFT-CW, HB, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Phoenix Family Life Center**	Acadia, Evangeline, Lafayette, St. Landry, St. Martin, Vermilion	318-449-4474	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC
Rise 'N' Shine Counseling Agency**	Iberia	225-644-6261	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Center for Children and Families	Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	337-514-5181	FFT, FFT-CW,	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Extra Mile	Lafayette	337-237-2090	HB	

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## Home-Based Services offered in Region 4

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Youth and Family Empowerment Services	St. Martin	318-379-6594	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

## Additional Services offered in Region 4

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	337-262-1772	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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## Center for Evidence to Practice

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