

# TF-CBT Senior Leadership Meeting #2

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***Center for Evidence to Practice***

Tuesday, December 9, 2025

12:00PM-1:00PM CST

**LSU Health**  
NEW ORLEANS  
School of Public Health

 **LOUISIANA**  
**DEPARTMENT OF HEALTH**

# Welcome! Who is on the call?

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- *Name & Agency*
- *How many clinicians are you supporting in this TF-CBT Cohort 10?*
- *Where are you located in Louisiana?*



# Thank you for your investment in TF-CBT!

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thank  
you

- ***100% of Trainees have at least one (1) case!!!***
- **Made history!**

# Overview

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- Feedback from LS1
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- TF-CBT Cohort 10 Training Dates
- TF-CBT Certification Process
- Common COWs of TF-CBT Implementation
- TF-CBT Agency Support
- Future Call Schedule & Survey for Feedback

# What is one take-away from LS1?

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*“Hearing about real life case examples as this is personally the most helpful way for me to learn new material.”*

**-TF-CBT Trainee Evaluation Feedback**

*“I look forward to continuing to grow and evolve in my practice through the use of TF-CBT.”*

**-TF-CBT Trainee Evaluation Feedback**

*“I will take many things from this training into practice. I feel like I learned a lot from this training especially hearing about real life case examples.”*

**-TF-CBT Trainee Evaluation Feedback**

# POLL TIME:

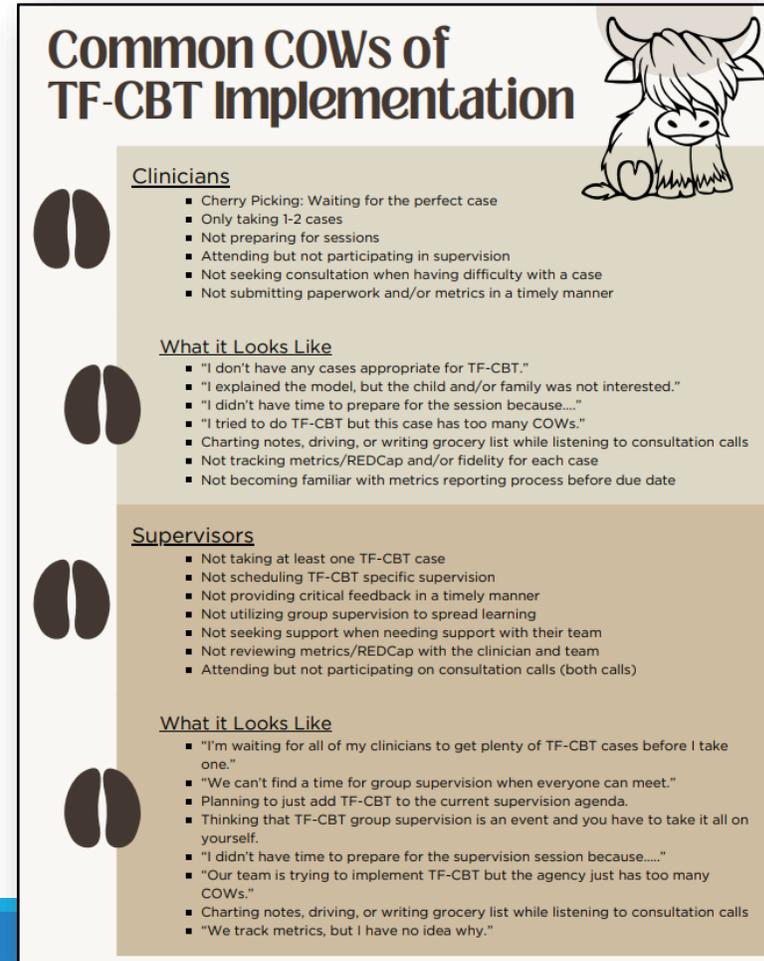
## ➤ We want to hear from you!

- Once we get enough responses, we will share the results!



# Common COWs of TF-CBT Implementation

➤ To review some *barriers to TF-CBT implementation*, please access [THIS LINK: Copy of Common Cows of TF-CBT Implementation](#)



## Common COWs of TF-CBT Implementation



### Clinicians

- Cherry Picking: Waiting for the perfect case
- Only taking 1-2 cases
- Not preparing for sessions
- Attending but not participating in supervision
- Not seeking consultation when having difficulty with a case
- Not submitting paperwork and/or metrics in a timely manner

### What it Looks Like

- "I don't have any cases appropriate for TF-CBT."
- "I explained the model, but the child and/or family was not interested."
- "I didn't have time to prepare for the session because..."
- "I tried to do TF-CBT but this case has too many COWs."
- Charting notes, driving, or writing grocery list while listening to consultation calls
- Not tracking metrics/REDCap and/or fidelity for each case
- Not becoming familiar with metrics reporting process before due date

### Supervisors

- Not taking at least one TF-CBT case
- Not scheduling TF-CBT specific supervision
- Not providing critical feedback in a timely manner
- Not utilizing group supervision to spread learning
- Not seeking support when needing support with their team
- Not reviewing metrics/REDCap with the clinician and team
- Attending but not participating on consultation calls (both calls)

### What it Looks Like

- "I'm waiting for all of my clinicians to get plenty of TF-CBT cases before I take one."
- "We can't find a time for group supervision when everyone can meet."
- Planning to just add TF-CBT to the current supervision agenda.
- Thinking that TF-CBT group supervision is an event and you have to take it all on yourself.
- "I didn't have time to prepare for the supervision session because..."
- "Our team is trying to implement TF-CBT but the agency just has too many COWs."
- Charting notes, driving, or writing grocery list while listening to consultation calls
- "We track metrics, but I have no idea why."

