

**Center for Evidence to
Practice
Evidence-Based
Practice (EBP)
Provider Directory**

Region 7



<http://laevidencetopractice.com/>

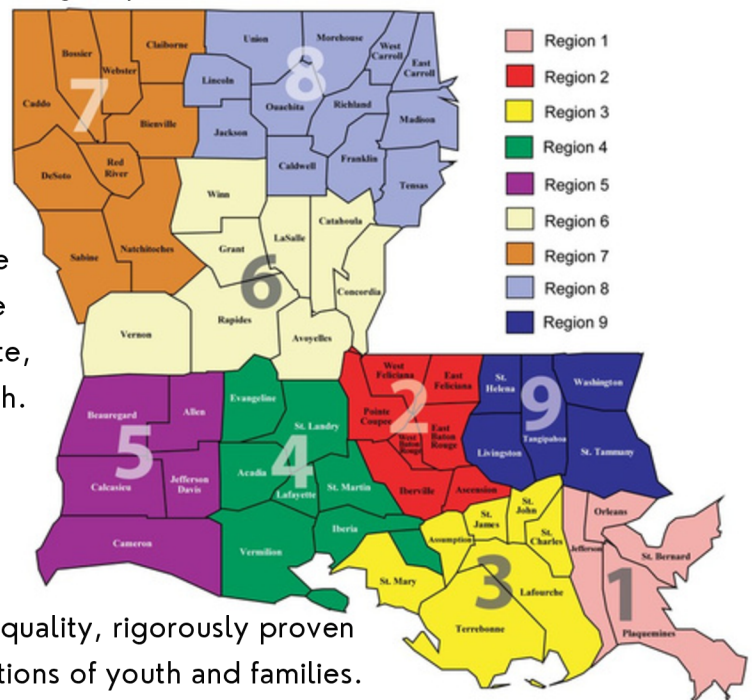
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 7.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"

Agencies that offer EBPs in Region 7

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
ArkLaTex Counseling and Rehab Services	7505 Pines Rd., Ste. 1104, Shreveport, LA 71129	318-670-8313	CPP	Aetna, Magellan
Assured Behavioral Concepts	8921 Mansfield Rd., Shreveport, LA 71118	318-626-7143	CPP, EMDR, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue
Brentwood Hospital of Louisiana	1006 Highland Ave., Shreveport, LA 71101	318-678-7507	EMDR, HT Adv. Trained	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Brighter Futures Counseling	4571 N. Market St., Shreveport, LA 71107 123 W. Alabama Ave., Vivian, LA 71082	318-424-8735 318-703-4656	CPP, EMDR, HT Adv. Trained, PPT, TF-CBT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue
C.H.O.I.C.E. Counseling Services	2924 Knight St., Ste. 434, Shreveport, LA 71105	318-606-4413	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Cane River Children's Services	911 Second St., Natchitoches, LA 71457 425 Rue de Gabriel, Natchitoches, LA 71457	318-238-6013 318-238-7419	CPP, EMDR, PCIT, TF-CBT, Triple P, YPT	Healthy Blue, LHCC

