

**Center for Evidence to
Practice
Evidence-Based
Practice (EBP)
Provider Directory**

Region 9



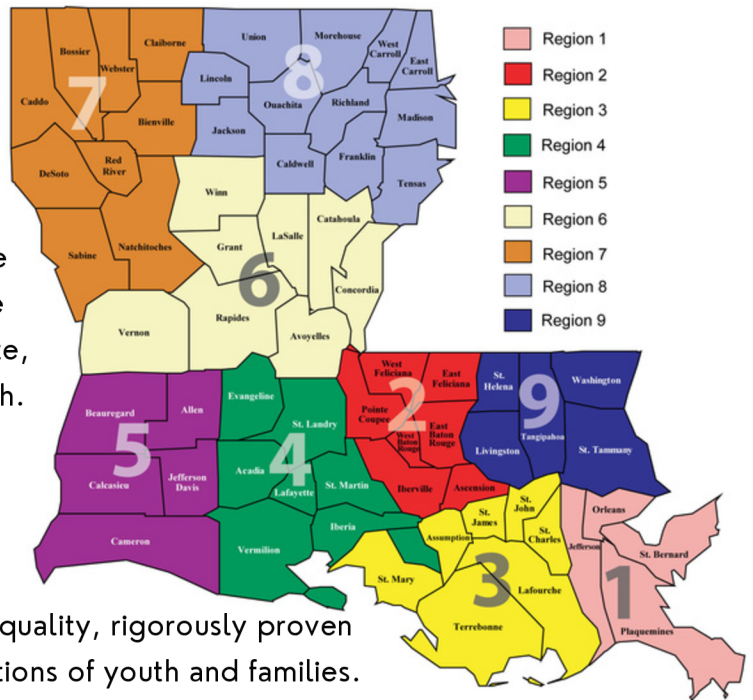
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 9.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP Comparison Table

| EBP | Treatment of Trauma | Improving Child Behavior | Strengthening Family Relationships |
|--|---------------------|--------------------------|------------------------------------|
| Child Parent Psychotherapy (CPP) | ✓ | | ✓ |
| Eye Movement Desensitization and Reprocessing (EMDR) | ✓ | | |
| *Functional Family Therapy (FFT) | | ✓ | ✓ |
| *Functional Family Therapy-Child Welfare (FFT-CW) | | ✓ | ✓ |
| *Home Builders (HB) | | ✓ | ✓ |
| *Parents as Teachers (PAT) | | | ✓ |
| Parent Child Interaction Therapy (PCIT) | ✓ | ✓ | |
| Positive Parenting Program (Triple P) | | ✓ | |
| Preschool PTSD Treatment (PPT) | ✓ | | |
| *Multi-Systemic Therapy (MST) | | ✓ | ✓ |
| *Nurse Family Partnership (NFP) | | | ✓ |
| Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) | ✓ | | |
| Youth PTSD Treatment (YPT) | ✓ | | |

*Indicates therapies for which a provider travels to the clients' home

Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"

Agencies that offer EBPs in Region 9

| Agency | Address | Phone Number | EBPs Offered | Medicaid Plans Accepted |
|--|--|----------------------------------|---|---|
| Access Health Louisiana | 113 Christian Ln., Slidell, LA 70458 42351 Phyllis Ann Dr., Hammond, LA 70403 | 985-218-8323 985-956-7406 | EMDR | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Anointed Appointments** | 1927 Corporate Square Dr., Ste. C, Slidell, LA 70458 | 504-473-5171 | TF-CBT, YPT | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Be Counseling Services, LLC | 31196 Highway 190, Lacombe, LA 70448 | 985-328-1720 | EMDR | Aetna, Healthy Blue, Humana, United Healthcare |
| Bitmore Health Services** | 350 Gateway Dr., Slidell, LA 70461 | 985-707-1410 | PPT, TF-CBT | Aetna, AmeriHealth, Healthy Blue |
| Center for Hope Children and Family Services** | 106 Smart Pl., Ste. B, Slidell, LA 70458 | 504-241-6006 | PPT | |
| Children's Advocacy Center- Hope House | 223 W. 28th Ave., Covington, LA 70433 328 Austin St., Bogalusa, LA 70427 | 985-892-3885 985-730-7384 | EMDR, HT Adv. Trained, TF-CBT, Triple P | Does not bill. |
| Cornerstone Counseling** | 510 N. Range Ave., Ste. C, Denham Springs, LA 70726 | 225-380-5808 | EMDR | Healthy Blue, LHCC, United Healthcare |

