

# EMDR Cohort 9: Leadership Meeting #2

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***Center for Evidence to Practice***

Friday, September 5, 2025

12:00PM-1:00PM CDT

**LSU Health**  
NEW ORLEANS  
School of Public Health

 **LOUISIANA  
DEPARTMENT OF HEALTH**

# Thank you for your investment in EMDR!

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*thank  
you*

# Overview

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- Overview, Training Update, & Breakout Directions
- Breakout Groups
- Share out & Discussion
- Consultation & Auditing
- EMDR Training Logistics, Consultation & Avatars
- Questions & Answers

# How is EMDR Basic Training structured?

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- ~~**MANDATORY EMDR Basic Training Orientation: Tuesday July 29, 2025 12pm-1pm CST**~~
- ~~**By Orientation – Enroll in Canvas classroom:**~~ Complete the prerequisites
- ~~**Part 1 Basic Training: August 27-29, 2025 from 9:00am-5:30pm**~~
- ~~**ONE 2-hour Consultation Call:**~~ Groups of 5-10 clinicians receive ongoing case consultation from EMDRIA approved consultants
  - ~~Present **one (1) EMDR Basic Training case** & begin to use the model in phases 1 & 2~~
- **Part 2 Basic Training: October 8-10, 2025 from 9:00am-5:30pm**
- **TEN 1-hour Consultation Calls:** Groups of 5-10 clinicians receive ongoing case consultation from EMDRIA approved consultants
  - Present **two (2) EMDR Basic Training case** & use the model in all 8 phases

# 2025 EMDR Training Timeline

Event	Timeline
EMDR Training Commitment and Textbook Request Form Due	Friday, July 18, 2025
EMDR Agency Leadership Meeting #1	Tuesday, July 22, 2025, from 12:00-1:00pm CDT
Mandatory EMDR Orientation Meeting	Tuesday, July 29, 2025, from 12:00-1:00pm CDT
EMDR Training Part 1	Wednesday, August 27-Friday, August 29, 2025, from 9:00am-5:30pm CDT
CE Evaluation for Part 1 Due	Friday, September 5, 2025
EMDR Agency Leadership Meeting #2	Friday, September 5, 2025, from 12:00-1:00pm CDT
EMDR Training Part 2	Wednesday, October 8-Friday, October 10, 2025, from 9:00am-5:30pm CDT
CE Evaluation for Part 2 Due	Friday, October 17, 2025
EMDR Agency Leadership Meeting #3	Friday, October 17, 2025, from 12:00-1:00pm CDT
Consultation Call Commitment	2-Hour consultation call before Part 2 and monthly 1-Hour consultation calls after Part 2 for up to 10 months.

CEs will be provided for **social workers and counselors** who are accepted into this current EMDR Basic Training cohort. Other licensed individuals can apply through their licensing boards.



# EMDR Basic Training Trainee Evaluation Feedback: Part 1

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“Excellent training. I appreciated the clarity, pacing, and supportive learning environment. I feel well-prepared to continue building my skills with EMDR.”

**“The access to information and training material is exceptional.”**

“How to properly implement EMDR into my cases to help improve trauma responses.”

*“The hands-on practice that I was able to utilize to feel more confident.”*

# Welcome! Breakout Groups:

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- *Please round robin your **name, agency, and location** in Louisiana*
- ***1<sup>st</sup> time** with EMDR trainees at agency OR **Have had previous EMDR trainees?***
- *What **supports** do you need with EMDR implementation?*
- *What **concerns** do you have with EMDR implementation?*



**\*\*Document who will record & share following breakout groups!\*\***

# Share out & Discussion:

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# EMDR Agency Support

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- Within agency peer supervision
- Caseload adjustment
- Referral pathways
- Website/Advertisement of Services
- Other Thoughts/Suggestions?

# Consultation Sign Up

- Trainees signed up for consultation:
- Between Part 1 and Part 2: [Consultation Sign Up Between Part 1 and Part 2 Link](#)
- After Part 2: [Part 2 Consultation Spreadsheet Link](#)

**Part 1**  
**MAXIMUM 10 TRAINEES IN ANY GROUP**

This sign-up is for the group consultations after Part 1 before Part 2  
**Consultants:** attendance will be taken in a separate spreadsheet; the link will be shared with you.

