

**Center for Evidence to
Practice
Evidence-Based
Practice (EBP)
Provider Directory**

Region 8



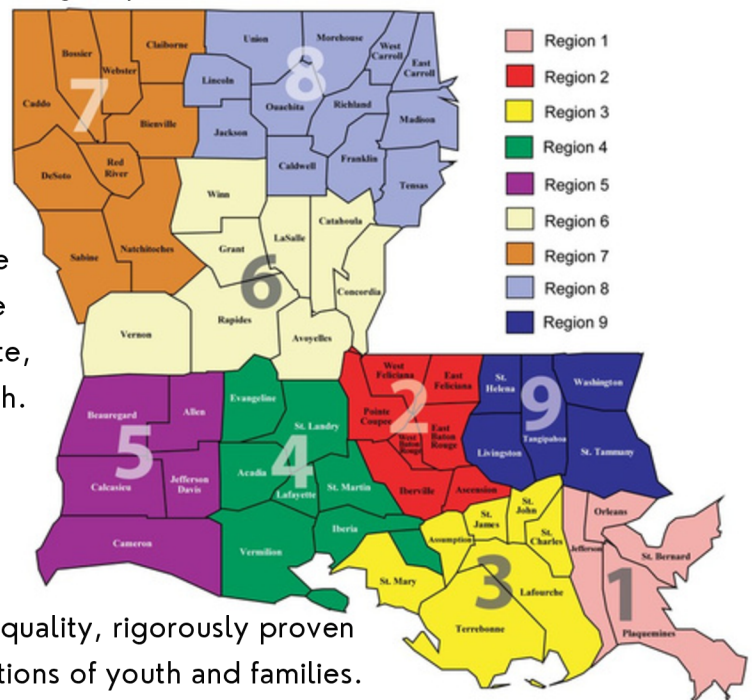
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 8.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"

Agencies that offer EBPs in Region 8

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
B ody & Soul Rehabilitation Services	803 Brisco Ave., Bastrop, LA 71220	318-974-6035	TF-CBT, Triple P	Aetna, Magellan
C enter for Counseling and Psychological Resources	622 Burgessville Rd.. Ruston, LA 71270	318-224-7223	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Cognitive Development Center of Tallulah	1705 Felicia Ave., Tallulah, LA 71282	318-225-8007	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
F amily Solutions Counseling Center	1401 North 7th St., Ste. B, West Monroe, LA 71291	318-503-8300	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Finding Solace, LLC	403 North 6th St., Ste. 2, West Monroe, LA 71291	318-737-7201	HT Adv. Trained, TF-CBT	Aetna, AmeriHealth, LHCC
H olistic Solutions, LLC	1900 Lamy Ln., Ste. C, Monroe, LA 71201	318-737-7904	CPP, EMDR, PCIT, PPT, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
L iving Water Family Services**	645 Hwy 80 East, Monroe, LA 71203	318-343-6966	PCIT	Aetna, AmeriHealth, Healthy Blue, LHCC

****Indicates that this information was last verified in 2022 or before**

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Louisiana United Methodist Children and Family Services**	904 DeVille Ln., Ruston, LA 71270	318-255-5020	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC
Northeast Delta Human Services Authority	<p>Bastrop Behavioral Health Clinic 451 E. Madison Ave., Bastrop, LA 71220</p> <p>Children & Family Services Clinic 2525 Ferrand St., Monroe, LA 71201</p> <p>Columbia Integrated Care Clinic 5159 Hwy 4 East, Columbia, LA 71418</p> <p>Monroe Integrated Care Clinic 4800 S. Grand St., Monroe, LA 71202</p> <p>Ruston Integrated Care Clinic 901 White St., Ruston, LA 71270</p> <p>Tallulah Integrated Care Clinic 1012 Johnson St., Tallulah, LA 71282</p> <p>Winnsboro Integrated Care Clinic 1301 Landis Street, Winnsboro, LA 71295</p>	<p>318-283-0868</p> <p>318-362-3153</p> <p>318-649-2333</p> <p>318-362-3339</p> <p>318-251-4125</p> <p>318-574-1713</p> <p>318-435-2146</p>	<p>CPP, EMDR, PCIT, TF-CBT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan</p>

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
River City Professional Counseling	1210 Stubbs Ave., Monroe, LA 71201	318-325-8748	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, Magellan
The Center for Children and Families.	622 Riverside Dr., Monroe, LA 71201	318-398-0945	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
The Wellspring Alliance for Children and Families	1904 Royal Ave., Monroe, LA 71201	318-323-1505	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Transforming Lives Consultant Firm	1501 Arkansas Ave., Monroe, LA 71201	318-692-0225	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC
Transitions Counseling & Development Center	1020 N. Third St., Monroe, LA 71201	318-361-4482	CPP, DBT, EMDR, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Home-Based Services offered in Region 8

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Behavioral Solutions, LLC	Caldwell, Franklin, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll	318-509-8073	FFT	Aetna, Healthy Blue
Life Changing Solutions, LLC	Jackson, Lincoln	318-213-0904	MST	Aetna, AmeriHealth, Healthy Blue, LHCC
Living Waters Family Services	Caldwell, East Carroll, Franklin, Jackson, Lincoln, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll,	318-343-6966	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC
Preventative Measures Programs Inc.	East Carroll, Franklin, Richland, Tensas, West Carroll	318-574-0098	MST	Aetna, AmeriHealth, Healthy Blue, LHCC,
The Bridge Family Therapy, LLC	Ouachita	318-600-6838	HB	Aetna, AmeriHealth, Healthy Blue, LHCC
The Center for Children and Families	Jackson, Lincoln, Morehouse, Ouachita, Union	318-398-0945	FFT, FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC

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Additional Services offered in Region 8

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Franklin, Jackson, Lincoln, Morehouse, Ouachita, Richland	318-435-2143	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Parents as Teachers**	Caldwell, East Carroll, Franklin, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, West Carroll	318-361-7215 or 318-388-8793	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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