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Cane River Children's Services	830 Fourth St., Natchitoches, LA 71457	318-238-7430	CPP, EMDR, PCIT, TF-CBT, Triple P, YPT	Healthy Blue, LHCC
Center for Counseling and Psychological Resources	3018 Old Minden Rd., Ste. 1200, Bossier City, LA 71112	318-224-7223	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Community Collaboration	745 Olive St., Ste. 112, Shreveport, LA 71104	318-207-0267	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Community Health Counseling, LLC**	2920 Knight St., Ste. 110, Shreveport, LA 71105	318-347-4437	CPP	Aetna, AmeriHealth, Healthy Blue
Creative Counseling, LLC	2133 E. Bert Kouns Industrial Loop, Shreveport, LA 71105	318-221-2828	PCIT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Divine Behavioral Health	2924 Knight St., Ste. 412, Shreveport, LA 71105	318-347-4994	CPP, PCIT	Aetna, Healthy Blue, LHCC
Donnie Underwood, LPC, LMFT	1595 First St., Arcadia, LA 71001	318-263-8131	CPP, EMDR, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Elated Counseling Services, LLC	2020 East 70th St., Ste. 201, Shreveport, LA 71105	318-751-9098 or 318-553-5591	EMDR, PPT, TF-CBT, YPT	Aetna, Humana
Envision Counseling Services**	7505 Pines Rd., Ste. 1230, Shreveport, LA 71129	318-562-3707	PCIT, Triple P	Aetna, Healthy Blue, Magellan
Finding a Better Me, LLC	2924 Knight St., Ste. 369, Shreveport, LA 71105	318-210-0587	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Genuine Hearts Treatment Clinic**	2400 Texas Ave., Ste. 37776, Shreveport, LA 71133	318-232-8132	PPT	Aetna, AmeriHealth, Humana, LHCC
LaTorris Webb, LPC	9051 Mansfield Rd., Ste. B7, Shreveport, LA 71118	318-553-5005	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC
Laura Alderman, LPC	2520 Line Ave., Shreveport, LA 71104	318-469-3335	TF-CBT	Aetna
LDS Consulting and Therapist Development, LLC	3018 Old Minden Rd., Ste. 1111A, Bossier City, LA 71112	318-751-6687	TF-CBT	Healthy Blue, Humana, LHCC
Mesloh Counseling Center	400 Texas St., Ste. 950, Shreveport, LA 71101	318-573-3771	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Metropolitan Circles, LLC	3510 Linwood Ave., Shreveport, LA 71103	318-636-4194	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC
Next Generation Therapy Services, LLC	1605 Benton Rd., Ste. F, Bossier City, LA 71111	318-703-6200	CPP, EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Northwest Louisiana Human Services District	Natchitoches Clinic 210 Medical Dr., Natchitoches, LA 71457 Shreveport Clinic 1310 N. Hearne Ave., Shreveport, LA 71107	318-357-3122 318-676-5111	EMDR, TF-CBT EMDR, HT Adv. Trained, PCIT, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Path Behavioral Healthcare (fka: Biltmore Health Services)	6811 Fairfield Rd., Shreveport, LA 71106	318-216-5088	TF-CBT	Aetna, AmeriHealth, Healthy Blue
Peaceful Alternatives Counseling and Therapy	5902 Buncombe Rd., Shreveport, LA 71129	318-670-8898	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC
Pelican Bayou Counseling Agency	9403 Manfield Rd., Shreveport, LA 71118	318-861-8938	PPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Professional Counseling Services - Betty Bletz, LPC	820 Jordan St., Ste. 510-G, Shreveport, LA 71101	318-532-2339	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC
Redding Therapy Center	7505 Pines Rd., Ste. 1291C, Shreveport, LA 71129	318-573-5428	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC
Resilient Living Community Services, LLC	202 Miller St., Minden, LA 71055	318-422-9028	EMDR, PPT, YPT	Aetna, Healthy Blue, LHCC, Magellan
Seedlinks Behavior Management**	1533 Marshall St., Shreveport, LA, 71101	318-626-5597	CPP, TF-CBT	
Sincere Client Care**	2605 Betty St., Shreveport, LA 71108	318-216-3748	EMDR, PPT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC
Social Work Professional Services, LLC	2219 Claiborne Ave., Shreveport, LA 71103	318-779-0434	CPP, EMDR, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
The Center for Children and Families	3004 Knight St., Ste. 149, Shreveport, LA 71105	318-227-8390	EMDR, HT Adv. Trained, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
The Kennedy Center of Louisiana	2210 Line Ave., Ste. 207, Shreveport, LA 71104	318-675-1112	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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The Social Work Hub, LLC	396 N. Main St., Sibley, LA 71073	318-947-9084	CPP, EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Unlimited Alternatives to Change	3018 Old Minden Rd., Ste. 1117, Bossier City, LA 71112 1313 Ringgold Ave., Coushatta, LA 71019	318-746-1935 318-747-1935	CPP, DBT, EMDR, HT Adv. Trained TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
VanWright Counseling Services, LLC	990 Quail Creek Rd., Shreveport, LA 71105	318-560-8119	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Volunteers of America - North Louisiana	360 Jordan St., Shreveport, LA 71101	318-221-2669	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
W.E.R.K., LLC**	Telehealth Only Minden, LA 71055	318-771-2297	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Whitfield Counseling Services, LLC	Telehealth Only Shreveport, LA 71105	318-617-2498	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC

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Home-Based Services offered in Region 7

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
B righter Futures Counseling	Bossier, Caddo, Webster	318-424-8735	FFT	Aetna, AmeriHealth, Healthy Blue
C reative Counseling, LLC	Bossier, Caddo, DeSoto, Red River, Sabine	318-221-2828	FFT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
F amily Services Unlimited Inc.	Bienville, Bossier, Caddo, Claiborne, Webster	318-226-9944	MST	Aetna, AmeriHealth, Healthy Blue, LHCC
Finding a Better Me	Bossier, Caddo, Webster	318-210-0587	FFT	Aetna, LHCC
L ife Changing Solutions, LLC	Bienville, Bossier, Caddo, Claiborne, DeSoto, Red River, Sabine, Webster	318-213-0906	FFT-CW, HB, MST	Aetna, AmeriHealth, Healthy Blue, LHCC
P elican Bayou Counseling Agency	Bienville, Bossier, Caddo, Claiborne, DeSoto, Natchitoches, Red River, Sabine, Webster	318-470-1632	FFT, MST	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
T he Center for Children and Families	Bienville, Bossier, Caddo, Claiborne, DeSoto, Natchitoches, Red River, Sabine, Webster	318-227-8390	FFT-CW, MST,	Aetna, AmeriHealth, Healthy Blue, Humana, Magellan, LHCC

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Home-Based Services offered in Region 7

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Unlimited Alternatives to Change	Bienville, Bossier, Caddo, Red River	318-746-1935	FFT, MST	Aetna, AmeriHealth, Healthy Blue, LHCC
Youth and Family Empowerment Services	Natchitoches	318-379-6594	MST	Aetna, AmeriHealth, Healthy Blue, LHCC

Additional Services offered in Region 7

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Bienville, Bossier, Caddo, Claiborne, DeSoto, Natchitoches, Red River, Sabine, Webster	318-862-9930 or 318-357-3133 or 318-212-0177	Aetna, AmeriHealth, Healthy Blue, LHCC
Parents as Teachers**	Bienville, Bossier, Caddo, Claiborne, Natchitoches, Red River, Webster	318-676-7894 or 318-664-0287	Aetna, AmeriHealth, Healthy Blue, LHCC

Center for Evidence to Practice

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