**Directions**

1. You must sign up for 1 consultation group between Part 1 and Part 2 (one 2-hour session).
2. **DO NOT ADD AN EXTRA LINE TO FIT IN YOUR NAME - GROUPS OF 10 PEOPLE MAX**
3. If you cannot make this work, please email a classmate to see if they can switch with you

**Consultant: Christina Watts-Figueroa**  
**SELECT TIMES FROM THE SAME COLOR GROUP.**

**Date and Time** Friday, 8 September 18th 8 am to 11 am  
**Facilitator** Christina Watts-Figueroa  
**Email Form to** [christina@cwfpilc.com](mailto:christina@cwfpilc.com)  
**Case Presentation Form** [Link to Case Presentation Form](#)  
**Zoom Link** [meet.google.com/fwm-fnj-fsd](https://meet.google.com/fwm-fnj-fsd)

Type your name below to reserve your spot.

# Available	Name	Email
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

**Consultant: Natacha Kerelejza**  
**SELECT TIMES FROM THE SAME COLOR GROUP.**

**Date and Time** September 18, 2025, 12:00 - 2:00pm  
**Facilitator** Natacha Kerelejza  
**Email Form to** [natacha@dreamwiseilc.com](mailto:natacha@dreamwiseilc.com)  
**Case Presentation Form** [Link to Case Presentation Form](#)  
**Zoom Link** <https://us02web.zoom.us/j/88925619327?pwd=Q1MHRVVSYSYkFQZzZuUjU5SGRkVjRlRz09>

Type your name below to reserve your spot.

# Available	Name	Email
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

**Consultant: Barbara Banda**  
**SELECT TIMES FROM THE SAME COLOR GROUP.**

**Date and Time** September 12, 2025, 10am-12pm  
**Facilitator** Barbara Banda

**Part 2**  
**MAXIMUM 10 TRAINEES IN ANY GROUP**

1. You must sign up for 10 consultation groups after Part 2 (10 one-hour sessions)
2. **Use the tabs at the bottom** to view the information for each consultant. Select a Consultant and sign up for their sessions.
3. **DO NOT ADD AN EXTRA LINE TO FIT IN YOUR NAME - GROUPS OF 10 PEOPLE MAX**
4. You must present 2 cases at 2 separate consultation groups; be sure to sign up for that as well.
5. If you cannot make this work, please email a classmate to see if they can switch with you

**Consultant: Christina Watts-Figueroa**  
**Zoom Link for Sessions** [meet.google.com/fwm-fnj-fsd](https://meet.google.com/fwm-fnj-fsd)

**Date and Times of 10 Sessions**  
 All sessions are 1 hour.

Session	Date - Monday	Time - 1 Hour	# People In Group	Your Name	Email Address
1	10/20/25	9:00 AM	1		
2	11/3/25	9:00 AM	2		
3	11/17/25	9:00 AM	3		
4	12/8/25	9:00 AM	4		
5	12/29/25	9:00 AM	5		
6	1/12/26	9:00 AM	6		
7	2/2/26	9:00 AM	7		
8	2/23/26	9:00 AM	8		
9	3/9/26	9:00 AM	9		
10	3/30/26	9:00 AM	10		

Sign Up with This Consultant  
 Type your name below to reserve a spot with this Consultant's 10 sessions.

**Sign Up for Case Presentations**  
**Email Case Presentation Form to** [christina@owfpilo.com](mailto:christina@owfpilo.com)  
**Case Presentation Form** [Link to Case Presentation Form](#)

**Session 1 of 10**  
**Date and Time** Monday, October 20, 2025 at 9 am CST  
**# Available** Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.  
 Case 1  
 Case 2

**Session 2 of 10**  
**Date and Time** Monday, November 3, 2025 at 9 am CST  
**# Available** Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.  
 Case 1  
 Case 2

**Session 3 of 10**  
**Date and Time** Monday, November 17, 2025 at 9 am CST  
**# Available** Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.  
 Case 1  
 Case 2

