

**Center for Evidence to  
Practice  
Evidence-Based  
Practice (EBP)  
Provider Directory**

**Region 2**



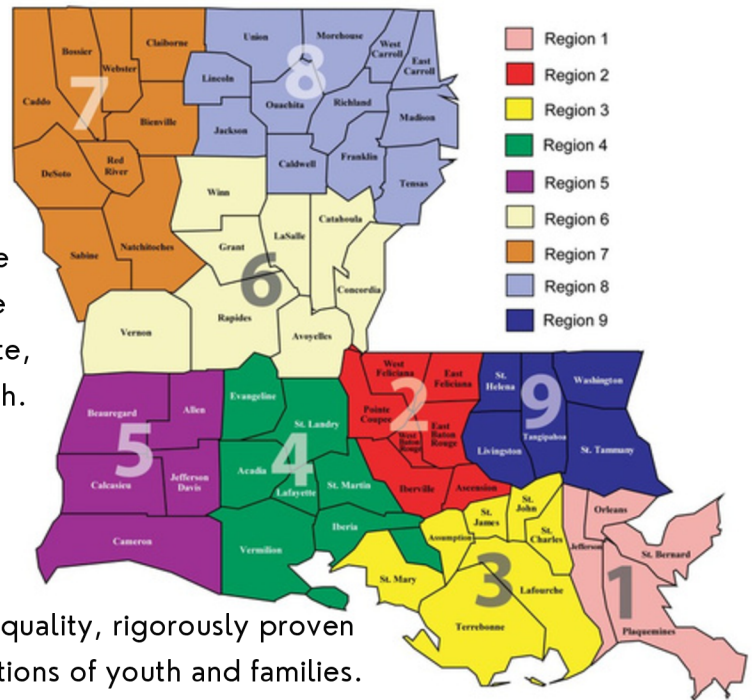
## Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 2.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



## EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

\*Indicates therapies for which a provider travels to the clients' home

**Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"**

## Agencies that offer EBPs in Region 2

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
<b>A</b> Happy You Counseling Services	Telehealth Only Baton Rouge, LA 70806  708 S. Irma Blvd., Gonzales, LA 70737	504-905-8057	CPP, EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Allstar Community Care, LLC**	3060 Valley Creek Dr., Ste. A, Baton Rouge, LA 70808	225-923-3733	CPP	Aetna, AmeriHealth, Healthy Blue, LHCC
Always Hope, LLC	38105 Post Office Rd., Ste. 8, Prairieville, LA 70769  13702 Coursey Blvd., Bldg. 6A, Baton Rouge, LA 70817  14333 Perkins Rd., Ste. C, Baton Rouge, LA 70810	225-402-2436	CPP, EMDR, PCIT, PPT, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Ascension Counseling Center	1112 E. Ascension Complex Blvd. A, Gonzales, LA 70737	225-743-2445	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
<b>B</b> alm of Gilead Christian Counseling Center	8542 Siegen Ln., Baton Rouge, LA 70810	225-361-9576	EMDR, PPT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
C. Elizabeth Spooner, LCSW	637 St. Ferdinand St., Baton Rouge, LA 70802	225-715-6470	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Capital Area Human Services District	<p>Ascension Behavioral Health 1056 East Worthy St., Ste. B, Gonzales, LA 70737</p> <p>Children’s Behavioral Health 422 Colonial Dr., Baton Rouge, LA 70806</p> <p>School-Based Behavioral Health 2751 Wooddale Blvd., Ste. A, Baton Rouge, LA 70805</p> <p>Pointe Coupee Behavioral Health 282 Hospital Rd., New Roads, LA 70760</p>	<p>225-621-5770</p> <p>225-922-0445</p> <p>225-922-0478</p> <p>225-907-2218</p>	<p>CPP, EMDR, PCIT, PPT, TF-CBT, YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan</p>
CareSouth Medical and Dental**	<p>3140 Florida Blvd., Baton Rouge, LA 70806</p> <p>59340 River West Dr., Plaquemine, LA 70764</p> <p>904 Catalpa St., Donaldsonville, LA 70346</p>	<p>225-650-2000</p> <p>225-385-4742</p> <p>225-264-6800</p>	<p>EMDR, PPT, YPT</p> <p>EMDR</p> <p>EMDR</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan</p>

