

Trauma & Grief Component Therapy (TGCTA) Informational Webinar

Center for Evidence to Practice

Tuesday, February 3, 2026

12:00PM-1:00PM CST

LSU Health
NEW ORLEANS
School of Public Health

The logo for the Louisiana Department of Health, featuring a stylized cross made of four colored squares (blue, green, yellow, and red) on the left and the text "LOUISIANA DEPARTMENT OF HEALTH" on the right.

LOUISIANA
DEPARTMENT OF HEALTH

Overview

- Meet The Lucine Center
- What is TGCTA & Modality Information
- Training Approach
- Participation in this Initiative
- Training Dates & Application Process
- Questions & Answers

Lucine Center for Trauma and Grief

Lucine Center
for trauma and grief

Trauma and Grief Component Therapy

TGCT is an evidence-based treatment for youth who have experienced one or more traumatic events and/or the death of a loved one. TGCT is designed to reduce symptoms of posttraumatic stress, maladaptive grief reactions, depression, and/or functional impairment.

(TGCT; Saltzman, Layne, Pynoos, Olafson, Kaplow, & Boat, 2017)

What is TGCTA?

- **Trauma and Grief Component Therapy for Adolescents (TGCTA)** is an evidence-based, assessment-driven, modularized treatment for adolescents aged 12 to 18 whose histories of exposure to trauma, bereavement, traumatic bereavement, and other major life adversities place them at high risk for severe persisting distress, functional impairment, risky behavior, and developmental disruption.
- Originally designed for small-group settings, TGCTA can also be used effectively in individual treatment. TGCTA has been implemented in school districts, mental health clinics, and juvenile justice sites across the U.S. and abroad.
- It has shown effectiveness in reducing posttraumatic stress reactions, maladaptive grief reactions, depression, school problems, and disruptive and/or violent behavior. Positive outcomes include improved peer relations, GPAs, school rule compliance, and school interest.



How is TGCTA implemented?

➤ *TGCTA contains **four modules**, which can be flexibly selected and sequenced to match youths' individual assessment profiles. This design allows therapists great flexibility in tailoring treatment according to the specific intervention objectives for each individual client or therapy group.*

Module I (up to 8 sessions)

- Deepening adolescents' insight into the ongoing effects of trauma and bereavement; including the ways in which trauma and loss reminders (as well as the posttraumatic stress and grief reactions they evoke) continue to affect their daily lives
- Strengthening the therapeutic alliance
- Establishing positive group norms,
- Building group cohesion,
- Enhancing self-regulation and coping skills
- Improving adolescents' ability to recruit social support

Module II (up to 3 sessions which can be repeated)

- Processing traumatic experiences by constructing trauma narratives, identifying worst moments, and challenging and modifying traumatic expectations and other maladaptive appraisals
- Strengthening youths' impulse control by helping adolescents understand and predict the ways in which trauma reminders can trigger emotional dysregulation and risky behavior in addition to developing more adaptive ways of coping with trauma reminders

Module III (up to 3 sessions)

intervention objectives include:

- Identifying personal loss reminders and clarifying the grief reactions they evoke
- Identifying personal grief reactions
- Reducing various types of maladaptive grief reactions
- Promoting appropriate grieving and mourning practices

Module IV (up to 4 sessions)

- Promoting adaptive developmental progression by reflecting on trauma-induced disruptions in their personal development, including lost developmental opportunities
- Forming positive, realistic life plans and ambitions and taking concrete steps to achieve them
- Increasing youths' problem-solving abilities, reducing risky behavior, facilitating prosocial behavior, and helping youth prepare for the roles and responsibilities of young adulthood and becoming well-functioning citizens within greater society



TGCTA Target Population Characteristics

- **TGCTA** is for adolescents aged 12-18 years who may have been exposed to or experienced grief, trauma, traumatic grief, or other adverse childhood events (ACEs) that may be impacting their cognitive and/or behavioral development and/or functioning. These adolescents may be identified as having persistent posttraumatic stress symptoms, risky or disruptive behaviors, or functional impairment. Examples of exposure and experiences are as follows:
- Trauma exposure: Community violence, gang violence, serious accidents, natural disasters, political violence, war, illness, terrorist attacks, witnessing interpersonal/domestic violence, physical assault sexual assault, medical trauma
- Grief exposure: loss of a loved one in a non-violent manner, i.e.: peaceful death of a family or community member due to old age
- Traumatic grief: loss of a loved one due to a sudden/unexpected violence-related manner, i.e.: homicide, suicide, car accidents, overdose, etc.
- Other ACEs: having parents/caregivers who abuse substances, unstable housing/moving excessively in childhood, experiencing divorce, displacement, etc.