**Session 4 of 10**  
**Date and Time** Monday, December 8, 2025 at 9 am CST  
**# Available** Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.  
 Case 1  
 Case 2

**Session 5 of 10**  
**Date and Time** Monday, December 29, 2025 at 9 am CST  
**# Available** Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.  
 Case 1  
 Case 2

**Session 6 of 10**  
**Date and Time** Monday, January 12, 2026 at 9 am CST  
**# Available** Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.  
 Case 1  
 Case 2

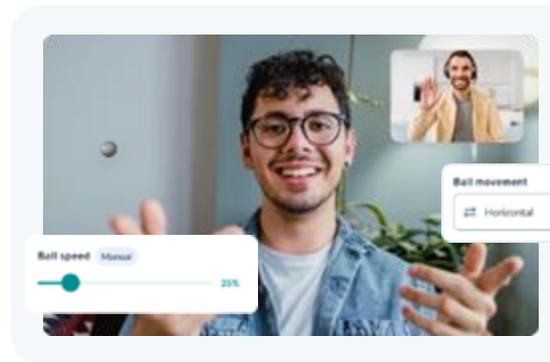
**Session 7 of 10**  
**Date and Time** Monday, February 2, 2026 at 9 am CST  
**# Available** Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.  
 Case 1

## Learning EMDR and implementing EMDR

Free access to two products: WeMind EMDR and PracticeEMDR. Learn the basics of EMDR and use it for in-person and remote EMDR sessions. Completely free for 3 months during this training.

### Choose EMDR Platform

#### We mind.

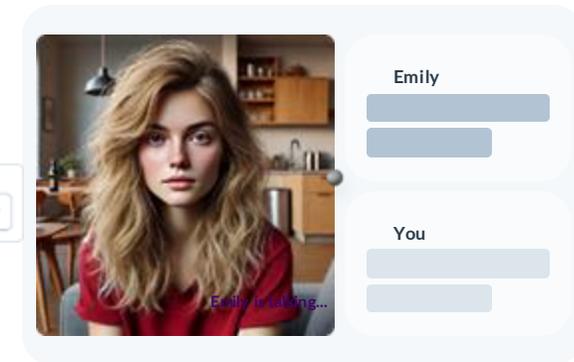


#### Session with real client

Use and customize visual and audio techniques via secure video call

[Go to WeMind](#)

