

**Center for Evidence to
Practice
Evidence-Based
Practice (EBP)
Provider Directory**

Region 7



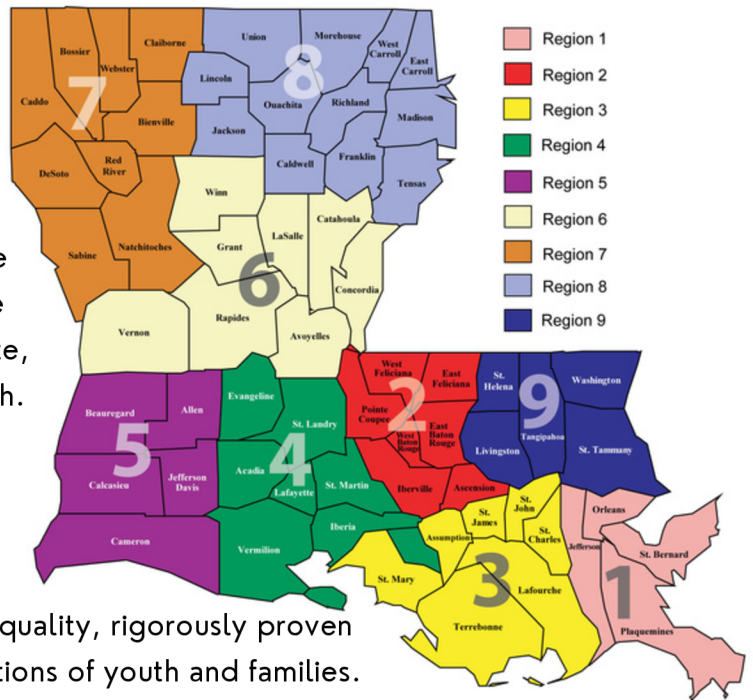
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 7.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"

Agencies that offer EBPs in Region 7

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
ArkLaTex Counseling and Rehab Services**	7505 Pines Rd., Ste. 1104, Shreveport, LA 71129	318-670-8313	CPP	Aetna, Magellan
Assured Behavioral Concepts	2912 Valley View Dr., Shreveport, LA 71108	318-626-7143	CPP, EMDR, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, United Healthcare
Betty Bletz MA, LPC, NCC, CCTP, C-DBT**	820 Jordan St., Ste. 510-G, Shreveport, LA 71101	318-378-4303	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Bitmore Health Services	6811 Fairfield Rd., Shreveport, LA 71106	318-216-5088	TF-CBT	Aetna, AmeriHealth, Healthy Blue
Brentwood Hospital of Louisiana	1006 Highland Ave., Shreveport, LA 71101	318-678-7507	EMDR, HT Adv. Trained	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Brighter Futures Counseling**	4571 North Market St., Shreveport, LA 71107 1801 Bayou Dr., Shreveport, LA 71105	318-349-6607 318-426-8096	CPP, EMDR, HT Adv. Trained, PPT, TF-CBT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue
Cane River Children Services	911 Second St., Natchitoches, LA 71457 425 Rue de Gabriel, Natchitoches, LA 71457	318-238-7419	CPP, EMDR, PCIT, TF-CBT, Triple P, YPT	Healthy Blue, LHCC

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Center for Counseling and Psychological Resources	3018 Old Minden Rd., Ste. 1200, Bossier City, LA 71112	318-224-7223	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Central Louisiana Human Services District	Community Counseling Center at Cane River 830 Fourth St., Natchitoches, LA 71457	318-214-4002	EMDR, Triple P	Aetna, Healthy Blue, LHCC,
Child Advocacy Services	13726 River Rd., Ste. 100 Destrehan, LA 70047	985-603-4022	TF-CBT, YPT	Does not bill for services
C.H.O.I.C.E. Counseling Services	800 Spring St., Shreveport, LA 71101	318-464-3361	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Clinger Family Counseling Services	820 Jordan St., #485, Shreveport, LA 71101	318-424-5001	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Community Collaboration	745 Olive St., Ste. 112, Shreveport, LA 71104	318-207-0267	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Community Health, LLC**	2920 Knight St., Ste. 110, Shreveport, LA 71105	318-347-4437	CPP	Aetna, AmeriHealth, Healthy Blue
Community Healthcare Solutions, LLC	1519 Creswell Ave., Shreveport, LA 71101	318-869-1899	TF-CBT	

