

TF-CBT Senior Leadership Meeting #3

Center for Evidence to Practice

Tuesday, March 3, 2026

12:00PM-1:00PM CST

LSU Health
NEW ORLEANS
School of Public Health

 **LOUISIANA
DEPARTMENT OF HEALTH**

Welcome! Who is on the call?

- *Name & Agency*
- *How many clinicians are you supporting in this TF-CBT Cohort 10?*
- *Where are you located in Louisiana?*



Thank you for your investment in TF-CBT!



- ***100% of current TF-CBT trainees have at least one (1) case!!!***
- **Still going strong!**

Overview

- Feedback from LS2
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- TF-CBT Cohort 10 Training Dates
- TF-CBT Certification Process
- TF-CBT Implementation Best Practices
- TF-CBT Agency Support
- Future Call Schedule & Survey for Feedback

What is one take-away from LS2?

“I enjoyed hearing and seeing examples from Kelly's real-life cases. I felt this was very helpful to me to see how she used TF-CBT in real life scenarios working with clients. .”

-TF-CBT Trainee Evaluation Feedback

“I really enjoyed the breakout sessions and appreciated how our instructor consistently tied everything back to the PRAC skills. It helped reinforce the material in a practical way and made it easier to understand how to apply the concepts directly in clinical work..”

-TF-CBT Trainee Evaluation Feedback

“I appreciate the reminders about what truly makes us successful with our clients and the encouragement that we are not going to mess up and we have support. I also like that I have resources and strategies I can use to implement skills and components of TF-CBT with my clients.”

-TF-CBT Trainee Evaluation Feedback

POLL TIME:

➤ We want to hear from you!

- Once we get enough responses, we will share the results!

TF-CBT Progress: Leadership Meeting #3

2 questions

1. Which statement best describes your agency's TF-CBT implementation progress: (Single choice) *

- All of my Cohort 10 trainees are actively using the model with three or more TF-CBT clients.
- Half of my Cohort 10 trainees are actively using the model with three or more TF-CBT clients.
- All of my Cohort 10 trainees are actively using the model with at least two TF-CBT clients.
- Half of my Cohort 10 trainees are actively using the model with at least two TF-CBT clients.
- All of my Cohort 10 trainees are actively using the model with only one TF-CBT client.
- Half of my Cohort 10 trainees are actively using the model with only one TF-CBT client.
- None of my Cohort 10 trainees are actively using the model with at least two TF-CBT clients.

2. What statement best describes your agency: (Single choice)

- All children entering my program are screened and assessed for trauma history
- Half of the children entering my program are screened and assessed for trauma history
- All of my Cohort 10 trainees have screened and assessed their caseload for trauma history
- Half of my Cohort 10 trainees have screened and assessed their caseload for trauma history