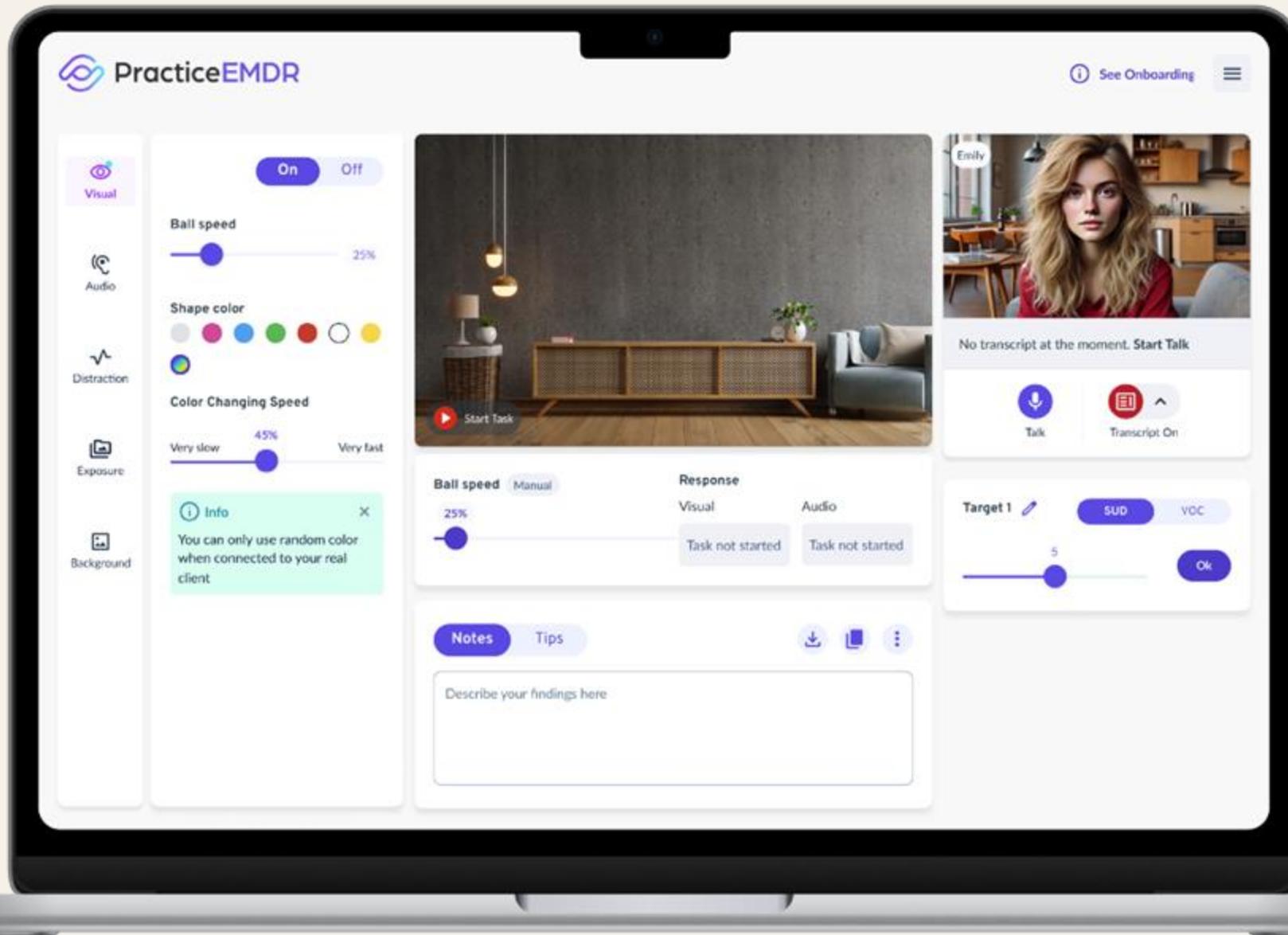
#### PracticeEMDR



#### Practice session with AI

Choose between 5 AI avatars with different level of difficulties and mental disorders

[Go to PracticeEMDR](#)



# Practice EMDR on virtual avatars

**PracticeEMDR.com**

Feel confident in your first EMDR Session. Starting your first EMDR session can feel overwhelming, especially without clients to practice on. PracticeEMDR is a realistic client simulator that lets you start practicing, so you'll feel ready and confident for your first EMDR session.

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*“Practicing with Practice  
EMDR before starting helps  
build confidence.”*



