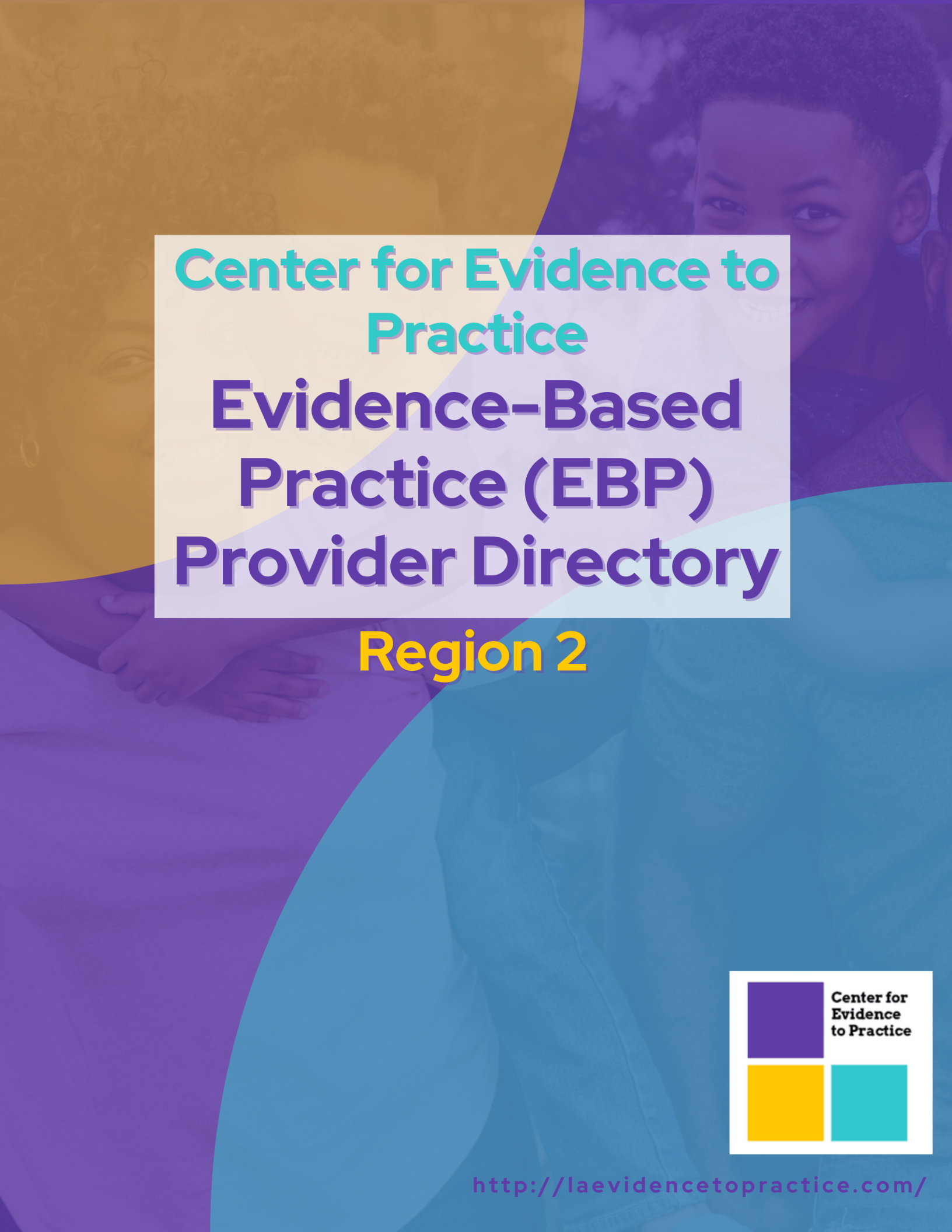




Center for Evidence to Practice **Evidence-Based Practice (EBP)** **Provider Directory**

