

Triple P Mandatory Orientation & Leadership Meeting #2

Center for Evidence to Practice

Thursday, August 7, 2025

12:00PM-1:00PM

LSU Health
NEW ORLEANS
School of Public Health

The logo for the Louisiana Department of Health, featuring a stylized cross made of four colored squares (blue, yellow, teal, and purple) on the left and the text "LOUISIANA DEPARTMENT OF HEALTH" on the right.

LOUISIANA
DEPARTMENT OF HEALTH

Welcome! Who is on the call?

- *Name*
- *Agency & Role*
- *How many clinicians are you supporting in this Triple P cohort?*
- *Did you get to do anything worth noting this summer?*

The word "WELCOME" is written in a large, colorful, outlined font. The letters are filled with a gradient of colors including purple, blue, green, yellow, and orange, giving it a vibrant, multi-colored appearance.

Overview

- What is Triple P?
- Consultation Schedule
- Triple P Tracking Code
- Agency Leadership Support
- Triple P Investment & Resources
- Future Meeting & EBP Leadership Survey
- Questions & Answers



We now have **nine (9) *NEW* Triple P Providers** in Louisiana!!!

Congratulations Gift!

- *All nine (9) trainees are getting five (5) copies of the Triple P Parent Workbook!*
- This is all the Center will provide clinicians; agencies need to determine long-term sustainability.
- To order additional materials, please visit this website and complete the Contact Form: [Local contacts - Triple P](#)

CONTACT

To order Triple P resources or for any other inquiries please use the form below.

* REQUIRED FIELD

NAME*

ORGANIZATION*

E-MAIL*

COUNTRY OF INTEREST*

TYPE OF INQUIRY*

MESSAGE

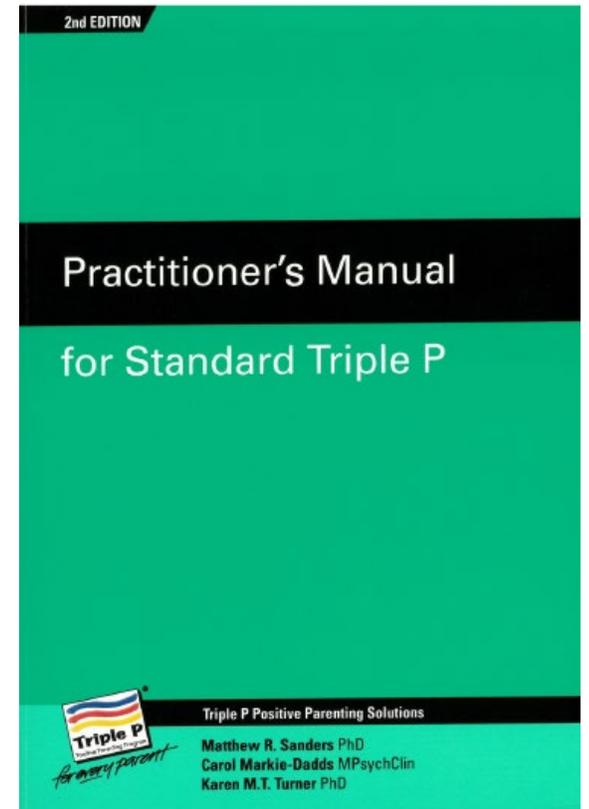
YES, I HAVE READ AND AGREED TO THE PRIVACY POLICY*

SEND

What is Level 4 Standard Triple P?

