

Child-Parent Psychotherapy
Agency Leadership Meeting
Center for Evidence to Practice
LSUHSC School of Public Health

Part I of an 18-month Implementation-Level Course

September 8, 2025

Julie A. Larrieu, Ph.D. & Amy Dickson, Psy.D.



Hello! Who is on the call?

- First and Last Name*
- Agency & Role*
- How many clinicians are you supporting in this CPP cohort?*

Welcome

Meeting Overview

- Meet the Trainers
- Child-Parent Psychotherapy (CPP)
- Training Approach
- Agency Considerations
- Resource Sharing
- CPP Training Expectations
- Billing Questions
- Questions & Answers

Meet the CPP Trainers!



Julie Larrieu, PhD
Tulane University
School of Medicine



Amy Dickson, Psy.D.
LSUHSC New Orleans
School of Medicine

What is Child-Parent Psychotherapy?

An evidence-based method of psychotherapy for young children ages birth to six years and their caregivers who have experienced trauma

Dyadic sessions with caregiver and child are held weekly; sessions with the caregiver alone are held as needed

Lieberman & Van Horn, (2005); Lieberman, Ghosh Ippen, & Van Horn (



How CPP Helps

Decrease in children's symptoms of PTSD/Trauma
Decrease in behavior problems
Increase in secure attachment relationships
Increase in children's learning
Decrease in caregiver's PTSD and parenting stress
Improved mood in both children and caregivers
Improvement in physiological regulation and decreased cellular aging in infants and improvements in maternal cortisol regulation



<http://childparentpsychotherapy.com/about/research/>

CPP Learning Collaborative: Minimum Requirements

- Attend Three Learning Sessions
 - Session 1: Core Didactics (3-day, 18 hour minimum)
 - Session 2: Competency Building (2-day, 12 hour minimum)
 - Session 3: Competency Building (2-day, 12 hour minimum)



CPP LC: Minimum Requirements

Work with Families Using CPP

- Therapists: At least 4 parent-child dyads (at least one from “scratch”)
- Supervisors: At least 2 families
- At least 2 of the four cases must be treated for at least 16 sessions
- Child must be under age 6 at INTAKE and experienced at least one traumatic event. Loss, neglect, and exposure to impaired caregiver qualify in addition to traditional “big T” traumas
 - One case can involve in a pregnant caregiver at the start



Minimum Requirements

Participate on CPP Consultation Calls (each clinician must attend a minimum of 23 calls)

- Case-based learning
- Twice a month for one hour each
- Held by CPP trainer
- Each participant presents two times
 - Each presentation is for one hour and includes discussion by the consultant group
 - Presenter fills out a case consultation form and sends ahead of time to the consultant group
 - Supervisor is on calls with their clinician



Agency Considerations



- Are clinicians given the time & resources to conduct comprehensive assessments?
- Can toys be provided that allow for processing trauma and safety?
- Can childcare be provided if caregivers need to be seen alone?
- Is transportation for weekly sessions available?
- Can long-term therapy be offered?
- Does the agency have the capacity to provide reflective supervision to clinicians?

Additional Agency Considerations

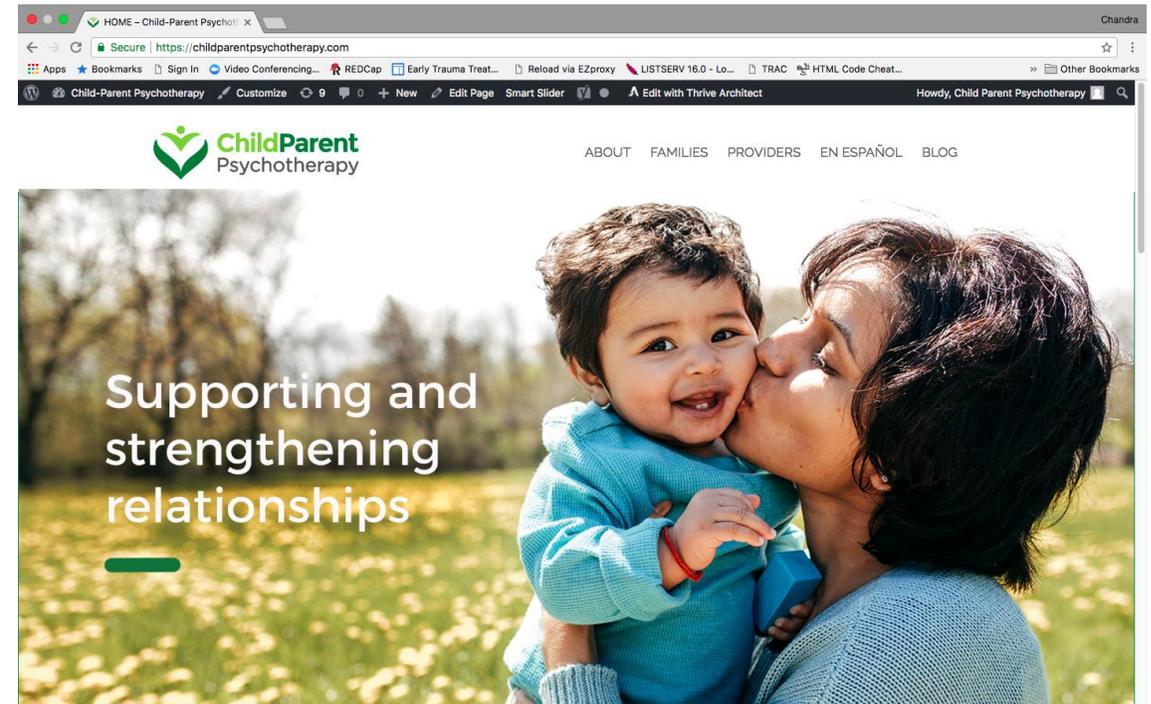
- Will clinicians be given time to discuss cases amongst each other?
- What partnerships/referral pathways exist right now with your agency to allow for young child cases to be referred to your agency?
- Does you need to adjust your clinician(s) caseload to allow for this modality?
- Have you considered adjusting advertisements on your website or providing printed materials at your agency on this **new service** your agency will offer?

