

**Center for Evidence to Practice**  
**Evidence-Based Practice (EBP)**  
**Provider Directory**

**Region 1**



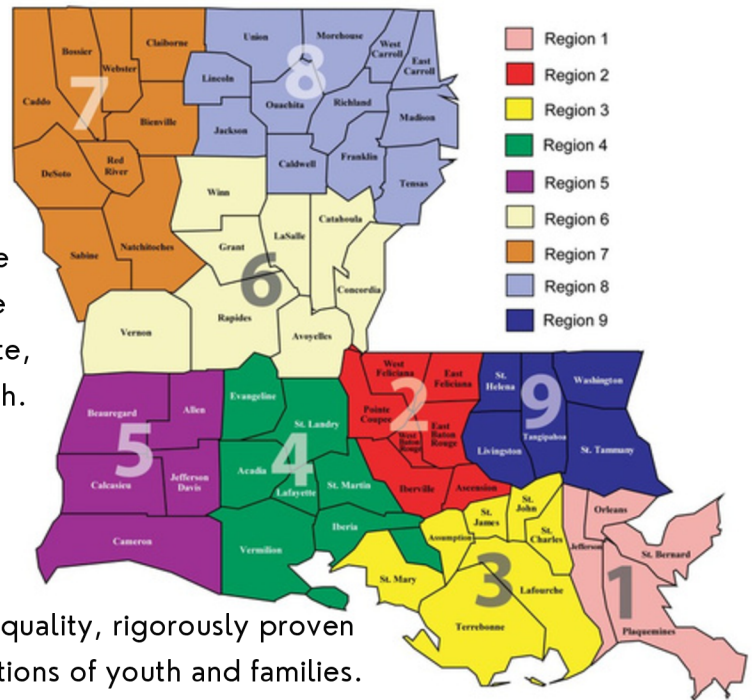
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 1.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



## EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

\*Indicates therapies for which a provider travels to the clients' home

**Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"**

## Agencies that offer EBPs in Region 1

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
<b>A</b> Happy You Counseling Services	4747 W. Napoleon Ave., Metairie, LA 70001	504-905-8057	CPP, EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Above and Beyond BHPS	2439 Manhattan Blvd., Ste. 211 Rm 6 & 7, Harvey, LA 70058	504-302-1203	CPP, PCIT, TF-CBT, YPT	Aetna, Healthy Blue, Magellan
Access Health - South Broad Community Health Center	3300 S. Broad Ave., New Orleans, LA 70125	504-309-5061	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC
Always Hope, LLC	3636 N. Causeway Blvd., Ste. 201, Metairie, LA 70002	225-402-2436	CPP, EMDR, PCIT, PPT, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
<b>B</b> lossoming Minds Health Center and Family Services	1799 Stumpf Blvd. B7-7, Terrytown, LA 70056	504-233-2288	EMDR	Healthy Blue
Bright Side, LLC	3301 Toulouse St., New Orleans, LA 70119	504-813-0951	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC
<b>C</b> enter for Hope Children and Family Services**	5630 Crowder Blvd., Ste. 208, New Orleans, LA 70127	504-240-6006	PPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Children's Bureau of New Orleans**	935 Calhoun St. Ste. 101, New Orleans, LA 70118	504-525-2366	CPP, EMDR, HT Adv. Trained, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC
Clarke Community Services, LLC	3308 Tulane Ave. #407, New Orleans, LA 70119	504-821-6830	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Common Ground Health Clinic	441 Wall Blvd., Gretna, LA 70056	504-361-9800	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Community Care Solutions**	200 S. Broad St. #7, New Orleans, LA 70119	504-564-2576	CPP	
Community Therapeutic Services	1608 S. Salcedo St., New Orleans, LA 70125	504-821-0053	CPP	Aetna, Healthy Blue, LHCC
Compass Behavioral Health Services, LLC	7606 Westbank Expy., Ste. B, Marrero, LA 70072	504-265-0801	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana
Concrete Rose Counseling, LLC	3761 Pager St., New Orleans, LA 70122	504-415-8838	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Counsel NOLA - Southshore	2115 Carondelet St., New Orleans, LA 70130	504-371-5512	CPP, EMDR, PCIT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Crescentcare	1631 Elysian Fields Ave., New Orleans, LA 70117	504-821-2601	EMDR, HT Adv. Trained	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Dillon Counseling & Trauma Healing Center	7809 Airline Dr., Ste. 200A, Metairie, LA 70003 5817 Citrus Blvd., Ste. O, Harahan, LA 70123	504-333-2206	CPP, EMDR, HT Adv. Trained, TF-CBT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Divine Intervention Rehabilitation, LLC	3221 Behrman Pl., Ste. 201, New Orleans, LA 70114	504-263-2800	EMDR, HT Adv. Trained, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
DuraCARE Counseling and Consulting Services	4323 Division St. Ste. 102, Metairie, LA 70002	504-327-5753	CPP, EMDR, HT Adv. Trained, PPT, TF-CBT, YPT	Magellan
Early Childhood Supports & Services	1440 Canal St., 10th Floor, New Orleans, LA 70112	504-862-3277	CPP, PCIT, PPT, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Enhanced Destiny Services**	2740 Iberville St., New Orleans, LA 70119	504-821-8184	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC
Excelth	2050 Canton St., New Orleans, LA 70122 4422 General Meyer Ave., New Orleans, LA 70131 9900 Lake Forest Blvd. Ste. F, New Orleans, LA 70127	504-620-9868 504-669-0358 504-620-0500	EMDR, PCIT, PPT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Family Agenda Counseling Center	3712 MacArthur Blvd., Ste. 209, New Orleans, LA 70114	504-452-0881	TF-CBT	AmeriHealth, Healthy Blue, LHCC
Family Care, LLC	2401 Westbend Pkwy. Ste. 4070, New Orleans, LA 70114	504- 363-7449	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC
Inspiring Hope**	701 Loyola Ave., Ste. 804, New Orleans, LA 70113	504-975-5838	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Jefferson Children's Advocacy Network**	128 Wright Ave., Terrytown, LA 70056	504-364-3857	HT Adv. Trained, TF-CBT	<i>Child advocacy groups do not bill for services</i>
Jefferson Parish Human Services Authority - Jeff Care	East Jefferson Health Center 3616 S. I-10 Service Rd. W., Ste. 100, Metairie, LA 70001	504-838-5257	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Jefferson Parish Human Services Authority - Jeff Care	West Jefferson Health Center 5001 West Bank Expy., Ste. 100, Marrero, LA 70072	504-349-8833	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Jefferson Parish Public Schools - School Based Health Centers <i>*School Based Health Center are only available to students enrolled in that school district</i>	Main Office 822 S. Clearview Pkwy, Harahan, LA 70123	504-736-7356	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC
Jewish Family Service of Greater New Orleans	3300 W. Esplanade Ave. S., Ste. 603, Metairie, LA 70002	504-831-8475	EMDR, HT Adv. Trained	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC
Julie Alley, LCSW	4433 St. Martin St., Metairie, LA 70006	504-812-3288	EMDR	Aetna, LHCC
Just Care Holistic Services, LLC	7809 Airline Dr., Ste. 305A, Metairie, LA 70003	504-267-1234	YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
JW's Creative Solutions, LLC	6803 Press Dr., #179, New Orleans, LA 70126	504-483-2133	PPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
LSU Child & Family Counseling Clinic	411 S. Prier St., Ste. 307, New Orleans, LA 70112	504-556-3451	PCIT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
LSUHSC Behavioral Science Center**	478 S. Johnson St., New Orleans, LA 70112	504-903-9213	CPP, EMDR, TF-CBT	AmeriHealth, Healthy Blue, LHCC, Magellan
Manning Family Children's Hospital	Main Campus 200 Henry Clay Ave., New Orleans, LA 70118  Autism Center 210 State St., Bldg. 10, New Orleans, LA 70118  Morgan Rae Center for Hope 1101 Calhoun St., New Orleans, LA 70118	504-896-9484  504-896-7272  504-896-9237	PCIT  PCIT, PPT, TF-CBT, YPT  HT Adv. Trained, PCIT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Mercy Family Center	110 Veterans Memorial Blvd., Ste. 425 M, Metairie, LA 70005	504-838-8283	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Milestones Mental Health Agency	4919 Canal St., Ste. 203, New Orleans, LA 70119	504-483-9883	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC
Motivate Wellness Behavioral & Relationship Health Services	1500 Lafayette St., Ste. 118, Gretna, LA 70053	504-276-5268	DBT, EMDR, PCIT, PPT, TF-CBT, YPT	Aetna, Healthy Blue, Humana
Nisha Talwar, LLC	Telehealth Only	504-339-9798	TF-CBT	AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Obyke Healthcare Services**	3028 Gentilly Blvd., New Orleans, LA 70122	504-948-6080	EMDR	LHCC
OPS Family Care, LLC**	2550 Belle Chasse Hwy., Ste. 220, Gretna, LA 70056	504-367-6888	PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Plaquemines Community C.A.R.E. Centers Foundation, Inc.	115 Keating Dr., Belle Chasse, LA 70037	504-393-5750	EMDR, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Renewal and Restoration, LLC**	5646 Read Blvd., Ste. 380, New Orleans, LA 70127	504-264-1830	YPT	Aetna, AmeriHealth, Healthy Blue, LHCC
Renfro & Associates, LLC	3715 Williams Blvd., Ste. 101, Kenner, LA 70065	504-339-4801	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Sexual Trauma Awareness and Response (STAR)	123 N. Genois St., New Orleans, LA 70119	504-407-0711	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Shirer Counseling Services, LLC	701 Papworth Ave., Ste. 208, Metairie, LA 70005	504-913-8104	EMDR, TF-CBT	AmeriHealth, Healthy Blue, Humana, LHCC

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Stages of Change, LLC	10001 Lake Forest Blvd., Ste. 906, New Orleans, LA 70127	504-827-1083	TF-CBT	Aetna, AmeriHealth, LHCC, Magellan
Taylormade Therapy, LLC	1901 Manhattan Blvd., Ste. 233, Harvey, LA 70058	504-913-4062	EMDR, TF-CBT	Aetna, Healthy Blue, LHCC
The First Step, LLC	1202 Monroe St., Gretna, LA 70053 4480 Gen. DeGaulle Dr., New Orleans, LA 70131	504-309-6798	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Tulane Tidewater Therapy	1440 Canal St., 10th Fl., New Orleans, LA 70112	504-988-5405	CPP, PCIT, PPT, TF-CBT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

### Home-Based Services offered in Region 1

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Integrated Family Services, LLC	Jefferson, Orleans, Plaquemines, St. Bernard	504-822-4333	MST	Aetna, AmeriHealth, Healthy Blue, LHCC
Jefferson Parish Human Services Authority	Jefferson	504-846-6901	FFT, FFT-CW, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan

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## Additional Services offered in Region 1

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Parents as Teachers	Jefferson, Orleans, Plaquemines, St. Bernard	504-331-2693	Aetna, AmeriHealth, Healthy Blue, LHCC

## Center for Evidence to Practice

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