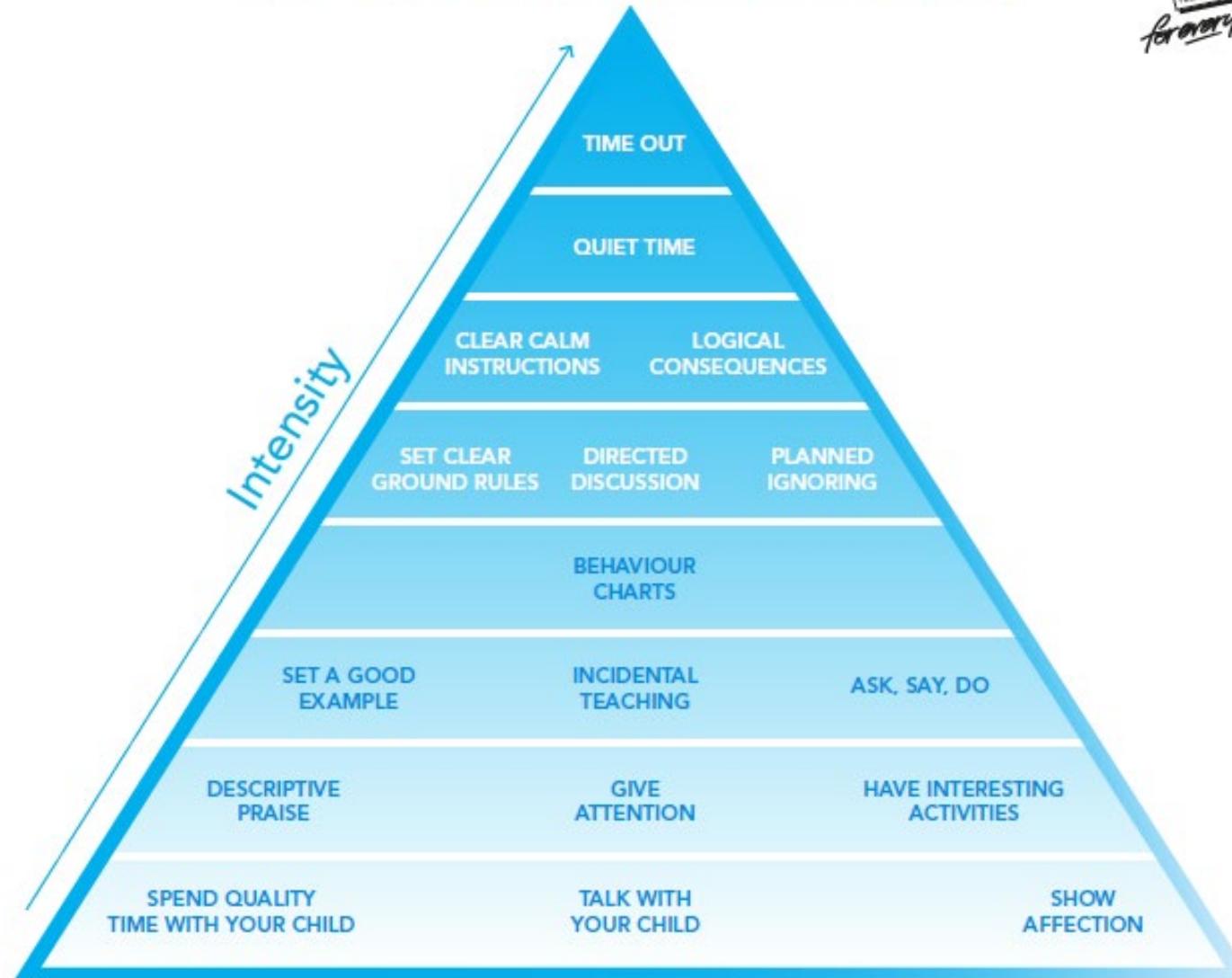
Triple P - Standard Level 4 helps parents learn strategies that promote social competence and self-regulation in children and decreases problem behavior.

Standard Triple P is designed to be delivered to the parents of children with moderate to severe behavioral difficulties.





THE TRIPLE P STRATEGY PYRAMID



Who is Standard Triple P appropriate for?

Parents and caregivers of children ages 0-12 that have a concern about their child's social, emotional, or behavioral health.



