

**Center for Evidence to
Practice
Evidence-Based
Practice (EBP)
Provider Directory**

Region 4



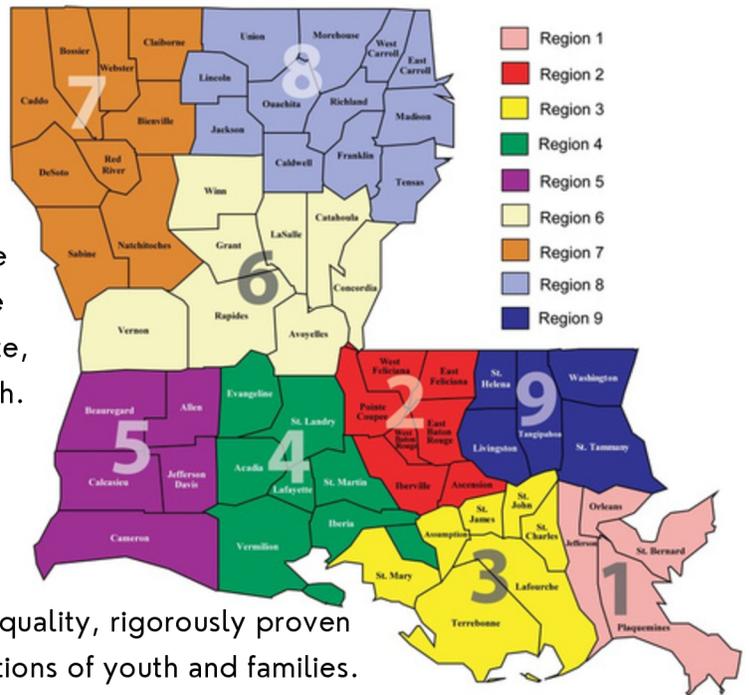
Provider Manual Contents

The Louisiana Center for Evidence to Practice is a collaboration between the Louisiana State University School of Public Health and the Louisiana Department of Health, Office of Behavioral Health. Our mission is to support the state and its agencies, organizations, communities, and providers in the selection and implementation of evidence-based interventions to promote youth and family well-being, improve behavioral health outcomes, and to address challenges related to sustaining quality practice.

We have developed this provider manual to help communities throughout Louisiana understand the services available in their region of the state. The manual has been designed to include providers working in specific regions of the state, as defined by the Louisiana Department of Health. This manual is specific for Region 4.

The agencies and providers listed in this manual have been verified in their offerings of Evidence Based Practices (EBPs). These EBPs are all high quality, rigorously proven therapies designed to improve the health conditions of youth and families. These EBPs have been empirically tested and validated among diverse populations.

The EBPs referenced in this manual fall into one of three main categories: treatment of trauma; improving child behavior; and strengthening family relationships. A comprehensive comparative table is on the following page



EBP Comparison Table

EBP	Treatment of Trauma	Improving Child Behavior	Strengthening Family Relationships
Child Parent Psychotherapy (CPP)	✓		✓
Eye Movement Desensitization and Reprocessing (EMDR)	✓		
*Functional Family Therapy (FFT)		✓	✓
*Functional Family Therapy-Child Welfare (FFT-CW)		✓	✓
*Home Builders (HB)		✓	✓
*Parents as Teachers (PAT)			✓
Parent Child Interaction Therapy (PCIT)	✓	✓	
Positive Parenting Program (Triple P)		✓	
Preschool PTSD Treatment (PPT)	✓		
*Multi-Systemic Therapy (MST)		✓	✓
*Nurse Family Partnership (NFP)			✓
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	✓		
Youth PTSD Treatment (YPT)	✓		

*Indicates therapies for which a provider travels to the clients' home

Some agencies are also trained in Advanced Human Trafficking Intervention, these are denoted with "HT Adv. Trained"

Agencies that offer EBPs in Region 4

Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Acadiana Area Human Services District	<p>Crowley Behavioral Health Center 1822 West 2nd St., Crowley. LA 70526</p> <p>Tyler Behavioral Health 302 Dulles Dr., Lafayette LA 70506</p> <p>New Iberia Behavioral Health Clinic 611 W. Admiral Doyle Dr., New Iberia, LA 70560</p>	<p>337-788-7511</p> <p>337-262-4100</p> <p>337-373-0002</p>	<p>CPP, DBT, PCIT, PPT, YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare</p>
Believe Iberia Counseling	<p>203 W. Main St., New Iberia, LA 70560</p>	<p>337-270-8226</p>	<p>TF-CBT</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare</p>
Biltmore Health Services	<p>1211 W. Vine St., Ste. C, Opelousas, LA 70570</p> <p>1405 W. Pinhook Rd., Ste. 107, Lafayette, LA 70503</p>	<p>337-678-3201</p> <p>337-232-9457</p>	<p>TF-CBT</p>	<p>Aetna, AmeriHealth, Healthy Blue</p>
Blumrich Counseling	<p>333 South Main St., Opelousas, LA 70570</p>	<p>337-945-1032</p>	<p>CPP, EMDR, PCIT, PPT, YPT</p>	
Center For Thriving Families, LLC	<p>114 Curran Ln., Ste. A-1, Lafayette, LA 70506</p>	<p>337-703-3037</p>	<p>TF-CBT, YPT</p>	<p>Aetna, AmeriHealth, Healthy Blue, LHCC, Magellan, United Healthcare</p>