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Countryworks Animal Assisted Therapy**	1219 Bermuda Rd., Natchitoches, LA 71456	318-787-8463	CPP	
Creative Counseling, LLC	2133 E. Bert Kouns Industrial Loop, Shreveport, LA 71105	318-221-2828	YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Donnie Underwood, LPC, LMFT	1595 1st St., Arcadia, LA 71001	318-263-8131	CPP, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Dunlap Counseling Services, LLC	910 Pierremont Rd., Ste. 357, Shreveport, LA 71106	318-309-7436	EMDR, HT Adv. Trained, TF- CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Elated Counseling Services, LLC**	2020 East 70th St., Ste. 201, Shreveport, LA 71105	318-751-9098 or 318-553-5591	EMDR, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Envision Counseling Services**	7505 Pines Rd., Ste. 1230, Shreveport, LA 71129	318-562-3707	PCIT, Triple P	Aetna, Healthy Blue, Magellan, United Healthcare
Finding a Better Me, LLC	2924 Knight St., Ste. 369, Shreveport, LA 71105	318-210-0587	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Genuine Hearts Treatment Clinic**	400 Texas St., Ste. 1050-07, Shreveport, LA 71101	318-505-2808	EMDR, PPT	Aetna, AmeriHealth, United Healthcare
Jenkins Counseling Services**	1513 Line Ave., Ste. 225, Shreveport, LA 71101	318-754-3890	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
LaTorris Webb, LPC	9051 Mansfield Rd., Ste. B7, Shreveport, LA 71118	318-553-5005	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Laura Alderman, LPC	2520 Line Ave., Shreveport, LA 71104	318-469-3335	TF-CBT	Aetna
Life Changing Solutions**	6015 Hearne Ave., Shreveport, LA 71108	318-213-0904	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Mesloh Counseling Center	400 Texas St., Ste. 950, Shreveport, LA 71101	318-573-3771	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Metropolitan Circles, LLC	3510 Linwood Ave., Shreveport, LA 71103	318-636-4194	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Next Generation Therapy Services, LLC	1605 Benton Rd., Ste. F, Bossier City, LA 71111	318-703-6200	CPP, EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Northwest Louisiana Human Services District**	Natchitoches Clinic 210 Medical Dr., Natchitoches, LA 71457 Shreveport Clinic 1310 North Hearne Ave., Shreveport, LA 71107	318-357-3122 318-676-5111	EMDR, TF-CBT EMDR, HT Adv. Trained, PCIT, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan United Healthcare
Peaceful Alternatives Counseling and Therapy	5902 Buncombe Rd., Shreveport, LA 71129	318-670-8898	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Pelican Bayou Counseling Agency**	9403 Manfield Rd., Shreveport, LA 71119	318-470-1632	PPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Redding Therapy Center**	4300 Youree Dr., Shreveport, LA 71105	318-573-5428	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Resilient Living Community Services, LLC	202 Miller St., Minden, LA 71055	318-422-9028	EMDR, HT Adv. Trained, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Seedlinks Behavior Management**	1543 Grimmatt Dr., Shreveport, LA, 71107	318-626-5597	CPP, TF-CBT	
Sincere Client Care**	2611 Betty St., Shreveport, LA 71108	318-216-3748	EMDR, PPT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Social Work Professional Services, LLC**	2219 Claiborne Ave., Shreveport, LA 71103	318-779-0434	CPP, EMDR, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Street Outreach Solutions, LLC**	2715 Mackey Pl., Ste. 119, Shreveport, LA 71118	318-771-7707	CPP, PCIT, PPT, TF-CBT, YPT	Aetna, Healthy Blue, Magellan
The Center for Children and Families, Inc.	3004 Knight St., Ste. 149, Shreveport, LA 71105	318-227-8390	EMDR, HT Adv. Trained, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, Magellan, LHCC, Magellan, United Healthcare
The Kennedy Center	2210 Line Ave., Ste. 207, Shreveport, LA 71104	318-675-1112	EMDR, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
The Social Work Hub, LLC	396 N. Main St., Sibley, LA 71073	318-947-9084	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Travelers Counseling Agency**	610 Marshall St., Ste. 619, Shreveport, LA 71101	318-606-5105	PPT	Aetna, AmeriHealth, Healthy Blue, United Healthcare
Unlimited Alternatives to Change	3018 Old Minden Rd., Ste. 1117, Bossier City, LA 71112 1313 Ringgold Ave., Coushatta, LA 71019	318-746-1935 318-747-1935	CPP, EMDR, HT Adv. Trained TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
VanWright Counseling Services, LLC	990 Quail Creek Rd., Shreveport, LA 71105	318-560-8119	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Volunteers of America North Louisiana	360 Jordan St., Shreveport, LA 71101	318-221-2669	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
W.E.R.K., LLC**	Telehealth only	318-771-2297	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Whitfield Counseling Services, LLC	Telehealth only	318-617-2498	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare

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Home-Based Services offered in Region 7

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Brighter Futures Counseling**	Bossier, Caddo, Webster	318-424-8735	FFT	Aetna, AmeriHealth, Healthy Blue
Creative Counseling	Caddo	318-221-2828	FFT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Family Services Unlimited Inc.**	Bienville, Bossier, Caddo, Claiborne, Webster	318-226-9944	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Finding a Better Me	Bossier, Caddo, Webster	318-210-0587	FFT	Aetna, LHCC
La Paz	Bienville, Sabine	318-224-9200	FFT	
Life Changing Solutions, LLC	Bossier, Caddo	318-213-0906	FFT-CW, HB, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Pelican Bayou Counseling Agency**	Bienville, Bossier, Caddo, DeSoto, Red River	318-470-1632	FFT, MST	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
The Center for Children and Families	Bienville, Bossier, Caddo, Claiborne, DeSoto, Natchitoches, Red River, Sabine, Webster	318-227-8390	FFT-CW, MST,	Aetna, AmeriHealth, Healthy Blue, Humana, Magellan, LHCC, United Healthcare

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Home-Based Services offered in Region 7

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Unlimited Alternatives to Change	Bienville, Bossier, Caddo, Red River	318-746-1935	FFT, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Youth and Family Empowerment Services**	Natchitoches	318-379-6594	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

Additional Services offered in Region 7

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Bienville, Bossier, Caddo, Claiborne, DeSoto, Natchitoches, Red River, Sabine, Webster	318-862-9930 or 318-357-3133 or 318-212-0177	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Parents as Teachers**	Bienville, Bossier, Caddo, Claiborne, Natchitoches, Red River, Webster	318-676-7894 or 318-664-0287	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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Center for Evidence to Practice

LSUHSC School of Public Health
 2020 Gravier St. 3rd Floor, New Orleans, LA 70112
 Email: EvidencetoPractice@lsuhsc.edu
 Phone: 504-568-5731

