

EMDR Cohort 9: Leadership Meeting #3

Center for Evidence to Practice

Friday, October 17, 2025

12:00PM-1:00PM CDT

LSU Health
NEW ORLEANS
School of Public Health

The logo for the Louisiana Department of Health, featuring a stylized cross icon with blue and yellow segments.

LOUISIANA
DEPARTMENT OF HEALTH

Welcome: Drop in the Chat!

- *Name & Agency*
- *How many clinicians are you supporting in this EMDR Cohort 9?*
- *Where are you located in Louisiana*



Thank you for your investment in EMDR!



thank
you

- ***100% Attendance & Engagement for Part 1 and Part 2 of EMDR Training!!!***
- **Made history!**

Overview

- Introductions
- Part 2 Feedback
- EMDR Status Poll
- Common Difficulties & Framing
- Breakout Groups for Obstacles & Successes
- Debrief & Discussion
- Consultation following Part 2 Training
- Questions & Answers

EMDR Basic Training Trainee Evaluation Feedback: Part 2



“I really enjoyed being able to put what was learned earlier in the day, into practice in the afternoon. Being able to participate as a client, therapist, and observer is truly helpful for the purpose of learning and getting a true understanding of the material.”

“How to effectively utilize EMDR in a session with a variety of clients and presenting problems.”

“I enjoyed the practice and the supportive atmosphere. I loved the guest speaker who educated us on trauma and addiction in relation to EMDR.”

“Learning about EMDR and meeting other mental health providers across the state.”

POLL TIME:

➤ We want to hear from you!

- Once we get enough responses, we will share the results!



Common Difficulties with EMDR Implementation: Clinician Mindset



Clinicians:

- Cherry Picking: Waiting for the perfect case
- Not preparing for sessions
- Schedule not conducive to the model
- Attending but not participating in consultation calls
- Not seeking consultation when having difficulty with a case
- Not tracking case progress

What it Looks Like:

- "I don't have any cases appropriate for EMDR Therapy"
- "I only see clients infrequently, maybe once a month or so"
- "I explained EMDR, but they were not interested."
- "I didn't have time to prepare for the session because....."
- "I tried to do EMDR, but the case has too many crises of the week (COWS)"
- Catching up on notes, driving, or checking social media while in consultation meeting.
- "I'm not sure I understand where I am in the model."

Common Difficulties with EMDR Implementation: Senior Leader Mindset

Senior Leader:

- Not leading regular team meetings
- Losing focus and not staying up to date on team participation
- Not using metrics to identify barriers to implementation
- Failing to recognize and celebrate successes

What it Looks Like:

- “We couldn’t find a time when everyone could meet.”
- “This pressing matter came up, so.....”
- Not reporting metrics back to the team
- Not creating enough time or frequent enough session to work in the EMDR model for therapist

Welcome! Breakout Groups:

- *Please round robin (if needed) of your **name, agency, and location** in Louisiana*
- *What **successes** do you have with EMDR implementation?*
- *What **obstacles** do you have with EMDR implementation?*



****Document who will record & share following breakout groups!****

Share out & Discussion:



- *Please have your pre-selected person speak on **main takeaways** and share only if there is something **new** to add to the discussion.*

EMDR Agency Support

- Within agency peer supervision
- Caseload adjustment
- Referral pathways
- Website/Advertisement of Services
- Other Thoughts/Suggestions?

How is EMDR Basic Training structured?

- ~~MANDATORY EMDR Basic Training Orientation: Tuesday July 29, 2025 12pm-1pm CST~~
 - ~~By Orientation – Enroll in Canvas classroom: Complete the prerequisites~~
- ~~Part 1 Basic Training: August 27-29, 2025 from 9:00am-5:30pm~~
 - ~~ONE 2-hour Consultation Call: Groups of 5-10 clinicians receive ongoing case consultation from EMDRIA approved consultants~~
 - ~~Present one (1) EMDR Basic Training case & begin to use the model in phases 1 & 2~~
- ~~Part 2 Basic Training: October 8-10, 2025 from 9:00am-5:30pm~~
 - **TEN 1-hour Consultation Calls for up to 10 months:** Groups of 10 clinicians receive ongoing case consultation from EMDRIA approved consultants on a bi-weekly or monthly basis
 - **Present two (2) EMDR Basic Training case & use the model in all 8 phases**

Consultation Schedule:

- Trainees attend consultation:
- After Part 2: [Part 2 Consultation Spreadsheet Link](#)

Part 2
MAXIMUM 10 TRAINEES IN ANY GROUP

1. You must sign up for 10 consultation groups after Part 2 (10 one-hour sessions)
2. Use the tabs at the bottom to view the information for each consultant. Select a Consultant and sign up for their sessions.
3. DO NOT ADD AN EXTRA LINE TO FIT IN YOUR NAME - GROUPS OF 10 PEOPLE MAX
4. You must present 2 cases at 2 separate consultation groups; be sure to sign up for that as well.
5. If you cannot make this work, please email a classmate to see if they can switch with you

