

EMDR Cohort 9: Leadership Meeting #4

Center for Evidence to Practice

Friday, January 23, 2026

12:00PM-1:00PM CST

LSU Health
NEW ORLEANS
School of Public Health

 **LOUISIANA**
DEPARTMENT OF HEALTH

Welcome: Drop in the Chat!

- *Name & Agency*
- *How many clinicians are you supporting in this EMDR Cohort 9?*
- *Where are you located in Louisiana*



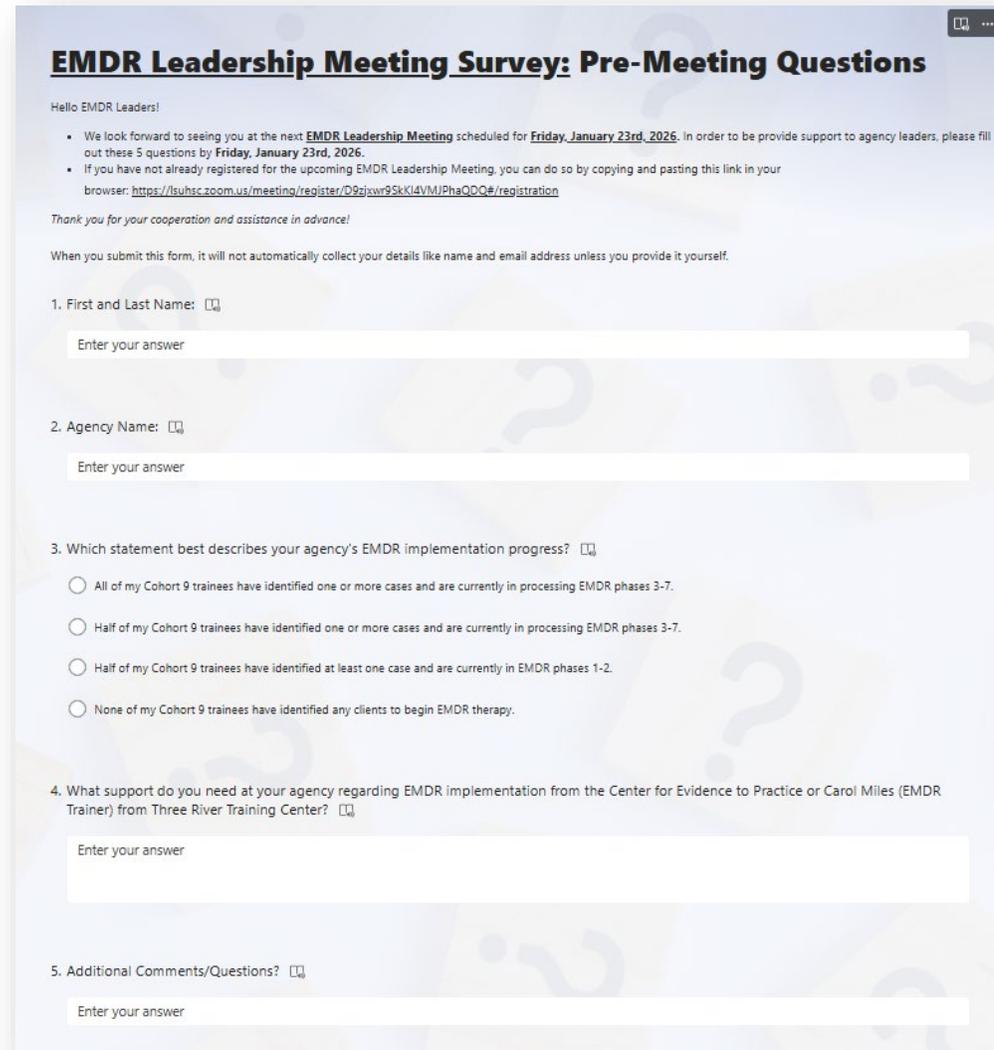
Meeting Overview

- Introductions
- Part 2 Feedback
- EMDR Status Poll
- Common Difficulties & Framing
- Breakout Groups for Obstacles & Successes
- Debrief & Discussion
- Consultation following Part 2 Training
- Questions & Answers

POLL TIME:

➤ We want to hear from you!

- Once we get enough responses, we will share the results!



EMDR Leadership Meeting Survey: Pre-Meeting Questions

Hello EMDR Leaders!

- We look forward to seeing you at the next **EMDR Leadership Meeting** scheduled for **Friday, January 23rd, 2026**. In order to provide support to agency leaders, please fill out these 5 questions by **Friday, January 23rd, 2026**.
- If you have not already registered for the upcoming EMDR Leadership Meeting, you can do so by copying and pasting this link in your browser: <https://lsuhsc.zoom.us/join/D9sjxwr95k14VMjPhaQOO#?registration>

Thank you for your cooperation and assistance in advance!

When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself.

1. First and Last Name:

Enter your answer

2. Agency Name:

Enter your answer

3. Which statement best describes your agency's EMDR implementation progress?

- All of my Cohort 9 trainees have identified one or more cases and are currently in processing EMDR phases 3-7.
- Half of my Cohort 9 trainees have identified one or more cases and are currently in processing EMDR phases 3-7.
- Half of my Cohort 9 trainees have identified at least one case and are currently in EMDR phases 1-2.
- None of my Cohort 9 trainees have identified any clients to begin EMDR therapy.

4. What support do you need at your agency regarding EMDR implementation from the Center for Evidence to Practice or Carol Miles (EMDR Trainer) from Three River Training Center?

Enter your answer

5. Additional Comments/Questions?

Enter your answer

Current level of implementation:

Which statement best describes your agency's EMDR implementation progress?

88%

All of my Cohort 9 trainees have identified one or more cases and are currently in processing EMDR phases 3-7.

6%

Half of my Cohort 9 trainees have identified..

6%

Half of my Cohort 9 trainees have identified at..

Welcome! Breakout Groups:

- *Please round robin (if needed) of your **name, agency, and location** in Louisiana*
- *What **successes** do you have with EMDR implementation?*
- *What **obstacles** do you have with EMDR implementation?*



****Document who will record & share following breakout groups!****

Share out & Discussion:



- *Please have your pre-selected person speak on **main takeaways** and share only if there is something **new** to add to the discussion.*

EMDR Agency Support

- Within agency peer supervision
- Caseload adjustment
- Referral pathways
- Website/Advertisement of Services
- Other Thoughts/Suggestions?

How is EMDR Basic Training structured?

- ~~MANDATORY EMDR Basic Training Orientation: Tuesday July 29, 2025 12pm-1pm CST~~
- ~~By Orientation – Enroll in Canvas classroom: Complete the prerequisites~~
- ~~Part 1 Basic Training: August 27-29, 2025 from 9:00am-5:30pm~~
- ~~ONE 2-hour Consultation Call: Groups of 5-10 clinicians receive ongoing case consultation from EMDRIA approved consultants~~
 - ~~Present one (1) EMDR Basic Training case & begin to use the model in phases 1 & 2~~
- ~~Part 2 Basic Training: October 8-10, 2025 from 9:00am-5:30pm~~
- **FIVE (5) 1-hour Consultation Calls: Groups of 10 clinicians receive ongoing case consultation from EMDRIA approved consultants on a bi-weekly or monthly basis**
 - **Present two (2) EMDR Basic Training case & use the model in all 8 phases**

Consultation Schedule:

- Halfway through Consultation Calls!
- Part 2 Consultation Spreadsheet Link

Part 2
MAXIMUM 10 TRAINEES IN ANY GROUP

1. You must sign up for 10 consultation groups after Part 2 (10 one-hour sessions)
2. Use the tabs at the bottom to view the information for each consultant. Select a Consultant and sign up for their sessions.
3. DO NOT ADD AN EXTRA LINE TO FIT IN YOUR NAME - GROUPS OF 10 PEOPLE MAX
4. You must present 2 cases at 2 separate consultation groups; be sure to sign up for that as well.
5. If you cannot make this work, please email a classmate to see if they can switch with you

Consultant: Christina Watts-Figueroa
Zoom Link for Sessions: meet.google.com/tye-uhpm-tjc