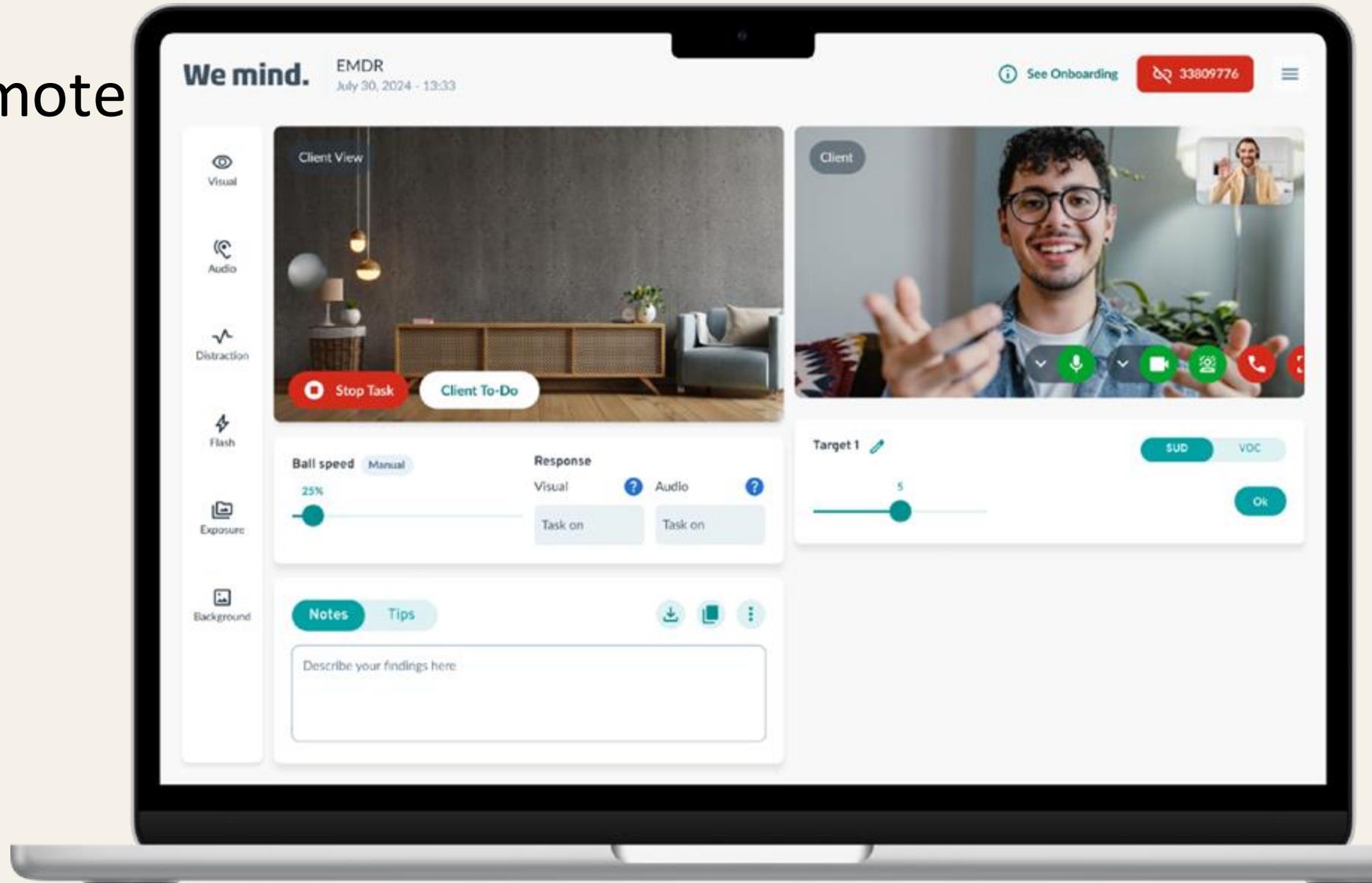
Angelica Esposito

EMDR learner, certified since 2025

# In-person & remote EMDR sessions

## WeMind EMDR

A HIPAA-compliant platform,  
For regular BLS or an interactive mode. The  
BLS speed adjusts to fit their personal needs  
and helps you improve your session  
outcome.



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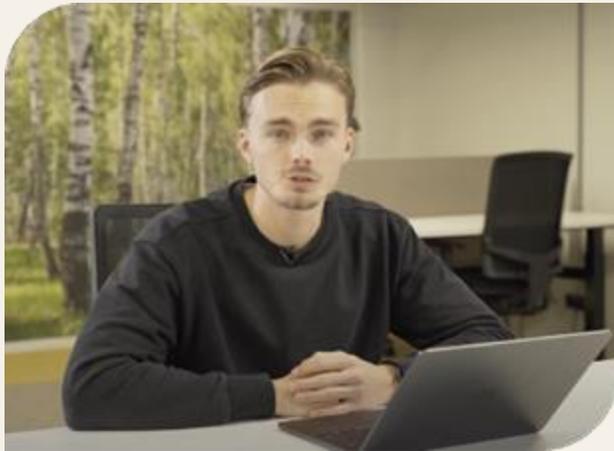
“WeMind doubles the confidence and effectiveness of an EMDR clinician.”