How is TGCTA training structured?

1. TGCTA Training Day – 2 full days conducted via Zoom: **Wednesday-Thursday, May 13-14, 2026, from 9:00am-4:30pm**

2. Monthly Consultation Calls (1 hour per month for 6 months, Date/Time TBD): Post-training consultation support

- The group of clinicians gather via Zoom to discuss current cases, any process issues that arise, and delve into the details of delivering TGCTA with adolescents. Consultations are conducted by the Lucine Center Team.



Who can be trained in TGCTA?



Further information will be accessible in the TGCTA Request for Application (RFA).

Training Acceptance Criteria for Qualified behavioral health agencies/providers:

- Who serve Medicaid-insured individuals and/or provide clinical therapy services to adolescents (12-18 years old) in Louisiana free of charge
- **Licensed** (*or actively working towards licensure*)
- **Actively (currently) treating adolescents (12-18 years old)**
- **Preference for organizations that have multiple practitioners applying to be trained**

PPT/YPT Training Cohort Dates

<u>Events</u>	<u>Date</u>
TRAINING COMMITMENT & TEXTBOOK REQUEST FORM DUE:	Wednesday, April 15, 2026
MANDATORY TGCTA Orientation Meeting:	Tuesday, April 21, 2026, 12:00pm-1:00pm CDT
TGCTA TRAINING DAYS:	Wednesday-Thursday May 13-14, 2026, 9:00am-4:30pm CDT
TRAINING CE EVALUATION DUE:	Thursday, May 21, 2026
CONSUTATION CALL COMMITMENT:	1-hr Monthly calls for 6 months

CEs will be provided for **social workers and counselors** who are accepted into this current TGCTA training cohort. Other licensed individuals can apply through their licensing boards.



TGCTA Application Materials:

Request for Application (RFA)

REQUEST FOR APPLICATIONS

For
Trauma and Grief Component Therapy for Adolescents (TGCTA) Training and Implementation
 Learning Collaborative for Louisiana Medicaid Behavioral Health Agencies

Lucine Center
for trauma and grief

Issued by
 LSUHSC-NO, School of Public Health- Center for Evidence to Practice



Application Release Date: Tuesday, February 3, 2026
APPLICATIONS MUST BE RECEIVED BY FRIDAY, MARCH 20, 2026
 All applicants will be notified by Wednesday, April 1, 2026

Please direct questions to the Center for Evidence to Practice at EvidencetoPractice@lsuhsc.edu

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Agency Agreement

Trauma and Grief Component Therapy for Adolescents (TGCTA) Agency Agreement

Upon completion of this agreement, please submit a signed copy with your REDCap application by Friday, March 20, 2026.

ORGANIZATION INFORMATION

NAME OF APPLICANT AGENCY	
AGENCY STREET ADDRESS	
CITY, STATE, AND ZIP CODE	
AGENCY NPI	

TIME COMMITMENT

The Center for Evidence to Practice will be sponsoring the TGCTA training. The applicant's agency must support the practitioner's ability to commit to participating in a 2-day training day and monthly 1-hour consultation calls for up to 6 months.

PLEASE CHECK OFF EACH BOX BELOW TO VERIFY PARTICIPATION FROM YOUR PRACTITIONERS:

MANDATORY TGCTA Orientation and Leadership Meeting: Tuesday, April 21, 2026 from 12:00pm-1:00pm CDT

VIRTUAL 2-DAY TRAINING: Wednesday-Thursday, May 13-14, 2026 from 9:00am-4:30pm CDT

CONSULTATION CALLS: Attend monthly 1-hour consultation calls with a trainer from the Lucine Center Team for up to 6 months following the May training days.

PRACTITIONERS APPLYING FOR TGCTA TRAINING

Please make sure each clinician listed below also fills out a [TGCTA Application](#). This is **REQUIRED** for the agency/practitioner to be considered for this training opportunity.

Name	Role (Staff, Supervisor, etc.)	Licenses/Type (LPC, LCSW, etc)	Email Address

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Trainee Application

Please review the TGCTA Request for Applications (RFA) in its entirety for complete details about the training prior to completing an application.

[You can click here to access the RFA](#)

Application Instructions:

- The INDIVIDUAL APPLICATION must be completed by each applicant and can be accessed by filling out the online application (through REDCap) by **MARCH 20, 2026**.
- The AGENCY AGREEMENT must be filled and signed through Adobe Acrobat (or a similar PDF editing software) by a supervisor and/or administrator at the agency requesting participation in the TGCTA training. Even if an applicant is a sole practitioner, they must submit an agency agreement on behalf of themselves. The agency agreement MUST BE SUBMITTED via the Individual Application by **MARCH 20, 2026**.

Click to access the [AGENCY AGREEMENT](#).

****BOTH FORMS MUST BE SUBMITTED TO BE CONSIDERED FOR THIS TRAINING OPPORTUNITY****

When navigating through this application, please only use the **PREVIOUS PAGE** and **NEXT PAGE** buttons on the bottom of the screen. **DO NOT** utilize the backwards or forwards arrow on the webpage.

SECTION 2 OF 7 - TGCTA APPLICANT INFORMATION

This questionnaire is to be completed separately by each potential participant.

NOTE: OF THE PRACTITIONERS TO HAVE YOUR AGENCY'S APPLICATION CONSIDERED FOR THE TGCTA TRAINING, YOU MUST PROVIDE ALL INFORMATION IN THIS SECTION.

Applicant First Name
 * must provide value

Applicant Last Name
 * must provide value

Applicant Job Title
 * must provide value

Applicant Phone Number
 * must provide value

Applicant E-mail address
 * must provide value

What type of agency do you primarily work for?
 * must provide value

Child Advocacy Center
 Human Services District/Authority
 Medical Center (either inpatient or outpatient)

Training Commitment

Trauma and Grief Component Therapy for Adolescents (TGCTA) Training Commitment

Online Learning Collaborative
 For Louisiana Medicaid Providers Serving Children and Families

Lucine Center
for trauma and grief
 Facilitated by Lucine Center Team



Sponsored by the Center for Evidence to Practice

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The TGCTA application materials are accessible and will close on **Friday, March 20, 2026**.

Application Process:

- The application materials are accessible today and the following is needed:
 - 1) TRAINEE APPLICATION** is completed online through RedCap, and **MUST** be submitted by **FRIDAY, MARCH 20, 2026**.
 - 2) AGENCY AGREEMENT** is **REQUIRED** and uploaded **WITH** the Trainee Application by **FRIDAY, MARCH 20, 2026**.

*Applicants will be notified by **WEDNESDAY, April 1, 2026**, regarding their application status.*

How do I become TGCTA Rostered?

1. Attend ***BOTH*** virtual training dates – **May 13-14, 2026, from 9:00am-4:30pm CT**
 - ✓ The camera **MUST BE ON** during the whole training
 - ✓ Engage as if you were in a training room
 - ✓ Follow the [Center Training Expectations & Guidelines](#)
2. Participate in at least **75% of the six (6) one-per-month consultation calls**
3. Complete TGCTA with **at least one (1) case**
4. Completion of **other required fidelity metrics**
5. ***Then you will be come TGCTA Rostered as part of the National TAG Coalition!!***

MANDATORY TGCTA ORIENTATION MEETING

- **MANDATORY TGCTA ORIENTATION MEETING:**
 - **TUESDAY, APRIL 21, 2026, 12:00PM-1:00PM CT**

- **Meeting Intention & Vision:**
 - Provide an overview of TGCTA training modality and successful implementation
 - Agency Leadership considerations to support TGCTA clinicians
 - (some) topic discussions – scheduling, advertisements, caseload, referral pathways
 - Planning & preparation to get trainees to become **TGCTA Rostered as part of the National TAG Coalition!**

Where can I Learn More?

➤ Access the resources available on The National Child Traumatic Stress Network (NCTSN) website: [tgcta fact sheet.pdf](#)

The image shows a document titled "TGCTA: Trauma and Grief Component Therapy for Adolescents" from the NCTSN. It is a "GENERAL INFORMATION" sheet. The document is divided into sections: "Acronym (abbreviation) for intervention: TGCTA", "Overview: TGCTA is an evidence-based, manualized intervention that addresses the complex needs of older children and adolescents contending with trauma, bereavement, or traumatic bereavement. TGCTA's modularized, flexible design allows clinicians to customize their intervention according to the specific needs, strengths, and life circumstances of specific youth and the time available. TGCTA combines state-of-the-art assessment and treatment of trauma exposure, bereavement, and the interplay between posttraumatic stress and grief reactions that can arise following traumatic bereavement. TGCTA has been widely implemented and studied both nationally and internationally. The manual and accompanying support materials offer detailed session-by-session guidance for conducting the program in either a group-based, individual, or combined modality (i.e., combined = group-based + individual pullout sessions to address highly personal/distressing material). Psychoeducational and skills-building components from Modules 1 and 4 have also been implemented successfully in classroom settings. Although assessment tools are optional, their use is encouraged in order to derive the most benefit from TGCTA's assessment-driven, modularized design, which offers clinicians great flexibility in tailoring their treatment plan according to youths' specific assessment profiles.", "Average length/number of sessions:", and "Aspects of culture or group experiences that are addressed (e.g., faith/spiritual component, transportation barriers): TGCTA is designed to accommodate individual differences in responses to trauma, bereavement, and traumatic bereavement. These differences may arise from cultural, developmental, or exposure-based influences on how children, adolescents, and their families respond to traumatic experiences. For example, many psychoeducational and skills-building exercises in Module 1 address culturally-linked dimensions to trauma and loss, including acknowledging and validating how different people may respond and cope differently to similar events, or

Treatment Description

Acronym (abbreviation) for intervention: TGCTA

Overview: TGCTA is an evidence-based, manualized intervention that addresses the complex needs of older children and adolescents contending with trauma, bereavement, or traumatic bereavement. TGCTA's modularized, flexible design allows clinicians to customize their intervention according to the specific needs, strengths, and life circumstances of specific youth and the time available. TGCTA combines state-of-the-art assessment and treatment of trauma exposure, bereavement, and the interplay between posttraumatic stress and grief reactions that can arise following traumatic bereavement. TGCTA has been widely implemented and studied both nationally and internationally. The manual and accompanying support materials offer detailed session-by-session guidance for conducting the program in either a group-based, individual, or combined modality (i.e., combined = group-based + individual pullout sessions to address highly personal/distressing material). Psychoeducational and skills-building components from Modules 1 and 4 have also been implemented successfully in classroom settings.

Although assessment tools are optional, their use is encouraged in order to derive the most benefit from TGCTA's assessment-driven, modularized design, which offers clinicians great flexibility in tailoring their treatment plan according to youths' specific assessment profiles.

Average length/number of sessions:

- TGCTA's four treatment modules permit therapists to flexibly tailor (make minor adjustments to) or adapt (make major adjustments to) their intervention plan to accommodate their client's specific needs, strengths, life circumstances, and informed preferences. Depending on which modules are implemented, the total number of sessions ranges from 8 to 24.
- Module selection and sequencing are left to the practitioner's discretion based on youth needs, strengths, and availability for treatment. This makes TGCTA highly adaptable for implementation in a variety of settings, including juvenile justice.
- Sessions are designed to take approximately 50 minutes (a standard therapeutic hour). Alternatively, individual sessions can be shortened in duration (e.g., 40 to 45 minutes) to accommodate shorter school class periods, or expanded (up to 90 minutes) as needed and if time allows, by incorporating more session activities/tools and optional exercises.

Aspects of culture or group experiences that are addressed (e.g., faith/spiritual component, transportation barriers): TGCTA is designed to accommodate individual differences in responses to trauma, bereavement, and traumatic bereavement. These differences may arise from cultural, developmental, or exposure-based influences on how children, adolescents, and their families respond to traumatic experiences. For example, many psychoeducational and skills-building exercises in Module 1 address culturally-linked dimensions to trauma and loss, including acknowledging and validating how different people may respond and cope differently to similar events, or

Trauma-Informed Interventions | August 2018
TGCTA: General Information

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Contact Information regarding the TGCTA Application:

Center for Evidence to Practice

Email: EvidenceToPractice@lsuhsc.edu

Phone: (504) 568-5731

What Questions Do You Have?