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Christine Dugas, LCSW	130 Rue Beauregard, Ste. B., Lafayette, LA 70508	337-264-9855	CPP, PPT	Healthy Blue, LHCC, Magellan, United Healthcare
Gros Counseling, LLC**	160 S. Beadle Rd., Lafayette, LA 70508	337-234-0443	EMDR, PPT	
Hearts of Hope - Child Advocacy Center	911 General Mouton Ave., Lafayette, LA 70501	337-269-1557	EMDR, HT Adv. Trained, TF-CBT	<i>Child advocacy groups do not bill for services</i>
Insight Guidance Group	1602 W. Pinhook Rd., Ste. 201, Lafayette, LA 70508	337-534-0770	EMDR, DBT, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Integrated Wellness Clinic	800 W. Congress St., Ste. D, Lafayette, LA 70503	225-385-7952	TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Juliet A. Granger, LCSW, Inc.	411 Weeks St., New Iberia, LA 70560	337-577-1323	CPP, TF-CBT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
Life Path Counseling Associates	221 Rue De Jean, Ste. 126A, Lafayette, LA 70508	337-257-0479	EMDR, PPT, TF-CBT, YPT	Aetna, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
Magnolia Behavioral Health Services, LLC	Virtual appointments only	337-446-3100	PCIT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
New Approaches Mental Health Services**	449 E. St. Peter St., New Iberia, LA 70560	337-321-9204	PPT	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
New Orleans Center for Hope and Change	106 W. Bellevue St., Opelousas, LA 70570	337-407-5148	EMDR	Aetna, AmeriHealth, Healthy Blue, United Healthcare
Rivers Counseling, LLC**	2802 E. Milton Ave., Youngsville, LA 70592	337-224-3494	EMDR	Aetna, United Healthcare
St. Martin Parish School-Based Health Centers	<p>Breaux Bridge Jr. High 100 Martin St., Breaux Bridge, LA 70517</p> <p>Cecilia Jr. High 1038 School St., Cecilia, LA 70521</p> <p>St. Martinville Primary 716 N. Main St., St. Martinville, LA 70528</p> <p>328 N. Main St., Breaux Bridge, LA 70517</p>	<p>337-909-3000</p> <p>337-667-6226</p> <p>337-394-6254</p> <p>337-909-3040</p>	PPT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare

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Agency	Address	Phone Number	EBPs Offered	Medicaid Plans Accepted
St. Martin Parish School-Based Health Centers	720 N. Main St., St. Martinville, LA 70528 1021 School St., Cecilia, LA 70570	337-909-3045 337-909-3960	PPT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Stand Bayou Counseling	515B Verot School Rd., Ste. 2, Lafayette, LA 70508	337-761-6629	EMDR, TF-CBT	Aetna, Healthy Blue, Humana, LHCC, United Healthcare
The Center for Children and Families	1325 Wright Ave., Ste. D, Crowley, LA 70526	337-514-5181	HT Adv. Trained, TF-CBT, Triple P	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Family Tree Information, Education & Counseling Center	1602 W. Pinhook Rd., Ste. 100A, Lafayette, LA 70508	337-981-2180	EMDR, PCIT, PPT, TF-CBT, Triple P, YPT	AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Ministry of Reconciliation, Inc.	307 Oak Brook Blvd., Lafayette, LA 70508	985-312-2525	PPT, EMDR, TF-CBT, YPT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, Magellan, United Healthcare
Thrive Therapy - Natalie Bunner	312 Guilbeau Rd., Ste. 6A, Lafayette, LA 70506	337-359-2445	EMDR, HT Adv. Trained, PPT, TF-CBT, YPT	LHCC

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Home-Based Services offered in Region 4

Agency	Parishes Served	Phone Number	EBPs Offered	Medicaid Plans Accepted
C enter for Thriving Families	Acadia, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	337-703-3037	FFT	Aetna, AmeriHealth, Healthy Blue, Magellan, United Healthcare
Cognitive Development Center of Lafayette-Phoenix Family Life Center	Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	337-456-7880	FFT	Aetna, AmeriHealth, Healthy Blue, Humana, LHCC, United Healthcare
L ife Changing Solutions, LLC	Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	318-213-0906	FFT, FFT-CW, HB, MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
R ise 'N' Shine Counseling Agency	Iberia	225-644-6261	MST	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
T he Center for Children and Families	Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	337-514-5181	FFT, FFT-CW,	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare
The Extra Mile	Lafayette	337-237-2090	HB	

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Additional Services offered in Region 4

Service	Parishes Served	Phone Number	Medicaid Plans Accepted
Nurse Family Partnership**	Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermilion	337-262-1772	Aetna, AmeriHealth, Healthy Blue, LHCC, United Healthcare

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Center for Evidence to Practice

LSUHSC School of Public Health
2020 Gravier St. 3rd Floor, New Orleans, LA 70112
Email: EvidencetoPractice@lsuhsc.edu
Phone: 504-568-5731