Submit

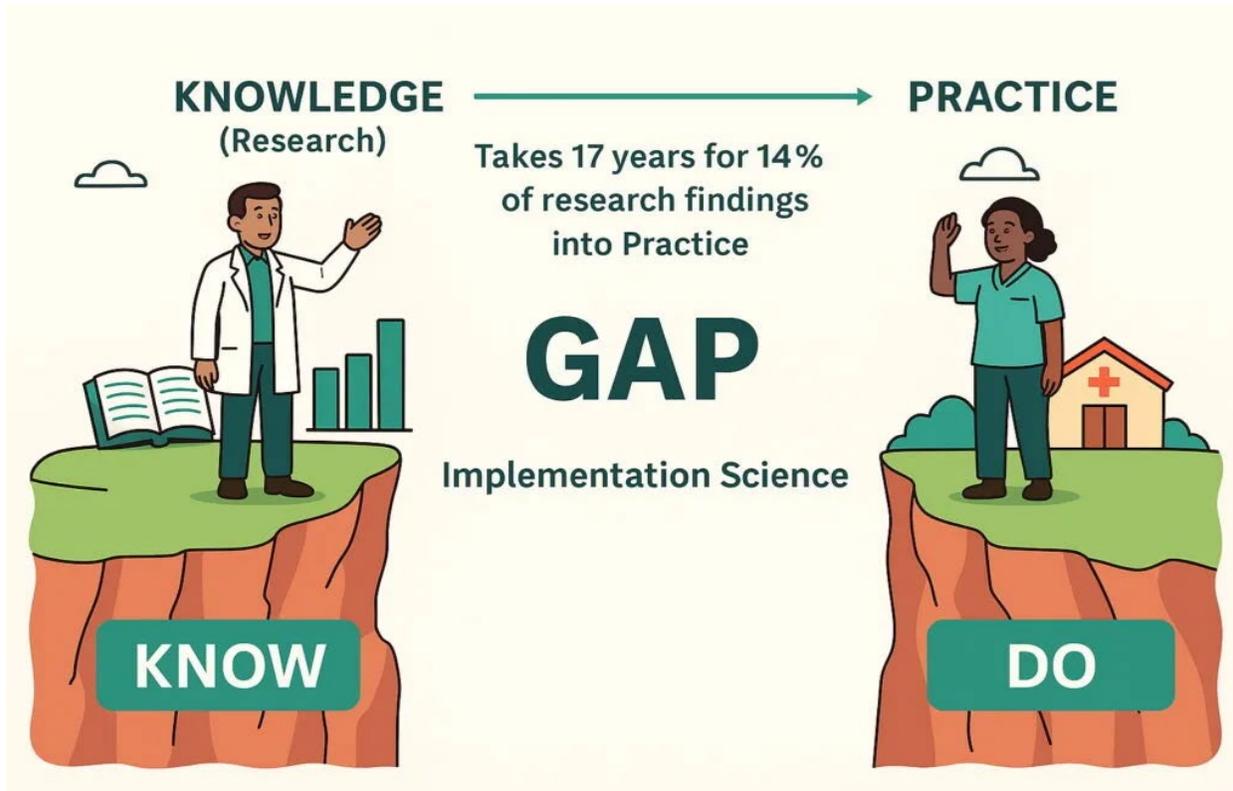
SAMHSA Criteria for CCBHCs (2023)

SAMHSA specifically notes that CCBHCs are expected to provide a **“range of evidence-based practices, services and supports** to meet the needs of their communities.”



**Certified
Community
Behavioral
Health
Clinics**

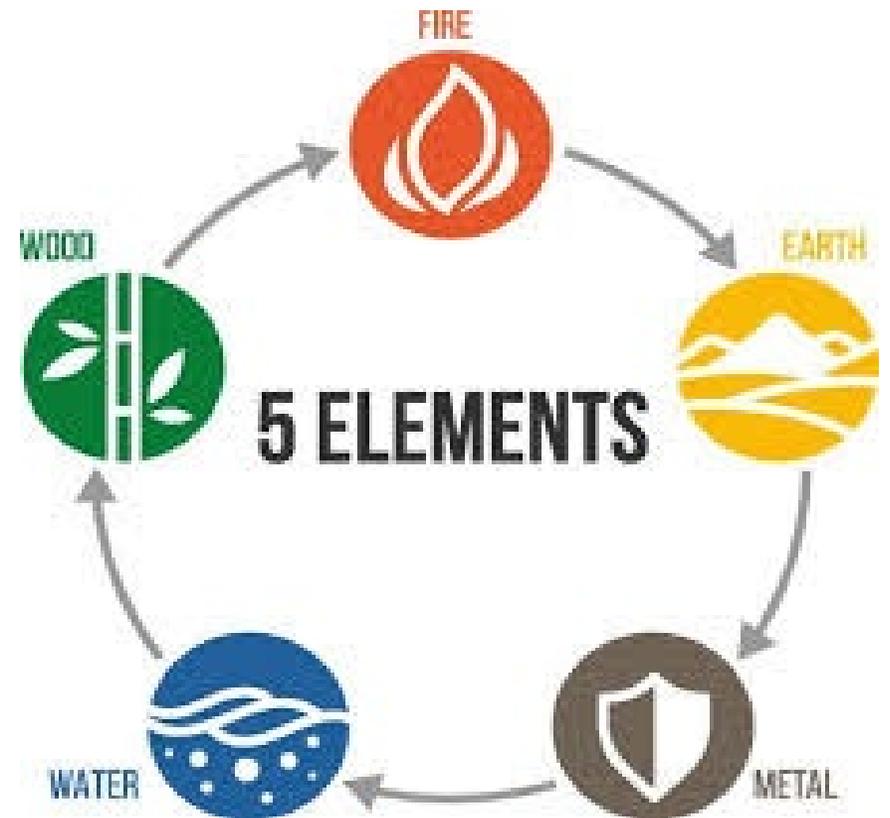
Common Barriers and Facilitators of EBP Adoption