****Indicates that this information was last verified in 2022 or before**

| Agency | Address | Phone Number | EBPs Offered | Medicaid Plans Accepted |
|---|---|---|------------------------------|---|
| Counsel NOLA - Northshore | 243 W. Causeway Approach, Mandeville, LA 70448 | 985-788-2585 | CPP, EMDR, PCIT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare |
| Expression Counseling Services, LLC | 1905 Cherie Dr., Hammond, LA 70401 | 985-215-5308 | TF-CBT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare |
| Florida Parishes Human Services Authority | <p>Bogalusa Behavioral Health Clinic 400 Georgia Ave., Bogalusa, LA 70427</p> <p>Denham Springs Behavioral Health Clinic 1951 Florida Ave. SW, Ste. D & E, Denham Springs, LA 70726</p> <p>Rosenblum Behavioral Health Clinic 835 Pride Dr., Ste. B, Hammond, LA 70401</p> <p>Mandeville Behavioral Health Clinic 900 Wilkinson St., Mandeville, LA 70448</p> <p>Slidell Behavioral Health Clinic 2331 Carey St., Slidell, LA 70458</p> <p>Imagine Healing Therapy 42351 Phyllis Ann Dr., Hammond, LA 70403</p> | <p>985-732-6610</p> <p>225-665-0473</p> <p>985-543-4730</p> <p>985-624-4450</p> <p>985-646-6406</p> <p>985-634-8313</p> | CPP, EMDR, PCIT, TF-CBT, YPT | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |

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| Agency | Address | Phone Number | EBPs Offered | Medicaid Plans Accepted |
|--|---|--------------|---|---|
| Guided Steps Counseling | 787 N. 7th St., Ste. A, Ponchatoula, LA 70454 | 984-467-0187 | EMDR, TF-CBT, YPT | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |
| Heart to Heart Counseling and Consulting | 902 CM Fagan Dr., Ste. G, Hammond, LA 70403 | 985-214-2829 | CPP, EMDR, PPT, TF-CBT, YPT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare |
| Heather Zinna, LCSW, LLC** | 2206 Rue Simone, Hammond, LA 70455 | 985-345-5565 | CPP, TF-CBT | Healthy Blue, LHCC |
| Henrietta Spears | 633035 Commercial Dr., Roseland, LA 70456 | 225-324-8246 | Triple P | |
| HSO, Inc. | 63035 Commercial Dr., Roseland, LA 70456 | 985-748-8411 | CPP, TF-CBT, | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |
| Journey Counseling and CommUnity Services, LLC | 1180 Hwy. 51, Ste. A, Ponchatoula, LA 70454 | 985-467-0730 | HT Adv. Trained, TF-CBT | AmeriHealth, Healthy Blue LHCC, Magellan, United Healthcare |
| Mashezia Vincent, NCC, LPC | 222 N. Vermont St., Ste. O, Covington, LA 70433 | 985-273-0895 | TF-CBT | |
| Mercy Family Center | 1445 W. Causeway Approach. Mandeville, LA 70471 | 985-727-2155 | EMDR, HT Adv. Trained, TF-CBT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare |

