

LSUHSC Center for Evidence to Practice

EVIDENCE-BASED PRACTICES (EBP)



To view the **EBP TREATMENT FOCUS & OUTCOMES MATRIX** for types of services depending on the age range and focus area, please access this QR Code to learn more.

EBP Training Program	Age Range			Focus Area		
	0-6 years old	7-10 years old	11-18 years old	Recovery from Trauma	Improving Behavior	Strengthening Family Relationships
EMDR Eye Movement Desensitization and Reprocessing	✓	✓	✓	✓		
TF-CBT Trauma-Focused Cognitive Behavioral Therapy	✓	✓	✓	✓		
PCIT Parent Child Interaction Therapy	✓	✓			✓	✓
CPP Child-Parent Psychotherapy	✓			✓		✓
PPT Preschool-PTSD Treatment	✓			✓		
DBT Dialectical Behavioral Therapy			✓	✓	✓	✓
YPT Youth-PTSD Treatment		✓	✓	✓		
Triple P - Level 4 Positive Parenting Program	✓	✓	✓		✓	

