Unlocking potential with

Parent-Child Interaction Therapy

PCIT Training Team

-Ashley Scudder, Ph.D., PCIT International Certified Regional Trainer
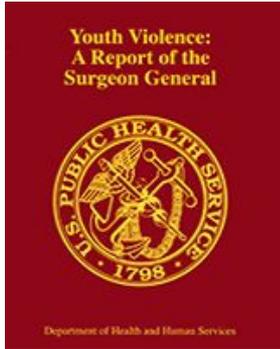-Cheryl McNeil, Ph.D., PCIT International Certified Global Trainer

Our Time Today

Welcome & Introductions
What to Expect from the Training Year
What to Expect from the Training Week
Materials Overview
Questions and Discussion

Our Anchor:
PCIT is Recognized as an Evidence-Based Treatment and Best Practice

Administrators are Vital to Growing PCIT at Your Agency

- **Agency Resources** (PCIT Brochure, PCIT Listed on Agency Website, Social Media Posts, PCIT Knowledge/Understanding of other staff (e.g., reception, intake coordinators)

- **PCIT Referrals** (2 graduated cases, 2 session case reviews)

- **Clinician Schedules** for Case Delivery, Supervision, Bi-weekly consultation

- **PCIT Billing** (2 Parent-Only sessions, Observation and Coding in each session, Initial PDI Coach Session)

- **PCIT Clinician Certification**

- **PCIT Program Supervision/Developing Within Agency Trainers**

- **PCIT Space, Equipment, Supplies** (One-way mirror, headset, backup setup, assessment measures)

Awareness Building

Workforce/Program Capacity

Financial Sustainability

PCIT Therapist Training

- 1 year of formal training and consultation with PCIT Trainer
  - 5-Day Basic Training
  - 2-Day Advanced Training
  - Biweekly Clinical Consultation Calls
  - 4 Clinical Video Reviews
  - 2 Graduated PCIT Cases

Guidelines

**Training Requirements for Certification as a
PCIT Therapist**

These requirements were developed by the PCIT International Training Task Force in collaboration with the PCIT International Board of Directors. This document should be considered "dynamic" in that the training and certification requirements will evolve as new research arises in intervention, training, and dissemination. Currently, there are several formats used in training therapists to deliver PCIT effectively with adherence to its essential elements. These training requirements reflect the minimum training necessary within any of these formats to develop competence as a PCIT Therapist using the 2011 PCIT Protocol (Eyberg & Funderburk, 2011).

I. **Definition**

Certified PCIT Therapists are individuals who have received appropriate and sufficient PCIT training to be qualified to provide PCIT services to children and families.

II. **Training Requirements for Certified PCIT Therapists.**

In order to apply for certification as a PCIT therapist, therapists must document applicable graduate education, basic PCIT training, and consultation training which includes completing two cases as described below.

A. Graduate Education.
1. Have a master's degree or higher, or an international equivalent of a master's degree, in a mental health field

   AND

2. Be an independently licensed mental health service provider (for example, licensed psychologist, psychiatrist, licensed marital and family therapist, licensed practicing counselor, licensed clinical social worker, etc.) or be working under the supervision of a licensed mental health service provider.

   OR

1. Be a psychology doctoral student who has completed the third year of training and be conducting clinical work under the supervision of a licensed mental health service provider.

2. **Special Note Concerning Timing of Training:** Students may receive PCIT training before completion of their master's degrees. However, they cannot be certified as PCIT therapists until their master's degree is complete or until they have completed the third year of their doctoral training.

Competency and
[Case Tracker](#)

	A	B	C	D	E	F	G	H	I	J	K	
1	**Therapist Info**	Therapist name:			Clinician Name							
2		Agency:			Clinician Organization							
3		Credentials (e.g., MSW, LPC, PhD):			Clinician Credentials							
4	**Title**	**Therapists**	**Child Initials (first and last)**	**Child's DOB (mm/yy)**	**Child race and ethnicity**	**Child diagnoses**	**Insurance type**	**Parent-Reported Corrections Involvement**	**Clinician Perception of Corrections Involvement**	**Living Outside of Home**	**How was the child referred to treatment?**	**Caregi co (relatic child) known (phy**
5	**Description**											
6	Case 1	ATS	ATS		ATS	XXX	XXX		▾			
7	Case 2	ATS	ATS		ATS	XXX	XXX		▾			