Consistent finding: there is a **gap between what research evidence establishes as a best practice and what providers are able to implement in the real world treatment context.**

Five Elements of Fidelity

1. Adherence
2. Exposure
3. Quality of delivery
4. Participant responsiveness
5. Program differentiation



Adherence

- Aligning with the research **protocol**.
- Following **prescribed methods and timelines** to the letter.
- Sticking to **the recipe**.
- Any **deviations could compromise** results.



Exposure/Dose



- Ensuring adequate program **content delivery**.
- Delivering the intervention as designed:
 - Frequency
 - Duration
- Delivering the **right “dose”** of the intervention.

Quality of Delivery

- How well is the **clinician implementing** the model?
- Clinician **competence**.
- **Consistency** across different settings.
- Highlights the need for **standardised training and regular quality checks**.

QUALITY CONTROL



Participant Responsiveness



Responsive

- Encompasses not only the individuals receiving the intervention, but **also those responsible for delivering the model.**
- **Senior management commitment** to supporting the implementation and sustainability of the model directly impacts the responsiveness of the individuals affected.
- Higher levels of adherence are correlated with **clinician enthusiasm** about the model.

Program Differentiation

- What makes the intervention **special**?
- Identifying these **unique features** helps you understand which elements contribute to its effectiveness.



shutterstock.com · 291520115

The Right Seat on the Right Bus

- Identify organizational and practitioner **predictors of implementation fidelity:**
 - practitioner belief in the value of EBPs
 - practitioner belief in personal skill set
 - practitioner endorsement of supervisory requirements
 - Possible moderating organizational variables, organizational readiness and management support.

The first job of the Leaders is to get:

'the right people on the bus...

...the wrong people off the bus,

... and the right people in the right seats'



Jim Collins, Good To Great.