CPP Online Resources: Child-Parent Psychotherapy Website: <http://childparentpsychotherapy.com/>

Visit: <https://childparentpsychotherapy.com/providers/implementationtools/>

- CPP Manuals (information)
- Fidelity Instruments
- Brochure, Screeners & Research
- Book Lists
- CPP Toolkit
- Connect with us on Facebook and Pinterest (links at the bottom of each page of the website)

And much more ...



Foundational Knowledge

Read Don't Hit My Mommy- 2nd Edition
Sections I & II (p.1-187)

Additional Resources to Follow





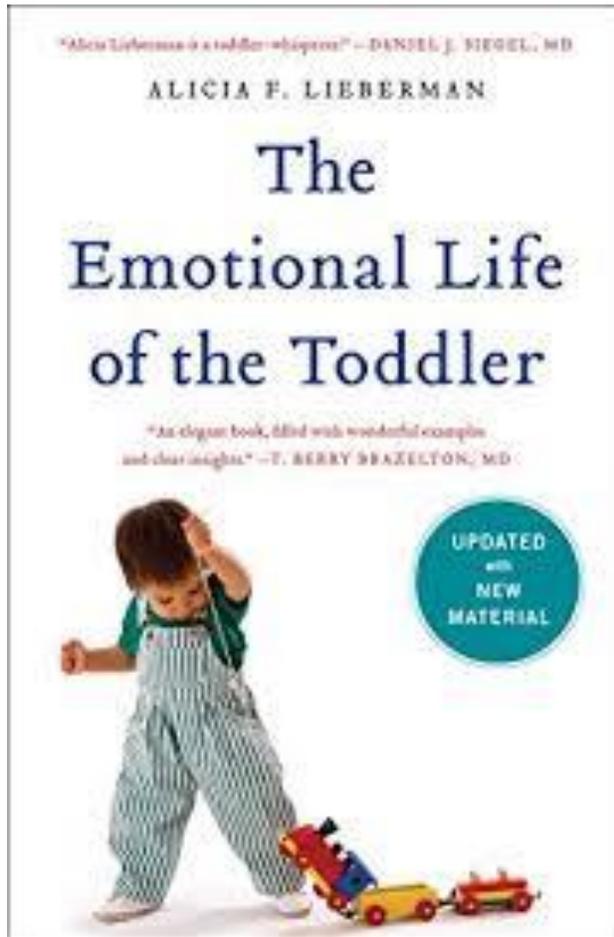
CPP Foundational Knowledge



- Infant and early childhood development
- Adult development
- Societal influences on functioning
- Developmental psychopathology and diagnostic frameworks
- Trauma Theory
- Reporting laws and ethics

(Lieberman, Ghosh Ippen, & Van Horn, 2015)

Infant & Early Childhood Development



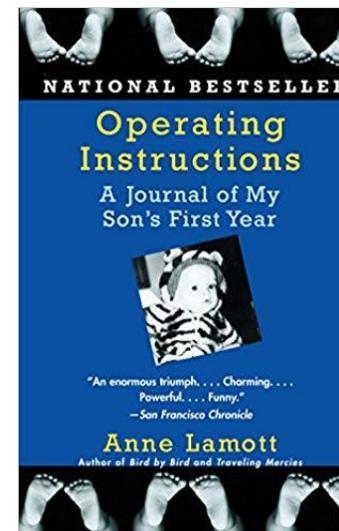
Learning Resources

- *TouchPoints* (Brazelton)
- *The Emotional Life of the Toddler* (Lieberman)
- *The Magic Years* (Fraiberg)
- Attachment Vitamins eCourse
 - Learn.nctsn.org



Adult Development

- Strive for balance between autonomy and intimacy
- Establish own values, relationships, patterns of living
- Parenthood as a normal developmental transition
 - CPP can take advantage of opportunities for growth presented by the transitional space
- Balance demands of parenthood with demands of other relationships and individual desires



