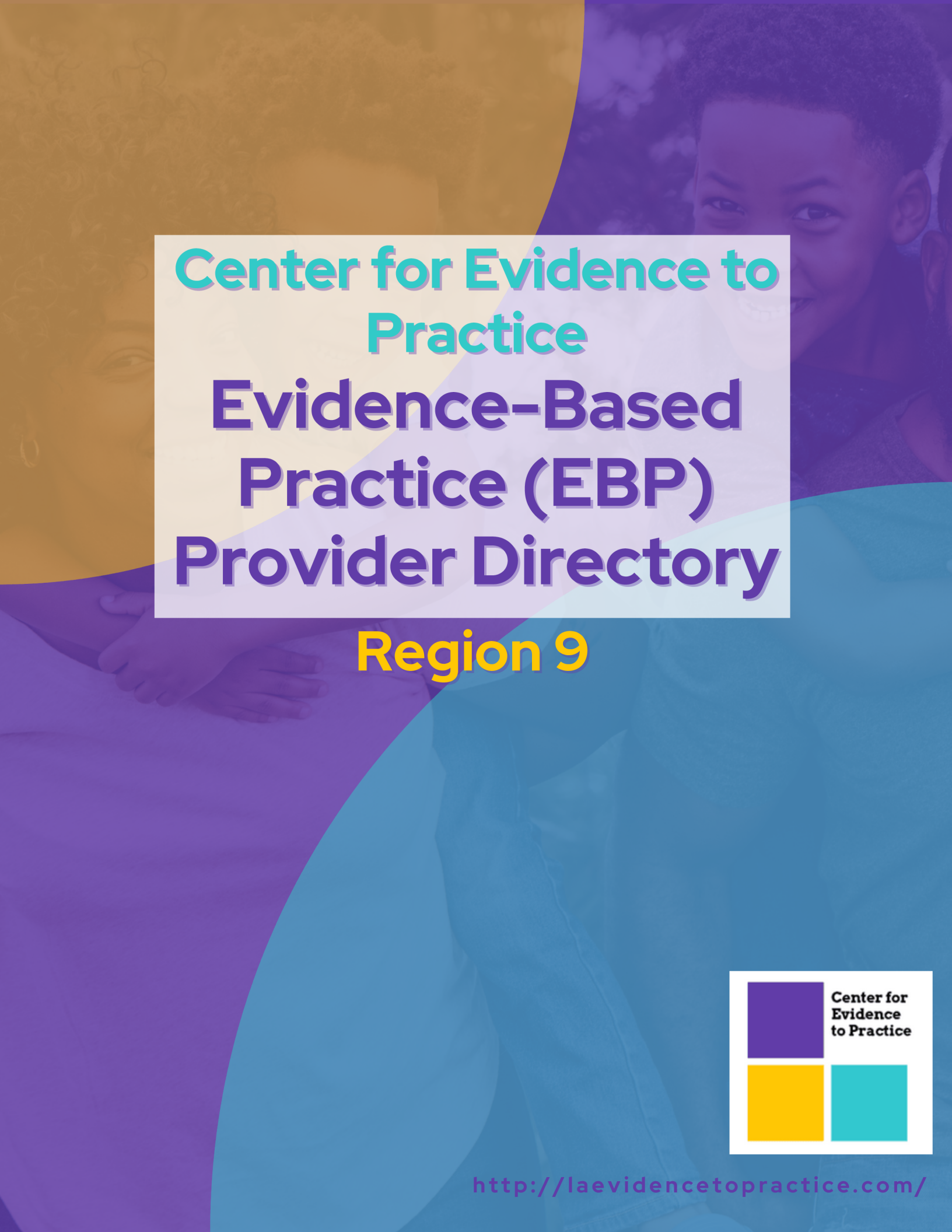


The background of the entire page is a photograph of a group of diverse children holding hands in a circle. The image is overlaid with large, semi-transparent geometric shapes in shades of orange, purple, and blue. The title text is centered within a white rectangular box.