# Welcome! Breakout Groups:

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- *Please round robin (if needed) of your **name, agency, and location** in Louisiana*
- *What **successes** do you have with TF-CBT implementation?*
- *What **obstacles** do you have with TF-CBT implementation?*



**\*\*Document who will record & share following breakout groups!\*\***

# Share out & Discussion:

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- *Please have your pre-selected person speak on **main takeaways** and share only if there is something **new** to add to the discussion.*

# TF-CBT Agency Support

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- Within agency peer supervision
- Caseload adjustment
- Referral pathways
- Website/Advertisement of Services
- Other Thoughts/Suggestions?

# How is TF-CBT training structured?

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- ~~By **Monday, October 27, 2025**: All practitioners must complete the **11-hour web-based course**, TF-CBT Web 2.0, available at: <http://tfcbt2.musc.edu>~~
  - ~~Cost is \$35.00 to complete the online course~~
- ~~MANDATORY Pre-Requisite TF-CBT Assessment Training: **Tuesday, September 30, 2025: 8:00am-12:00pm**~~
- ~~Learning Session 1 (Basic Training): **October 28-30, 2025, from 9:00am-4:30pm**~~
  - ~~CE Evaluation Deadline: November 28, 2025~~
- **Monthly Consultation Calls (9/12 calls)**: Groups of 5-12 clinicians receive ongoing case consultation from Kelly Wilson to implement **TF-CBT** for patients in their setting
- Learning Session 2 (Advanced Training): **February 10-11, 2026, from 9:00am-4:30pm**
  - CE Evaluation Deadline: February 18, 2026
- **Present one (1) TF-CBT case & use the model with at least three (3) TF-CBT cases**

# 25-26 TF-CBT Training Cohort 10 Dates

<u>Event</u>	<u>Timeline</u>
TF-CBT Training Commitment and Textbook Request form Due	Friday, September 12, 2025
TF-CBT Agency Leadership Meeting #1	Tuesday, September 16, 2025, from 12-1pm CDT
MANDATORY Assessment Training	Tuesday, September 30, 2025, from 8am-12pm CDT
11-hr TF-CBT Web 2.0 Certificate Due	Monday, October 27, 2025
TF-CBT Learning Session 1	Tuesday-Thursday, October 28-30, 2025, 9am-4:30pm CDT
Learning Session 1 CE Eval Deadline	Thursday, November 6, 2025
TF-CBT Agency Leadership Meeting #2	Tuesday, December 9, 2025, from 12-1pm CST
TF-CBT Learning Session 2	Tuesday-Wednesday, February 10-11, 2026, 9am-4:30pm CST
Learning Session 2 CE Eval Deadline	Wednesday, February 18, 2026
TF-CBT Agency Leadership #3	Tuesday, March 3, 2026, from 12-1pm CST
TF-CBT Agency Leadership #4	Tuesday, June 9, 2026, from 12-1pm CDT
Consultation Call Commitment (finalized during LS1)	Monthly 1-hr Consultation Calls for 12 months

CEs will be provided for **social workers and counselors** who are accepted into this current TF-CBT training cohort. Other licensed individuals can apply through their licensing boards.



# TF-CBT Consultation Call Schedule – Cohort 10

- If you would like to view when your clinician(s) are participating in TF-CBT consultation, please access it by [clicking here!](#)
- *The call schedule includes dates from November 2025-October 2026*

**TF-CBT CONSULTATION CALL SIGN UP - COHORT #10**

**MAXIMUM 10 TRAINEES PER CALL GROUP**

*This sign-up is for the group consultation calls for TF-CBT Trainees **Learning Collaborative #10** who participate in **Learning Session 1 on October 28-30, 2025, and Learning Session 2 on February 10-11, 2026.** Consultation calls will continue for the next year (November 2025-October 2026).*

**DIRECTIONS:**

1. You must sign up for **ONE (1)** consultation group.
2. Please select the **SAME** consultation call group color for the entire year. You cannot switch between groups unless you confirm doing so with Kelly directly.
3. **DO NOT ADD AN EXTRA LINE TO FIT IN YOUR NAME - GROUPS OF 10 PEOPLE MAX.**
4. If you cannot make a year-long call group schedule work given the dates/times, please email a fellow trainee to see if they can switch call groups with you.
5. You **MUST attend 9/12 consultation calls** to apply for TF-CBT Certification through the [TF-CBT National Therapist Certification Program](#).
6. You **MUST present ONE (1) TF-CBT Case** to Kelly during the TF-CBT Consultation call period.
7. You **MUST complete THREE (3) TF-CBT Cases** and **two (2) of them with Caregiver involvement** and attest to this for National TF-CBT Certification.
8. Have questions regarding the TF-CBT consultation calls? Please direct your questions to: [tfcbtpresentations@gmail.com](mailto:tfcbtpresentations@gmail.com) (*If you don't get a response, bring it to the next call*)

Call Group Colors:    CALL GROUP A    CALL GROUP B    CALL GROUP C

**CALL GROUP A: CALL SCHEDULE**

SELECT TIMES FROM THE **SAME** COLOR GROUP.

*GROUP A: The **FIRST TUESDAY** of the Month from 11:00am-12:00pm CDT (Unless highlighted in **YELLOW**)*

SESSION	DAY	DATE	TIME
1	Tuesday	November 4, 2025	11:00AM-12:00PM CST
2	Tuesday	December 2, 2025	11:00AM-12:00PM CST
3	Tuesday	January 6, 2026	11:00AM-12:00PM CST
4	Tuesday	February 3, 2026	11:00AM-12:00PM CST
5	Tuesday	March 3, 2026	11:00AM-12:00PM CDT

# How do I achieve TF-CBT certification?

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## Requirements:

- *Attend all virtual training dates*
  - Cannot miss more than 30 minutes of training
  - The camera **MUST BE ON** during the whole training
  - Engage as if you were in a training room
- *Use standardized trauma assessment measures*
- *Attend 9/12 calls consultation calls*
- *Present one (1) TF-CBT case & use the model with at least three (3) TF-CBT cases*

## Following Requirements:

- *Take the TF-CBT Certification Program Knowledge-Based Test*
  - <https://tfcbt.org/certification/>
    - *Costs \$250 to become certified.*
- *Obtain your TF-CBT Certification & share with your MCOs entities!*
- *Submit your information on our EBP Map Webpage:*
  - <https://laevidencetopractice.com/interactivemap/>

# TF-CBT Cohort 9 Progress & Success!

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- 15 Agencies within Louisiana providing TF-CBT!
- **12 clinician met criteria for TF-CBT Certification!**



# **\*FUTURE\* TF-CBT Senior Leadership Call 4-Part Series**

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## Upcoming TF-CBT Senior Leadership Meetings:

- ~~1. Agency Leadership 1: Tuesday, Sept. 16, 2025, from 12pm-1pm~~
- ~~2. Agency Leadership 2: Tuesday, Dec. 9, 2025, from 12pm-1pm~~
3. Agency Leadership 3: Tuesday, March 3, 2026, from 12pm-1pm
  1. Click here to register: [Meeting Registration - Zoom](#)
4. Agency Leadership 4: Tuesday, June 9, 2026, from 12pm-1pm
  1. Click here to register: [Meeting Registration - Zoom](#)

[CLICK HERE](#) to access TF-CBT Cohort 10's Leadership Webpage to register for all of these meetings! You can also click this link: [TF-CBT Leadership Meetings Cohort 10 » Center for Evidence to Practice](#)

# GOAL: Obtain TF-CBT Certification!

Trauma-Focused Cognitive Behavior Therapy (TF-CBT) – Tracking Code EB07: Healthy Blue & United Healthcare  
[https://laevidencetopractice.com/wp-content/uploads/2023/11/EBP-Qualification-and-Billing-Guide\\_Updated\\_11.9.23\\_FINAL.pdf](https://laevidencetopractice.com/wp-content/uploads/2023/11/EBP-Qualification-and-Billing-Guide_Updated_11.9.23_FINAL.pdf)

## ➤ **Qualification Standard**

- TF-CBT Certification by the TF-CBT Therapist Certification Program

## ➤ **Qualification Documentation**

- Certificate issued by the TF-CBT National Therapist Certification Program OR inclusion in the TF-CBT Therapist Certification Program list

## ➤ **Additional Information**

- After completing training and consultation that meets TF-CBT Therapist Certification Program training standards, TF-CBT practitioners must submit an application to the TF-CBT Therapist Certification Program and complete a TF-CBT knowledge-based test to achieve certification. The TF-CBT Therapist Certification Program maintains a list of Certified TF-CBT Therapists at <https://tfcbt.org/therapists/>

*\*TF-CBT Therapist must be re-certified every 5 years by completing an application and online recertification training modules.\**

# Where can I learn more about TF-CBT?

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***Visit the National Website  
for TF-CBT:***

<https://tfcbt.org/>



# We want to hear from you!

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- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
  - <https://redcap.link/ebpleadership>



# Contact Information:

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***Center for Evidence to Practice***

**Email: [EvidenceToPractice@lsuhsc.edu](mailto:EvidenceToPractice@lsuhsc.edu)**

**Phone: (504) 568-5731**

# Questions:

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