What is the content of Level 4 – Standard Triple P?

| | |
|-----------|---|
| Weeks 1-2 | <ul style="list-style-type: none">• Assessment and review of findings |
| Weeks 3-4 | <ul style="list-style-type: none">• Introduction of parenting skills and creation of parenting plan |
| Weeks 5-7 | <ul style="list-style-type: none">• Practice sessions |
| Week 8 | <ul style="list-style-type: none">• Planned activities introduction |
| Week 9 | <ul style="list-style-type: none">• Using planned activities |
| Week 10 | <ul style="list-style-type: none">• Maintenance and closure |

Triple P Training Cohort Dates

| <u>EVENTS</u> | <u>DATE</u> |
|---|--|
| <u>MANDATORY TRIPLE P ORIENTATION & LEADERSHIP MEETING 1:</u> | May 14, 2025 from 12:00pm-1:15pm |
| <u>TRAINING (PART 1) TRAINING:</u> | June 11-13, 2025 from 9:00am-4:30pm |
| <u>PART 1 CE EVALUATION DEADLINE:</u> | June 20, 2025 |
| <u>PRE-ACCREDITATION (PART 2) TRAINING:</u> | July 16, 2025 from 9:00am-4:30pm |
| <u>PART 2 CE EVALUATION DEADLINE:</u> | July 23, 2025 |
| <u>ACCREDITATION (PART 3) TRAINING:</u> | July 29-30, 2025 from 9:00am-4:30pm <i>*Each practitioner will be assigned a half-day time block to execute accreditation between these two (2) days.</i> |
| <u>MONTHLY CONSULTATION CALLS:</u> | 1-Hour Monthly consultation calls for six (6) months beginning the week of July 21st |
| <u>TRIPLE P LEADERSHIP IMPLEMENTATION MEETING #2:</u> | August 7, 2025, from 12:00pm-1:00pm |
| <u>Triple P Leadership Implementation Meeting #3</u> | November 12, 2025, from 12:00pm-1:00pm |

CEs will be provided for **social workers and counselors** who are accepted into this current Triple P training cohort. Other licensed individuals can apply through their licensing boards.



How is Triple P training structured?

- ~~1. Hard Copy Materials: Obtain Triple P materials from Triple P directly shortly before training~~
- ~~2. Standard Training – 3 full days conducted via Zoom: **June 11-13, 2025 from 9am-4:30pm**~~
- ~~3. Online Platform: Access to Triple P Provider Network for Triple P trainees!~~
- ~~4. Pre-accreditation – 1 full day via Zoom : **July 16, 2025 from 9:00am-4:30pm**~~
5. Monthly Consultation Calls (Monthly 1-Hour calls for 6 months): Post-training consultation support
 - All clinicians will gather via Zoom to discuss current cases, any process issues that arise, and delve into the details of delivering Triple P with a wide variety of families. Consultations are conducted by an accredited Triple P trainer.
- ~~6. Accreditation – 1 half day per practitioner over 2 days via Zoom (initial group of 20 participants divided into groups of 5): **July 29-30, 2025 from 9am-12:30pm or 1:30pm-5:00pm**~~

Triple P Consultation Schedule

1. Consultation Support: Once a month on 2nd Wednesday

Leadership & clinicians can view the schedule by [CLICKING HERE.](#)

| SESSION | DAY | DATE | TIME |
|-----------|------------------|----------------------|---------------------------|
| 1A | <i>Monday</i> | <i>July 21, 2025</i> | <i>12:00PM-1:00PM CDT</i> |
| 1B | <i>Wednesday</i> | <i>July 23, 2025</i> | <i>12:00PM-1:00PM CDT</i> |
| 1C | <i>Friday</i> | <i>July 25, 2025</i> | <i>12:00PM-1:00PM CDT</i> |
| 2 | Wednesday | August 13, 2025 | 12:00PM-1:00PM CDT |
| 3 | Wednesday | September 10, 2025 | 12:00PM-1:00PM CDT |
| 4 | Wednesday | October 8, 2025 | 12:00PM-1:00PM CDT |
| 5 | Wednesday | November 12, 2025 | 12:00PM-1:00PM CST |
| 6 | Wednesday | December 10, 2025 | 12:00PM-1:00PM CST |

How do I achieve Triple P Accreditation?