*Alex Furches*

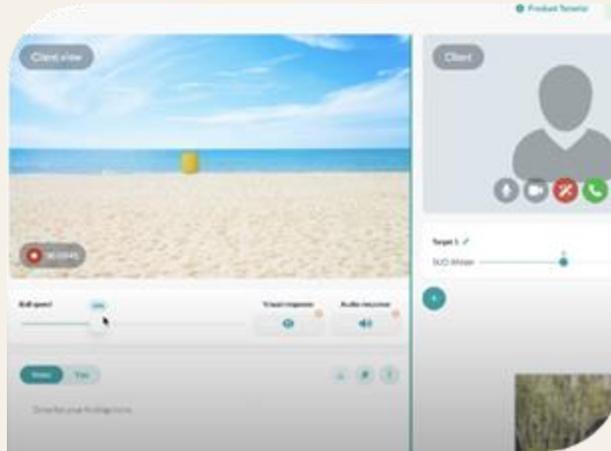
*EMDRIA Approved Consultant*

# More information



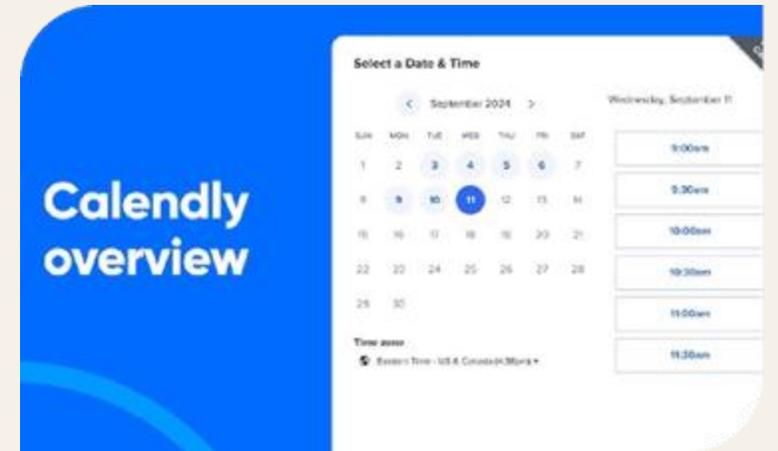
<https://www.youtube.com/watch?v=f2DAiAxlU1Y>

**Practice EMDR  
(3-min demo)**



<https://www.youtube.com/watch?v=uws4F7xRSlo&t=37s>

**WeMind EMDR  
(in-depth demo)**



<https://cal.com/daan-from-wemind/15min>

**Schedule a 15-min demonstration  
call**

# Sign up for both programs for free



## ■ Go to the sign up page

Or scan the QR code on the left to go towards the sign up page.

<https://we-mind.app/auth/promo-signup?lang=us>

## ■ Create your account

Fill in your info and create account. You now have a 7 day account without credit card info needed. Use code below in manage account to get 3 months for free.

## ■ Use discount code: **HSYWMMF**

Fill in the discount code: **HSYWMMF** to get 100% discount for the first 3 months at checkout. Fill in cc details to enter. No obligations at all.

# EMDR Agency Leadership Call Meeting Series

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## Upcoming EMDR Agency Leadership Meetings:

- ~~1. Agency Leadership Meeting Part 1: Tuesday, July 22, 2025, from 12:00PM-1:00PM~~
- ~~2. Agency Leadership Meeting Part 2: Friday, September 5, 2025, from 12:00PM-1:00PM~~
3. Agency Leadership Meeting – Part 3: Friday, October 17, 2025, from 12:00PM-1:00PM

◦ Click here to register:

<https://lsuhsc.zoom.us/meeting/register/nl0cbCieQGmx9IbdnKAQQw>

# Where can I learn more about EMDR Basic Training?

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*Visit the EMDRIA Website for further information on EMDR Basic Training:*

<https://www.emdria.org/emdr-training/>



# We want to hear from you!

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- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
  - <https://redcap.link/ebpleadership>



# Contact Information:

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***Center for Evidence to Practice***

Email: [EvidenceToPractice@lsuhsc.edu](mailto:EvidenceToPractice@lsuhsc.edu)

Phone: (504) 568-5731

# Questions:

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