PCIT Service Delivery:
2 Phases of Support

1

Child-Directed Interaction

Attachment-Foundation Phase: Parent follows child's lead

- Play therapy skills
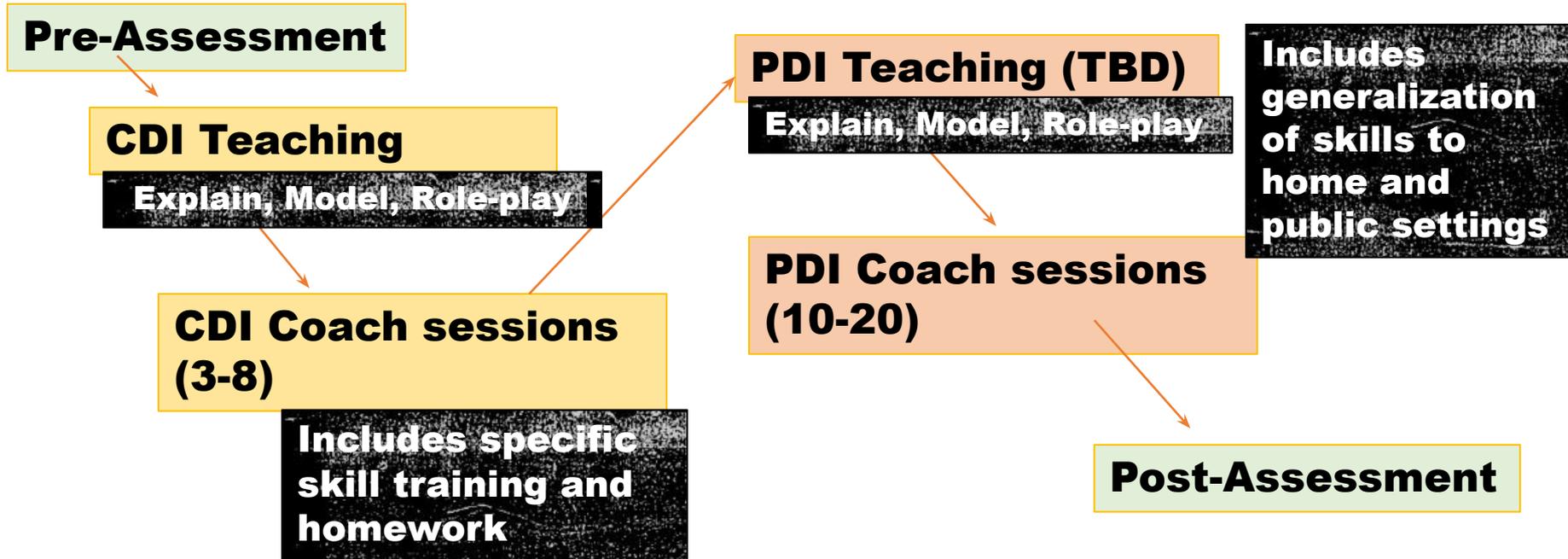- Positive attention skills
- Differential attention

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Parent-Directed Interaction

Discipline Phase: Parent leads child

- Clear communication
- Consistency
- Reasoning skills

Progression of PCIT

Pre-Assessment

CDI Teaching

Explain, Model, Role-play

CDI Coach sessions (3-8)

Includes specific skill training and homework

PDI Teaching (TBD)

Explain, Model, Role-play

PDI Coach sessions (10-20)

Includes generalization of skills to home and public settings

Post-Assessment

Coding in PCIT

DPICS Coding Sheet for Pre- and Post-Treatment Assessments

Child ID-_____   Date::_____

Assessment: ☐ PRE   ☐ POST   Coder:----,----

Parent: D Mother   D Father   ☐ Other ____

Situation: ☐ Child Led Play   ☐ Parent Led Play   ☐ Clean Up

POSITIVE		TALLY CODES	TOTAL
Neutral Talk (TA)			
Behavior Description (BD)			
Reflection (RF)			
Labeled Praise (LP)			
Unlabeled Praise (UP)			

AVOID		TALLY CODES	TOTAL
Question (Q)			
Negative Talk (NTA)			
Direct Command (DC)	Comply (CO)		
	Noncomply (NC)		
	No Opportunity (NOC}		
Indirect Command (IC)	Comply (CO)		
	Noncomply (NC)		
	No Opportunity (NOC}		

How typical was this interaction? 0 Typical   O Not Typical How?

_____

_____

Category:	TA	BD	RF	LP	UP	QU	DC+IC	NTA	Calculate % agreement:		
Smaller value									(sum of smaller values|	x 100=	%
Larger value									(sum of larger values)		

Coaching in PCIT

"Nice labeled praise."

"He is so funny!"