- ~~Attend all virtual training dates~~
 - ~~The camera **MUST BE ON** during the whole training~~
 - ~~Engage as if you were in a training room~~
 - ~~Follow the Center Training Expectations & Guidelines~~
- ~~Complete Standard Triple P Accreditation Form~~
- ~~Complete Standard Triple P Quiz~~
 - ~~30 questions, take home after training, open book~~
- ~~Demonstrate via role play with a colleague 3 competencies for delivering Triple P~~
- **Share your Standard Triple P Accreditation Certification with your MCOs entities!**
- **Submit your information on our EBP Map Webpage!**

GOAL: Obtain Triple P Accreditation

Triple P (Level 4) Accreditation – Tracking Code EB06

*****Enhanced Rate for Healthy Blue and United Healthcare*****

➤ **Qualification Standard**

- Accreditation by Triple P America (TPA)

➤ **Qualification Documentation**

- Documentation issued by Triple P America of accreditation in Triple P- Standard Level 4.

➤ **Additional Information**

- Triple P America does not maintain a public directory of accredited providers. Triple P America does issue documentation of accreditation to the individual provider.

LDH Behavioral Health Services Provider Manual:

- Check out the [Triple P \(Level 4\) Service Definition \(Pgs. 425-432\)](#) by the Louisiana Department of Health (LDH) – Louisiana Medicaid Program:

| | |
|--|--------------------|
| LOUISIANA MEDICAID PROGRAM | ISSUED: 02/25/22 |
| | REPLACED: 08/26/21 |
| CHAPTER 2: BEHAVIORAL HEALTH SERVICES | |
| APPENDIX E-8: EVIDENCED BASED PRACTICES (EBPs) POLICY – | |
| TRIPLE P- STANDARD LEVEL 4 | PAGE(S) 8 |

TRIPLE P POSITIVE PARENTING PROGRAM – STANDARD LEVEL 4

The Triple P Positive Parenting Program is a parenting and family support system designed to prevent and treat behavioral and emotional problems in children. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential. The “Triple P System” includes a suite of interventions with different intensity levels and delivery methods, to meet the individual needs of youth and parents.

Triple P – Standard Level 4 is designed to be delivered to the parents of children with moderate to severe behavioral difficulties. It is available for parents of children from birth to 12 years old and covers Triple P’s 17 core positive parenting skills that can be adapted to a wide range of parenting situations.

Triple P – Standard Level 4 is a model used within the service “Outpatient Therapy by Licensed Practitioners.” Therefore, it follows the requirements set out in the “Outpatient Therapy by Licensed Practitioners” section of this manual.

Evaluation of the Evidence Base for the EBP Model

Triple P Agency Support

- Within Agency Peer Supervision
- Caseload Adjustment
- Referral Pathways
- Website/Advertisement/Communications of services
- Auditing Opportunity
- Other Thoughts/Suggestions?

Triple P Cohort 3

- Training will begin in Spring 2026 for 20 clinician spots!



Clinicians: Common Challenges of Triple P Implementation



Clinicians:

- Cherry Picking: Waiting for the perfect case
- Only taking 1-2 cases
- Not preparing for sessions
- Attending by not participating in consultation calls
- Not seeking consultation when having difficulty with a case
- Not tracking case progress

What it Looks Like:

- “I don’t have any cases appropriate for Triple P.”
- “I explained the model, but the child and/or family was not interested.”
- “I didn’t have time to prepare for the session because.....”
- “I tried to do Triple P but the case has too many COWs”
- Catching up on notes, driving, or being distracted while in consultation meeting.”
- “I’m not sure where I am in the model”

Senior Leaders: Common Challenges of Triple P Implementation

Senior Leaders:

- Not leading regular team meetings
- Losing focus and not staying up-to-date on team participation
- Not using metrics to identify barriers to implementation
- Failing to recognize and celebrate successes

What it Looks Like:

- “We couldn’t find a time when everyone could meet.”
- “This pressing matter came up, so.....”
- Not reporting metrics back to the team

Triple P Agency Leadership Meeting Support



Upcoming Triple P Agency Leadership Meetings:

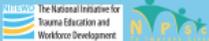
- ~~1. Triple P Leadership Meeting 1: Wednesday, May 14, 2025, from 12:00pm-1:00pm~~
- ~~2. Triple P Leadership Meeting Part 2: Thursday, August 7, 2025, from 12:00pm-1:00pm~~
3. Triple P Leadership Meeting Part 3: **Thursday, November 13, 2025, from 12:00pm-1:00pm**
 - o Register by clicking here:
<https://lsuhsc.zoom.us/meeting/register/ODESc2iGRLm-awas29gJ2Q>