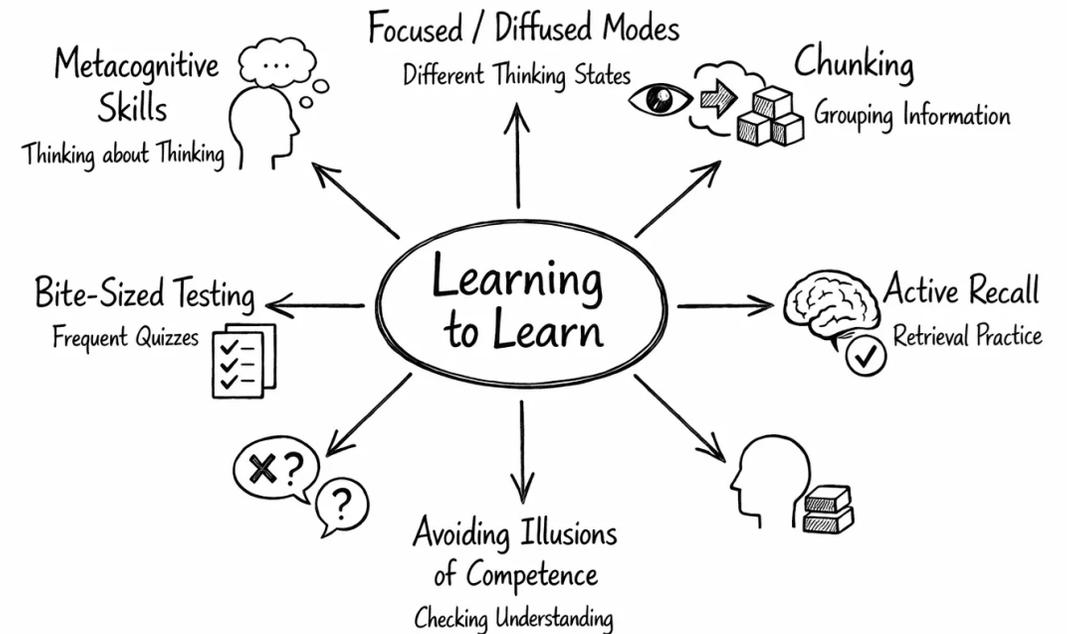
Impacts of Effective Training

- More general **positive attitudes about the EBP by team** members
 - Greater likelihood of **adopting** the EBP
 - Greater likelihood of **finding use of the EBP appealing**
 - **Lower likelihood to view the EBP as a complete departure** from current practices (hence diminished chance of new-initiative fatigue)



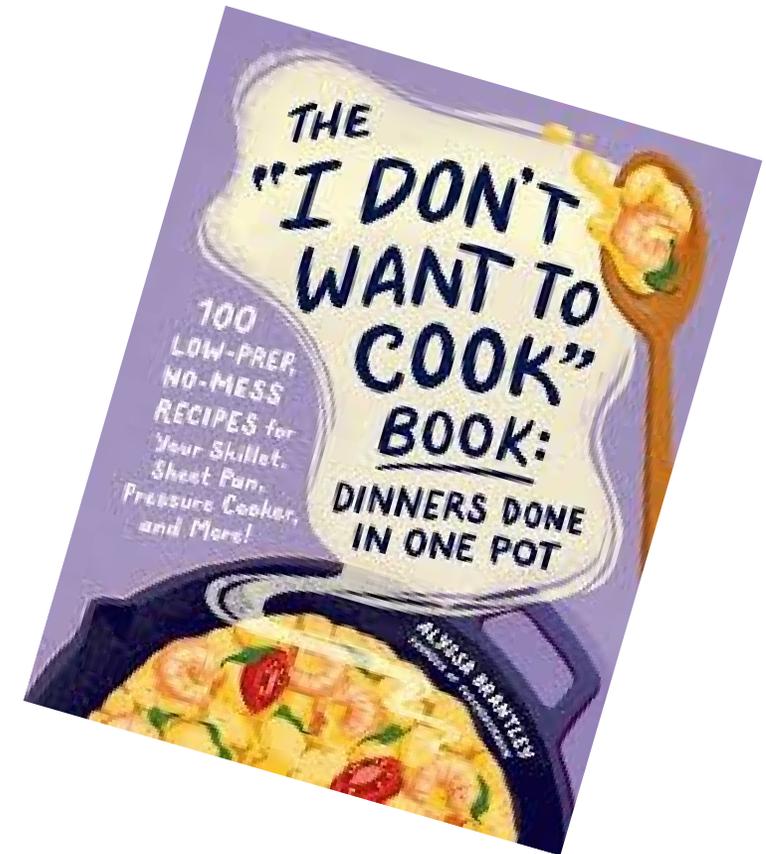
The Power of a Learning-Centered Environment

- **Targeted training and support** focused on positively influencing clinicians' attitudes, values, and commitment to utilizing EBPs with fidelity.
- **Supervisory and peer support** during the early stage of adoption is crucial to implementation.
- **Investment in ongoing training** and consultation opportunities enhances maintenance of fidelity.



