

**Center for Evidence to  
Practice  
Evidence-Based  
Practice (EBP)  
Provider Directory**

**Region 8**



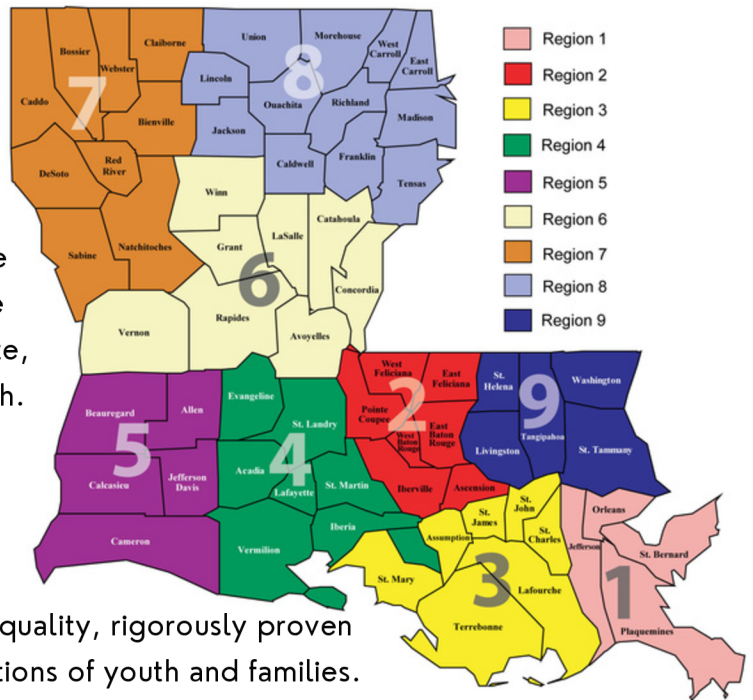
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 8.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



# EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

\*Indicates therapies for which a provider travels to the clients' home

**Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"**

## Agencies that offer EBPs in Region 8

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Body & Soul Rehabilitation Services	803 Brisco Ave., Bastrop, LA 71220	318-974-6035	TF-CBT, Triple P	Aetna, Magellan
Center for Counseling and Psychological Resources	206 E. Reynold Dr., Ste. F2, Ruston, LA 71270	318-224-7223	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Cognitive Development Center - Seaside**	1705 Felicia Ave., Tallulah, LA 71282	318-574-1232	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Family Solutions Counseling Center	1401 North 7th, Ste. B, West Monroe, LA 71291	318-503-8300	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Finding Solace, LLC**	403 North 6th St., West Monroe, LA 71291	318-737-7201	EMDR, HT Adv. Trained, TF-CBT	Aetna, AmeriHealth, LHCC, United Healthcare
Holistic Solutions, LLC	501 Sterlington Rd., Monroe, LA 71211	318-884-9767	CPP, PPT, Triple P, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

**\*\*Indicates that this information was last verified in 2022 or before**

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Humanity2020 Group	201 Century Village Blvd., Ste. 256, Monroe, LA 71203	318-413-5995	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Living Water Family Services**	645 Highway 80 East, Monroe, LA 71203	318-343-6966	PCIT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Louisiana United Methodist Children and Family Services**	904 DeVile Ln., Ruston, LA 71270	318-255-5020	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Northeast Delta Human Services Authority**	<p>Bastrop Behavioral Health Clinic 451 E. Madison Ave., Bastrop, LA 71220</p> <p>Children &amp; Family Services Clinic 2525 Ferrand St., Monroe, LA 71201</p> <p>Columbia Behavioral Health Clinic 5159 Hwy 4 East, Columbia, LA 71418</p> <p>Monroe Behavioral Health Clinic 4800 S Grand St., Monroe, LA 71202</p> <p>Ruston Behavioral Health Clinic 602 East Georgia Ave, Ruston, LA 71270</p>	<p>318-283-0868</p> <p>318-362-3617</p> <p>318-649-2333</p> <p>318-362-5481</p> <p>318-251-4125</p>	EMDR, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Northeast Delta Human Services Authority	Tallulah Behavioral Health Clinic 1012 Johnson St., Tallulah, LA 71282  Winnsboro Behavioral Health Clinic 1301 Landis Street, Winnsboro, LA 71295	318-574-1713   318-649-2333	EMDR, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Protective Factors, LLC	801 North 31st St., Monroe, LA 71201		TF-CBT	
Restored Counseling and Consultation	1900 N. 18th St., Ste. 412, Monroe, LA 71201  77 Hwy. 135, Rayville, LA 71269	318-235-4798   318-267-4394	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
River City Professional Counseling**	1210 Stubbs Ave., Monroe, LA 71201	318-325-8748	EMDR, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Strategic Counseling Solutions**	2100 Floyd Park Dr., Ruston, LA 71270  2106 N. 7th St., West Monroe, LA 71291	318-224-7009   318-450-8719	EMDR	Healthy Blue, United Healthcare
The Center for Children and Families, Inc.	622 Riverside Dr., Monroe, LA 71201	318-398-0945	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
The Wellspring Alliance for Children and Families	1904 Royal Ave., Monroe, LA 71201	318-323-1505	EMDR, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Transforming Lives Consultant Firm	1501 Arkansas Ave., Monroe, LA 71201	318-692-0225	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Transitions Counseling & Development Center	1020 N. 3rd St., Monroe, LA 71201	318-361-4482	CPP, EMDR, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Windsong Counseling**	1742 W. Kentucky Ave., Ruston, LA 71270	318- 243-2231	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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## Home-Based Services offered in Region 8

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Behavioral Solutions, LLC	Caldwell, Franklin, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll	318-509-8073	FFT	Aetna, Healthy Blue
La Paz	Jackson, Lincoln, Ouachita, Union	318-224-9200	FFT	
Life Changing Solutions, LLC	Jackson, Lincoln	318-213-0904	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Living Waters Family Services**	Caldwell, East Carroll, Franklin, Jackson, Lincoln, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll,	318-343-6966	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Preventative Measures Programs Inc.	East Carroll, Franklin, Richland, Tensas, West Carroll	318-574-0098	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
River City Professional Counseling Services	Ouachita	318-325-8748	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan United Healthcare
The Bridge Family Therapy, LLC	Ouachita	318-600-6838	HB	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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## Home-Based Services offered in Region 8

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
The Center for Children and Families	Jackson, Lincoln, Morehouse, Ouachita, Union	318-398-0945	FFT, FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

## Additional Services offered in Region 8

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Franklin, Jackson, Lincoln, Morehouse, Ouachita, Richland	318-435-2143	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Parents as Teachers**	Caldwell, East Carroll, Franklin, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll	318-361-7215 or 318-388-8793	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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