

PPT/YPT Leadership Meeting #1

Center for Evidence to Practice

Thursday, March 12, 2026

12:00PM-1:00PM CDT

LSU Health
NEW ORLEANS
School of Public Health

The logo for the Louisiana Department of Health, featuring a stylized cross icon composed of four colored squares (blue, green, yellow, and red) and the text "LOUISIANA DEPARTMENT OF HEALTH".

LOUISIANA
DEPARTMENT OF HEALTH

Welcome! Who is on the call?

- *Name*
- *Agency & Role*
- *Have you done the PPT/YPT Training before?*
- *How many clinicians are you supporting in this PPT/YPT cohort?*



Overview

- Meet the Trainer
- PPT/YPT Modality
- Training Approach
- PPT/YPT Cohort 6 Training Dates
- PPT/YPT Certification Process
- PPT/YPT Agency Support
- Questions & Answers

Why is this important?

“PPT/YPT can be beneficial to the healing journey of our children who have suffered trauma.”

–PPT/YPT Trainee Evaluation Feedback

“This is another great approach to assist our children in overcoming past trauma.”

-PPT/YPT Webinar Feedback

“The entire training. I am looking forward to figuring out how to allow the kids to personalize their folders and am looking forward to witnessing the graduations.”

-PPT/YPT Trainee Evaluation Feedback

Meet the Trainer



Associate Professor of Psychiatry

Youth PTSD Treatment (YPT) & Preschool PTSD Treatment (PTSD)

Dr. Murphy's clinical interests are psychotherapy and psychological assessment with youth and families. Specifically, her clinical activities include the assessment and treatment of young children and families who have experienced trauma, such as abuse, neglect, or exposure to domestic violence. She is also interested in the evaluation and treatment of attachment disruptions. Dr. Murphy's research interests include investigating long-term social, emotional, and cognitive outcomes in children who have had traumatic experiences, and promoting sensitive caregiving for young children in foster care. She also provides training in evidence-based treatments for children and adolescents, as well as consultation with New Orleans area public schools.

CBT is Effective for Treating PTSD

- For a wide individuals with a wide range of traumas, from different ethnicities/cultural backgrounds, living situations
- In adults
- In children
- In children as young as 3 years old
 - Parent involvement is essential

Model Overview

- 12 sessions
- 1,2, 12 with child and caregiver together
- 3-11, primarily child, check ins with caregiver
- 1-4 Rapport building, addressing defiance, identifying feelings, developing coping skills
- 5 Tell the whole story of the trauma
- 6-10 Exposure sessions
- 11 Relapse prevention
- 12 Graduation

YPT/PPT Overview, cont.

Addresses trauma and PTSD symptoms directly

Techniques include emotion regulation/coping, cognitive restructuring, narrative

Helpful to have a CBT background, trauma background,

Comfort with working with young children

PPT/YPT Training Cohort Dates

<u>Events</u>	<u>Date</u>
TRAINING COMMITMENT & TEXTBOOK REQUEST FORM DUE:	Friday, March 6, 2026
PPT/YPT AGENCY LEADERSHIP MEETING #1:	Thursday, March 12, 2026, from 12-1pm CDT
PPT/YPT 8-HOUR TRAINING DAY:	Monday, March 16, 2026, from 8:30am-4:30pm CDT
TRAINING CE EVALUATION DUE:	Monday, March 23, 2026
PPT/YPT AGENCY LEADERSHIP MEETING #2:	Thursday, April 23, 2026, from 12-1pm CDT
PPT/YPT AGENCY LEADERSHIP MEETING #3:	Thursday, June 25, 2026, from 12-1pm CDT
CONSUTATION CALL COMMITMENT:	1-hr Weekly calls for 6 months

CEs will be provided for **social workers and counselors** who are accepted into this current PPT/YPT training cohort. Other licensed individuals can apply through their licensing boards.



PPT/YPT Training Structure & Requirements

1. ***Attend PPT/YPT Training Day***: Monday, March 16, 2026, 8:30am-4:30pm, 1-day virtual training
2. Attend ***weekly 1-hour group consultation calls***, present case and receive consultation
3. Complete ***one (1) PPT and/or YPT case***.
 - If you complete a case with a **child 3-6 years old**, you will receive a certificate of completion for Preschool PTSD Treatment (PPT) Advanced Training.
 - If you complete a case with a **youth 7-17 years old**, you will receive a certificate of completion for Youth PTSD Treatment (YPT) Advanced Training.