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| Agency | Address | Phone Number | EBPs Offered | Medicaid Plans Accepted |
|-------------------------------------|---|--------------|----------------------------|---|
| North Tangi Counseling Services | 203 E. Oak St., Amite, LA 70422 | 985-474-5455 | PPT, TF-CBT, Triple P, YPT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare |
| Northshore Family Counseling, LLC** | 12 58 Brownsitch Rd., Ste. C and D, Slidell, LA 70461 | 985-661-0560 | EMDR, HT. Adv. Trained | Aetna, Humana, United Healthcare |
| Paradigm Counseling | 600 U.S. Hwy 190, Ste. 205, Covington, LA 70433 | 985-276-9089 | EMDR, TF-CBT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare |
| Positive Approaches, LLC** | 1505 Washington St., Franklinton LA 70438 | 985-237-4880 | CPP, EMDR, PPT, YPT | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Rise 'N' Shine Counseling Agency** | 104 Sassafras St., Amite, LA 70422 | 225-323-5996 | TF-CBT | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Sam McKay, LCSW, LLC | 620 Lauren Dr., Slidell, LA 70458 | 985-607-8330 | EMDR, TF-CBT, YPT | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |
| Southeast Community Health Systems | 336 E. Railroad Ave., Independence, LA 70443 | 225-306-2010 | EMDR, YPT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare |

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| Agency | Address | Phone Number | EBPs Offered | Medicaid Plans Accepted |
|--|---|--------------|---|---|
| Stepping Stones Counseling Center, LLC** | 115 S. Cyprus St., Ste. A, Hammond, LA 70403 | 985-662-1499 | EMDR, PPT, TF-CBT, Triple P, YPT | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |
| Tanice McGowan, LPC** | 138 Laurel Oaks Rd., Madisonville, LA 70447 | 504-919-3488 | EMDR, HT Adv. Trained, TF-CBT | |
| Therapeutic Partners, LLC** | 60 Louis Prima, Ste. A, Covington, LA 70433 | 985-327-5427 | EMDR, HT Adv. Trained, PCIT, PPT, Triple P, YPT | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare |
| Therapy FX** | 2836 Front St., Slidell, LA 70458 | 833-436-7674 | EMDR | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Trinity Counseling Center** | 820 Asbury Dr., Mandeville, LA 70471 | 985-674-5155 | EMDR | Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare |
| Trinity Wellness Counseling | 61540 Bennett Rd., Amite, LA 70422 902 CM Fagan Dr., Ste. G, Hammond, LA 70403 | 985-474-4958 | EMDR, PPT, YPT | AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, |

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Home-Based Services offered in Region 9

| Agency | Parishes Served | Phone Number | EBPs Offered | Medicaid Plans Accepted |
|--|---|--------------|--------------|---|
| Cognitive Development Center- Seaside** | Livingston | 318-341-2202 | FFT, MST | Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare |
| Counsel NOLA - Northshore | St. Tammany, Tangipahoa | 985-788-2585 | HB | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Florida Parishes Human Services Authority | Livingston, St. Helena, St. Tammany, Tangipahoa, Washington | 985-634-1258 | FFT-CW | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Journey Counseling and Community Services, LLC | Livingston, St. Helena, St. Tammany, Tangipahoa, Washington | 985-467-0730 | FFT | Aetna, United Healthcare |
| Open Arms Behavioral Services, LLC | Livingston | 225-647-4105 | FFT-CW | Aetna, AmeriHealth, Healthy Blue, LHCC |
| Rise 'N' Shine Counseling Agency** | St. Tammany, Tangipahoa | 225-644-6261 | MST | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |
| Youth Empowerment Solutions | Livingston, St. Helena, Tangipahoa | 225-223-6153 | FFT | Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare |

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Additional Services offered in Region 9

| Service | Parishes Served | Phone Number | Medicaid Plans Accepted |
|----------------------------|---|---------------------------------|---|
| Nurse Family Partnership** | Livingston, St. Helena, St. Tammany, Tangipahoa, Washington | 985-516-5445 or 985-520-5440 | Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare |

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