Consultant: Christina Watts-Figueroa
Zoom Link for Sessions: meet.google.com/tye-uhpm-tjc

Dates and Times of 10 Sessions				Sign Up with This Consultant		
All sessions are 1 hour.				Type your name below to reserve a spot with this Consultant's 10 sessions.		
Session	Date - Monday	Time - 1 Hour	# People in Group	Your Name	Email Address	
1	10/20/25	9:00 AM	1			
2	11/3/25	9:00 AM	2			
3	11/17/25	9:00 AM	3			
4	12/8/25	9:00 AM	4			
5	12/29/25	9:00 AM	5			
6	1/12/26	9:00 AM	6			
7	2/2/26	9:00 AM	7			
8	2/23/26	9:00 AM	8			
9	3/9/26	9:00 AM	9			
10	3/30/26	9:00 AM	10			

Sign Up for Case Presentations
Email Case Presentation Form to: christina@owfpilo.com
Case Presentation Form: [Link to Case Presentation Form](#)

Session 1 of 10
Date and Time: Monday, October 20, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 2 of 10
Date and Time: Monday, November 3, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 3 of 10
Date and Time: Monday, November 17, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 4 of 10
Date and Time: Monday, December 8, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 6 of 10
Date and Time: Monday, December 29, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 8 of 10
Date and Time: Monday, January 12, 2026 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 7 of 10
Date and Time: Monday, February 2, 2026 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____

- **TOTAL: 10 hours of consultation**
- ***Either bi-weekly or monthly***

We want to hear from you!

- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
 - <https://redcap.link/ebpleadership>



Where can I learn more about EMDR Basic Training?

Visit the EMDRIA Website for further information on EMDR Basic Training:

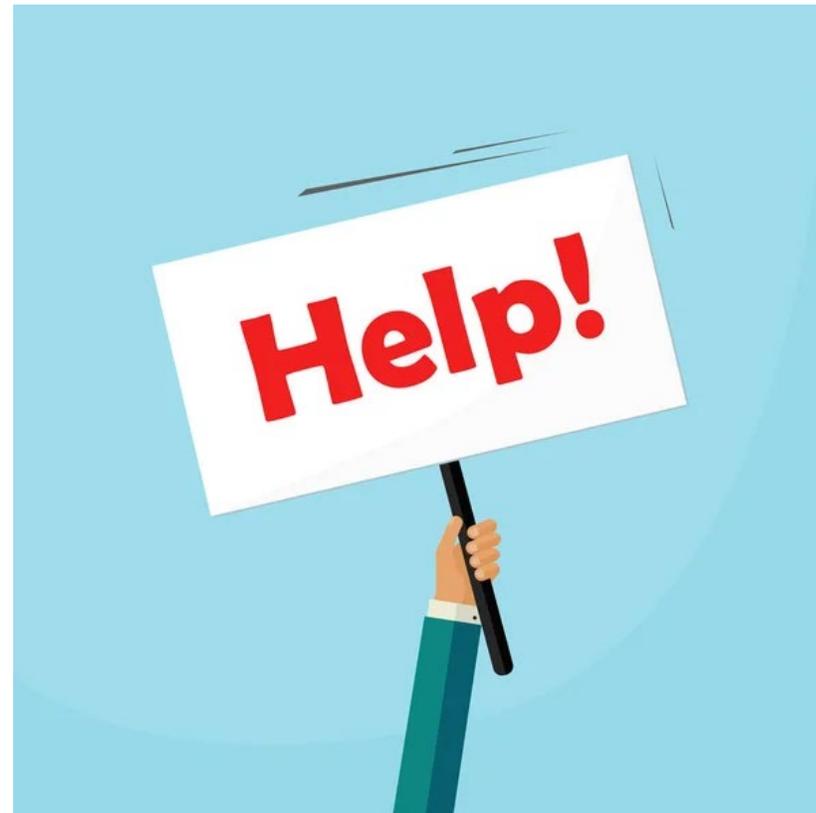
<https://www.emdria.org/emdr-training/>



EMDR Agency Leadership Calls:

➤ **Helpful to repeat?**

- Give us a show of hands



EMDR Agency Leadership Call Meeting Series



Upcoming EMDR Agency Leadership Meetings:

- ~~1. Agency Leadership Meeting – Part 1: Tuesday, July 22, 2025, from 12:00PM-1:00PM~~
- ~~2. Agency Leadership Meeting Part 2: Friday, September 5, 2025, from 12:00PM-1:00PM~~
- ~~3. Agency Leadership Meeting – Part 3: Friday, October 17, 2025, from 12:00PM-1:00PM~~
4. Agency Leadership Meeting – Part 4: Friday, January 23, 2026, from 12:00PM-1:00PM
 - You can register by clicking here: [Meeting Registration - Zoom](#)

Questions:



Contact Information:

Center for Evidence to Practice

Email: EvidenceToPractice@lsuhsc.edu

Phone: (504) 568-5731