PPT/YPT Consultation Call Schedule – Cohort 6

➤ If you would like to view when your clinician(s) are participating in PPT/YPT consultation, please access it by [clicking here!](#)

➤ *The call schedule includes dates from March 2026-September 2026*

PPT/YPT CONSULTATION CALL SIGN UP - COHORT #6			
MAXIMUM SIX (6) TRAINEES PER CALL GROUP			
<i>This sign-up is for the group consultation calls for PPT/YPT Trainees Cohort #6 who participate in PPT/YPT Training on Monday, March 16, 2026 from 8:30am-4:30pm. Consultation calls will continue for the next several months.</i>			
DIRECTIONS:			
1. You must sign up for ONE (1) consultation group.			
2. Please select the SAME consultation call group color for the consultation period. You cannot switch between groups unless you confirm doing so with Dr. Murphy directly.			
3. DO NOT ADD AN EXTRA LINE TO FIT IN YOUR NAME - GROUPS OF 6 PEOPLE MAX.			
4. If you cannot make a call group schedule work given the dates/times, please email a fellow trainee to see if they can switch call groups with you.			
5. You MUST attend A MINIMUM of 13 consultation calls with a PPT OR YPT case to achieve advanced designation. (You MUST present a single case in PPT OR YPT individually to achieve advanced designation in each modality.)			
6. Have questions regarding the PPT/YPT consultation calls? Please direct your questions to: Dmiron@tulane.edu			
7. If these call times don't work for your schedule OR there is no more availability, please email: EvidenceToPractice@lsuhsc.edu			
PPT/YPT CONSULTATION CALL All consultation call groups will be executed on a WEEKLY basis.			
Call Group Number	Day of the Week	Time of Call	
Call Group 1	Monday	12:00PM-1:00PM CDT	
Call Group 2	Monday	1:00PM-2:00PM CDT	
Call Group 3	Thursday	10:00AM-11:00AM CDT	
CALL GROUP 1: CALL SCHEDULE			
SELECT TIMES FROM THE <u>SAME</u> COLOR GROUP.			
GROUP 1: WEEKLY on MONDAY'S from 12:00PM-1:00PM CDT			
SESSION	DAY	DATE	TIME
1	Monday	March 23, 2026	12:00PM-1:00PM CDT
2	Monday	March 30, 2026	12:00PM-1:00PM CDT
3	Monday	April 6, 2026	12:00PM-1:00PM CDT
4	Monday	April 13, 2026	12:00PM-1:00PM CDT
5	Monday	April 20, 2026	12:00PM-1:00PM CDT
6	Monday	April 27, 2026	12:00PM-1:00PM CDT
7	Monday	May 4, 2026	12:00PM-1:00PM CDT
8	Monday	May 11, 2026	12:00PM-1:00PM CDT
9	Monday	May 18, 2026	12:00PM-1:00PM CDT
10	Monday	May 25, 2026	12:00PM-1:00PM CDT
11	Monday	June 1, 2026	12:00PM-1:00PM CDT
12	Monday	June 8, 2026	12:00PM-1:00PM CDT
13	Monday	June 15, 2026	12:00PM-1:00PM CDT
14	Monday	June 22, 2026	12:00PM-1:00PM CDT
15	Monday	June 29, 2026	12:00PM-1:00PM CDT
16	Monday	July 6, 2026	12:00PM-1:00PM CDT
17	Monday	July 13, 2026	12:00PM-1:00PM CDT
18	Monday	July 20, 2026	12:00PM-1:00PM CDT
19	Monday	July 27, 2026	12:00PM-1:00PM CDT
20	Monday	August 3, 2026	12:00PM-1:00PM CDT
21	Monday	August 10, 2026	12:00PM-1:00PM CDT

Facilitators of Training Completion

- Peer support
- Supervisor and administration support
- Well-established referral pipeline
- Commitment to consultation and learning the model
- Relationship with consultant

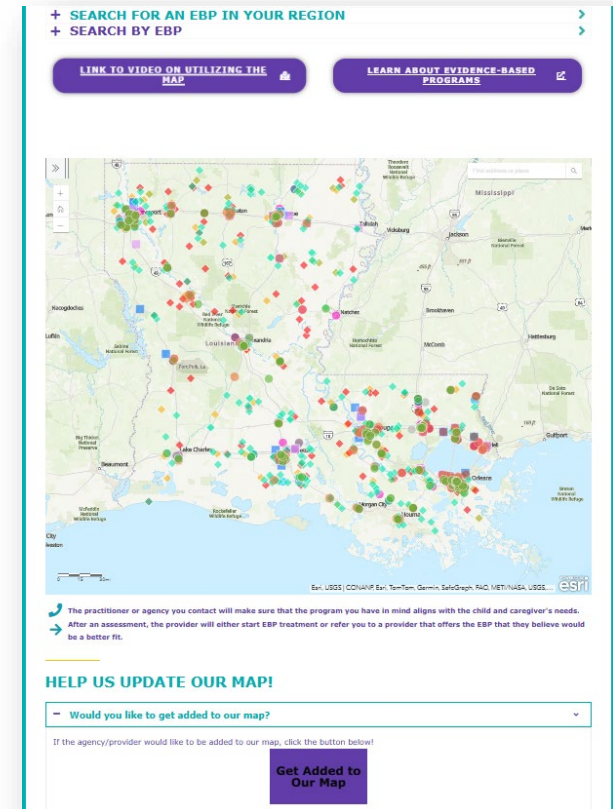
PPT/YPT Agency Support

- Within agency peer supervision
- Caseload adjustment
- Referral pathways
- Website/Advertisement of Services
- Other Thoughts/Suggestions?

Center EBP Map – Referral Pathway Resource!

Add your AGENCY to the Center Map!

- This website is used all throughout Louisiana, some entities are LDH-OBH, MCOs, OJJ, DCFS and more!
- Either **ADD** or **EDIT** your agency information!



GOAL: Obtain YPT and/or PPT Advanced Training Status

YPT Tracking Code – EB04 & PPT Tracking Code – EB05

*****Healthy Blue - \$10 EBP Tracking Code Enhanced Rate*****

Qualification Standard

“Advanced Training” certificate in Youth PTSD Treatment or Preschool PTSD Treatment

Qualification Documentation

Certificates of Completion of Advanced Training in Youth PTSD Treatment and/or Preschool PTSD Treatment issued by Tulane University School of Medicine OR inclusion on the registry of PPT / YPT certified providers having completed Advanced Training.

Additional Information

The YPT / PPT trainer issues the certificate upon completion of the training and consultation requirements for Advanced Training and maintains a registry of all certified providers

<https://www.michaelscheeringa.com/tools.html>

PPT/YPT Agency Leadership Call Meeting Series



Upcoming PPT/YPT Agency Leadership Meetings:

~~1. Agency Leadership Meeting – Part 1: Thursday, March 12, 2026, from 12:00PM-1:00PM~~

2. Agency Leadership Meeting – Part 2: Thursday, April 23, 2026, from 12:00PM-1:00PM

Click Here to Register:

https://lsuhsc.zoom.us/meeting/register/qGKc7DDeSp69fjp3_Qg67A

3. Agency Leadership Meeting – Part 3: Thursday, June 25, 2026, from 12:00PM-1:00PM

Click Here to Register:

<https://lsuhsc.zoom.us/meeting/register/unKTL4uLQ6i7jDmIFQ0cgA>

Where can I Learn more about PPT/YPT?

Access the resources available on Michael Scheeringa's website:

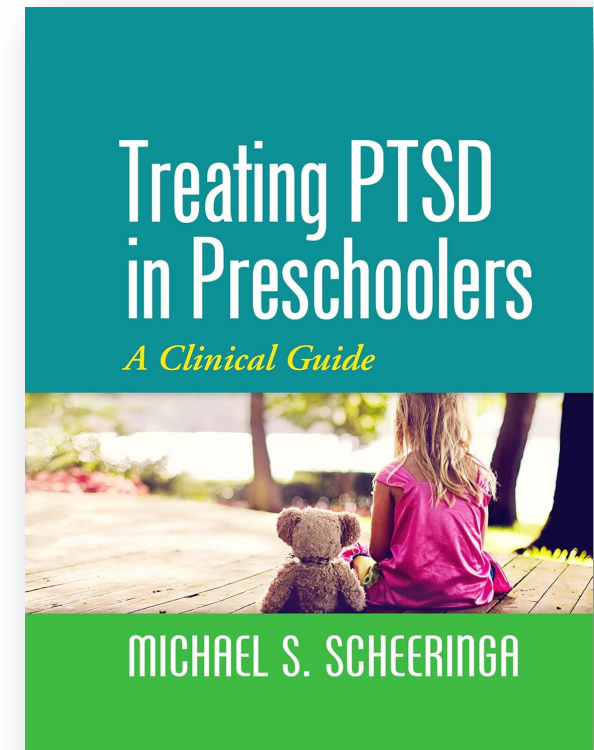
- <https://www.michaelscheeringa.com/tools.html>



Where can I learn more about PPT/YPT training?

Visit our training webpage to learn more:

[PPT/YPT Training RFA Winter 2025](#)
[» Center for Evidence to Practice](#)



We want to hear from you!

- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
 - <https://redcap.link/ebpleadership>



Contact Information:

Center for Evidence to Practice

Email: EvidenceToPractice@lsuhsc.edu

Phone: (504) 568-5731

Questions:



References

Scheeringa, M. S. (2016). *Treating PTSD in Preschoolers: A clinical guide*. New York: Guilford Press.

Scheeringa, M. S. (2013). *Youth CBT PTSD Treatment (YPT): A cognitive-behavioral therapy manual for posttraumatic stress disorder (Version 1.3)*.