Region 2



Center for
Evidence
to Practice



<http://laevidencetopractice.com/>

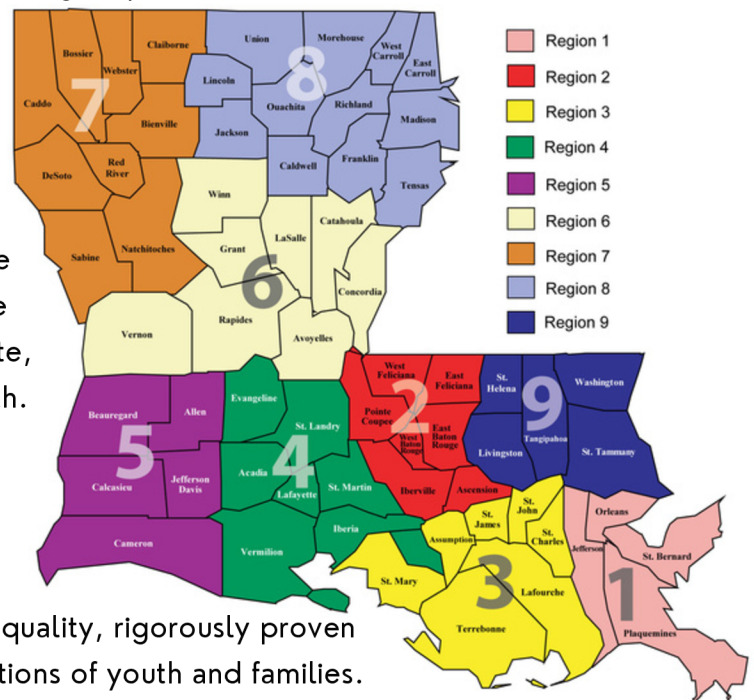
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 2.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"

Agencies that offer EBP's in Region 2

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
A Happy You Counseling Services	708 S. Irma Blvd., Gonzales, LA 70737	504-905-8057	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Adolescent and Family Counseling Services**	11440 Lake Sherwood Ave. N., Baton Rouge, LA 70816	225-930-4530	CPP	Aetna, Healthy Blue, LHCC, Magellan, United Healthcare
Allstar Community Care, LLC**	9441 Common St., Ste. B, Baton Rouge, LA 70809	225-923-3733	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Ascension Counseling Center**	1112 E. Ascension Complex Blvd., Gonzales, LA 70737	225-450-1158	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
B alm of Gilead Christian Counseling Center	8542 Siegen Ln., Baton Rouge, LA 70810	225-361-9576	EMDR	Aetna, Humana, Magellan, United Healthcare
C. Elizabeth Spooner, LCSW	637 St. Ferdinand St., Baton Rouge, LA 70802	225-715-6470	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

****Indicates that this information was last verified in 2022 or before**

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Capital Area Humans Services District**	Ascension Behavioral Health 1056 East Worthy St., Ste. B, Gonzales, LA 70737	225-621-5770	CPP, EMDR, PPT, TF-CBT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
	Children's Behavioral Health 422 Colonial Dr., Baton Rouge, LA 70806	225-922-0445		
	Louisiana Health and Rehab 2121 Wooddale Blvd., Baton Rouge, LA 70806	225-925-1906		
	School-Based Therapy Program 2751 Wooddale Blvd., Ste. A, Baton Rouge, LA 70805	225-922-0478		
Care South**	3140 Florida Blvd., Baton Rouge, LA 70806	225-650-2000	EMDR, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
	59340 River West Dr., Plaquemine, LA 70764	225-385-4742	EMDR	
	904 Catalpa St., Donaldsonville, LA 70346	225-264-6800	EMDR	
Children's Advocacy Center of Baton Rouge**	626 East Blvd., Baton Rouge, LA 70802	225-343-1984	EMDR, HT Adv. Trained, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
	8650 E. Cypress Point Ct., Baton Rouge, LA 70809	225-454-8956		

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Cognitive Development Center of Baton Rouge-Seaside**	8706 Jefferson Hwy., Ste A, Baton Rouge, LA 70809 524 S. Burnside Ave., Gonzales, LA 70337	225-926-9706 225-257-4677	CPP, EMDR, PCIT, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Common Solutions Therapy	2924 Brakley Dr., Ste. B2, Baton Rouge, LA 70816	225-802-1323	EMDR	AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Cross Over Therapy**	206 Clinic Dr., Donaldsonville, LA 70346	225-264-6670	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Effective Therapy Solutions	3415 Gerlando Dr., Baton Rouge, LA 70814	225-610-7400	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Focused Family Services	1200 S. Acadian Thruway, Ste. 212, Baton Rouge, LA 70806	225-831-4998	TF-CBT	AmeriHealth, Healthy Blue, LHCC, Magellan
Horizon Counseling Center, Inc.**	2156 Wooddale Blvd., Ste. 100, Baton Rouge, LA 70806	225-928-4040	YPT	Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare
Innercore Management Group	637 St. Ferdinand St., Baton Rouge, LA 70802	225-715-6470	EMDR, TF-CBT	