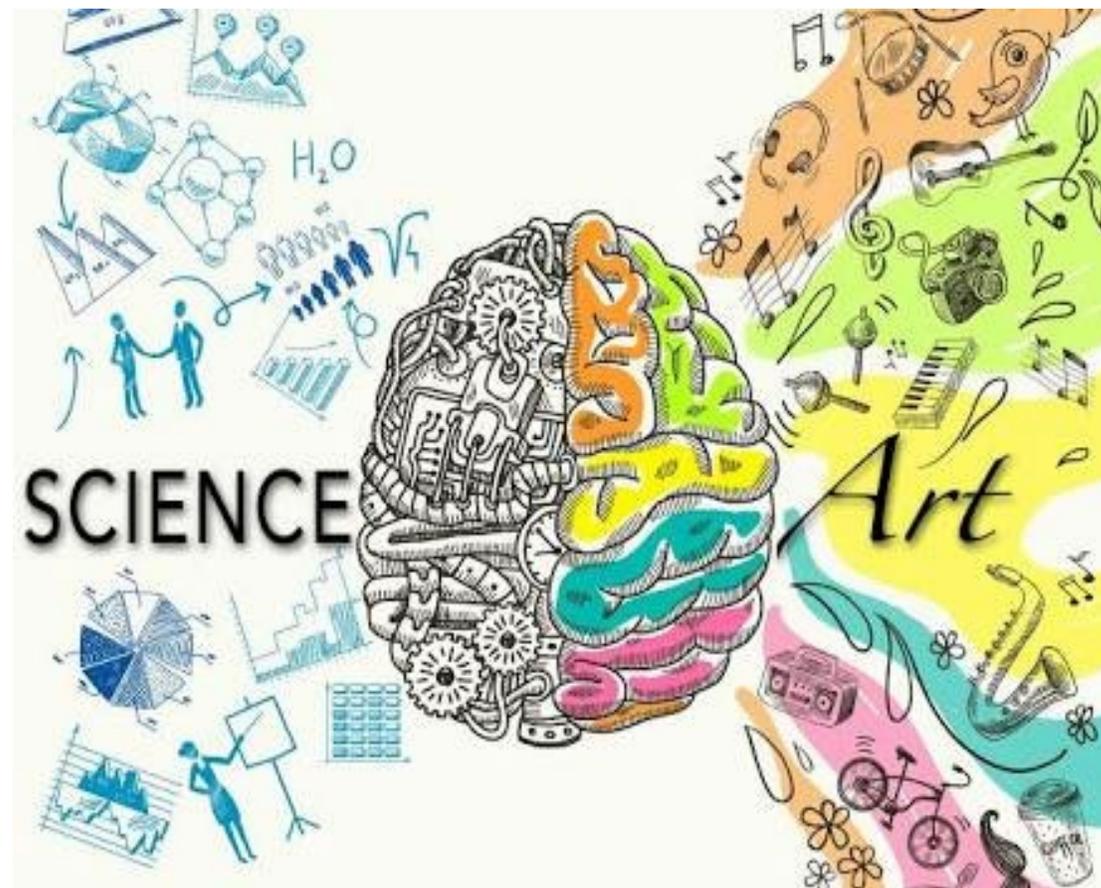
EBPs are not Cook Books

To effectively treat posttraumatic stress disorder in children, evidence-based practices should be **implemented with flexibility and responsiveness to culture, developmental level, and the specific needs of the family.**



An EBP is not an EBP without Fidelity

Particular attention can be paid to the **use of creative strategies to tailor interventions to the individual clients while maintaining fidelity** to the principles and components of the evidence-based treatment.



TF-CBT Adaptability



Core Values

- Components-based treatment emphasizing a set of skills that **progressively build on previously acquired skills**.
- Rather than a rigid session-by-session approach, TF-CBT has interrelated components, **provided in a manner that best matches the needs of the child and family**.
- Respect for individual, family, religious, community, and **cultural values** is essential.
- **Therapist clinical judgment and creativity** are highly valued and respected in this approach.
- **Adaptability is crucial** to the success of TF-CBT.

Model Specific Supervision

- Individual specific delivery of the TF-CBT components effectively **requires specific knowledge, clinical skills, and practice.**
- Supervisors trained and well-versed in the use of the EBP allows clinicians to be **creative in service delivery without compromising fidelity.**

“

Those who can, do.

**Those who
understand, teach.**

”
• **Lee S. Shulman**

What's Next

- TF-CBT has been **implemented and monitored over a period of time**, with consistent review by the implementation team.
- The **focus now is to strengthen the sustainability** of the practice or program.



Welcome! Breakout Groups:

- *Please round robin (if needed) of your **name, agency, and location** in Louisiana*
- *What **successes** do you have with TF-CBT implementation?*
- *What **obstacles** do you have with TF-CBT implementation?*



****Document who will record & share following breakout groups!****

Share out & Discussion:



- *Please have your pre-selected person speak on **main takeaways** and share only if there is something **new** to add to the discussion.*

How is TF-CBT training structured?

- ~~By **Monday, October 27, 2025**: All practitioners must complete the **11-hour web-based course**, TF-CBT Web 2.0, available at: <http://tfcbt2.musc.edu>~~
 - ~~Cost is \$35.00 to complete the online course~~
- ~~MANDATORY Pre-Requisite TF-CBT Assessment Training: **Tuesday, September 30, 2025: 8:00am-12:00pm**~~
- ~~Learning Session 1 (Basic Training): **October 28-30, 2025, from 9:00am-4:30pm**~~
 - ~~CE Evaluation Deadline: November 28, 2025~~
- **Monthly Consultation Calls (9/12 calls):** Groups of 5-12 clinicians receive ongoing case consultation from Kelly Wilson to implement **TF-CBT** for patients in their setting
- ~~Learning Session 2 (Advanced Training): **February 10-11, 2026, from 9:00am-4:30pm**~~
 - ~~CE Evaluation Deadline: February 18, 2026~~
- **Present one (1) TF-CBT case & use the model with at least three (3) TF-CBT cases**

25-26 TF-CBT Training Cohort 10 Dates

<u>Event</u>	<u>Timeline</u>
TF-CBT Training Commitment and Textbook Request form Due	Friday, September 12, 2025
TF-CBT Agency Leadership Meeting #1	Tuesday, September 16, 2025, from 12-1pm CDT
MANDATORY Assessment Training	Tuesday, September 30, 2025, from 8am-12pm CDT
11-hr TF-CBT Web 2.0 Certificate Due	Monday, October 27, 2025
TF-CBT Learning Session 1	Tuesday-Thursday, October 28-30, 2025, 9am-4:30pm CDT
Learning Session 1 CE Eval Deadline	Thursday, November 6, 2025
TF-CBT Agency Leadership Meeting #2	Tuesday, December 9, 2025, from 12-1pm CST
TF-CBT Learning Session 2	Tuesday-Wednesday, February 10-11, 2026, 9am-4:30pm CST
Learning Session 2 CE Eval Deadline	Wednesday, February 18, 2026
TF-CBT Agency Leadership #3	Tuesday, March 3, 2026, from 12-1pm CST
TF-CBT Agency Leadership #4	Tuesday, June 9, 2026, from 12-1pm CDT
Consultation Call Commitment (finalized during LS1)	Monthly 1-hr Consultation Calls for 12 months

CEs will be provided for **social workers and counselors** who are accepted into this current TF-CBT training cohort. Other licensed individuals can apply through their licensing boards.



TF-CBT Consultation Call Schedule – Cohort 10

- If you would like to view when your clinician(s) are participating in TF-CBT consultation, please access it by [clicking here!](#)
- *The call schedule includes dates from November 2025-October 2026*

TF-CBT CONSULTATION CALL SIGN UP - COHORT #10

MAXIMUM 10 TRAINEES PER CALL GROUP

*This sign-up is for the group consultation calls for TF-CBT Trainees **Learning Collaborative #10** who participate in **Learning Session 1 on October 28-30, 2025, and Learning Session 2 on February 10-11, 2026.** Consultation calls will continue for the next year (November 2025-October 2026).*

DIRECTIONS:

1. You must sign up for **ONE (1)** consultation group.
2. Please select the **SAME** consultation call group color for the entire year. You cannot switch between groups unless you confirm doing so with Kelly directly.
3. **DO NOT ADD AN EXTRA LINE TO FIT IN YOUR NAME - GROUPS OF 10 PEOPLE MAX.**
4. If you cannot make a year-long call group schedule work given the dates/times, please email a fellow trainee to see if they can switch call groups with you.
5. You **MUST attend 9/12 consultation calls** to apply for TF-CBT Certification through the [TF-CBT National Therapist Certification Program](#).
6. You **MUST present ONE (1) TF-CBT Case** to Kelly during the TF-CBT Consultation call period.
7. You **MUST complete THREE (3) TF-CBT Cases** and **two (2) of them with Caregiver involvement** and attest to this for National TF-CBT Certification.
8. Have questions regarding the TF-CBT consultation calls? Please direct your questions to: tfcbtpresentations@gmail.com (*If you don't get a response, bring it to the next call*)

Call Group Colors: CALL GROUP A CALL GROUP B CALL GROUP C

CALL GROUP A: CALL SCHEDULE

SELECT TIMES FROM THE **SAME** COLOR GROUP.