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Children's Advocacy Center of Baton Rouge	626 East Blvd., Baton Rouge, LA 70802	225-343-1984	EMDR, HT Adv. Trained, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Cognitive Development Center of Baton Rouge	8706 Jefferson Hwy., Ste A, Baton Rouge, LA 70809	225-926-9706	CPP, EMDR, PPT, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Common Solutions Therapy	2924 Brakley Dr., Ste. B2, Baton Rouge, LA 70816	225-802-1323	EMDR	Healthy Blue, Humana, LHCC, Magellan
Cross Over Therapy	206 Clinic Dr., Donaldsonville, LA 70346	225-264-6670	CPP	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Effective Therapy Solutions	Telehealth Only Baton Rouge, LA 70802	225-610-7400	EMDR, PPT, YPT	Aetna, AmeriHealth, Humana, LHCC, Magellan
Focused Family Services	1200 S. Acadian Thruway, Ste. 212, Baton Rouge, LA 70806	225-831-4998	TF-CBT	AmeriHealth, Healthy Blue, LHCC, Magellan
Horizon Counseling Center, Inc.**	2156 Wooddale Blvd., Ste. 100, Baton Rouge, LA 70806	225-928-4040	YPT	Aetna, AmeriHealth, Healthy Blue, Magellan

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Lena Igiede, LPC	9731 Swingalong Ave., Baton Rouge, LA 70814	225-270-2660	YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
MBA Counseling & Consulting, LLC	58725 Belleview Rd., Ste. A2, Plaquemine, LA 70764	225-286-9333	EMDR	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Mending the Soul: Restoration of the Mind, Body, and Soul	11834 Market Place Ave., Ste. B, Baton Rouge, LA 70816	225-916-3744	EMDR, TF-CBT, Triple P, YPT	Aetna, Healthy Blue, Humana, LHCC, Magellan
Metanoia Therapy Services	22524 Fairway View Dr., Zachary, LA 70791	225-654-1005	HT Adv. Trained, TF-CBT	<i>Does not bill for services.</i>
Open Arms Behavioral Services, LLC	630 W. Cornerview St., Gonzales, LA 70737	225-647-4105	CPP, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Our Lady of the Lake Children's Health Development and Therapy	8415 Goodwood Blvd., Ste. 200, Baton Rouge, LA 70806	Scheduled through primary care physician	PCIT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Red Stick Pediatrics**	888 Tara Blvd., Baton Rouge, LA 70806	225-273-5995	CPP	AmeriHealth, LHCC

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Reilly Center for Children and Families	1945 Carolyn Sue Dr., Baton Rouge, LA 70815	225-928-9398	CPP, EMDR, HT Adv. Trained, PCIT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Selah Behavioral Health**	6832 Stoneshire Dr., Baton Rouge, LA 70818	225-324-8246	CPP, HT Adv. Trained, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Sexual Trauma Awareness and Response (STAR)	5311 Dijon Dr., Baton Rouge, LA 70808	225-615-7093	EMDR, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Southeast Community Health Systems - Zachary	6351 Main St., Zachary, LA 70791	225-306-2010	EMDR, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
The Conscious Mind, LLC	4315 Bluebonnet Blvd., Ste. B, Baton Rouge, LA 70809	225-978-3745	TF-CBT	
Top-Notch Behavioral Healthcare Services, LLC	1215 Independence Blvd., Ste. 2A, Zachary, LA 70791	225-306-4488	CPP, DBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan
Youth Empowerment Solutions**	11814 Market Place Ave., Ste. B, Baton Rouge, LA 70816	225-223-6153	CPP, PPT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan

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## Home-Based Services offered in Region 2

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
Cognitive Development Center of Baton Rouge-Seaside	East Baton Rouge, East Feliciana, West Baton Rouge, West Feliciana	318-341-2202	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan
Community Counseling Agency	East Baton Rouge, East Feliciana, West Baton Rouge	225-806-0797	MST	Aetna, AmeriHealth, Healthy Blue, LHCC
Novice House - Alpha Team	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge, West Feliciana	318-226-9944	MST	Aetna, AmeriHealth, Healthy Blue, LHCC
Open Arms Behavioral Services, LLC	Ascension, East Baton Rouge, West Baton Rouge	225-647-4105	FFT-CW	Aetna, AmeriHealth, Healthy Blue, LHCC
Pelican Bayou Counseling Agency	Ascension, East Baton Rouge, East Feliciana, Iberville, Pointe Coupee, West Baton Rouge, West Feliciana	318-470-1632	FFT	Aetna, AmeriHealth, Healthy Blue, LHCC
Rise 'N' Shine Counseling Agency	Ascension, Iberville	225-644-6261	MST	Aetna, AmeriHealth, Healthy Blue, LHCC
Reilly Center for Children and Families	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge, West Feliciana	225-928-9398	HB	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC

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## Additional Services offered in Region 2

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Ascension, East Baton Rouge, East Feliciana, Iberville, Point Coupee, West Baton Rouge	225-663-6227	Aetna, AmeriHealth, Healthy Blue, LHCC

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### Center for Evidence to Practice

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