

Positive Parenting Program – Triple P (Level 4) Informational Webinar

Center for Evidence to Practice

Tuesday, March 25, 2025

12:00PM-1:00PM CDT





Overview

- The Why
- Meet Triple P America
- What is Triple P?
- Training Approach
- Participation in this Initiative
- Training Dates & Application Process
- Questions & Answers



Why is this work important?

"Triple P is not just a set of strategies. It's a method for guiding families through a process in which they create and fine-tune a parenting plan and overcome the barriers that will come along with that plan. It is in guiding families through this process that real change occurs. Not only does family stress decrease and children's positive behaviors increase, but parents become increasingly empowered to tackle current and future challenges with hope and the knowledge to do so well."

- Anna (Triple P Practitioner)



Meet Triple P America



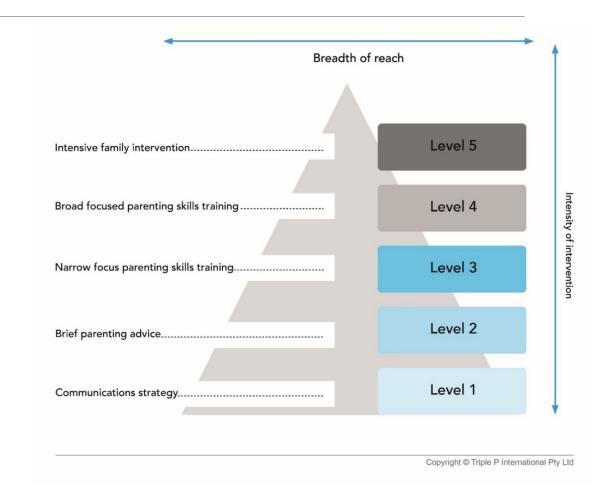
Triple P America is the sole organization in the US to provide standardized Triple P training by accredited Triple P Trainers, parent resources for delivery of Triple P, and implementation support for agencies that implement Triple P.



What is Triple P?

The Triple P - Positive Parenting Program is a parenting and family support system designed to prevent and treat behavioral and emotional problems in children.

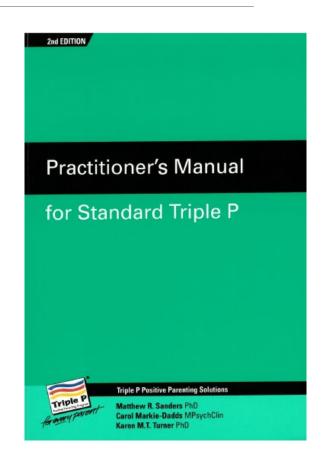
Triple P aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.



What is Level 4 Standard Triple P?

Triple P - Standard Level 4 helps parents learn strategies that promote social competence and self-regulation in children and decreases problem behavior.

Standard Triple P is designed to be delivered to the parents of children with moderate to severe behavioral difficulties.





Triple P Principles of Positive Parenting

Guiding themes present in all interventions

17 Core Parenting Skills

- Ensuring a safe, interesting environment
- Creating a positive learning environment
- Using assertive discipline
- Having realistic expectations
- Taking care of yourself as a parent

Age Appropriate Interventions (0-12 yrs)

Babies | Toddlers | Pre-K | K | Primary

THE TRIPLE P STRATEGY PYRAMID







Who is Standard Triple P appropriate for?

Parents and caregivers of children ages 0-12 that have a concern about their child's social, emotional, or behavioral health.





What is the content of Level 4 — Standard Triple P?



Weeks 1-2	Assessment and review of findings	
Weeks 3-4	Introduction of parenting skills and creation of parenting plan	
Weeks 5-7	Practice sessions	
Week 8	Planned activities introduction	
Week 9	Using planned activities	
Week 10	Maintenance and closure	



Agency Leadership Support

Triple P MANDATORY Orientation Meeting &

Agency Leadership Touch Base:

- > Wednesday, May 14, 2025 from 12:00pm-1:15pm
- ➤ Meeting Intention & Vision:
 - ➤ Provide an overview of Triple P training modality and successful implementation
 - Agency Leadership considerations to support Triple P clinicians
 - >(some) topic discussions scheduling, advertisements, caseload, referral pathways
 - ➤ Planning & preparation to get trainees to become Triple P Accredited!