GROUP A: The FIRST TUESDAY of the Month from 11:00am-12:00pm CDT (Unless highlighted in YELLOW)

SESSION	DAY	DATE	TIME
1	Tuesday	November 4, 2025	11:00AM-12:00PM CST
2	Tuesday	December 2, 2025	11:00AM-12:00PM CST
3	Tuesday	January 6, 2026	11:00AM-12:00PM CST
4	Tuesday	February 3, 2026	11:00AM-12:00PM CST
5	Tuesday	March 3, 2026	11:00AM-12:00PM CDT

How do I achieve TF-CBT certification?

Requirements:

- *Attend all virtual training dates*
- *Use standardized trauma assessment measures*
- *Attend 9/12 calls consultation calls*
- *Present one (1) TF-CBT case & use the model with at least three (3) TF-CBT cases*

Following Requirements:

- *Take the TF-CBT Certification Program Knowledge-Based Test*
 - <https://tfcbt.org/certification/>
 - **Costs \$250 to become certified.**
- *Obtain your TF-CBT Certification & share with your MCOs entities!*
- *Submit your information on our EBP Map Webpage:*
 - <https://laevidencetopractice.com/interactivemap/>

***FUTURE* TF-CBT Senior Leadership Call 4-Part Series**

Upcoming TF-CBT Senior Leadership Meetings:

- ~~1. Agency Leadership 1: Tuesday, Sept. 16, 2025, from 12pm-1pm~~
- ~~2. Agency Leadership 2: Tuesday, Dec. 9, 2025, from 12pm-1pm~~
- ~~3. Agency Leadership 3: Tuesday, March 3, 2026, from 12pm-1pm~~
4. Agency Leadership 4: Tuesday, June 9, 2026, from 12pm-1pm
 1. Click here to register: [Meeting Registration - Zoom](#)

[CLICK HERE](#) to access TF-CBT Cohort 10's Leadership Webpage to register for all of these meetings! You can also click this link: [TF-CBT Leadership Meetings Cohort 10 » Center for Evidence to Practice](#)

GOAL: Obtain TF-CBT Certification!

Trauma-Focused Cognitive Behavior Therapy (TF-CBT) – Tracking Code EB07: *Healthy Blue Rate***
https://laevidencetopractice.com/wp-content/uploads/2023/11/EBP-Qualification-and-Billing-Guide_Updated_11.9.23_FINAL.pdf

➤ Qualification Standard

- TF-CBT Certification by the TF-CBT Therapist Certification Program

➤ Qualification Documentation

- Certificate issued by the TF-CBT National Therapist Certification Program OR inclusion in the TF-CBT Therapist Certification Program list

➤ Additional Information

- After completing training and consultation that meets TF-CBT Therapist Certification Program training standards, TF-CBT practitioners must submit an application to the TF-CBT Therapist Certification Program and complete a TF-CBT knowledge-based test to achieve certification. The TF-CBT Therapist Certification Program maintains a list of Certified TF-CBT Therapists at <https://tfcbt.org/therapists/>

TF-CBT Therapist must be re-certified every 5 years by completing an application and online recertification training modules.

Where can I learn more about TF-CBT?

***Visit the National Website
for TF-CBT:***

<https://tfcbt.org/>



We want to hear from you!

- Let us know what would be most helpful/beneficial during these calls!
- Feedback can be provided here:
 - <https://redcap.link/ebpleadership>



Contact Information:

Center for Evidence to Practice

Email: EvidenceToPractice@lsuhsc.edu

Phone: (504) 568-5731

Questions:

