

PPT/YPT Cohort 6 Webinar

January 22, 2026, 12pm-1pm CST

Q&A

Q: What is the main difference between this and TF-CBT?

A: PPT/YPT is a highly manualized therapeutic model that follows certain steps within a predetermined number of sessions (12 weeks/12 sessions) whereas TF-CBT has slightly more flexibility within its fidelity and can take longer to execute all of the steps within the model, depending on the client's pacing.

Q: Do I need to be CBT Certified before this training?

A: While having a background in and experience with CBT would be beneficial for learning and implementing this model, it is not a requirement. The training will cover the core concepts of the model and how to apply them with your clients.

Q: If we have both a case for PPT and YPT, we will have to participate in consultation for two hours a week instead of the standard one hour?

A: No, you will still only have to join for a single 1-hr call per week and would be encouraged to talk about both cases during the consultation.

Q: Are there any prerequisites to join this training?

A: No, there are no prerequisites to join the training. However, we do have minimum criteria agencies/clinicians must meet in order to join training. We require licensed (or provisionally licensed) clinicians who are actively, currently working with the Louisiana Medicaid population of children and families. We understand that those employed at school-based health centers and child advocacy centers do not bill Medicaid directly, but they do still work with this population and are eligible to join training.

Q: If we applied for the cohort in January, do we need to reapply?

A: No, we still have your application on file.

Q: I am enrolled in another EBP training; may I also enroll in this course concurrently?

A: We typically do not allow for clinicians to be enrolled in two different trainings concurrently. EBPs are intensive, and we have found that it is difficult for people to commit 100% effort to more than one at a time. We suggest applying to join a future PPT/YPT training cohort once you have completed your other EBP training.

Q: Is becoming "PPT/YPT Advanced Trained" similar to becoming "PPT/YPT Certified", or is that a different process?

A: Each EBP denotes their apex training status differently; for PPT/YPT, "Advanced Trained" is the high status you can achieve within the model without becoming a trainer. It is the same as being "certified".

Q: The current application link says that it was due in December of last year; is there a new application portal or has it just not been updated yet?

A: The application portal is the same; the link has been updated.