Center for Evidence to Practice Evidence-Based Practice (EBP) Provider Directory

Region 9



**Center for
Evidence
to Practice**



<http://laevidencetopractice.com/>

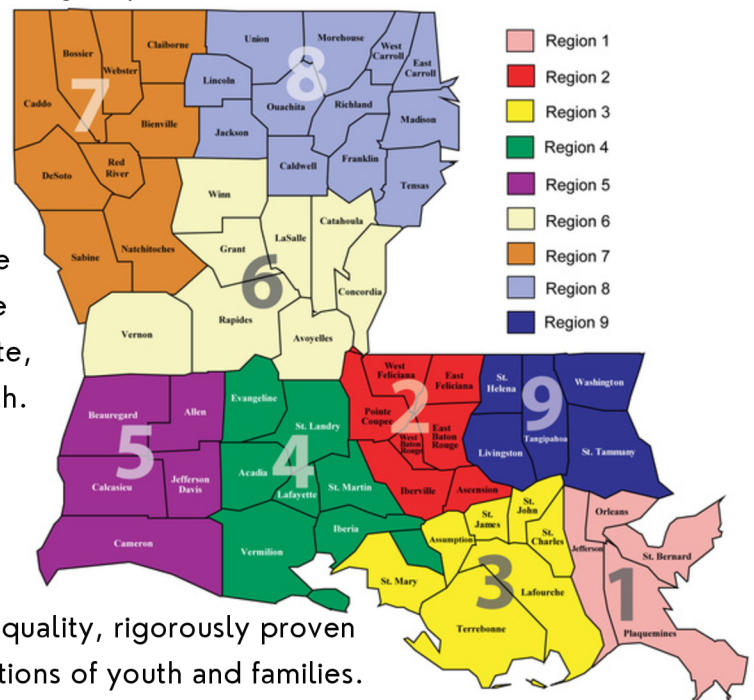
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 9.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"

Agencies that offer EBPs in Region 9

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Access Health Louisiana	113 Christian Ln., Slidell, LA 70458 42351 Phyllis Ann Dr., Hammond, LA 70403	985-218-8323 985-956-7406	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Anointed Appointments**	1927 Corporate Square Dr., Ste. C, Slidell, LA 70458	504-473-5171	TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Be Counseling Services, LLC	31196 Highway 190, Lacombe, LA 70448	985-328-1720	EMDR	Aetna, Healthy Blue, Humana, United Healthcare
Bitmore Health Services**	350 Gateway Dr., Slidell, LA 70461	985-707-1410	PPT, TF-CBT	Aetna, AmeriHealth, Healthy Blue
Center for Hope Children and Family Services**	106 Smart Pl., Ste. B, Slidell, LA 70458	504-241-6006	PPT	
Children's Advocacy Center- Hope House	223 W. 28th Ave., Covington, LA 70433 328 Austin St., Bogalusa, LA 70427	985-892-3885 985-730-7384	EMDR, HT Adv. Trained, TF-CBT, Triple P	Does not bill.
Cornerstone Counseling**	510 N. Range Ave., Ste. C, Denham Springs, LA 70726	225-380-5808	EMDR	Healthy Blue, LHCC, United Healthcare

****Indicates that this information was last verified in 2022 or before**

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Counsel NOLA - Northshore	243 W. Causeway Approach, Mandeville, LA 70448	985-788-2585	CPP, EMDR, PCIT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Expression Counseling Services, LLC	1905 Cherie Dr., Hammond, LA 70401	985-215-5308	TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Florida Parishes Human Services Authority	Bogalusa Behavioral Health Clinic 400 Georgia Ave., Bogalusa, LA 70427	985-732-6610	CPP, EMDR, PCIT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
	Denham Springs Behavioral Health Clinic 1951 Florida Ave. SW, Ste. D & E, Denham Springs, LA 70726	225-665-0473		
	Rosenblum Behavioral Health Clinic 835 Pride Dr., Ste. B, Hammond, LA 70401	985-543-4730		
	Mandeville Behavioral Health Clinic 900 Wilkinson St., Mandeville, LA 70448	985-624-4450		
	Slidell Behavioral Health Clinic 2331 Carey St., Slidell, LA 70458	985-646-6406		
	Imagine Healing Therapy 42351 Phyllis Ann Dr., Hammond, LA 70403	985-634-8313		

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Guided Steps Counseling	42484 Blyth Ave., Ponchatoula, LA 70454	985-974-0429	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Heart to Heart Counseling and Consulting	902 CM Fagan Dr., Ste. G, Hammond, LA 70403	985-214-2829	CPP, EMDR, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Heather Zinna, LCSW, LLC**	2206 Rue Simone, Hammond, LA 70455	985-345-5565	CPP, TF-CBT	Healthy Blue, LHCC
Henrietta Spears	633035 Commercial Dr., Roseland, LA 70456	225-324-8246	Triple P	
HSO, Inc.	63035 Commercial Dr., Roseland, LA 70456	985-748-8411	CPP, TF-CBT,	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Journey Counseling and CommUnity Services, LLC	1180 Hwy. 51, Ste. A, Ponchatoula, LA 70454	985-467-0730	HT Adv. Trained, TF-CBT	AmeriHealth, Healthy Blue LHCC, Magellan, United Healthcare
Mashezia Vincent, NCC, LPC	222 N. Vermont St., Ste. O, Covington, LA 70433	985-273-0895	TF-CBT	
Mercy Family Center	1445 W. Causeway Approach. Mandeville, LA 70471	985-727-2155	EMDR, HT Adv. Trained, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
North Tangi Counseling Services	203 E. Oak St., Amite, LA 70422	985-474-5455	PPT, TF-CBT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Northshore Family Counseling, LLC**	12 58 Brownsitch Rd., Ste. C and D, Slidell, LA 70461	985-661-0560	EMDR, HT. Adv. Trained	Aetna, Humana, United Healthcare
Paradigm Counseling	600 U.S. Hwy 190, Ste. 205, Covington, LA 70433	985-276-9089	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Positive Approaches, LLC**	1505 Washington St., Franklinton LA 70438	985-237-4880	CPP, EMDR, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Rise 'N' Shine Counseling Agency**	104 Sassafras St., Amite, LA 70422	225-323-5996	TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Sam McKay, LCSW, LLC	620 Lauren Dr., Slidell, LA 70458	985-607-8330	EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Southeast Community Health Systems	336 E. Railroad Ave., Independence, LA 70443	225-306-2010	EMDR, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Stepping Stones Counseling Center, LLC**	115 S. Cyprus St., Ste. A, Hammond, LA 70403	985-662-1499	EMDR, PPT, TF-CBT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Tanice McGowan, LPC**	138 Laurel Oaks Rd., Madisonville, LA 70447	504-919-3488	EMDR, HT Adv. Trained, TF-CBT	
Therapeutic Partners, LLC**	60 Louis Prima, Ste. A, Covington, LA 70433	985-327-5427	EMDR, HT Adv. Trained, PCIT, PPT, Triple P, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Therapy FX**	2836 Front St., Slidell, LA 70458	833-436-7674	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Trinity Counseling Center**	820 Asbury Dr., Mandeville, LA 70471	985-674-5155	EMDR	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare
Trinity Wellness Counseling	61540 Bennett Rd., Amite, LA 70422 902 CM Fagan Dr., Ste. G, Hammond, LA 70403	985-474-4958	EMDR, PPT, YPT	AmeriHealth, Healthy Blue, Humana, LHCC, Magellan,

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Home-Based Services offered in Region 9

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
C ognitive Development Center-Seaside**	Livingston	318-341-2202	FFT, MST	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Counsel NOLA - Northshore	St. Tammany, Tangipahoa	985-788-2585	HB	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
F lorida Parishes Human Services Authority	Livingston, St. Helena, St. Tammany, Tangipahoa, Washington	985-634-1258	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
J ourney Counseling and Community Services, LLC	Livingston, St. Helena, St. Tammany, Tangipahoa, Washington	985-467-0730	FFT	Aetna, United Healthcare
O pen Arms Behavioral Services, LLC	Livingston	225-647-4105	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC
R ise 'N' Shine Counseling Agency**	St. Tammany, Tangipahoa	225-644-6261	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
Y outh Empowerment Solutions	Livingston, St. Helena, Tangipahoa	225-223-6153	FFT	Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare

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Additional Services offered in Region 9

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Livingston, St. Helena, St. Tammany, Tangipahoa, Washington	985-516-5445 or 985-520-5440	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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