Dates and Times of 10 Sessions				Sign Up with This Consultant		
All sessions are 1 hour.				Type your name below to reserve a spot with this Consultant's 10 sessions.		
Session	Date - Monday	Time - 1 Hour	# People in Group	Your Name	Email Address	
1	10/20/25	9:00 AM	1			
2	11/3/25	9:00 AM	2			
3	11/17/25	9:00 AM	3			
4	12/8/25	9:00 AM	4			
5	12/29/25	9:00 AM	5			
6	1/12/26	9:00 AM	6			
7	2/2/26	9:00 AM	7			
8	2/23/26	9:00 AM	8			
9	3/9/26	9:00 AM	9			
10	3/30/26	9:00 AM	10			

Sign Up for Case Presentations
Email Case Presentation Form to: christina@owfpilo.com
Case Presentation Form: [Link to Case Presentation Form](#)

Session 1 of 10
Date and Time: Monday, October 20, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 2 of 10
Date and Time: Monday, November 3, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 3 of 10
Date and Time: Monday, November 17, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 4 of 10
Date and Time: Monday, December 8, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 6 of 10
Date and Time: Monday, December 29, 2025 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 8 of 10
Date and Time: Monday, January 12, 2026 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____
Case 2: _____

Session 7 of 10
Date and Time: Monday, February 2, 2026 at 9 am CST
Available: Type your name below to present a case at this consultation session. Two (2) openings are available. You must present 2 times.
Case 1: _____

- **TOTAL: 5 hours of consultation**
- ***Either bi-weekly or monthly***

How do I receive the EMDR Basic Training Certificate?

Requirements:

- 
- *Attend all virtual training dates*
 - Cannot miss more than 30 minutes of training
 - The camera **MUST BE ON** during the whole training
 - Engage as if you were in a training room
 - Follow our [Center Training Expectations & Guidelines](#)
 - *Attend twelve (12) hours of consultation*
 - *Present two (2) EMDR Basic Training cases demonstrating your use of 8 phases in group consultation either during the required hours or in the case consultation hours offered after training.*

Following Requirements:

- 
- *Take the EMDR Basic Training Survey*
 - On Canvas
 - *Obtain your EMDR Basic Training Certificate & share with your MCOs entities!*
 - *Submit your information on our [EBP Map Webpage!](#)*

EMDR Agency Leadership Calls:



- **Helpful to repeat?**
- **Curriculum Input!**

EMDR Progress at Your Agency: Part 2

3 questions

1. Would you want to hold a future EMDR Leadership Meeting #5? (Single choice) *

- Yes
- No

2. Does Friday, May 15th at 12:00PM-1:00PM work for you? (Single choice) *

- Yes
- No

3. We are considering changing the format of the EMDR Training, please select the option below that you are in favor of: (Single choice) *

- New Format Option 1: 8 days (2 consecutive training days), 8 hours/day, 4 weeks training period + consultation
- New Format Option 2: 8 days (2 consecutive training days), 8 hours/day, 7 weeks training period + consultation
- New Format Option 3: 8 days (2 consecutive training days), 8 hours/day, 10 weeks training period + consultation
- Keep it the same format: 6 days (3 consecutive training days), 8 hours/day, 8 weeks training period + consultation
- No Opinion on training days and frequency

We want to hear from you!

- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
 - <https://redcap.link/ebpleadership>



Where can I learn more about EMDR Basic Training?

Visit the EMDRIA Website for further information on EMDR Basic Training:

<https://www.emdria.org/emdr-training/>



EMDR Agency Leadership Call Meeting Series



Upcoming EMDR Agency Leadership Meetings:

- ~~1. Agency Leadership Meeting – Part 1: Tuesday, July 22, 2025, from 12:00PM-1:00PM~~
- ~~2. Agency Leadership Meeting Part 2: Friday, September 5, 2025, from 12:00PM-1:00PM~~
- ~~3. Agency Leadership Meeting – Part 3: Friday, October 17, 2025, from 12:00PM-1:00PM~~
- ~~4. Agency Leadership Meeting – Part 4: Friday, January 23, 2026, from 12:00PM-1:00PM~~
5. Agency Leadership Meeting – Part 5: Friday, May 15, 2026, from 12:00PM-1:00PM
 1. You can register when you click here:
<https://lsuhsc.zoom.us/meeting/register/Ycle3CndQUcP4JNXrGfLZg>

Questions:



Contact Information:

Center for Evidence to Practice

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Phone: (504) 568-5731