Operating Instructions: A Journal of My Son's First Year
- Anne Lamott

Van Horn & Lieberman, 2010



Societal Influences

- Understanding oneself in their environment
- Acquiring fundamental knowledge about a society, but accepting within-societal and environmental differences
- Eliciting the family's view of its place in its environment
- Understanding issues related to acculturation
- Understanding family traumas and their effects on different groups

(Van Horn & Lieberman, 2010)

Trauma Theory: Resources



- NCTSN Core Curriculum on Childhood Trauma: <https://www.nctsn.org/resources/12-core-concepts-online-interactive-course>
- NCTSN 12 Core Trauma Concepts: <https://www.nctsn.org/resources/12-core-concepts-concepts-understanding-traumatic-stress-responses-children-and-families>
- The Ripple Effect Training (Ghosh Ippen)

CPP 2025-2026 Training Cohort Dates

<u>Events</u>	<u>Date</u>
RFA Opens	Monday, June 23, 2025
APPLICATION DEADLINE	WEDNESDAY, AUGUST 6, 2025
Notification of Application Status	Wednesday, August 13, 2025
Training Commitment Due	Wednesday, August 27, 2025
Textbook Request Form Due	Wednesday, August 27, 2025
Leadership Meeting #1	Monday, September 8, 2025 from 12pm-1pm CDT
MANDATORY Pre-Work Meeting	Monday, September 15, 2025 from 11am-1pm CDT
Learning Session 1	October 6-8, 2025 from 8:30am-5pm CDT
LS1 CE Eval Due	October 15, 2025
Leadership Meeting #2	Monday, January 12, 2026 from 12pm-1pm CST
Learning Session 2	April 9-10, 2026 from 8:30am-5:00pm CDT
LS2 CE Eval Due	April 17, 2026
Leadership Meeting #3	Monday, May 11, 2026 from 12pm-1pm CDT
Leadership Meeting #4	Monday, September 14, 2026 from 12pm-1pm CDT
Learning Session 3	October 7-8, 2026 from 8:30am-5:00pm CDT
LS3 CE Eval Due	October 15, 2026
Leadership Meeting #5	Monday, January 11, 2027 from 12pm-1pm CST
Consultation Call Commitment (Finalized during CPP LS1 Training)	Attend bi-weekly 1-hour consultation calls for 18 months

CEs will be provided for **social workers** and **counselors** who are accepted into this current CPP training cohort.



We want to hear from you!

❑ Let us know what would be most helpful/beneficial during these calls!

❑ Feedback can be provided here:
<https://redcap.link/ebpleadership>



CPP Leadership Meetings

- ~~1. CPP Meeting #1: Monday, September 8, 2026, from 12pm-1pm~~
- 2. CPP Meeting #2: Monday, January 12, 2026, from 12pm-1pm**
 - You can register by clicking here:
<https://lsuhsc.zoom.us/meeting/register/P3b8R9z3QPqRfF2zUOXWqA>
3. CPP Meeting #3: Monday, May 11, 2026, from 12pm-1pm
 - You can register by clicking here:
<https://lsuhsc.zoom.us/meeting/register/dWzUSoEbQ0a9Uzuh87yVBQ>
4. CPP Meeting #4: Monday, September 14, 2026, from 12pm-1pm
 - You can register by clicking here: <https://lsuhsc.zoom.us/meeting/register/s-ok1ereQ1WVuBP4MjX-qw>
5. CPP Meeting #5: Monday, January 11, 2027, from 12pm-1pm
 - You can register by clicking here:
<https://lsuhsc.zoom.us/meeting/register/ZwYUHbUVTsOGI1hknzTyRg>

GOAL: To become CPP Rostered!

Child-Parent Psychotherapy (CPP) – [Tracking Code EB02](#)

➤ Qualification Standard

- Rostered as a trained CPP therapist by UCSF Child Trauma Research Program

➤ Qualification Documentation

- Certificate in Child-Parent Psychotherapy issued by the Child Trauma Research Program at UCSF
- OR inclusion on the CPP Provider Roster

➤ Additional Information

- CPP trainers issue the certificate upon completion of the training and consultation requirements for rostering. Therapists should contact their CPP trainers for a copy of the certificate if needed. Rostered therapists may be included on the CPP Provider Roster website <https://childtrauma.ucsf.edu/cpp-provider-roster>; however, this list is not comprehensive and a rostered therapist may elect to not be included on the list.

Where can I learn more about CPP?

Visit the National Website for CPP:

- <https://childparentpsychotherapy.com/about/>



ChildParent
Psychotherapy

Billing Questions

- Medicaid Billing
 - 90847- For the dyadic therapy
 - 90846- For meeting with the caregivers without the child
 - You can also bill an initial evaluation session
- Medicaid does not allow you to charge for more than one session a day
- Bill under the child's Medicaid number as may have families with more than one child

Contact Information

Center for Evidence to Practice
Email: EvidenceToPractice@lsuhsc.edu
Phone: (504) 568-5731



Questions?

Thoughts and Reflections