Triple P Agency Investment

- Triple P has a 71% chance that benefits will exceed costs.
- You can learn more by [CLICKING HERE.](#)

Significant Benefits of Positive Parenting Support Programs

March 2025 | Elisha Lee, UNC- Chapel Hill MSW Student; National Initiative for Trauma Education and Workforce Development (NITEWD) Intern; & National Prevention Science Coalition to Improve Lives (NPSC) Intern



What Does the Research Tell Us?

Evidence-based Parenting Programs have been shown to promote positive outcomes for children and youth by providing families with the support they need to nurture their social, emotional, and behavioral health.

Adverse Childhood Experiences (ACEs)

Frequent or prolonged exposure to ACEs has the potential to change the development of a child's brain and physiology, especially if that child lacks protective and supportive adults in their life to buffer the stress (Shonkoff et al., 2012).

COST BENEFIT ANALYSIS

| Parenting Support Program | Benefits minus costs (net present value) | Benefit > Cost Ratio | Chance benefits will exceed costs |
|--|--|----------------------|-----------------------------------|
| Positive Parenting Program - Level 4 | \$4,358 | na | 97% |
| Triple P- Positive Parenting Program (System) | \$2,789 | \$8.87 | 71% |
| Strengthening Families for Parents and Youth 10-14 | \$3,344 | \$5.94 | 60% |
| Incredible Years Parent Training | \$8,698 | \$6.28 | 59% |
| Parent-Child Interaction Therapy (PCIT) for families in the child welfare system | \$32,936 | \$17.46 | 95% |
| Brief Intervention in Emergency Department (SBIRT) | \$2418 | \$5.56 | 60% |
| Multisystemic Therapy (MST) for Court-involved/ Post-Release Youth | \$19,768 | \$3.01 | 99% |

Are ACEs Preventable or Reversible?

YES!

Through Parenting Support Programs.

PPSP & Medicaid

Medicaid often bears the financial burden of treating chronic conditions, mental health issues, and other long-term health problems that can be prevented.

By intervening early and supporting parents in their ability to care for their children, positive parenting programs can have lasting effects on children's well-being. Healthier children, who are less likely to develop chronic health issues, result in **reduced lifetime healthcare costs**.

Medicaid expansion in many states provides for behavioral health services; however, currently, parenting programs are not often covered.

Triple P America Webinars

➤ Triple P America Webinars

that highlights:

- Parents of Children with Anxiety
- Families Involved with Child Welfare
- Child Abuse Prevention Through Advocacy
- Implementation Resources

| Meeting Title | Date | Platform (Zoom/Teams/etc.) |
|---|------------------------------|----------------------------|
| Introducing Fear-Less for Parents of Children with Anxiety | Wednesday, May 24, 2023 | Zoom |
| Using Triple P with Families Involved with Child Welfare | Thursday, November 30, 2023 | Zoom |
| Triple P: Promoting the Positive, Reducing the Risk | Tuesday, April 30, 2024 | Zoom |
| PASS it On! (All about PASS) | Thursday, June 27, 2024 | Zoom |
| Triple P for Baby | Tuesday, August 27, 2024 | Zoom |
| Triple P Webinar: The Positive Early Childhood Education (PECE) Program | Thursday, September 19, 2024 | Zoom |
| Triple P October Webinar: Provider Spotlight | Thursday, October 24, 2024 | Zoom |
| Tools for Success - New Implementation Resources | Monday, March 24, 2025 | Zoom |
| Partnering in Child Abuse Prevention Through Advocacy | Thursday, April 24, 2025 | Zoom |

Where can I learn more about Triple P?

Triple P America Website

[Triple P Implementation | Official Corporate site](#)

or

Triple P Evidence-Based Research (870+ articles)

[Triple P Evidence-base](#)



We want to hear from Leadership!

- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
 - <https://redcap.link/ebpleadership>



Contact Information:

Center for Evidence to Practice

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Questions:

