

Introduction to Trauma Training Informational Webinar

Center for Evidence to Practice

Wednesday, May 7, 2025

12:00PM-1:00PM CST

Webinar Overview

- Meet the Trainers
- Target Population Characteristics
- Philosophy and Treatment Approach
- Training Topics
- Applicant Training Criteria
- Training Population
- Training Schedule & Requirements
- Training Timeline & Commitment

Meet the Trainers



Bill White, LCSW

Bill is owner of the Center for Psychological Trauma, LLC and EMDR Instruction. Mr. White specializes in the treatment of mood disorders, general trauma, complex PTSD, and dissociative disorders. He has been in practice for over 30 years in treating these disorders and has taught EMDR for over 20 years. He's also had extensive training and study through the International Society for the Study of Trauma and Dissociation. He is a member of the EMDR International Association and the International Society for the Study of Trauma and Dissociation.



Juliet Catrett, LCSW

Juliet owns her private practice, Juliet Catrett LCSW LLC and co-owns Psychological Wellness Institute, LLC. She specializes in the treatment of PTSD, Complex PTSD, Personality Disorders and Dissociative Disorders. She is a Certified EMDR Therapist and an Approved Consultant with the EMDR International Association. She is a facilitator for EMDR Instruction and provides clinical consultation.

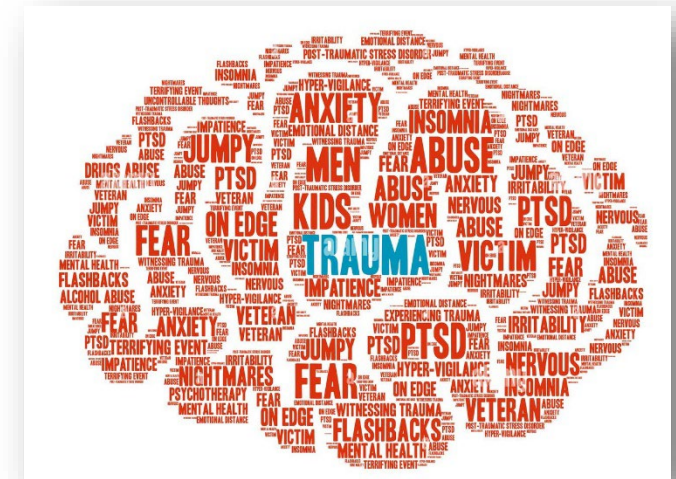
Target Population Characteristics

- *Clinicians working with clients across the lifespan who have been maltreated, abused and neglected.*



Philosophy and Treatment Approach

- Understanding childhood trauma and trauma across the lifespan creates emotional and psychological deficits.
- The approach is to identify the events that have taken place in a person's life in order to resolve these events.
- What is more important is to resolve the defensive responses to these events that are now causing the person problems in the present.



Training Topics

- Borderline Personality Disorder
- Complex Post Traumatic Stress Disorder
- Dissociative Identity Disorder
- Internalization of the Perpetrator
- Enactments in the Therapy Relationship
- Treatment
- History of Trauma
- Neurodevelopment: Learning vs. Survival
- Attachment Theory
- Child Maltreatment: Outcomes for Children Exposed to Enduring Abuse and Neglect
- Dissociation
- Post-Traumatic Stress Disorder

Application Training Criteria



Training acceptance criteria for qualified behavioral health agencies/providers:

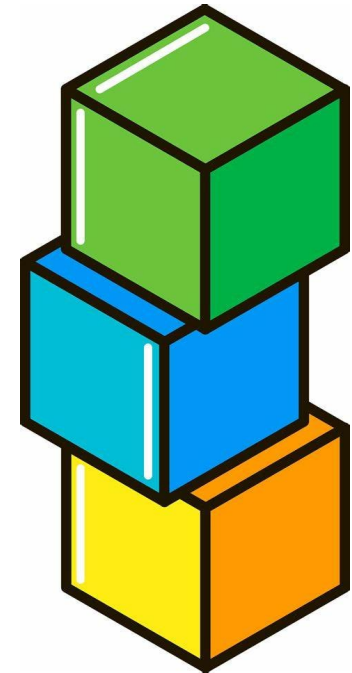
- Who serve Medicaid-insured individuals and/or provide clinical therapy services to children and their caregivers in Louisiana, free of charge
- **Licensed** (or actively working towards licensure)
- **Actively (currently) treating children and their caregivers**
- Preference for organizations that have multiple practitioners applying to be trained

Training Population

- Applicants need to be actively working with clients and have an interest in or would benefit from the content of this course.
 - *Clinicians do not need to have prior training or experience working with trauma-related disorders.*
- Social Workers
- Psychologists
- Licensed Professional Counselors
- Marriage and Family Therapists
- Pastoral Care Counselors
- Art Therapists
- Addiction Disorder Clinicians
- Psychiatrists
- Psychiatrically Trained Nurses

GOAL: Provide Foundational Knowledge

- This training is not an EBP training, it is a research-informed training.
- This training provides a starting point for those who have **not yet** participated in an EBP training such as EMDR or TF-CBT.
 - *Provides foundational knowledge in trauma before proceeding with a more advanced training (i.e. EMDR and/or TF-CBT).*



Training Schedule

- **REQUIRED:** Three 2-hour asynchronous courses accessible through our E2P Learn Platform.
 - Upon acceptance to this training, you will be provided access to this online training content through our E2P Learn Platform.
- Three 3-hour training sessions following each asynchronous course. These 3-hour training sessions will take place on the following three (3) dates:
 1. Friday, August 1, 2025 from 9:00am-12:00pm
 2. Friday, August 15, 2025 from 9:00am-12:00pm
 3. Friday, August 29, 2025 from 9:00am-12:00pm



Requirement to Participate

- **MUST be available to WATCH SIX (6) HOURS of recorded content in order to participate.**
 - Initial course content will be released on **Monday, June 9, 2025**

- **Attend ALL NINE (9) HOURS of training:**
 - 1. Friday, August 1, 2025 from 9:00am-12:00pm
 - 2. Friday, August 15, 2025 from 9:00am-12:00pm
 - 3. Friday, August 29, 2025 from 9:00am-12:00pm



Introduction to Trauma Training Timeline

<u>Events</u>	<u>Date</u>
Informational Webinar	Wednesday, May 7, 2025 from 12:00pm-1:00pm CST
Zoom Application Opens	Wednesday, May 7, 2025
ZOOM APPLICATION CLOSES	SUNDAY, JUNE 8, 2025 <i>*or until capacity is reached*</i>
Notification of Zoom Registration Status	Monday, June 9, 2025
TRAINING COMMITMENT DUE	MONDAY, JUNE 16, 2025
MANDATORY Orientation Meeting	Wednesday, June 18, 2025 from 12:00pm-1:00pm CDT
Participants Begin Course	Wednesday, June 18, 2025
Training Session 1	Friday, August 1, 2025 from 9:00am-12:00pm
CE Evaluation Deadline	Friday, August 8, 2025
Training Session 2	Friday, August 15, 2025 from 9:00am-12:00pm
CE Evaluation Deadline	Friday, August 22, 2025
Training Session 3	Friday, August 29, 2025 from 9:00am-12:00pm
CE Evaluation Deadline:	Friday, September 5, 2025

CEs will be provided for **social workers and counselors** who are accepted into this training cohort. Other licensed individuals can apply through their licensing boards.



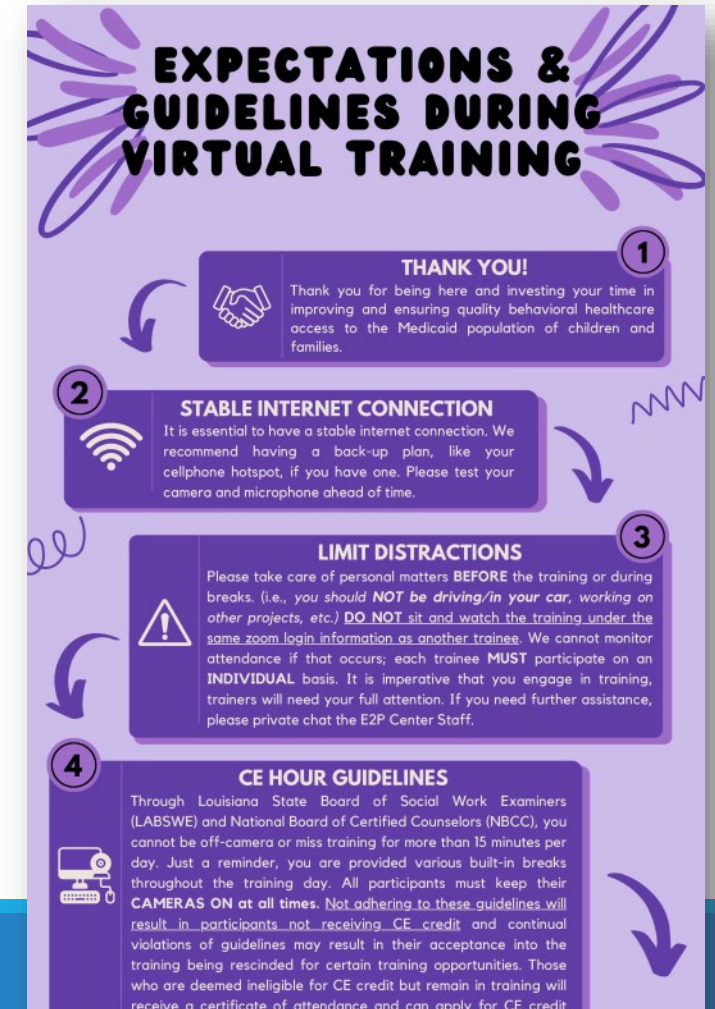
Training Commitment

- Upon selection, all applicants will be required to complete a Training Commitment between the applicant and the Center.
- *This is a free, state-funded training, all participants must demonstrate their commitment to training and using the trauma model approach to treatment.*



Expectations & Guidelines

- This Introduction to Trauma training opportunity will be available to **twenty-five (25) clinicians**.
 - **Zoom Application closes on June 8, 2025 or until capacity is reached.**
- All accepted clinicians **MUST** be able to follow our Center Expectations & Guidelines for training.
 - Accepted clinicians **MUST** be available to attend **ALL THREE (3) DATES**.
 - *If your availability has changed following your acceptance, please communicate with us accordingly so we can provide the opportunity to another clinician should we reach capacity.*



Any Questions?



Contact Information

Center for Evidence to Practice

Email: EvidenceToPractice@lsuhsc.edu

Phone: (504) 568-5731