How is Triple P training structured?

- 1. Standard Training 3 full days conducted via Zoom: June 11-13, 2025 from 9am-4:30pm
- 2. Pre-accreditation 1 full day via Zoom : July 16, 2025 from 9:00am-4:30pm
- 3. <u>Accreditation</u> 1 half day per practitioner over 2 days via Zoom (initial group of 20 participants divided into groups of 5): **July 29-30, 2025 from 9am-12:30pm or 1:30pm-5:00pm**
- 4. Monthly Consultation Calls (1 hour per month for 6 months; dates and times TBD): Post-training consultation support
 - ➤ Groups of 5-8 clinicians gather via Zoom to discuss current cases, any process issues that arise, and delve into the details of delivering Triple P with a wide variety of families. Consultations are conducted by an accredited Triple P trainer.



Who can be trained in Triple P?



Further information will be accessible in the Triple P Request for Application (RFA).

<u>Training Acceptance Criteria for Qualified behavioral health agencies/providers:</u>

- ➤ Who serve Medicaid-insured individuals and/or provide clinical therapy services to children and their caregivers in Louisiana free of charge
- Licensed (or actively working towards licensure)
- ➤ Actively (currently) treating children and their caregivers
- ➤ Preference for organizations that have multiple practitioners applying to be trained



Triple P Training Cohort Dates

EVENTS	<u>DATE</u>
TRIPLE P INFORMATIONAL WEBINAR:	March 25, 2025 12:00pm-1:00pm CDT
RFA APPLICATION RELEASE:	March 31, 2025
RFA APPLICATION DEADLINE:	April 25, 2025
NOTICE OF APPLICATION STATUS:	May 2, 2025
TRAINING COMMITMENT DUE:	May 12, 2025
MANDATORY TRIPLE P ORIENTATION:	May 14, 2025 from 12:00pm-1:15pm CDT
TRAINING (PART 1) TRAINING:	June 11-13, 2025 from 9:00am-4:30pm
PART 1 CE EVALUATION DEADLINE:	June 20, 2025
PRE-ACCREDITATION (PART 2) TRAINING:	July 16, 2025 from 9:00am-4:30pm
PART 2 CE EVALUATION DEADLINE:	July 23, 2025
ACCREDITATION (PART 3) TRAINING:	July 29-30, 2025 from 9:00am-4:30pm
	*Each practitioner will be assigned a half-day time block to
	execute accreditation between these two (2) days.
MONTHLY CONSULTATION CALLS:	1-Hour Monthly consultation calls for six (6) months

for social workers and counselors who are accepted into this current Triple P training cohort. Other licensed individuals can apply through their licensing boards.



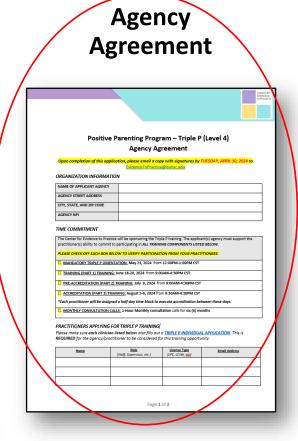


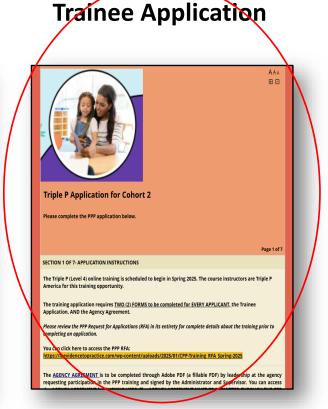


Triple P Application Materials:

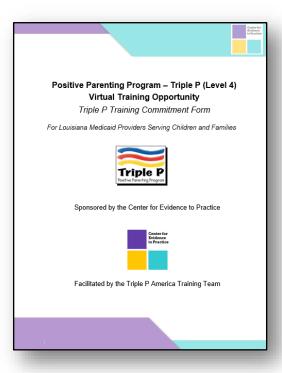
Request for Application (RFA)







Training Commitment



The Triple P application materials will open on Monday, March 31, 2025, and close on Friday, April 25, 2025.



Application Process:

- The application materials will open on Monday, March 31, 2025, and the following is needed:
 - 1) TRAINEE APPLICATION is completed online through RedCap, and MUST be submitted by FRIDAY, APRIL 25, 2025.
 - 2) AGENCY AGREEMENT is REQUIRED and uploaded WITH the Trainee Application by FRIDAY, APRIL 25, 2025.

Applicants will be notified by Friday, May 2, 2025, regarding their application status.



How do I achieve Triple P Accreditation?

- Attend all virtual training dates
 - The camera MUST BE ON during the whole training
 - Engage as if you were in a training room
 - Follow the <u>Center Training Expectations & Guidelines</u>
- Complete Standard Triple P Accreditation Form
- Complete Standard Triple P Quiz
 - 30 questions, take-home after training, open-book
- Demonstrate via role-play with a colleague 3 competencies for delivering Triple P
- Share your Standard Triple P Accreditation Certification with your MCOs entities!
- Submit your information on our EBP Map Webpage!



GOAL: Obtain Triple P Accreditation

Triple P (Level 4) Accreditation – <u>Tracking Code EB06</u>

- Qualification Standard
 - Accreditation by Triple P America (TPA)
- Qualification Documentation
 - Documentation issued by Triple P America of accreditation in Triple P-Standard Level 4.
- Additional Information
 - ➤ Triple P America does not maintain a public directory of accredited providers. Triple P America does issue documentation of accreditation to the individual provider.





Check out the <u>Triple P (Level 4) Service Definition (Pgs. 425-432)</u> by the Louisiana Department of Health (LDH) – Louisiana Medicaid Program:

LOUISIANA MEDICAID PROGRAM

ISSUED: 02/25/22 REPLACED: 08/26/21

CHAPTER 2: BEHAVIORAL HEALTH SERVICES

APPENDIX E-8: EVIDENCED BASED PRACTICES (EBPs) POLICY –
TRIPLE P- STANDARD LEVEL 4 PAGE(S) 8

TRIPLE P POSITIVE PARENTING PROGRAM – STANDARD LEVEL 4

The Triple P Positive Parenting Program is a parenting and family support system designed to prevent and treat behavioral and emotional problems in children. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential. The "Triple P System" includes a suite of interventions with different intensity levels and delivery methods, to meet the individual needs of youth and parents.

Triple P – Standard Level 4 is designed to be delivered to the parents of children with moderate to severe behavioral difficulties. It is available for parents of children from birth to 12 years old and covers Triple P's 17 core positive parenting skills that can be adapted to a wide range of parenting situations.

Triple P – Standard Level 4 is a model used within the service "Outpatient Therapy by Licensed Practitioners." Therefore, it follows the requirements set out in the "Outpatient Therapy by Licensed Practitioners" section of this manual.

Evaluation of the Evidence Rose for the FRP Model



Have Questions? Attend Office Hours:

- ➤ Attend our <u>Triple P Office Hours</u>:
 - > Friday, April 11, 2025, from 12:00pm-1:00pm CST.
 - Triple P America and the Center for Evidence to Practice team will host Triple P Office Hours to answer any questions about the Triple P model and/or the Triple P application. If you have any questions before you or your agency submits an application, please join us throughout this hour, and we would be happy to answer your questions!
 - ➤ Click here to register:
 - https://lsuhsc.zoom.us/meeting/register/sBy4wFZnTY-7xXsWmYenqQ



Where can I learn more about Triple P?

Visit the International Website for Triple P America:

https://www.triplep.net/glo-en/home/

or

Contact Triple P America at contact.us@triplep.net





What Questions Do You Have?



Contact Information regarding the Triple P Application:



Center for Evidence to Practice

Email: EvidenceToPractice@lsuhsc.edu

Phone: (504) 568-5731