"Good job of keeping him in the lead."

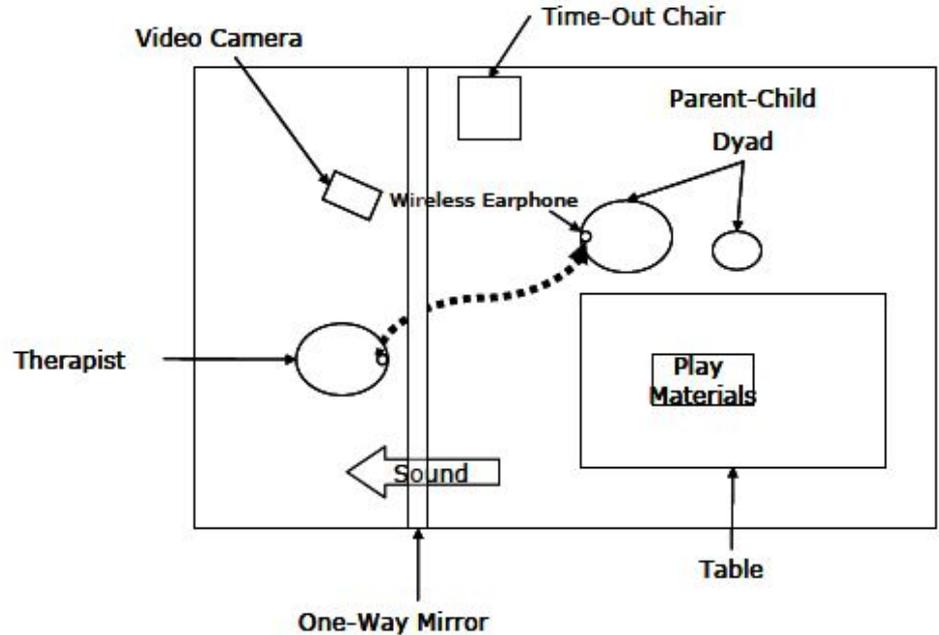"Excellent imitation."

"You two have such a sweet bond now."

"Your reflections are really helping his language skills."

"Great behavior description!"

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PCIT Room Setup

Necessary Materials

- Adult sized table and 3 adult sized chairs (one for time-out)
- Appropriate toys
- Timer
- Hearing helper (bug-in-the-ear)
- Video camera with tripod
- Sound system (microphone and amplifier)
- One way mirror between coaching and therapy room

Room Setup- Technology

1. Standard (One-Way Mirror)
2. Livestream
3. Telehealth

Coaching with One-Way Mirror

Alternative to One-Way Mirror

- **In-House Video Coaching and Telehealth**

PCIT Play Room Setups

Focus of PDI

CONSISTENCY   PREDICTABILITY   FOLLOW-THRO
UGH

PCIT Backup Time Out Space Guidelines:

Shared by Cheryl McNeil

Wesley Spectrum

 Time Out Chair: Chair positioned away from toys, but within play area.

Time Out Space: Area that is sectioned off (perhaps by a Dutch door) **without** a lock. This keeps a safe physical barrier between parent and child, but still **allows for the child to maintain visual contact** with the parent, ensuring no seclusion.

Time Out Space Guidelines

Stern Center Uniontown, PA

Matilda Theiss

- The use of the time out chair and time-out space is done under the guidance and monitoring of the clinician

- Parent must be visible to child at all times

- Time Limits:
  -

Time Out Space
1 minute (with a 5 second quiet period)

Time Out Chair
3 minutes (with a 5 second quiet period)

Alternatives to Timeout Back Up Space

- **Swoop-and-Go:** Parents takes toys and stands outside of room

- **Adjoining room:** Parent guides child to empty room next to PCIT play room.

Our PCIT Training Week

Dates: March 26th- April 1st

Time: 9 am- 5 pm CST/ 10 am- 6 pm EST

Format: Virtual

Breaks: Two, 15-min AM/PM, 1-hour Lunch

Activities: Didactics, Videos, Case Demos, Breakout Rooms, Role-Plays, Skills Practice, Competency Checkouts

PCIT Training Resources & Materials

1. Manuals (PCIT manual, PCIT book, DPICS manual, DPICS workbook mailed by Lisa)
2. Assessment Measures (ECBI mailed by Lisa)
3. Canvas Login (Sent to Clinicians)
4. Electronic Materials to Print (Note Slides & Participant Packet)

Questions & Comments

Please contact:

ashley@atsconsult.com

Cheryl.McNeil@ufl.edu