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
JMJ Psychological Services, LLC**	412 North 4th St., Ste. 100, Baton Rouge, LA 70802	225-572-4975	PPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Lena Igiede, LPC	9731 Swingalong Ave., Baton Rouge, LA 70814	225-270-2660	YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
MBA Counseling & Consulting, LLC	58725 Belleview Rd., Ste. A2, Plaquemine, LA 70764	225-286-9333	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Mending the Soul: Restoration of the Mind, Body, and Soul	11834 Market Place Ave., Ste. B, Baton Rouge, LA 70816	225-916-3744	EMDR, TF-CBT, Triple P, YPT	Aetna, Healthy Blue, LHCC, Magellan, United Healthcare
Metanoia Therapy Services	22524 Fairway View Dr., Zachary, LA 70791	225-654-1005	HT Adv. Trained, TF-CBT	
New Perspectives Counseling and Therapy**	2929 Millerville Road, Ste. C., Baton Rouge, LA 70816	225-223-7279	CPP, EMDR	Aetna, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Open Arms Behavioral Services, LLC	630 W. Cornerview St., Gonzales, LA 70737	225-647-4105	CPP, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Our Lady of the Lake Children's Health Development and Therapy	8415 Goodwood Blvd., Ste. 200, Baton Rouge, LA 70806	Scheduled through primary care physician	PCIT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Point Coupee Human Services Center	282-A Hospital Rd., New Roads, LA 70760	225-638-7663	CPP, PCIT, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Quality Care Private Sitter Services	3173 Washington Ave., Baton Rouge, LA 70802	225-235-2888	Triple P	
Red Stick Pediatrics**	888 Tara Blvd., Baton Rouge, LA 70806	225-273-5995	CPP	AmeriHealth, LHCC
Reilly Center for Children and Families	1945 Carolyn Sue Dr., Baton Rouge, LA 70815	225-928-9398	CPP, EMDR, PCIT, TF-CBT,	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Renewal Counseling and Wellness Center	1520 Thomas H. Delpit Dr., Baton Rouge LA 70810	225-250-8317	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
S elah Behavioral Health**	6832 Stoneshire Dr., Baton Rouge, LA 70818	225-324-8246	CPP, HT Adv. Trained, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Southeast Community Health Systems - Zachary	6351 Main St., Zachary, LA 70791	225-306-2010	EMDR, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
T op Notch Behavioral Healthcare Services, LLC**	10431 Siegen Ln., Ste. 101, Baton Rouge, LA 70810	225-960-7179	CPP	Aetna, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
V olunteers of America Baton Rouge-Reilly Center for Children and Families**	1945 Carolyn Sue Dr., Baton Rouge, LA 70815	225-928-9398	EMDR, HT Adv. Trained, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Y outh Empowerment Solutions**	11814 Market Place Ave., Ste. A, Baton Rouge, LA 70816	225-223-6153	CPP, PPT, Triple P	Aetna, Healthy Blue

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Home-Based Services offered in Region 2

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
C ognitive Development Center of Baton Rouge-Seaside**	East Baton Rouge, East Feliciana, West Baton Rouge, West Feliciana	318-341-2202	FFT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Community Counseling Agency**	East Baton Rouge, East Feliciana, West Baton Rouge, West Feliciana	225-806-0797	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
N ovice House - Alpha Team**	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge, West Feliciana	318-226-9944	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
O pen Arms Behavioral Services, LLC	Ascension, East Baton Rouge, West Baton Rouge	225-647-4105	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC
P elican Bayou Counseling Agency**	East Baton Rouge, East Feliciana, West Baton Rouge, West Feliciana	318-470-1632	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
R ise 'N' Shine Counseling Agency**	Ascension, Iberville	225-644-6261	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
T he Center for Children and Families	Ascension	318-398-0945	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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Home-Based Services offered in Region 2

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
V olunteers of America Baton Rouge-Reilly Center for Children and Families**	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge, West Feliciana	225-928-9398	HB	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Y outh Empowerment Solutions**	Ascension, East Baton Rouge, East Feliciana, Iberville, Pointe Coupee, West Baton Rouge, West Feliciana	225-223-6153	FFT	Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare

Additional Services offered in Region 2

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
N urse Family Partnership**	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge	225-663-6227	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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