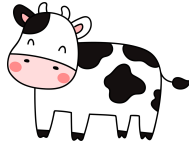


Common COWs of

TF-CBT Implementation



Clinicians

- Cherry Picking: Waiting for the perfect case
- Only taking 1-2 cases
- Not preparing for sessions
- Attending by not participating in consultation calls
- Not seeking consultation when having difficulty with a case
- Not tracking case progress

What it Looks Like:

- “I don’t have any cases appropriate for TF-CBT.”
- “I explained the model, but the child and/or family was not interested.”
- “I didn’t have time to prepare for the session because.....”
- “I tried to do TF-CBT but the case has too many COWs”
- Catching up on notes, driving, or watching Tik Tok while in consultation meeting.”
- “I’m not sure where I am in the model.”

Senior Leaders

- Not leading regular team meetings
- Losing focus and not staying up-to-date on team participation
- Not using metrics to identify barriers to implementation
- Failing to recognize and celebrate successes

What it Looks Like:

- “We couldn’t find a time when everyone could meet.”
- “This pressing matter came up, so.....”
- Not reporting metrics back to the team